calendar & activities

APR 2019

"Share your Passion"

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

SENIOR LIFESTYLE
your *life*, your *style*

LOCATIONS

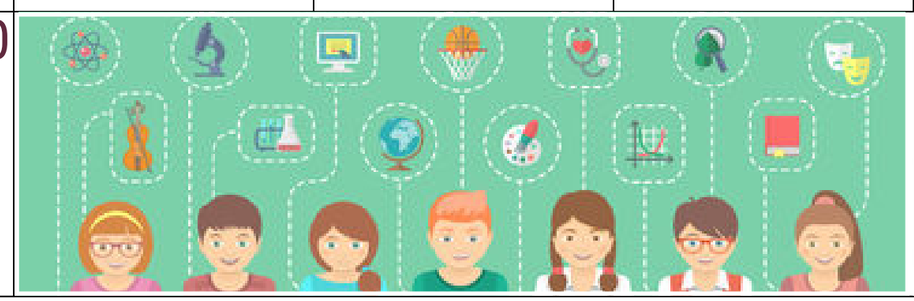
Both Sides- BS
Blue Activity Kitchen - BAK
Blue Activity Studio - AS
Green Activity Kitchen- GAK
Green Activity Studio- GAS
AL Living Room - ALR
AL Theater - ALT
Beauty Salon - BS
Dining Room - DR
L- Library
Quiet Room - QR

BIRTHDAYS THIS MONTH

4/1 Shirley M.
4/5 Dolores T.
4/6 Clare F.
4/6 Sandy J.

SENIOR LIFESTYLE
Unlimited options, Unparalleled services

WWW.SENIORLIFESTYLE.COM
Activities are subject to change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 10:00 **Theater Experience: "Field of Dreams" [ALT]** 10:30 Swing & Sway to the Beat [BAS] 10:45 **Thymeless: French Strawberry Cream Cheese Crepes** 11:30 Daily Chronicle & Good News [B] 1:15 Pamper Me 1:30 Ceramics Class with Dawn [BAS] 1:30 Essence with Justine [GAS] 1:30 **Relaxation Hour: Hand Massages & Music [GAS]** 2:30 Thymeless: 3:00 Songs by Heart Music Therapy [DR] 4:00 Shake Loose a Memory Game [GAS] 4:30 **Reminiscent Walking Club [B]** 6:15 Karaoke Hour [GAS]	**2** 10:00 Conductercise [GAS] 10:30 **Magazine Scavenger Hunt: Your Passion [BAS]** 10:45 **Thymeless: Rainbow Fruit Skewers** 11:00 Scrabble Time [BAS] 11:30 Daily Chronicle & Good News [B] 1:15 Pamper Me 1:30 Awaken the Senses Sensory Stimulation [GAS] 1:30 **Crafter's Corner: Springtime Wreaths [BAS]** 3:00 Songs by Heart Music Therapy [DR] 4:00 **Picture Trivia [BAS]** 4:00 Target Toss [GAS] 6:15 Balloon Volleyball [GAS]	**3** 10:00 **OUTING: "DUMBO" at the AMC Theater** 10:00 Ribbon Dance [GAS] 10:30 **Horse Races [GAS]** 10:45 Thymeless: Turkey & Cheese Sushi Rolls 11:30 Daily Chronicle & Good News [B] 1:15 Pamper Me 1:30 Bookmarks [LIB] 1:30 **Fact or Foolery Game [GAS]** 2:30 Thymeless: [DR] 3:00 Songs by Heart Music Therapy [DR] 4:00 Bowling [GAS] 4:00 **Reminisce Pastimes on IN2L [BAS]** 6:15 Colorful Expressions: Adult Coloring Books [BAS]	**4** 10:00 Chair Dancing [BAS] 10:00 One on One's [B] 10:30 **Drum Circle with Chris [DR]** 11:30 Daily Chronicle & Good News [B] 1:15 Pamper Me 1:30 SPARK: Cognitive Fitness Class [BAS] 1:30 What's in the Bag? [GAS] 3:00 Songs by Heart Music Therapy [DR] 4:00 Bean Bag Toss [GAS] 4:00 Brain Fitness [BAS] 4:30 **Reminiscent Walking Club [LIB]** 6:15 Sing-Along with Susie Q [GAS]	**5** 10:00 Bag Ball Exercise [GAS] 10:00 **Baker's Club with Dawn: [BAK]** 10:30 Root Beer Pong [GAS] 11:30 Daily Chronicle & Good News [B] 1:15 Pamper Me 1:30 IN2L- My Page [B] 1:30 Manicures & Massages [B] 2:30 Thymeless: Shamrock Shake [BAK] 3:00 Songs by Heart Music Therapy [DR] 4:00 Bean Bag Twister Trivia [GAS] 4:00 **Time Slips [BAS]** 6:15 **Hangman & Pictionary [BAS]**	**6** 10:00 Chair Yoga [BAS] 10:30 Clothespin Toss [GAS] 10:30 **IN2L Guided Tours: [BAS]** 10:45 Thymeless: Green Fruit Salad [BAK] 11:30 Daily Chronicle & Good News [B] 1:15 Pamper Me 1:30 Aqua Paintings [GAS] 2:30 Thymeless: Pretty Pink Punch [BAK] 3:00 **Happy Hour & Musical Entertainment by Andy [DR]** 4:00 **Charades [BAS]** 6:15 **Theme of the Month Movie: "" [GAS]**
7 10:00 Sit and Be Fit [BAS] 10:30 **Freerice.com [GAS]** 10:45 Thymeless: Cheese, sausage, & crackers [BAK] 11:30 Daily Chronicle & Good News [B] 1:15 Pamper Me 1:30 **Sunday Tea Time [BAS]** 3:00 Classical & Operatic Music by Annie [DR] 4:00 IN2L Games [B] 4:30 **Thymeless: Limburger / Knaekbrod (Crackers / Cheese) [BAK]** 4:30 **Thymeless: Greek Fruit Smoothie [BAK]** 4:30 **Thymeless: Sparkling Grape Juice [BAK]** 6:15 Religious Services on IN2L [BAS]	**8** 10:00 **Theater Experience: "Music of the Heart" [ALT]** 10:30 Swing & Sway to the Beat [BAS] 10:45 **Thymeless: French Strawberry Cream Cheese Crepes** 11:30 Daily Chronicle & Good News [B] 1:15 Pamper Me 1:30 Ceramics Class with Dawn [BAS] 1:30 Essence with Justine [GAS] 1:30 **Relaxation Hour: Hand Massages & Music [GAS]** 2:30 Thymeless: 3:00 Songs by Heart Music Therapy [DR] 4:00 Penny Ante Game [GAS] 4:30 **Reminiscent Walking Club [B]** 6:15 Karaoke Hour [GAS]	**9** 10:00 Conductercise [GAS] 10:45 **Thymeless: Rainbow Fruit Skewers** 11:00 Stories Out of a Hat [BAS] 11:30 Daily Chronicle & Good News [B] 1:15 Pamper Me 1:30 Awaken the Senses Sensory Stimulation [GAS] 1:30 **Crafter's Corner: Create your Vision Board [BAS]** 1:30 Twister Trivia Game [GAS] 3:00 Songs by Heart Music Therapy [DR] 4:00 Target Toss [GAS] 4:00 UNO! Card Game [BAS] 6:15 Balloon Volleyball [GAS]	**10** 10:00 Ribbon Dance [GAS] 10:30 Who's Got it Card Game [GAS] 10:45 Thymeless: Turkey & Cheese Sushi Rolls 11:00 **OUTING: Angelo's McDonalds for Lunch & a History of McDonald's by Janet** 11:30 Daily Chronicle & Good News [B] 1:15 Pamper Me 1:30 Bookmarks [LIB] 1:30 **Tales from Around the World Listening Hour [GAS]** 2:30 Thymeless: [DR] 3:00 Songs by Heart Music Therapy [DR] 4:00 Bowling [GAS] 4:00 **Reminisce Pastimes on IN2L [BAS]** 6:15 Colorful Expressions: Adult Coloring Books [BAS]	**11** 10:00 Chair Dancing [BAS] 10:15 One on One's [B] 10:30 Higher or Lower Card Game [BAS] 11:30 Daily Chronicle & Good News [B] 1:15 Pamper Me 1:30 SPARK: Cognitive Fitness Class [BAS] 3:00 Songs by Heart Music Therapy [DR] 4:00 Bean Bag Toss [GAS] 4:00 LCR Dice Game [BAS] 4:30 **Reminiscent Walking Club [LIB]** 6:15 Sing-Along with Susie Q [GAS]	**12** 10:00 Bag Ball Exercise [GAS] 10:00 **Baker's Club with Dawn: [BAK]** 10:30 Hat Chat [GAS] 11:30 Daily Chronicle & Good News [B] 1:15 Pamper Me 1:30 IN2L- My Page [B] 1:30 Manicures & Massages [B] 2:30 Thymeless: Shamrock Shake [BAK] 3:00 Songs by Heart Music Therapy [DR] 4:00 Funny Quotes [GAS] 4:00 **Timeslips [BAS]** 6:15 **Hangman & Pictionary [BAS]**	**13** 10:00 Chair Yoga [BAS] 10:30 **Penny Toss [GAS]** 10:30 **Pictionary [BAS]** 10:45 Thymeless: Green Fruit Salad [BAK] 11:30 Daily Chronicle & Good News [B] 1:15 Pamper Me 1:30 Aqua Paintings [GAS] 2:30 Thymeless: Pretty Pink Punch [BAK] 3:00 **Happy Hour [DR]** 6:15 **Theme of the Month Movie: "" [GAS]**
14 10:00 Sit and Be Fit [BAS] 10:30 **Chicken Soup for the Soul Listening Hour [GAS]** 10:45 Thymeless: Cheese, sausage, & crackers [BAK] 11:30 Daily Chronicle & Good News [B] 1:15 Pamper Me 1:30 **Sunday Tea Time [BAS]** 3:00 Classical & Operatic Music by Annie [DR] 4:00 IN2L Games [B] 4:30 **Thymeless: Limburger / Knaekbrod (Crackers / Cheese) [BAK]** 4:30 **Thymeless: Greek Fruit Smoothie [BAK]** 4:30 **Thymeless: Sparkling Grape Juice [BAK]** 6:15 Religious Services on IN2L [BAS]	**15** 10:00 **Theater Experience: "The Greatest Showman" [ALT]** 10:30 Swing & Sway to the Beat [BAS] 10:45 **Thymeless: French Strawberry Cream Cheese Crepes** 11:30 Daily Chronicle & Good News [B] 1:15 Pamper Me 1:30 Ceramics Class with Dawn [BAS] 1:30 Essence with Justine [GAS] 1:30 **Relaxation Hour: Hand Massages & Music [GAS]** 2:30 Thymeless: 3:00 Songs by Heart Music Therapy [DR] 4:00 Shake Awake Your Taste Game [GAS] 4:30 **Reminiscent Walking Club [B]** 6:15 Karaoke Hour [GAS]	**16** 10:00 Conductercise [GAS] 10:30 **Magazine Scavenger Hunt: Your Passion [BAS]** 10:45 **Thymeless: Rainbow Fruit Skewers** 11:00 Stories Out of a Hat [BAS] 11:30 Daily Chronicle & Good News [B] 1:15 Pamper Me 1:30 Awaken the Senses Sensory Stimulation [GAS] 1:30 **Crafter's Corner: Coloring Eggs [BAS]** 3:00 Songs by Heart Music Therapy [DR] 4:00 **Picture Trivia [BAS]** 4:00 Target Toss [GAS] 6:15 Balloon Volleyball [GAS]	**17** 10:00 Ribbon Dance [GAS] 10:30 **Horse Races [GAS]** 10:30 Sensory Exploration Eggs [GAS] 10:45 Thymeless: Turkey & Cheese Sushi Rolls 11:30 Daily Chronicle & Good News [B] 1:15 Pamper Me 1:30 Bookmarks [LIB] 1:30 **Tales from Around the World Listening Hour [GAS]** 2:30 Thymeless: [DR] 3:00 Songs by Heart Music Therapy [DR] 4:00 Bowling [GAS] 4:00 **Reminisce Pastimes on IN2L [BAS]** 6:15 Colorful Expressions: Adult Coloring Books [BAS]	**18** 10:00 Chair Dancing [BAS] 10:15 **OUTING: Scenic Drive & Garden Center** 10:15 One on One's [B] 10:30 Higher or Lower Card Game [BAS] 10:30 **Reminiscing with the Senses: Springtime [GAS]** 11:30 Daily Chronicle & Good News [B] 1:15 Pamper Me 1:30 SPARK: Cognitive Fitness Class [BAS] 1:30 **Wubble Bubble Ball Toss [GAS]** 3:00 Songs by Heart Music Therapy [DR] 4:00 Bean Bag Toss [GAS] 4:00 Brain Fitness [BAS] 4:30 **Reminiscent Walking Club [LIB]** 6:15 Sing-Along with Susie Q [GAS]	**19** 10:00 Bag Ball Exercise [GAS] 10:00 **Baker's Club with Dawn: [BAK]** 10:30 Root Beer Pong [GAS] 11:30 Daily Chronicle & Good News [B] 1:15 Pamper Me 1:30 IN2L- My Page [B] 1:30 Manicures & Massages [B] 2:30 Thymeless: Shamrock Shake [BAK] 3:00 Songs by Heart Music Therapy [DR] 4:00 Bean Bag Twister Trivia [GAS] 4:00 **Time Slips [BAS]** 6:15 **Hangman & Pictionary [BAS]**	**20** 10:00 Chair Yoga [BAS] 10:30 Clothespin Toss [GAS] 10:30 **Penny Toss [GAS]** 10:45 Thymeless: Green Fruit Salad [BAK] 11:30 Daily Chronicle & Good News [B] 1:15 Pamper Me 1:30 Aqua Paintings [GAS] 2:30 Thymeless: Pretty Pink Punch [BAK] 3:00 **Happy Hour & Bill's Carnival Show [DR]** 4:00 **Charades [BAS]** 6:15 **Theme of the Month Movie: "" [GAS]**
21 **Easter** 10:00 Sit and Be Fit [BAS] 10:30 **Easter Worship Service [GAS]** 10:45 Thymeless: Cheese, sausage, & crackers [BAK] 11:30 Daily Chronicle & Good News [B] 1:15 Pamper Me 1:30 **Sunday Tea Time [BAS]** 3:00 **Musical Entertainment with Sami [DR]** 4:00 IN2L Games [B] 4:30 **Thymeless: Limburger / Knaekbrod (Crackers / Cheese) [BAK]** 4:30 **Thymeless: Greek Fruit Smoothie [BAK]** 4:30 **Thymeless: Sparkling Grape Juice [BAK]** 6:15 Religious Services on IN2L [BAS]	**22** 10:00 **Theater Experience: "The Rookie" [ALT]** 10:30 Swing & Sway to the Beat [BAS] 10:45 **Thymeless: French Strawberry Cream Cheese Crepes** 11:30 Daily Chronicle & Good News [B] 1:15 Pamper Me 1:30 Ceramics Class with Dawn [BAS] 1:30 Essence with Justine [GAS] 1:30 **Relaxation Hour: Hand Massages & Music [GAS]** 2:30 Thymeless: 3:00 Songs by Heart Music Therapy [DR] 4:00 My Two Cents Game [GAS] 4:30 **Reminiscent Walking Club [B]** 6:15 Karaoke Hour [GAS]	**23** 10:00 Conductercise [GAS] 10:30 **Name that Singer [B]** 10:45 **Thymeless: Rainbow Fruit Skewers** 11:00 Stories Out of a Hat [BAS] 11:30 Daily Chronicle & Good News [B] 1:15 Pamper Me 1:30 Awaken the Senses Sensory Stimulation [GAS] 1:30 **Crafter's Corner: Mod Mixed-Media Tree [BAS]** 3:00 Songs by Heart Music Therapy [DR] 4:00 Target Toss [GAS] 4:00 UNO! Card Game [BAS] 6:15 Balloon Volleyball [GAS]	**24** 10:00 Ribbon Dance [GAS] 10:30 Who's Got it Card Game [GAS] 10:45 Thymeless: Turkey & Cheese Sushi Rolls 11:30 Daily Chronicle & Good News [B] 1:15 Pamper Me 1:30 Bookmarks [LIB] 1:30 **Exploring the Signature Dance: Ballet [GAS]** 2:30 Thymeless: [DR] 3:00 Songs by Heart Music Therapy [DR] 4:00 Bowling [GAS] 4:00 **Reminisce Pastimes on IN2L [BAS]** 6:15 Colorful Expressions: Adult Coloring Books [BAS]	**25** 10:00 Chair Dancing [BAS] 10:15 One on One's [B] 10:30 **OUTING: "Once on this Island Jr." at Guerin Prep H.S. PAC** 11:30 Daily Chronicle & Good News [B] 1:15 Pamper Me 1:30 SPARK: Cognitive Fitness Class [BAS] 3:00 Songs by Heart Music Therapy [DR] 4:00 Bean Bag Toss [GAS] 4:00 LCR Dice Game [BAS] 4:30 **Reminiscent Walking Club [LIB]** 6:15 Sing-Along with Susie Q [GAS]	**26** 10:00 Bag Ball Exercise [GAS] 10:00 **Baker's Club with Dawn: [BAK]** 10:30 Hat Chat [GAS] 11:30 Daily Chronicle & Good News [B] 1:15 Pamper Me 1:30 IN2L- My Page [B] 1:30 Manicures & Massages [B] 2:30 Thymeless: Shamrock Shake [BAK] 3:00 Songs by Heart Music Therapy [DR] 4:00 Funny Quotes [GAS] 4:00 **Timeslips [BAS]** 6:15 **Hangman & Pictionary [BAS]**	**27** 10:00 Chair Yoga [BAS] 10:30 **Penny Toss [GAS]** 10:30 **Pictionary [BAS]** 10:45 Thymeless: Green Fruit Salad [BAK] 11:30 Daily Chronicle & Good News [B] 1:15 Pamper Me 1:30 Aqua Paintings [GAS] 2:30 Thymeless: Pretty Pink Punch [BAK] 3:00 **Happy Hour & Steve's Musical Memories: the Magic of a Song [DR]** 6:15 **Theme of the Month Movie: "" [GAS]**
28 10:00 Sit and Be Fit [BAS] 10:30 **Chicken Soup for the Soul Listening Hour [GAS]** 10:45 Thymeless: Cheese, sausage, & crackers [BAK] 11:30 Daily Chronicle & Good News [B] 1:15 Pamper Me 1:30 **Sunday Tea Time [BAS]** 3:00 Classical & Operatic Music by Annie [DR] 4:00 IN2L Games [B] 4:30 **Thymeless: Limburger / Knaekbrod (Crackers / Cheese) [BAK]** 4:30 **Thymeless: Greek Fruit Smoothie [BAK]** 4:30 **Thymeless: Sparkling Grape Juice [BAK]** 6:15 Religious Services on IN2L [BAS]	**29** 10:00 **Theater Experience: "We Bought a Zoo" [ALT]** 10:30 Swing & Sway to the Beat [BAS] 10:45 **Thymeless: French Strawberry Cream Cheese Crepes** 11:30 Daily Chronicle & Good News [B] 1:15 Pamper Me 1:30 Ceramics Class with Dawn [BAS] 1:30 Essence with Justine [GAS] 1:30 **Relaxation Hour: Hand Massages & Music [GAS]** 2:30 Thymeless: 3:00 Songs by Heart Music Therapy [DR] 4:30 **Reminiscent Walking Club [B]** 6:15 Karaoke Hour [GAS]	**30** 10:00 Conductercise [GAS] 10:30 *Prayer Service with Debbie from Kindred [DR]* 10:45 **Thymeless: Rainbow Fruit Skewers** 11:00 Stories Out of a Hat [BAS] 11:30 Daily Chronicle & Good News [B] 12:00 **Lunch Bunch Club at the Grille** 1:15 Pamper Me 1:30 Awaken the Senses Sensory Stimulation [GAS] 1:30 **Crafter's Corner: [BAS]** 3:00 Songs by Heart Music Therapy [DR] 4:00 **Picture Trivia [BAS]** 4:00 Target Toss [GAS] 6:15 Balloon Volleyball [GAS]				

MEMORY
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