October 2021 Monthly Activities Theme- Young at Heart/Oktoberfest Sunday Monday Tuesday Wednesday Friday Saturday Thursday 9:30 • Non Denominational Servic October cont'd 9:30 • Spa and Beauty [AS2] 9:30 • Spa and Beauty [AS2] 10:00 Men's Fitness Corner [AS2] 10:30 • Beer Pong [AS1] 10:30 • Baking Club : Apple Tart [AS1] 10:30 **Thymeless: Pineapple / Mint** [AS1] 9:30 • Non Denominational Service 11:00 • Daily Chronicle & Good News 2:30 Thymeless: Sparkling Apple Cider Float [AS1] 1:00 • Daily Chronicle & Good News 9:30 • Spa and Beauty [AS2] MEMORY CARE Resident's Choice 10:00 • Men's Q Club [AS1] 2:30 | Thymeless: Carmel Apple Smoothie [AS1] 3:00 • Sip and Paint [AS1] 10:00 Religious Services on IN2L [AS2] nbrace **Resident Birthdays** 10:00 SingFit Music Therapy 3:00 Songs By Heart [AS1] 4:00 Nature Walk [NPAT] 10:00 • Sort and Fold [AS2] 3:45 • Chair Volleyball 4:00 Pumpkin Bocce [AS2] 10/5 Donna H. 10/18 Rosa F. 4:00 • Stealing Bundles Card Game [AS1] 6:30 Movie Night: Residents Choice with Popcorn BY SENIOR LIFESTYLE 10:30 Thymeless: Gardening IAS11 1:30 • Tea Social Party [AS1] 2:00 • Sing Fit [AS2] 7:00 Movie Night: Under The Same Moon [AS1] WWW.SENIORLIFESTYLE.COM Activities are subject to change 9:30 Non Denominational Service 9:30 Non Denominational Service 9:30 Non Denominational Service 9:30 • Non Denominational Service 9:30 • Non Denominational Service 9:30 • Spa and Beauty [AS2] 9:30 Non Denominational Service 9:30 Non Denominational Service 9 9:30 • Spa and Beauty [AS2] 9:30 • Spa and Beauty [AS2] 9:30 Spa and Beauty [AS2] 10:00 • Men's Q Club / Virginia [AS1] 10:00 • Pumpkin Decorating [AS2] 10:30 • Dance Fitness [AS2] 10:30 Baking Club: German Plum 10:00 • Find the Hidden Object 10:00 Ping Pong Eggs [TG] 0:30 • Thymeless: Gardening 1:00 • Daily Chronicle & Good News 10:30 Thymeless: Pineapple / Mint [AS1]
1:30 Resident's Choice 10:00 • Religious Services on IN2L Sensory Activity [AS2] 10:30 • Chair Yoga [AS2] 10:30 • Outing: Delivering Baked Goods to Northbrook Cake [AS1] 10:30 • Dance Fitness [AS1] 10:30 • Move to the Beat [AS2] 10:30 • Dance Fitness [AS1] 10:30 ¶ Thymeless: Cranberry with Mint [AS1] 10:30 ¶ Thymeless: Pears / Basil Infused water [AS1] 11:00 • Daily Chronicle & Good News 1:30 • Spotlight on Werner Klemperer [AS1] 10:00 SingFit Music Therapy 2:30 Thymeless: Sparkling Apple Cider Float
[AS1] NORTH SHORE 2:00 Bird feeding with Becky [TG] 10:00 Sort and Fold [AS2] 11:00 • Daily Chronicle & Good News 1:30 • The Ultimate Fairytale Castle 10:30 Thymeless: Cucumber, Lemon and Mint 2:30 | Thymeless: Rhubarb Mimosa [AS1] 2:00 • It's a Guy thing with Virginia [AS2] fused Water [AS1] 3:00 • Reminiscing with Music [AS1] 10:30 **Thymeless: Gardening [AS1]**11:00 Daily Chronicle & Good News 1:30 • Sing Along w/ Susie Q [AS2] 2:00 • Spotlight on Michael Fassbender [AS1] Neuschwanstein [AS1] 3:00 Songs By Heart [AS1] 2:30 Thymeless: Carmel Apple Sn 11:00 • Daily Chronicle & Good News 2:00 Bookmarks / Hot Chocolate [TG] 3:00 • Social / Stan The Piano Man [AS1] 3:00 Songs By Heart [AS1] 3:45 PS Sparks [AS1] 1:30 Good News with Tracey [LR] 1:30 • Germany Travelogue [AS1] 2:30 | Thymeless: Kiba German Smoothies [AS1] 2:00 • Shades of Expression/Individual Adult 4:00 • Do you hear what I hear ? Sensory Exercise 4:00 • Alzhemiers Walk! Lets go ALZ IN! 4:00 Nature Walk [NPAT] 1:30 Outing: Delivering Baked Goods to Glenvie 4:30 Amazing Beauty! [AS2] 1:30 • Tea Social Party [AS1] 3:00 • Songs By Heart [AS1] Coloring [AS2] 4:00 Autumn Sensory [AS2] 2:30 Thymeless: Strawberry Mint Spritzer [AS1] 6:15 • Autumn Bingo [AS1] 3:30 • Ted Talk: Segment on Walk with the Little Animals [TG] 4:00 Garden Table Game [AS2] Signature Collection 3:45 • Amazing Beer Trivia [AS1] 6:00 Shabbat Service [AS1] 1:30 Sing Along w/ Susie Q [AS2] 3:00 Essence With Tracy [SR] 4:00 • Beer and Skittles Game [AS1] 4:00 • I See Bubbles Sensory Activity 6:15 • Lovable Pets Sensory [AS2] a Senior Lifestyle community 2:30 | Thymeless Pomegranate Mocktail [AS1] 6:00 Movie Night: Three Turks and a Baby 6:15 • Movie Night: Rotten Tomatoes [AS2] 3:00 • Songs By Heart [AS1] 6:15 • Sunset with Hot Apple Cider [AS1] 3:00 • Songs By Heart [AS1] 3:45 Autumn Stroll [AS1] 4:00 Table Ball Run [AS1] 4:00 Bucket Game [AS1] 6:00 • Wine Down Social [AS1] 6:15 • German Jeopardy [AS1] 6:15 • Show Me The Money (Table Game) [AS2] 9:30 • Non Denominational Service Columbus Day 9:30 • Non Denominational Service 9:30 • Non Denominational Service 9:30 Non Denominational Service 9:30 • Non Denominational Service 9:30 • Non Denominational Service \*BOOKMARKS 6 9:30 • Spa and Beauty [AS2] 9:30 Non Denominational Service 10:00 • Religious Services on IN2L 10:30 • Fusion Chair Fitness [AS2] 10:30 | Thymeless: Cucumbe 10:00 Outburst [AS1] 10:00 Autumn Stroll 10:00 • Craft Corner: Making Sunflower Pillows [AS1] \*ESSENCE 9:30 • Spa and Beauty [AS2] Lemon and Mint Infused Water [AS1] [AS2] 10:00 Men's Club - Making Bee 10:30 • Dance Fitness [AS1] 10:30 | Thymeless: Cranberry with 10:30 • Balance Exercise / Brain 10:00 • Sort and Fold [AS2] Mint [AS1] 10:00 • Men's Fitness Corner [AS2] \*SPARK 10:30 🍴 Thymeless: Pears / Basil Infused water [AS1] 1:30 • Let's See The Rhine Valley [AS1] 11:00 • Outing: Wagner Farms 1:30 • Reminiscing with Music [AS2] 10:30 • Beer Pong [AS1] 10:30 Baking Club: German Vanilla Crescent Cookies [AS1] 10:30 Light and Lively [AS2] 1:30 • Sorting [AS2] 1:30 • Good News with Tracey [LR] 1:30 Virtual Tour: Berlin's Museum [AS1] 10:30 | Thymeless: Gardening [AS1] \*THYMELESS 2:00 Bookmarks [TG] 1:30 Resident's Choice 1:30 • The Guessing Game [AS2] 2:30 | Thymeless: Sparkling Apple Cider Float [AS1] 2:30 | Thymeless Pomegranate Mocktail [AS1] 1:30 • Tea Social Party [AS1] 2:30 • Aquatic Sensory [AS2] 2:00 • Bird feeding with Becky [TG] 2:30 | Thymeless: Carmel Apple Smoothie [AS1] 1:30 • Virtual Tour of The Cologne Cathedral [AS1] 2:30 Thymeless: Strawberry Mint Spritzer [AS1]
3:00 Essence With Tracy [SR] CONNECT 2:00 • Science and Wonders [AS2] 3:00 • Songs By Heart [AS1] 2:30 | Thymeless: Rhubarb Mimosa [AS1] 3:00 Songs By Heart [AS1] 1:30 • Visual Sensory Exercise [AS2] 3:00 • Beer and Garden Party [TG] 3:45 Oktoberfest / Frank Ross 2:00 • Tea Social [AS1] 3:00 Songs By Heart [AS1] 3:45 Chair Volleyhall 2:30 | Thymeless: Kiba German Smoothies [AS1] CONTRIBUTE 3:00 • Name That Aircarft [AS2] 3:00 • Songs By Heart [AS1] 3:45 • Relax with Nature 3:45 Sparks [AS1] 4:00 • Stealing Bundles Card Game [AS1] 4:00 • Nature Walk [NPAT] 3:00 Songs By Heart [AS1] 6:30 Movie Night: Sarajevo 1914 [AS2] 3:45 • Autumn Stroll [AS1] 7:30 • Stargazing Social / Hot Apple Cider [TG] 4:00 • Thymeless: Gardening [AS2] 6:00 • Shabbat Service [AS1] 4:00 Pumpkin Bocce [AS2] 6:15 • Three of a Kind: Card Game [AS2] FEEL 6:30 • Movie: A Dogs Purpose [AS2] 4:00 • Quictionary [AS1] 6:00 • Puzzle Me [AS2] 6:30 Movie: A Hidden Life [AS2] 6:30 Movie / Popcorn: Brooklyn [AS2] 6:15 Match it! [AS2] GROW MOVE REFLECT 9:30 • Non Denominational Service 9:30 • Spa and Beauty [AS2] 9:30 • Spa and Beauty [AS2] 10:00 • Find the Hidden Object: 9:30 • Spa and Beauty [AS2] 10:00 • Men's Q Club [AS1] 10:00 • Ping Pong Eggs [TG] 10:30 Baking Club: Lebkuchen" Life 10:30 Thymeless: Cranberry with 10:30 • Conductorcise 10:30 • Thymeless: Gardening 10:00 • Religious Services on IN2L Sensory Activity [AS2] Mint [AS1] 10:30 Thymeless: Tangerine Cranberry/ Mint [AS1] 2:00 • Bird feeding with Becky [TG] Cake German Cookies" [AS1] Resident's Choice 10:30 Dance Fitness [AS1] 2:00 Bookmarks [TG] 2:30 Thymeless: Sparkling Apple Cider Float [AS1] 2:30 | Thymeless: Rhubarb Mimosa [AS1] 2:30 | Thymeless: Carmel Apple Smoothie [AS1] 10:30 Thymeless: Tangerine / Cranberry/ Mint 10:00 SingFit Music Therapy 10:30 | Thymeless: Pears / Basil Infused water [AS1] 2:30 | Thymeless: Strawberry Mint Spritzer [AS1] 3:00 Songs By Heart [AS1] 3:00 Songs By Heart [AS1] 4.00 ● Nature Walk [NPAT 10:00 • Sort and Fold [AS2] 1:30 • Sing Along w/ Susie Q [AS2] 3:00 Essence With Tracy [SR] 3:45 P Sparks [AS1] 4:00 • Autumn Sensory [AS2] 11:00 • Outing: German Restaurant Takeout 4:30 Amazing Beauty! [AS2] 10:30 | Thymeless: Gardening [AS1] 2:30 | Thymeless: Kiba German Smoo 3:00 Songs By Heart [AS1] 4:00 • Do you hear what I hear ? Sensory Exercise 6:00 • Shabbat Service [AS1] 1:30 • Good News with Tracey [LR] 6:00 • It's a Guy Thing / Virginia [AS2] 1:30 • Tea Social Party [AS1] 3:00 Songs By Heart [AS1] 3:45 Autumn Stroll [AS1] 6:15 • Autumn Bingo 6:15 • Story Time / Hot Apple Cider 1:30 • Sing Along w/ Susie Q [AS2] 4:00 • Garden Table Game [AS2] 2:00 • Sing Fit [AS2] 3:45 • Amazing Beer Trivia [AS1] 2:30 Thymeless Pomegranate Mocktail [AS1]
3:00 Songs By Heart [AS1] 6:30 • The Windermere Children [AS2] 4:00 • Beer and Skittles Game [AS1] 4:00 • I See Bubbles Sensory Activity 6:30 Movie Night: The Least Of These [AS2] 6:15 • Sunset Social / Cranberry Spritzer [AS1] 4:00 • Table Ball Run [AS1] 6:00 • Wine Down Social [AS1] **Location Keys Activity Studio 1** AS<sub>1</sub> **Activity Studio 2** AS2 Living Room LR 9:30 Non Denominational Service North Patio **NPAT** 9:30 • Spa and Beauty [AS2] 9:30 • Spa and Beauty [AS2] 9:30 • Spa and Beauty [AS2] 9:30 Spa and Beauty [AS2] 9:30 • Spa and Beauty [AS2] 9:30 • Spa and Beauty [AS2] 9:30 • Spa and Beauty [AS2] ZŌ 10:00 • Men's Fitness Corner [AS2] 10:00 • Religious Services on IN2L 0:30 • Dance Fitness [AS1] 10:30 Outing: Spooky Scenic Drive 1:30 • Reminiscing with Music [AS2] 10:30 • Beer Pong [AS1] Serenity Room SR 10:30 | Thymeless: Pears / Basil 10:30 | Thymeless: Tangerine / 2:00 Bird feeding with Becky [TG] 1:30 Resident's Choice 10.30 Drum Circle with Chris [AS1] 10:00 • Sort and Fold [AS2] Infused water [AS1] 2:00 / Bookmarks [TG] Cranberry/ Mint [AS1] 2:30 | Thymeless: Rhubarb Mimosa [AS1] 2:30 | Thymeless: Carmel Apple Smoothie [AS1] 2:00 • Halloween Dance Party [AS2] Tranquility Garden 1:30 • One of Germany Historical View The Black frost [AS1] 10:30 | Thymeless: Tangerine / Cranberry/ Mint 10:30 Light and Lively [AS2] 2:30 • Aquatic Sensory [AS2] 2:30 • Bakers Club: German Chocolate Cake 3:00 Songs By Heart [AS1] 3:00 Songs By Heart [AS1] 10:30 Thymeless: Gardening [AS1]
1:30 Tea Social Party [AS1] 2:30 Thymeless: Strawberry Mint Spritzer [AS1] 3:45 🞓 Sparks [AS1] 3:45 • Chair Volleyball Cookies [AS1] 1:30 • Sorting [AS2] 3:00 See Essence With Tracy [SR] 1:30 • Good News with Tracey [LR] 4:00 • Thymeless: Gardening [AS2] 4:00 • Stealing Bundles Card Game [AS1] 2:30 | Thymeless: Sparkling Apple Cider Float 2:00 • Science and Wonders [AS2] 1:30 • The Guessing Game [AS2] 3:00 • Songs By Heart [AS1] 1:30 • Outing: Spooky Scenic Drive 6:00 • Puzzle Me [AS2] 6:00 • Shabbat Service [AS1] [AŚ1] 3:00 • Reminiscing with Music [AS1] 2:00 Shades of Expression/Individual Adult 6:30 Movie Night: Good Traitor [AS2] 1:30 • Visual Sensory Exercise [AS2] 3:45 • Autumn Stroll [AS1] 6:30 Movie Night: Welcome to Germany 2:30 | Thymeless: Kiba German Smoo Coloring [AS2] 4:00 Nature Walk [NPAT] 4:00 Ouictionary [AS1] 3:00 Songs By Heart [AS1] 2:30 Thymeless Pomegranate Mocktail [AS1] 4:00 • Pumpkin Bocce [AS2] 6:00 Sunset Social / Cranberry Spritzer [TG] 3:00 Songs By Heart [AS1] 6:15 • Three of a Kind: Card Game [AS2] 6:15 Movie Night: Hocus Pocus / Popcorn [AS2] 3:45 • Relax with Nature 6:00 • Reverse Trick - or - Treating 7:30 • Stargazing Social / Hot Apple Cider [TG] Continued at top