





September 2021
Hispanic American Heritage

Monthly Activities

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday																													
<div><p>MEMORY CARE</p><h1>Embrace</h1><p>BY SENIOR LIFESTYLE</p><p>WWW.SENIORLIFESTYLE.COM</p><p>Activities are subject to change</p></div>		<div><h3>Resident Birthdays</h3><table><tr><td>Mary Sue M.</td><td>9/2</td><td>Shy G.</td><td>9/18</td></tr><tr><td>Chris W.</td><td>9/6</td><td>Nancy W.</td><td>9/21</td></tr><tr><td>Evelyn N.</td><td>9/12</td><td>Marilyn P.</td><td>9/22</td></tr><tr><td>Janice W.</td><td>9/12</td><td>Anna R.</td><td>9/22</td></tr><tr><td>Benny H.</td><td>9/12</td><td>Phyllis S.</td><td>9/24</td></tr><tr><td>Brigitte C.</td><td>9/14</td><td>Shirley E.</td><td>9/27</td></tr><tr><td>Howard M.</td><td>9/16</td><td>Elsa P.</td><td>9/28</td></tr></table></div>		Mary Sue M.	9/2	Shy G.	9/18	Chris W.	9/6	Nancy W.	9/21	Evelyn N.	9/12	Marilyn P.	9/22	Janice W.	9/12	Anna R.	9/22	Benny H.	9/12	Phyllis S.	9/24	Brigitte C.	9/14	Shirley E.	9/27	Howard M.	9/16	Elsa P.	9/28	<div></div>		<div><h1>1</h1><ul style="list-style-type: none">9:30 ● Non Denominational Service10:00 ● Spa and Beauty [AS2]10:30 ● Outing: Scenic Drive10:30 ● Things that goes together brain teaser [AS2]10:30 🍹 Thymeless: Cucumber, Lemon and Mint Infused Water [AS1]11:00 ● Daily Chronicle & Good News1:15 ● Beverly Hillbillies Television Show [AS2]1:30 ● Good News with Tracey [LR]1:30 ● Latino Culture and Heritage: Documentary [AS2]1:30 ● Outing: Scenic Drive2:00 ● Shades of Expression/Individual Adult Coloring [AS2]2:30 🍹 Thymeless: Mango Passionfruit Batidos [AS1]3:00 ● Songs By Heart [AS1]3:45 ● Relax with Nature</div>		<div><h1>2</h1><ul style="list-style-type: none">9:30 ● Non Denominational Service9:30 ● Spa and Beauty [AS2]10:30 ● Latin Cardio Workout: Low Impact [AS1]10:30 ● Thymeless: Gardening [AS2]11:00 ● Daily Chronicle & Good News1:30 ● Aqui Vamos Venezuela: Live Streaming [AS2]2:00 ● Bird feeding with Becky [TG]2:30 🍹 Thymeless: Pineapple Coconut Smoothie [AS1]3:00 ● Essence with Tracy3:00 ● Songs By Heart [AS1]3:45 🍹 Sparks [AS1]4:00 ● I See Bubbles Sensory Activity4:00 ● Memorama Brain Fitness [AS2]7:00 ● Sunset with Mocktail [TG]</div>		<div><h1>3</h1><ul style="list-style-type: none">9:30 ● Non Denominational Service9:30 ● Spa and Beauty [AS2]10:30 ● Salsa: Cha Cha Cha [AS2]10:30 🍹 Thymeless: Blackberry and Basil Infused Water [AS1]11:00 ● Daily Chronicle & Good News2:00 🍹 Mom's Favorite Recipes Discussion with Snack2:30 🍹 Thymeless: Strawberry Cantaloupe Aguas Fresca [AS1]3:00 ● Songs By Heart [AS1]3:45 ● Chair Volleyball6:00 ● Shabbat Service [AS1]6:00 ● Spanish Pictionary [AS2]7:00 ● Movie Night: Maria Full of Grace [AS1]</div>		<div><h1>4</h1><ul style="list-style-type: none">9:30 ● Non Denominational Service9:30 ● Spa and Beauty [AS2]10:00 ● Men's Creative Minds [AS2]10:30 🍹 Bakers Club: Galletas De Lemon [AS1]10:30 ● Chair Zumba [AS1]11:00 ● Daily Chronicle & Good News2:00 ● Floor Basketball [AS2]3:00 ● Remember When [AS1]4:00 ● Power Walking Club [NPAT]6:15 ● Poker Night With Virginia [AS1]</div>	
Mary Sue M.	9/2	Shy G.	9/18																																						
Chris W.	9/6	Nancy W.	9/21																																						
Evelyn N.	9/12	Marilyn P.	9/22																																						
Janice W.	9/12	Anna R.	9/22																																						
Benny H.	9/12	Phyllis S.	9/24																																						
Brigitte C.	9/14	Shirley E.	9/27																																						
Howard M.	9/16	Elsa P.	9/28																																						
<div><p>NORTH SHORE PLACE</p><p>Signature Collection a Senior Lifestyle community</p></div>		<div><h1>5</h1><ul style="list-style-type: none">9:30 ● Non Denominational Service9:30 ● Spa and Beauty [AS2]10:00 ● Men's Q Club w/ Virginia [AS1]10:00 ● Religious Services on IN2L [AS2]10:30 🍹 Thymeless: Ginger and Green Apple Infused Water [AS1]11:00 ● Daily Chronicle & Good News1:15 ● Timeline on Influential Hispanic: Rita Moreno [AS2]3:30 ● Ted Talk: Segment on Separation [LR]4:00 ● Wheel Chair Strolls [AS2]6:00 ● Movie Night: Maria Full of Grace [AS1]</div>		<div><h1>6</h1><p>Labor Day</p><ul style="list-style-type: none">9:30 ● Non Denominational Service9:30 ● Spa and Beauty [AS2]10:00 ● Basta Tutti Frutti : Spanish Trivia [TG]10:00 ● Find the Hidden Object: Sensory Activity [AS2]10:00 ● Professions That's No More [TG]10:30 ● Ballandon : Chair Get Fit Workout [AS1]10:30 🍹 Thymeless: Pomegranate and Lime Infused Water [AS1]11:00 ● Daily Chronicle & Good News1:30 ● Sing Along w/ Susie Q [AS2]2:00 ● Sculpta Palooza [AS2]2:00 ● Sun Catching Relaxation [TG]2:30 🍹 Thymeless: Acai Smoothie [AS1]3:00 ● Songs By Heart [AS1]4:00 ● Kickball [TG]6:15 ● At The Office Bingo [AS1]6:15 ● History and Culture [AS2]</div>		<div><h1>7</h1><ul style="list-style-type: none">9:30 ● Non Denominational Service9:30 ● Spa and Beauty [AS2]9:45 ● Rosh Hashanah Livestream Service [AS1]10:30 ● Samba Chair Workout Beginner's [AS1]10:30 🍹 Thymeless: Blueberry and Orange Infused Water [AS1]11:00 ● Daily Chronicle & Good News1:30 ● The Aretha Franklin Special [AS2]2:00 📖 Bookmarks [TG]2:00 ● Rosh Hashanah Brain Fitness [AS1]2:15 ● Rosh Hashanah Celebration2:30 🍹 Thymeless: Strawberry Margaritas [AS1]3:00 🍹 Essence With Tracy [SR]3:00 ● Songs By Heart [AS1]3:45 ● Table Top Badminton [AS1]6:15 ● Artist's With No Limits Presentation [AS2]</div>		<div><h1>8</h1><ul style="list-style-type: none">9:30 ● Non Denominational Service9:30 ● Spa and Beauty [AS2]9:45 ● Rosh Hashanah Livestream Service [AS1]10:30 ● Outing: Out for Mexican Ice Cream at La Michoachana10:30 ● Things that goes together brain teaser [AS2]10:30 🍹 Thymeless: Cucumber, Lemon and Mint Infused Water [AS1]10:30 ● Zumba [AS1]11:00 ● Daily Chronicle & Good News1:30 ● Good News with Tracey [LR]1:30 ● Outing: Out for Mexican Ice Cream at La Michoachana1:30 ● Sing Along w/ Susie Q [AS2]2:00 ● Rosh Hashanah Poetry Over Coffee w/ Honey Cake [AS2]2:30 🍹 Thymeless: Mango Passionfruit Batidos [AS1]</div>		<div><h1>9</h1><ul style="list-style-type: none">9:30 ● Non Denominational Service9:30 ● Spa and Beauty [AS2]10:30 ● Latin Cardio Workout: Low Impact [AS1]10:30 ● Thymeless: Gardening11:00 ● Daily Chronicle & Good News1:30 ● Gene Autry Special [AS2]2:00 ● Bird feeding with Becky [TG]2:30 🍹 Thymeless: Pineapple Coconut Smoothie [AS1]3:00 ● Essence with Tracy3:00 ● Songs By Heart [AS1]3:45 🍹 Sparks [AS1]4:00 ● Rosary [AS1]4:00 ● Snake and Ladder Table Game [AS2]6:00 ● Puzzle Corner [AS2]6:00 ● Rummaging Box (Sensory) [AS2]6:15 ● Stories Over Fruit Spritzers [AS1]</div>		<div><h1>10</h1><ul style="list-style-type: none">9:30 ● Non Denominational Service9:30 ● Spa and Beauty [AS2]10:00 ● Chair Volleyball [TG]10:30 🍹 Thymeless: Blackberry and Basil Infused Water [AS1]11:00 ● Daily Chronicle & Good News2:30 🍹 Thymeless: Strawberry Cantaloupe Aguas Fresca [AS1]3:00 ● Songs By Heart [AS1]3:45 ● Rosh Hashanah Art6:00 ● Shabbat Service [AS1]7:00 ● Movie Night [AS1]</div>		<div><h1>11</h1><p>Day of Service and Remembrance</p><ul style="list-style-type: none">9:30 ● Non Denominational Service9:30 ● Spa and Beauty [AS2]10:30 🍹 Bakers Club: Sopapilla Cheesecake [AS1]10:30 ● Daily Chronicle & Good News11:00 ● Spotlight on Influential Hispanic: Roberto Clemente1:30 ● Social with Stan The Piano Man [AS1]4:00 ● Nature Walk [NPAT]6:15 ● Spectacular Santa Clara Island / Popcorn [AS2]</div>																											
<div><p>📖 *BOOKMARKS</p><p>🌿 *ESSENCE</p><p>❤️ *SNAPSHOTS</p><p>🎓 *SPARK</p><p>🍹 *THYMELESS</p><p>🔗 CONNECT</p><p>👤 CONTRIBUTE</p><p>🔴 FEEL</p><p>🟡 GROW</p><p>🟢 MOVE</p><p>🟣 REFLECT</p></div>		<div><h1>12</h1><ul style="list-style-type: none">9:30 ● Non Denominational Service9:30 ● Spa and Beauty [AS2]10:00 ● Religious Services on IN2L [AS2]10:30 🍹 Thymeless: Ginger and Green Apple Infused Water [AS1]11:00 ● Daily Chronicle & Good News2:00 ● Cafe con Leche Social [AS1]2:00 ● Science and Wonders [AS2]3:00 ● Memory Match Game [AS2]6:00 ● At The Movie: The Shape of Water [AS2]</div>		<div><h1>13</h1><ul style="list-style-type: none">9:30 ● Non Denominational Service9:30 ● Spa and Beauty [AS2]10:30 ● Ballandon : Chair Get Fit Workout [AS1]10:30 🍹 Thymeless: Pomegranate and Lime Infused Water [AS1]11:00 ● Daily Chronicle & Good News1:30 ● Sorting [AS2]1:30 ● Visual Sensory Exercise [AS2]2:00 ● Sculpta Palooza [AS2]2:00 ● Wellness Segment: Nutrition [AS1]2:30 🍹 Thymeless: Acai Smoothie [AS1]3:00 ● Songs By Heart [AS1]4:30 ● Shapes and Sizes [AS2]6:15 ● Give Me Five Brain Teaser [AS1]</div>		<div><h1>14</h1><ul style="list-style-type: none">6:30 ● Relaxing with Nature9:30 ● Non Denominational Service9:30 ● Spa and Beauty [AS2]10:30 ● Samba Chair Workout Beginner's [AS1]10:30 🍹 Thymeless: Blueberry and Orange Infused Water [AS1]11:00 ● Daily Chronicle & Good News2:00 📖 Bookmarks [TG]2:30 ● Aquatic Sensory [AS2]2:30 🍹 Thymeless: Strawberry Margaritas [AS1]3:00 🍹 Essence With Tracy [SR]3:00 ● Songs By Heart [AS1]4:00 ● Mancala Board Game [AS1]6:15 ● Sunset with Mocktail [TG]</div>		<div><h1>15</h1><ul style="list-style-type: none">9:30 ● Non Denominational Service9:30 ● Spa and Beauty [AS2]10:00 ● Outing: Scenic Drive10:30 ● Things that goes together brain teaser [AS2]10:30 🍹 Thymeless: Cucumber, Lemon and Mint Infused Water [AS1]10:30 ● Zumba [AS1]11:00 ● Daily Chronicle & Good News11:30 ● Outing: Fishing at Beck Lake1:30 ● Good News with Tracey [LR]2:00 ● Shades of Expression/Individual Adult Coloring [AS2]2:30 🍹 Thymeless: Mango Passionfruit Batidos [AS1]3:00 ● Songs By Heart [AS1]3:45 ● Relax with Nature6:15 ● Amigo Bingo [AS1]6:15 ● Wine Down Wednesday [AS1]</div>		<div><h1>16</h1><ul style="list-style-type: none">9:30 ● Non Denominational Service9:30 ● Spa and Beauty [AS2]10:30 ● Latin Cardio Workout: Low Impact [AS1]10:30 ● Thymeless: Gardening [AS2]11:00 ● Daily Chronicle & Good News1:30 ● Reminiscing with Music [AS2]1:30 ● Yom Kippur Service : Live Stream [AS2]2:00 ● Bird feeding with Becky [TG]2:30 🍹 Thymeless: Pineapple Coconut Smoothie [AS1]2:30 ● Yom Kippur Discussion [TG]3:00 ● Essence with Tracy3:00 ● Songs By Heart [AS1]3:45 🍹 Sparks [AS1]4:00 ● I See Bubbles Sensory Activity4:00 ● Memorama Brain Fitness [AS2]6:15 ● Musician's With No Limits Presentation [AS2]</div>		<div><h1>17</h1><ul style="list-style-type: none">9:30 ● Non Denominational Service9:30 ● Spa and Beauty [AS2]10:30 ● Table Top Badminton [AS1]10:30 🍹 Thymeless: Blackberry and Basil Infused Water [AS1]11:00 ● Daily Chronicle & Good News2:30 🍹 Thymeless: Strawberry Cantaloupe Aguas Fresca [AS1]3:00 ● Songs By Heart [AS1]3:45 ● Chair Volleyball4:00 ● Riddle Me This [AS1]6:00 ● Shabbat Service [AS1]6:00 ● Spanish Pictionary [AS2]7:00 ● Movie Night: Savannah [AS1]</div>		<div><h1>18</h1><ul style="list-style-type: none">9:30 ● Non Denominational Service9:30 ● Spa and Beauty [AS2]10:00 ● Men's Creative Minds [AS2]10:30 🍹 Bakers Club: Mantecado Cookies [AS1]11:00 ● Daily Chronicle & Good News1:30 ● The Guessing Game [AS2]2:00 ● Floor Basketball [AS2]2:30 ● Demo w/ Florentina: Choco Flan [AS1]4:00 ● Nature Walk [NPAT]6:00 ● Dominoes Table Game [AS1]6:15 ● Poker Night With Virginia [AS1]</div>																											
<div><h1>19</h1><ul style="list-style-type: none">9:30 ● Non Denominational Service9:30 ● Spa and Beauty [AS2]10:00 ● Religious Services on IN2L [AS2]10:00 ● SingFit Music Therapy10:00 ● Sort and Fold [AS2]10:30 ● Table Tennis [AS1]10:30 🍹 Thymeless: Ginger and Green Apple Infused Water [AS1]11:00 ● Daily Chronicle & Good News2:30 ● It's a Guys Thing w/ Guacamole n' Chips [AS1]3:30 ● Ted Talk: Segment on Motherhood4:00 ● Wheel Chair Strolls [AS2]6:30 ● Movie Night: Cesar's Last fight [AS2]</div>		<div><h1>20</h1><ul style="list-style-type: none">9:30 ● Non Denominational Service9:30 ● Spa and Beauty [AS2]10:00 ● Find the Hidden Object: Sensory Activity [AS2]10:30 ● Ballandon : Chair Get Fit Workout [AS1]10:30 🍹 Thymeless: Pomegranate and Lime Infused Water [AS1]11:00 ● Daily Chronicle & Good News1:30 ● Sing Along w/ Susie Q [AS2]2:00 ● Sculpta Palooza [AS2]2:30 🍹 Thymeless: Acai Smoothie [AS1]3:00 ● Songs By Heart [AS1]4:00 ● Scenic Walk [TG]6:15 ● Hispanic History and Culture [AS1]</div>		<div><h1>21</h1><ul style="list-style-type: none">9:30 ● Non Denominational Service9:30 ● Spa and Beauty [AS2]10:30 ● Samba Chair Workout Beginner's [AS1]10:30 🍹 Thymeless: Blueberry and Orange Infused Water [AS1]11:00 ● Daily Chronicle & Good News2:00 📖 Bookmarks [TG]2:30 🍹 Thymeless: Strawberry Margaritas [AS1]3:00 🍹 Essence With Tracy [SR]3:00 ● Songs By Heart [AS1]4:00 ● Craft Corner: Making Dream Catcher [AS1]6:15 ● Let's See Venezuela [AS2]</div>		<div><h1>22</h1><p>First Day of Fall</p><ul style="list-style-type: none">9:30 ● Non Denominational Service9:30 ● Spa and Beauty [AS2]10:00 ● Outing: Distribution of School Supplies for CHFC10:30 ● Things that goes together brain teaser [AS2]10:30 🍹 Thymeless: Cucumber, Lemon and Mint Infused Water [AS1]10:30 ● Zumba [AS1]11:00 ● Daily Chronicle & Good News1:30 ● Good News with Tracey [LR]1:30 ● Sing Along w/ Susie Q [AS2]2:30 🍹 Thymeless: Mango Passionfruit Batidos [AS1]3:00 ● Songs By Heart [AS1]3:45 ● Autumn Stroll [AS1]4:00 ● Gratitude Journaling [TG]6:00 ● Stealing Bundles (Card Game)</div>		<div><h1>23</h1><ul style="list-style-type: none">9:30 ● Non Denominational Service9:30 ● Spa and Beauty [AS2]10:30 ● Latin Cardio Workout: Low Impact [AS1]10:30 ● Thymeless: Gardening11:00 ● Daily Chronicle & Good News2:00 ● Bird feeding with Becky [TG]2:00 ● Making Paper Roses [AS1]2:30 🍹 Thymeless: Pineapple Coconut Smoothie [AS1]3:00 ● Songs By Heart [AS1]3:45 🍹 Sparks [AS1]4:00 ● Puzzle Corner [AS2]6:15 ● Musician's With No Limits Presentation [AS2]6:15 ● Stories Over Fruit Spritzers [AS1]</div>		<div><h1>24</h1><ul style="list-style-type: none">9:30 ● Non Denominational Service9:30 ● Spa and Beauty [AS2]10:00 ● Chair Volleyball [TG]10:30 🍹 Thymeless: Blackberry and Basil Infused Water [AS1]10:30 🍹 Thymeless: Paletas [AS1]11:00 ● Daily Chronicle & Good News2:30 🍹 Thymeless: Strawberry Cantaloupe Aguas Fresca [AS1]3:00 ● Songs By Heart [AS1]4:00 ● Residents Amazing Stories [TG]6:00 ● Shabbat Service [AS1]7:00 ● Movie Night [AS1]</div>		<div><h1>25</h1><ul style="list-style-type: none">9:30 ● Non Denominational Service9:30 ● Spa and Beauty [AS2]10:30 🍹 Bakers Club: Bizcocho De Limon (Lemon Yogurt Cake) [AS1]11:00 ● Daily Chronicle & Good News11:30 ● Conductorcise [AS2]3:00 ● Empanada Social w/ Horchata [AS1]3:00 ● Remember When [AS1]4:00 ● Nature Walk [NPAT]4:30 ● Amazing Beauty! [AS2]6:15 ● Poker Night With Virginia [AS1]</div>																													
<div><h1>26</h1><ul style="list-style-type: none">9:30 ● Non Denominational Service9:30 ● Spa and Beauty [AS2]10:00 ● Religious Services on IN2L [AS2]10:30 ● Light and Lively [AS2]10:30 🍹 Thymeless: Ginger and Green Apple Infused Water [AS1]11:00 ● Daily Chronicle & Good News2:00 ● Cafe con Leche Social [AS1]2:00 ● Science and Wonders [AS2]3:00 ● Memory Match Game [AS2]3:30 ● Ted Talk: Segment on Felling Alone6:30 ● Movie Night: Selena [AS2]</div>		<div><h1>27</h1><ul style="list-style-type: none">9:30 ● Non Denominational Service9:30 ● Spa and Beauty [AS2]10:30 ● Ballandon : Chair Get Fit Workout [AS1]10:30 🍹 Thymeless: Pomegranate and Lime Infused Water [AS1]11:00 ● Daily Chronicle & Good News1:30 ● Sorting [AS2]1:30 ● The Guessing Game [AS2]1:30 ● Visual Sensory Exercise [AS2]2:00 ● Sculpta Palooza [AS2]2:30 🍹 Thymeless: Acai Smoothie [AS1]3:00 ● Songs By Heart [AS1]6:15 ● Three of a Kind: Card Game [AS2]</div>		<div><h1>28</h1><ul style="list-style-type: none">9:30 ● Non Denominational Service9:30 ● Spa and Beauty [AS2]10:30 ● Samba Chair Workout Beginner's [AS1]10:30 🍹 Thymeless: Blueberry and Orange Infused Water [AS1]11:00 ● Daily Chronicle & Good News2:00 📖 Bookmarks [TG]2:30 ● Aquatic Sensory [AS2]2:30 🍹 Thymeless: Strawberry Margaritas [AS1]3:00 🍹 Essence With Tracy [SR]3:00 ● Songs By Heart [AS1]4:00 ● Mancala Board Game [AS1]6:00 ● Watching The Sunset With Mocktail [TG]</div>		<div><h1>29</h1><ul style="list-style-type: none">9:30 ● Non Denominational Service9:30 ● Spa and Beauty [AS2]10:30 ● Chef Demo - Enchiladas [AS1]10:30 ● Things that goes together brain teaser [AS2]10:30 🍹 Thymeless: Cucumber, Lemon and Mint Infused Water [AS1]10:30 ● Zumba [AS1]11:00 ● Daily Chronicle & Good News11:00 ● Outing: Tacos in the Park from La Taquiza1:30 ● Good News with Tracey [LR]2:00 ● Shades of Expression/Individual Adult Coloring [AS2]2:30 🍹 Thymeless: Mango Passionfruit Batidos [AS1]3:00 ● Songs By Heart [AS1]3:45 ● Relax with Nature6:15 ● Wine Down Wednesday [AS1]</div>		<div><h1>30</h1><ul style="list-style-type: none">9:30 ● Non Denominational Service9:30 ● Spa and Beauty [AS2]10:30 ● Drum Circle w/ Chris [AS1]10:30 ● Latin Cardio Workout: Low Impact [AS1]10:30 ● Thymeless: Gardening [AS2]10:30 🍹 Thymeless: Making Frozen Yogurt Fruit Cups [AS1]11:00 ● Daily Chronicle & Good News1:30 ● Reminiscing with Music [AS2]2:00 ● Bird feeding with Becky [TG]2:30 🍹 Thymeless: Pineapple Coconut Smoothie [AS1]3:00 ● Songs By Heart [AS1]3:45 🍹 Sparks [AS1]4:00 ● I See Bubbles Sensory Activity4:00 ● Memorama Brain Fitness [AS2]6:15 ● Musician's With No Limits Presentation [AS2]</div>		<div></div>																															