calendar & activities **SEP 2020** SUNDAY MONDAY TUFSDAY WEDNESDAY **THURSDAY** FRIDAY SATURDAY Breakfast [DR] Breakfast [DR] Breakfast [DR] Breakfast [DR] Breakfast [DR] 8:30 8:30 Spa & Beauty Hour with the Care Team [AS2] Spa & Beauty Hour with the Care Team [AS2] Spa & Beauty Hour with the Care Team [AS2] Spa & Beauty Hour with the Care Team [AS2] 9:45 9:45 Spa & Beauty Hour with the 9:45 Care Team [AS2] Golden Inspirations [AS1] 10:00 • Garden Club [AS2] 10:00 Golden Inspirations [AS1] 0:00 Baking Club: Easy Coconut 10:00 • Bocce [TG] 10:00 • Thymeless: Infused Water Watermelon & Mint [AS1] 10:00 • Mind Boggle Fitness [AS1] 10:00 • Men's Club [CBR] Cream Pie [AS1] 10:00 Thymeless: Infused Water:
Blackberries/Orange & Ginger [AS1] 0:00 • Herbal Gardening 10:00 • Thymeless: Infused Water: Honeydew Cucumber & Basil [AS1] 10:00 • Outing: Scenic Drive 10:30 • Men's Club [CBR] 10:30 Bowling Frisbee [AS2] 10:00 • Thymeless: Infused Water: Blueberr Strawberry & Rosemary [AS1] 0:00 Sittercise [AS2] 10:00 • What's on your Mind [AS1] 0:30 Jazzercise [AS1] 1:00 Daily Chronicle & Good News [BF] 11:00 • Daily Chronicle & Good News [BF 11:00 Daily Chronicle & Good News [BF] 10:45 • Golden Stories 10:30 Jazzercise [AS1] 12:00 Lunch [DR] 12:00 Lunch [DR] GOLDEN AGE 11:00 • Daily Chronicle & Good News [BF] Golden Spotlight: Greta Garbo and Clark 11:00 • Daily Chronicle & Good News [BF] 1:30 • You Be the Judge with Philip & Friends [AS2] 1:30 • Occupations [AS1] Lunch [DR] Lunch [DR] 1:30 • SingFit Music Therapy [AS2] 1:45 • Happy Hour [PAT 12:00 Lunch [DR] 1:30 • SPARK: Cognitive Fitness Class [AS1] 1:30 Men's Club [CBR] 2:00 • Golden Age of Music: Swing Time [AS2] 2:00 Golden Age of Music: Swing Time (Billie 2:00 • Golden Age of Music: Swing Time (Benny Bookmarks [LIB] Holiday) [AS2] 2:30 • Soda Pop Social [AS1] 1:45 • Journal Corner [TG] Golden Age of Music: Swing Time (Ella Goodman) [AS2] 1:30 Outing: Scenic Drive 2:00 3:00 Songs by Heart Music Therapy thro Skype [BF] 4:00 • Jeopardy Trivia [AS2] 2:00 • Golden Age of Music: Swing Time (Louis 2:30 Finish my Line [TR Fitzgerald) [AS2] 4:00 Meditation Circle [AS1] 4:15 • Nu-Step Bicycling [FC] Thymeless: Frozen Tickled Pink [AS1] 2:30 • Thymeless: Strawberry Mimosa [AS1] Armstrong) [AS2] 4:15 • Nu-Step Bicycling [FC] 2:30 • Thymeless: Ham and Cheese Apple Wrap Songs by Heart Music Therapy through Songs by Heart Music Therapy through 5:00 Dinner [DR] 5:00 Dinner [DR] 6:00 Manicures [AS1] Skype [BF] Skype [BF] 4:00 • Hopscotch all over the board [AS1] 3:00 • Songs by Heart Music Therapy through 4:00 Beach Blanket Bingo 8:30 Breakfast [DR] Labor Day 8:30 Breakfast [DR] 9:45 Spa & Beauty Hour with the 9:45 • Spa & Beauty Hour with the 9:45 Spa & Beauty Hour with the 8:30 Breakfast [DR] 9:45 Spa & Beauty Hour with the 9:45 • Spa & Beauty Hour with the 9:45 Spa & Beauty Hour with the CONNECT Care Team [AS2] Care Team [AS2] Care Team [AS2] Care Team [AS2] 9:45 • Spa & Beauty Hour with the Care Team [AS2] 10:00 • Chair Yoga [AS2] 10:00 Golden Inspirations [AS1] 10:00 Golden Inspirations [AS1] 10:00 • Garden Club [AS2] 0:00 Baking Club: Almond Ginge 10:00 Bocce [TG] 10:00 • Thymeless: Infused Water 10:00 • Mind Boggle Fitness [AS1] 10:00 Men's Club [CBR] Cookies [AS1] 10:00 Religious Services on IN2L 10:00 Thymeless: Infused Water: 10:00 • Garden Club [AS2] CONTRIBUTE Watermelon & Mint [AS1] 10:00 Thymeless: Infused Water: Honeydew Cucumber & Basil [AS1] 0.00 • Herbal Garden Blackberries/Orange & Ginger [AS1] 10:00 • Thymeless: Infused Water: Strawberry & 10:00 Outing: Scenic Drive 10:30 Swing to the Beat 10:30 • Men's Club [CBR] 10:30 Bowling Frisbee [AS2] 10:00 Thymeless: Infused Water: Blueberry Strawberry & Rosemary [AS1] 0:00 Sittercise [AS2] Basil [AS1] 11:00 • Daily Chronicle & Good News [BF 10:30 • Thymeless: Apples and Honey [BF] 10:30 Dance Fitness [AS1] 10:30 Jazzercise [AS1] 10:00 What's on your Mind [AS1] 1:00 • Daily Chronicle & Good News [BF] FFFI 11:00 • Daily Chronicle & Good News [BF] 10:45 • Golden Stories 11:00 • Daily Chronicle & Good News [BF] 11:00 Daily Chronicle & Good News [BF] 10:30 Jazzercise [AS1] 2:00 Lunch [DR] 1:30 • Golden Age of Television: I Love Lucy [AS1] 12:00 Lunch [DR] 12:00 Lunch [DR] 11:00 • Daily Chronicle & Good News [BF] Golden Spotlight: Judy Garland 10:30 Thymeless: [RF] 1:30 • Light and Lively [AS1] 11:00 Daily Chronicle & Good News [BF] 1:30 • You Be the Judge with Philip & Friends [AS2] 1:30 • SingFit Music Therapy [AS2] GROW 1:30 • Soak Up The Golden Sunshine [TG] 1:30 • Golden Age of Television: I Love Lucy [AS1] 12:00 Lunch [DR] 12:00 Lunch [DR] 1:30 • SongFit Music Therapy [AS1] 1:30 • Men's Club [CBR] 1:30 Bookmarks [LIB] Lunch [DR] 1:45 • Happy Hour [PAT] 2:30 • Golden Age of Television: Carol Burnett Show 2:00 1:45 Name That Hollywood Actor [BF] 2:00 • Afternoon Tea In The Garden [AS2] 2:30 • Golden Age of Television: Carol Burnett Sho 1:30 • Golden Age of Television: I Love Lucy [AS1] 1:30 • SPARK: Cognitive Fitness Class [AS1] 2:30 • Thymeless: PB&J Banana Burritos [AS1] 2:00 • Happy Hour [TG MOVE 2:30 • Root Beer Float Socials [AS1] 3:00 Songs by Heart Music Therapy through Skype [BF] 4:00 • Badminton [TG] 1:30 • Inspirational Story Time [AS2] 1:45 • Journal Corner [TG]
2:00 Gunsmoke Trivia and Television 3:00 Songs by Heart Music Therapy through Skype [BF] 2:30 • Thymeless: Strawberry Mimosa [AS1] 4:00 • Brain boosters [AS2] 5:00 Dinner [DR] 1:30 Outing: Scenic Drive 4:15 • Nu-Step Bicycling [FC] 4:00 Nature Walk [BF] 3:00 Songs by Heart Music Therapy through Skype [BF] 4:00 Meditation Circle [AS1] 6:15 • Theme of the Month Movie: "Rebel Without 2:30 • Thymeless: Ham and Cheese Apple Wrap 2:30 Golden Age of Television: Carol Burnett Show REFLECT 4:15 • Nu-Step Bicycling [FC] 4:00 • Phrase It [AS1] 5:00 Dinner [DR] 4:00 Putt Putt Golf [TG] 3:00 • Songs by Heart Music Therapy through 2:30 • Thymeless: Frozen Tickled Pink [AS1] 4:15 Nu-Step Bicycling [FC] 6:00 Manicures [AS1] 5:00 Dinner [DR] 4:00 Remember When? [AS2] 3:00 • Songs by Heart Music Therapy through 5:00 Dinner [DR] 8:30 Breakfast [DR] Breakfast [DR] Rosh Hashanah (begins Friday night) Rosh Hashanah Breakfast [DR] Breakfast [DR] 8:30 Breakfast [DR] 8:30 8:30 19 9:45 • Spa & Beauty Hour with the 9:45 • Spa & Beauty Hour with the 8:30 Breakfast [DR] 0 8:30 Breakfast [DR] Care Team [AS2] 9:45 • Spa & Beauty Hour with the 9:45 • Spa & Beauty Hour with the 10:00 • Chair Yoga [AS2] 10:00 • Garden Club [AS2] 10:00 • Golden Inspirations [AS1] 10:00 • Garden Club [AS2] 10:00 • Golden Inspirations [AS1] Care Team [AS2] Care Team [AS2] 10:00 • Thymeless: Infused Water: Watermelon & Mint [AS1] 10:00 • Thymeless: Infused Water Strawberry & Basil [AS1] 10:00 • Mind Boggle Fitness [AS1] 10:00 • Men's Club [CBR] 0:00 • Bocce [TG] 10:00 Religious Services on IN2L 0:00 Baking Club: Rosh Hashanah Apple Cake 10:00 • Thymeless: Infused Water: Ho Cucumber & Basil [AS1] 0:00 • Thymeless: Infused Water: Blackberries 10:00 Outing: Scenic Drive **Resident Birthdays** 10:30 Swing to the Beat 10:30 • Dance Fitness [AS1] 10:30 • Bowling Frisbee [AS2] 10:00 • Thymeless: Infused Water: Blueberry 0:00 • Herbal Gardening Orange & Ginger [AS1]
10:30 • Men's Club [CBR] 10:30 • Thymeless: Apples and Honey [BF] 11:00 • Daily Chronicle & Good News [BF] 11:00 Daily Chronicle & Good News [BF] 10:30 Jazzercise [AS1] Strawberry & Rosemary [AS1] 0:30 • Jazzercise [AS1] 0:00 Sittercise [AS2] Evelyn N. 9/12 11:00 Daily Chronicle & Good News [BF] 10:30 • Thymeless: Apple Maple Pecan Salad [BF] 12:00 Lunch [DR] 10:45 • Golden Stories 1:00 • Daily Chronicle & Good News [BF] 1:00 • Daily Chronicle & Good News [BF] 12:00 Lunch [DR] 1:30 • Feet of Gold: Spotlight on Dorothy Dandridge 11:00 • Daily Chronicle & Good News [BF] Golden Spotlight: Marilyn Monroe 11:00 • Daily Chronicle & Good News [BF] 11:15 2:00 Lunch [DR] 12:00 Lunch [DR] 1:30 • Soak Up The Golden Sunshine [TG] 2:30 • Thymeless: PB&J Banana Burritos [AS1] 12:00 Lunch [DR] Lunch [DR] Lunch [DR] 1:30 • Feet of Gold: Spotlight on Ann Miller 1:30 • Feet of Gold: Spotlight on Vera Eller Nancy W. 1:30 • SongFit Music Therapy [AS1] 3:00 Songs by Heart Music Therapy through Skype [BF] 1:30 • Feet of Gold: Spotlight on Cvd Charrise 1:30 • Bookmarks [LIB] 1:30 • Feet of Gold: Spotlight on Rita Moreno 1:30 • You Be the Judge with Philip & Friends [AS2] 1:30 • Light and Lively [AS1] 2:00 • Afternoon Tea In The Garden [AS2] 1:30 • Feet of Gold: Spotlight on Ginger Rogers Marilyn P. 1:30 Men's Club [CBR] 1:30 SPARK: Cognitive Fitness Class [AS1] 1:45 • Happy Hour [PAT] 1:30 • SingFit Music Therapy [AS2] 4:00 • Nature Walk [BF] 2:30 • Golden Age of Television: Carol Burnett She 2:30 • Golden Age of Television: Carol Burnett Sh 1:30 • Outing: Scenic Drive 1:45 • Journal Corner [TG] 2:30 • Golden Age of Television: Carol Burnett Show 2:00 • Happy Hour [TG] Birthday Spotlight: Hank Williams ("Honky Tonk Blues") 4:00 • Phrase It [AS1] 2:30 • Thymeless: Ham and Cheese Apple Wrap 3:00 Songs by Heart Music Therapy through Skype [BF] 2:30 • Soda Pop Social [AS1] 4:00 Badminton [TG] 4:15 Nu-Step Bicycling [FC] 2:30 • Thymeless: Strawberry Mimosa [AS1] Songs by Heart Music Therapy through Golden Age of Television: Carol Burnett Show 5:00 Dinner [DR] 5:00 Dinner [DR] Songs by Heart Music Therapy through 4:15 • Nu-Step Bicycling [FC] 4:00 • Jeopardy Trivia [AS2] 6:15 • Theme of the Month Movie: "Casablanca" [BF] 6:30 • Sunset Patio Chat Skype [BF] Skype [BF] 4:00 • Meditation Circle [AS1] Dinner [DR] 4:00 • Hopscotch all over the board [AS1] 4:00 Birthday Spotlight: B.B. King [AS2] 2:30 • Thymeless: Frozen Tickled Pink [AS1] 4:15 Nu-Step Bicycling [FC] Rosh Hashanah Breakfast [DR] Breakfast [DR] Breakfast [DR] Breakfast [DR] 8:30 Breakfast [DR] 8:30 Breakfast [DR] 8:30 8:30 9:45 • Spa & Beauty Hour with the Care Team [AS2] 9:45 • Spa & Beauty Hour with the Care Team [AS2] 9:45 • Spa & Beauty Hour with the Care Team [AS2] 9:45 • Spa & Beauty Hour with the Care Team [AS2] 9:45 • Spa & Beauty Hour with the 9:45 • Spa & Beauty Hour with the 8:30 Breakfast [DR] 9:45 • Spa & Beauty Hour with the Care Team [AS2] 10:00 • Garden Club [AS2] 10:00 • Golden Glamour Shots 10:00 • Garden Club [AS2] 10.00 Golden Glamour Shot 0:00 Baking Club: Easy Golden Oreo No Bake Cheesecake 0:00 Bocce [TG] 10:00 • Chair Yoga [AS2] 10:00 • Thymeless: Infused Water 10:00 • Golden Inspirations [AS1] 10:00 Mind Boggle Fitness [AS1] 10:00 • Golden Inspirations [AS1] 10:00 • Thymeless: Infused Water: Blackberries/Orange & Ginger [AS1] Strawberry & Basil [AS1] 10:00 • Thymeless: Infused Water: Watermelon & Mint [AS1] 10:00 Religious Services on IN2L [BF] 10:00 • Outing: Scenic Drive 10:00 • Men's Club [CBR] 0:00 • Herbal Gardening 10:30 • Dance Fitness [AS1] 10:00 • Thymeless: Infused Water: Blueberry Strawberry & Rosemary [AS1] 10:30 • Men's Club [CBR] 10:00 • Thymeless: Infused Water: Honeyde Cucumber & Basil [AS1] 10:30 Swing to the Beat 1:00 • Daily Chronicle & Good News [BF] 10:30 • Thymeless: Ham and Cheese Apple Wraps 10:30 • Bowling Frisbee [AS2] 11:00 • Daily Chronicle & Good News [BF] **Location Keys** 10:30 • Thymeless: Apples and Honey [BF] 11:00 • Daily Chronicle & Good News [BF] 10:30 Jazzercise [AS1] 2:00 Lunch [DR] 12:00 Lunch [DR] 10:30 Jazzercise [AS1] 11:00 • Daily Chronicle & Good News [BF] 11:00 Daily Chronicle & Good News [BF] 10:45 • Golden Stories 12:00 Lunch [DR] 10:30 • Thymeless: [BF] 1:30 • Golden Spotlight: Bing Crosby [AS1] 1:30 • Golden Spotlight: Bing Crosby [AS1] 12:00 Lunch [DR] **Activity Studio 1** AS1 12:00 Lunch [DR] 11:00 • Daily Chronicle & Good News [BF] 11:00 Daily Chronicle & Good News [BF] 1:30 • You Be the Judge with Philip & Friends [AS2] 1:30 Bookmarks [LIB] 1:30 Light and Lively [AS1] 1:30 • Birthday Spotlight: Sophie Loren [AS2] 1:30 • Golden Spotlight: Bing Crosby [AS1] 1:30 • Golden Spotlight: Clark Gable [AS1] 2:00 • Happy Hour [TG] 1:30 • SingFit Music Therapy [AS2] 12:00 Lunch [DR] 12:00 Lunch [DR] 1:30 • Feet of Gold: Spotlight on Lena Horne **Activity Studio 2** AS₂ 1:45 • Name That Hollywood Actor [BF]
2:30 • Thymeless: PB&J Banana Burritos [AS1] 1:30 • Inspirational Story Time [AS2] Golden Spotlight: Bing Crosby [AS1] 2:00 • Lip Sync Interactive Activity with Care Tean & Residents [AS1] 1:30 • Golden Spotlight: Lawrence Olivier [AS1] 1:30 Soak Un The Golden Sunshine [TG] 1:30 Men's Club [CBR] 1:30 Outing: Scenic Drive 1:30 • SPARK: Cognitive Fitness Class [AS1] 1:30 • SongFit Music Therapy [AS1] 3:00 Songs by Heart Music Therapy through Skype [BF] 3:00 Songs by Heart Music Therapy through Skype [BF] 2:30 • Root Beer Float Socials [AS1] **Both Floors** 2:30 • Golden Age of Television: Carol Burnett Sho 2:00 • Afternoon Tea In The Garden [AS2] 2:30 • Thymeless: Ham and Cheese Apple Wrap 1:45 Journal Corner [TG] 2:30 • Golden Age of Television: Carol Burnett Sho 4:00 • Brain boosters [AS2] 2:30 • Golden Age of Television: Carol Burnett Sho 4:00 Nature Walk [BF] 4:15 • Nu-Step Bicycling [FC] 2:30 Thymeless: Strawberry Mimosa [AS1] 3:00 Songs by Heart Music Therapy through 4:00 Meditation Circle [AS1] Card & Billiards Room **CBR** 4:00 • Phrase It [AS1] 2:30 • Thymeless: Frozen Tickled Pink [AS1] 5:00 Dinner [DR] Skype [BF] 3:00 • Songs by Heart Music Therapy through 4:15 • Nu-Step Bicycling [FC] 4:00 Badminton [TG] 4:00 Basketball [AS2] 4:15 Nu-Step Bicycling [FC] 6:00 Manicures [AS1] Dinner [DR] Dining Room Breakfast [DR] Breakfast [DR] Yom Kippur (begins at Sunset) Yom Kippur 8:30 8:30 Breakfast [DR] 9:45 • Spa & Beauty Hour with the 9:45 Spa & Beauty Hour with the 8:30 Breakfast [DR] **Fitness Center** ΖŌ Care Team [AS2] Care Team [AS2] 9:45 • Spa & Beauty Hour with the 9:45 • Spa & Beauty Hour with the

10:00 • Garden Club [AS2]

10:00 Outing: Scenic Drive

1:30 Outing: Scenic Drive

4:00 • Basketball [AS2]

4:15 Nu-Step Bicycling [FC]

12:00 Lunch [DR]

3:00

10:00 • Mind Boggle Fitness [AS1]

10:00 • Thymeless: Infused Water: Blueberry

Strawberry & Rosemary [AS1] 11:00 • Daily Chronicle & Good News [BF]

2:30 • Thymeless: Ham and Cheese Apple Wrap

4:00 Golden Word Scattergories [AS2]

Songs by Heart Music Therapy through Skype [BF]

10:00 • Golden Inspirations [AS1]

10:00 • Thymeless: Infused Water: Watermelon & Mint [AS1]

11:00 • Daily Chronicle & Good News [BF]

2:30 • Golden Age of Television: Carol Burnett Sh

2:30 • Thymeless: Strawberry Mimosa [AS1]

3:00 • Songs by Heart Music Therapy through

4:00 • Hopscotch all over the board [AS1]

10:30 • Bowling Frisbee [AS2]

10:30 Jazzercise [AS1]

Lunch [DR]

4:00 • Putt Putt Golf [TG]

1:30 • Men's Club [CBR]

10:45 Golden Stories

12:00

Care Team [AS2]

10:00 • Thymeless: Infused Water: Strawberry & Basil [AS1]

10:30 • Thymeless: Ham and Cheese Apple Wraps

2:30 • Thymeless: PB&J Banana Burritos [AS1]

3:00 • Songs by Heart Music Therapy through

11:00 • Daily Chronicle & Good News [BF]

10:00 • Garden Club [AS2]

10:30 • Dance Fitness [AS1]

12:00 Lunch [DR]

4:00 Nature Walk IBF

4:00 • Phrase It [AS1]

4:15 • Nu-Step Bicycling [FC]

Dinner [DR]

Care Team [AS2]

10:00 • Religious Services on IN2L [BF]

10:30 Swing to the Beat 10:30 Thymeless: Apples and Honey [BF]

11:00 • Daily Chronicle & Good News [BF]

1:30 • Golden Spotlight: Bing Crosby [AS1]

1:30 Soak Up The Golden Sunshine [TG]

2:00 • Afternoon Tea In The Garden [AS2]

2:30 • Golden Age of Television: Carol Burnett Sho

1:30 • SongFit Music Therapy [AS1]

3:00 • Bowling Party [AS2]

4:00 • Badminton [TG]

10:00 • Chair Yoga [AS2]

12:00 Lunch [DR]

PAT

Library

Terrace

Tranquility Garden

Patio



