

January 2021 Walking in a Winter Wonderland										Monthly Activities																													
Sunday					Monday					Tuesday					Wednesday					Thursday					Friday					Saturday									
<div><p>NORTH SHORE PLACE</p><p>Signature Collection a Senior Lifestyle community</p></div> <div>Location Keys</div> <div>Activity Studio 1 Activity Studio 2 Both Floors Fitness Center Living Room Patio</div> <div><div><div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div><div><div>*SPARK</div><div>CONNECT</div><div>CONTRIBUTE</div><div>FEEL</div><div>GROW</div><div>MOVE</div><div>REFLECT</div></div></div><div><p>MEMORY CARE embrace BY SENIOR LIFESTYLE</p><p>WWW.SENIORLIFESTYLE.COM</p><p>Activities are subject to change</p></div></div>					January cont'd 31					<div><p>Walking in a WINTER wonderland</p></div> <div>Resident Birthdays</div> <div>Joyce R. 1/4 Anne N. 1/5 Sally B. 1/20 Melvin K. 1/20</div>					Notes										New Year's Day 1					2									
					<div><p>Chair Yoga [AS2] Religious Services on IN2L [BF] Moving with Grace [AS1] Thymeless: Infused Water: Pear Berry [AS1] Daily Chronicle News [BF] SongFit Music Therapy [BF] Thymeless: Tea Party [AS1] Sunday Matinee: Holiday Movie [BF]</p></div>					<div><p>Thymeless: Infused Water: Cranberry Mint [AS1] Daily Chronicle News [BF] Thymeless: Polar Bear Hot Chocolate [AS1] Lite Chair Yoga [AS2] Phrase It [AS1]</p></div>					<div><p>Penguin Bowling [AS1] Sit and Fit [AS1] Thymeless: Infused Water: Cinnamon and Pear [AS1] Daily Chronicle News [BF] Thymeless: Orange Squeeze [AS1] Praying The Rosary [BF] Christmas Pictionary [AS1] Bingo Bash [AS1]</p></div>					<div><p>Good News with Tracey [LR] Chair Workout [AS1] Thymeless: Infused Water: Orange and Pomegranate [AS1] Daily Chronicle News [BF] Sock Snowman [BF] Winter Sensory Bin [AS2] Thymeless: Frosty The Snowman Smoothie [AS1] Writing with Heart [AS1]</p></div>					<div><p>Chair Fitness [AS1] Movement to Music [AS2] Thymeless: Infused Water: Grapefruit and Rosemary [AS1] Daily Chronicle News [BF] Imagine This! Sensory Exercise [AS2] Winter Bird Watching [PAT] Thymeless: Mint Blizzard [AS1] Penguin Bowling [AS2] Snowball Pong [AS1]</p></div>					<div><p>Bakers Club: Polar Bear Cupcakes [AS1] Chair Pilates [AS2] Daily Chronicle News [BF] Pretty Nails [BF] Thymeless: Cranberry Twister [AS1] Praying Rosary [BF] Broomball [AS1] Stack Attack [AS1]</p></div>					<div><p>Lite and Lively [AS1] Sittercise [AS2] Men's Fitness [FC] Thymeless: Infused Water: Orange, Fresh Ginger, and Cinnamon Sticks [AS1] Daily Chronicle News [BF] SingFit Music Therapy [AS2] Snowman Toss [AS1] Let's Shop! [AS2] Tai Chi [AS1]</p></div>				
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					<div><p>Chair Yoga [AS2] Religious Services on IN2L [BF] Moving with Grace [AS1] Thymeless: Infused Water: Pear Berry [AS1] Daily Chronicle News [BF] SongFit Music Therapy [BF] Men's Cue Club with Humberto [AS1] Phrase It Thymeless: Tea Party [AS1] Sunday Matinee: Holiday Movie [BF]</p></div>					<div><p>Thymeless: Infused Water: Cranberry Mint [AS1] Daily Chronicle News [BF] Winter Scavenger Hunt [AS2] Thymeless: Polar Bear Hot Chocolate [AS1] Lite Chair Yoga [AS2] Wordies [AS1] Price is Right [AS1]</p></div>					<div><p>Penguin Bowling [AS1] Sit and Fit [AS1] Thymeless: Infused Water: Cinnamon and Pear [AS1] Daily Chronicle News [BF] Thymeless: Orange Squeeze [AS1] Praying The Rosary [BF] Toss It Up! [AS1]</p></div>					<div><p>Good News with Tracey [LR] Chair Workout [AS1] Thymeless: Infused Water: Orange and Pomegranate [AS1] Daily Chronicle News [BF] Winter Scavenger Hunt [AS2] Winter Sensory Bin [AS2] Thymeless: Frosty The Snowman Smoothie [AS1] Craft Corner: Making Snowglobes [AS1] Writing with Heart [AS1]</p></div>					<div><p>Chair Fitness [AS1] Movement to Music [AS2] Thymeless: Infused Water: Grapefruit and Rosemary [AS1] Daily Chronicle News [BF] Imagine This! Sensory Exercise [AS2] Thymeless: Mint Blizzard [AS1] Penguin Bowling [AS2] Snowball Pong [AS1] Movie Night: The Chronicles of Narnia</p></div>					<div><p>Bakers Club: Frosted Swirl Cookies [AS1] Chair Pilates [AS2] Daily Chronicle News [BF] Sparks Session [AS1] Thymeless: Cranberry Twister [AS1] Praying Rosary [BF] Broomball [AS1] Stack Attack [AS1]</p></div>					<div><p>Garden Club [AS2] Sittercise [AS2] Men's Fitness [FC] Thymeless: Infused Water: Orange, Fresh Ginger, and Cinnamon Sticks [AS1] Daily Chronicle News [BF] SingFit Music Therapy [AS2] Snowman Toss [AS1] Let's Shop! [AS2] Tai Chi [AS1]</p></div>				
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