

calendar & activities

DEC 2019

"Taking December for a Spin"

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div>● CONNECT</div><div>● CONTRIBUTE</div><div>● FEEL</div><div>● GROW</div><div>● MOVE</div><div>● REFLECT</div></div>	<div>10:00 ● Sit and Be Fit [AS1]</div> <div>10:15 ● Spa &amp; Beauty Hour with the Care Team [BS]</div> <div>10:30 ● Freerice.com [AS2]</div> <div>10:45 ● Thymeless: Almond Hummus with Honey / Pita Infused Water [AS1]</div> <div>11:30 ● Daily Chronicle &amp; Good News [B]</div> <div>1:30 ● Puzzling Parlour [AS2]</div> <div>2:00 ● Sunday Tea Time [AS2]</div> <div>3:00 ● Classical &amp; Operatic Music by Annie [DR]</div> <div>4:00 ● IN2L Games [B]</div> <div>6:15 ● Musical Ball Toss [AS2]</div>	<div>10:00 ● Theater Experience: "Planes, Trains, and Automobiles" [ALT]</div> <div>10:15 ● Spa &amp; Beauty Hour with the Care Team [BS]</div> <div>10:30 ● Swing &amp; Sway to the Beat [AS1]</div> <div>10:45 ● Thymeless: Almond Butter Roll Ups</div> <div>11:30 ● Daily Chronicle &amp; Good News [B]</div> <div>1:30 ● Ceramics Class with Maria [AS1]</div> <div>1:30 ● Essence with Justine [AS2]</div> <div>2:30 ● Thymeless: Pumpkin Banana Smoothie</div> <div>3:00 ● Songs by Heart Music Therapy [AS1]</div> <div>4:00 ● Shake Loose a Memory Game [AS2]</div> <div>6:15 ● Eggnog Social [B]</div>	<div>10:00 ● Chair Dancing [AS2]</div> <div>10:15 ● Spa &amp; Beauty Hour with the Care Team [BS]</div> <div>10:30 ● What's in the Stocking? [AS2]</div> <div>10:45 ● Thymeless: Banana Maple Parfait</div> <div>11:00 ● Stories Out of a Hat [AS1]</div> <div>11:30 ● Daily Chronicle &amp; Good News [B]</div> <div>1:30 ● Harmonious Holiday Hand Massages [AS2]</div> <div>1:30 ● SPARK: Cognitive Fitness Class [AS1]</div> <div>2:30 ● Thymeless: Dragon Fruit Blueberry Smoothie</div> <div>3:00 ● Songs by Heart Music Therapy [AS1]</div> <div>4:00 ● Bingo with Suzette [AS2]</div> <div>4:00 ● Toss it up - Dice game [AS1]</div> <div>6:15 ● Sing-Along with Susie Q [AS2]</div>	<div>10:00 ● Ribbon Dance [AS2]</div> <div>10:15 ● Spa &amp; Beauty Hour with the Care Team [BS]</div> <div>10:30 ● Who's Got it Card Game [AS2]</div> <div>10:45 ● Thymeless: Apple Chutney Bruschetta [B]</div> <div>11:30 ● Daily Chronicle &amp; Good News [B]</div> <div>1:30 ● Bocce Ball [AS2]</div> <div>1:30 ● Bookmarks [LIB]</div> <div>3:00 ● Songs by Heart Music Therapy [AS1]</div> <div>4:00 ● Balloon Volleyball [AS2]</div> <div>4:00 ● Farkle with Friends [AS1]</div> <div>6:15 ● Colorful Expressions: Adult Coloring Books [AS1]</div>	<div>10:00 ● Sittercise [AS1]</div> <div>10:15 ● One on One's [B]</div> <div>10:15 ● Spa &amp; Beauty Hour with the Care Team [BS]</div> <div>10:30 ● Thymeless: Apple Berry Chicken Salad [AS1]</div> <div>10:30 ● Drum Circle with Chris [DR]</div> <div>11:30 ● Daily Chronicle &amp; Good News [B]</div> <div>1:30 ● Awaken the Senses Sensory Stimulation [AS2]</div> <div>1:30 ● Crafter's Corner: Gingerbread House Decorating [AS2]</div> <div>3:00 ● Songs by Heart Music Therapy [AS1]</div> <div>4:00 ● Bean Bag Toss [AS2]</div> <div>4:00 ● LCR Dice Game [AS1]</div> <div>4:30 ● Go for a Spin Walking Club [B]</div> <div>6:15 ● Balloon Volleyball [AS2]</div>	<div>10:00 ● Baker's Club with Dawn: Buttery Egg Nog Cookies [AS1]</div> <div>10:15 ● Pool Noodle Exercise [AS2]</div> <div>10:15 ● Spa &amp; Beauty Hour with the Care Team [BS]</div> <div>10:30 ● Hat Chat [AS1]</div> <div>11:30 ● Daily Chronicle &amp; Good News [B]</div> <div>1:30 ● IN2L- My Page [B]</div> <div>1:30 ● Manicures &amp; Massages [B]</div> <div>3:00 ● Songs by Heart Music Therapy [AS1]</div> <div>4:00 ● Holiday Ball &amp; Music Toss [AS2]</div> <div>4:00 ● Timeslips [AS1]</div> <div>6:15 ● Holiday Sing Along [AS1]</div>	<div>10:00 ● Chair Fitness [AS1]</div> <div>10:15 ● Spa &amp; Beauty Hour with the Care Team [BS]</div> <div>10:30 ● Holiday Pictionary [AS1]</div> <div>10:30 ● Walk to the Beat [AS2]</div> <div>10:45 ● Thymeless: Peanut Butter Pumpkin Dip</div> <div>11:30 ● Daily Chronicle &amp; Good News [B]</div> <div>1:30 ● Aqua Paintings [AS2]</div> <div>1:30 ● Coffee Over Conversation with Cake [AS1]</div> <div>3:00 ● Happy Hour with Ely &amp; Andy's Holiday Harmonies [AS1]</div> <div>4:00 ● Life Saver Word Games [AS2]</div> <div>4:00 ● Meditation Circle [AS1]</div> <div>6:15 ● Theme of the Month Movie: "" [AS2]</div>
<div>LOCATIONS</div> <div>Both Floors- BF</div> <div>Activity Studio 1st Floor - AS1</div> <div>Activity Studio 2nd Floor- AS2</div> <div>AL Theater - ALT</div> <div>Beauty Salon - BS</div> <div>Dining Room 1st Floor- DR1</div> <div>Dining Room 2nd Floor- DR2</div> <div>Tranquility Garden- TG</div> <div>Serenity Room - SR</div>	<div>10:00 ● Sit and Be Fit [AS1]</div> <div>10:15 ● Spa &amp; Beauty Hour with the Care Team [BS]</div> <div>10:30 ● Chicken Soup for the Soul Listening Hour [AS2]</div> <div>10:45 ● Thymeless: Almond Hummus with Honey / Pita Infused Water [AS1]</div> <div>11:30 ● Daily Chronicle &amp; Good News [B]</div> <div>1:30 ● Puzzling Parlour [AS2]</div> <div>2:00 ● Sunday Tea Time [AS2]</div> <div>3:00 ● Classical &amp; Operatic Music by Annie [DR]</div> <div>4:00 ● IN2L Games [B]</div> <div>6:15 ● Musical Ball Toss [AS2]</div>	<div>10:00 ● Theater Experience: "Elf" [ALT]</div> <div>10:15 ● Spa &amp; Beauty Hour with the Care Team [BS]</div> <div>10:30 ● Swing &amp; Sway to the Beat [AS1]</div> <div>10:45 ● Thymeless: Almond Butter Roll Ups</div> <div>11:30 ● Daily Chronicle &amp; Good News [B]</div> <div>1:30 ● Ceramics Class with Maria [AS1]</div> <div>1:30 ● Essence with Justine [AS2]</div> <div>2:30 ● Thymeless: Pumpkin Banana Smoothie</div> <div>3:00 ● Songs by Heart Music Therapy [AS1]</div> <div>4:00 ● Penny Ante Game [AS2]</div> <div>6:15 ● Eggnog Social [B]</div>	<div>10:00 ● Chair Dancing [AS2]</div> <div>10:15 ● Spa &amp; Beauty Hour with the Care Team [BS]</div> <div>10:45 ● Thymeless: Banana Maple Parfait</div> <div>11:00 ● Stories Out of a Hat [AS1]</div> <div>11:30 ● Daily Chronicle &amp; Good News [B]</div> <div>1:30 ● Harmonious Holiday Hand Massages [AS2]</div> <div>1:30 ● SPARK: Cognitive Fitness Class [AS1]</div> <div>2:30 ● Thymeless: Dragon Fruit Blueberry Smoothie</div> <div>3:00 ● Songs by Heart Music Therapy [AS1]</div> <div>4:00 ● Bingo with Suzette [AS2]</div> <div>4:00 ● The Lucky Duck Card Game [AS1]</div> <div>6:15 ● Sing-Along with Susie Q [AS2]</div>	<div>10:00 ● Ribbon Dance [AS2]</div> <div>10:15 ● Spa &amp; Beauty Hour with the Care Team [BS]</div> <div>10:30 ● North Shore Horse Races [AS1]</div> <div>10:45 ● Thymeless: Apple Chutney Bruschetta [B]</div> <div>11:30 ● Daily Chronicle &amp; Good News [B]</div> <div>1:30 ● Bookmarks [LIB]</div> <div>1:30 ● Parachute Fun [AS2]</div> <div>3:00 ● Songs by Heart Music Therapy [AS1]</div> <div>4:00 ● Balloon Volleyball [AS2]</div> <div>4:00 ● Farkle with Friends [AS1]</div> <div>6:15 ● Colorful Expressions: Adult Coloring Books [AS1]</div>	<div>10:00 ● Sittercise [AS1]</div> <div>10:15 ● One on One's [B]</div> <div>10:15 ● Spa &amp; Beauty Hour with the Care Team [BS]</div> <div>10:30 ● Higher or Lower Card Game [AS1]</div> <div>10:30 ● Music Therapy from Transitions Hospice [DR]</div> <div>10:30 ● Thymeless: Apple Berry Chicken Salad [AS1]</div> <div>11:30 ● Daily Chronicle &amp; Good News [B]</div> <div>1:30 ● Awaken the Senses Sensory Stimulation [AS2]</div> <div>1:30 ● Crafter's Corner: Snow Globes [AS2]</div> <div>3:00 ● Songs by Heart Music Therapy [AS1]</div> <div>4:00 ● Bean Bag Toss [AS2]</div> <div>4:00 ● Brain Fitness [AS1]</div> <div>4:30 ● Go for a Spin Walking Club [B]</div> <div>6:15 ● Balloon Volleyball [AS2]</div>	<div>10:00 ● Baker's Club with Dawn: Molasses Ginger Bars [AS1]</div> <div>10:00 ● Pool Noodle Exercise [AS2]</div> <div>10:15 ● Spa &amp; Beauty Hour with the Care Team [BS]</div> <div>10:30 ● Bounce Back Game [AS1]</div> <div>11:30 ● Daily Chronicle &amp; Good News [B]</div> <div>1:30 ● IN2L- My Page [B]</div> <div>1:30 ● Manicures &amp; Massages [B]</div> <div>3:00 ● Songs by Heart Music Therapy [AS1]</div> <div>4:00 ● Time Slips [AS2]</div> <div>6:15 ● Holiday Sing Along [AS1]</div>	<div>10:00 ● Chair Fitness [AS1]</div> <div>10:15 ● Spa &amp; Beauty Hour with the Care Team [BS]</div> <div>10:30 ● Badminton [AS2]</div> <div>10:30 ● Walk to the Beat [AS2]</div> <div>10:45 ● Thymeless: Peanut Butter Pumpkin Dip</div> <div>11:30 ● Daily Chronicle &amp; Good News [B]</div> <div>1:30 ● Aqua Paintings [AS2]</div> <div>1:30 ● Coffee Over Conversation with Cake [AS1]</div> <div>3:00 ● Happy Hour [AS1]</div> <div>4:00 ● Jeopardy Trivia [AS2]</div> <div>4:00 ● Meditation Circle [AS1]</div> <div>6:15 ● Theme of the Month Movie: "" [AS2]</div>
<div>BIRTHDAYS THIS MONTH</div> <div>12/8 Sandy B.</div> <div>12/20 Annie J.</div>	<div>10:00 ● Sit and Be Fit [AS1]</div> <div>10:15 ● Spa &amp; Beauty Hour with the Care Team [BS]</div> <div>10:30 ● Chicken Soup for the Soul Listening Hour [AS2]</div> <div>10:45 ● Thymeless: Almond Hummus with Honey / Pita Infused Water [AS1]</div> <div>11:30 ● Daily Chronicle &amp; Good News [B]</div> <div>1:30 ● Puzzling Parlour [AS2]</div> <div>2:00 ● Sunday Tea Time [AS2]</div> <div>3:00 ● Classical &amp; Operatic Music by Annie [DR]</div> <div>4:00 ● IN2L Games [B]</div> <div>6:15 ● Musical Ball Toss [AS2]</div>	<div>10:00 ● Theater Experience: "National Lampoon's Christmas Vacation" [ALT]</div> <div>10:15 ● Spa &amp; Beauty Hour with the Care Team [BS]</div> <div>10:30 ● Swing &amp; Sway to the Beat [AS1]</div> <div>10:45 ● Thymeless: Almond Butter Roll Ups</div> <div>11:30 ● Daily Chronicle &amp; Good News [B]</div> <div>1:30 ● Ceramics Class with Maria [AS1]</div> <div>1:30 ● Essence with Justine [AS2]</div> <div>2:30 ● Thymeless: Pumpkin Banana Smoothie</div> <div>3:00 ● Songs by Heart Music Therapy [AS1]</div> <div>4:00 ● Shake Awake Your Taste Game [AS2]</div> <div>6:15 ● Eggnog Social [B]</div>	<div>10:00 ● Chair Dancing [AS2]</div> <div>10:15 ● Spa &amp; Beauty Hour with the Care Team [BS]</div> <div>10:30 ● Music Therapy from Accord Hospice [DR]</div> <div>10:45 ● Thymeless: Banana Maple Parfait</div> <div>11:00 ● Stories Out of a Hat [AS1]</div> <div>11:30 ● Daily Chronicle &amp; Good News [B]</div> <div>1:30 ● Harmonious Holiday Hand Massages [AS2]</div> <div>1:30 ● SPARK: Cognitive Fitness Class [AS1]</div> <div>2:30 ● Thymeless: Dragon Fruit Blueberry Smoothie</div> <div>3:00 ● Songs by Heart Music Therapy [AS1]</div> <div>4:00 ● Bingo with Suzette [AS2]</div> <div>4:00 ● Toss it up - Dice game [AS1]</div> <div>6:15 ● Sing-Along with Susie Q [AS2]</div>	<div>10:00 ● Ribbon Dance [AS2]</div> <div>10:15 ● Spa &amp; Beauty Hour with the Care Team [BS]</div> <div>10:30 ● Who's Got it Card Game [AS2]</div> <div>10:45 ● Thymeless: Apple Chutney Bruschetta [B]</div> <div>11:30 ● Daily Chronicle &amp; Good News [B]</div> <div>1:30 ● Bocce Ball [AS2]</div> <div>1:30 ● Bookmarks [LIB]</div> <div>3:00 ● Songs by Heart Music Therapy [AS1]</div> <div>4:00 ● Balloon Volleyball [AS2]</div> <div>4:00 ● Farkle with Friends [AS1]</div> <div>6:15 ● Colorful Expressions: Adult Coloring Books [AS1]</div>	<div>2:30 ● Reminiscing with the Senses: Remembering Christmas Celebrations [AS1]</div> <div>10:00 ● Sittercise [AS1]</div> <div>10:15 ● One on One's [B]</div> <div>10:15 ● Spa &amp; Beauty Hour with the Care Team [BS]</div> <div>10:30 ● Thymeless: Apple Berry Chicken Salad [AS1]</div> <div>11:30 ● Daily Chronicle &amp; Good News [B]</div> <div>1:30 ● Awaken the Senses Sensory Stimulation [AS2]</div> <div>1:30 ● Crafter's Corner: Snowflake Ornaments [AS2]</div> <div>3:00 ● Songs by Heart Music Therapy [AS1]</div> <div>4:00 ● Bean Bag Toss [AS2]</div> <div>4:00 ● LCR Dice Game [AS1]</div> <div>4:30 ● Go for a Spin Walking Club [B]</div> <div>6:15 ● Balloon Volleyball [AS2]</div>	<div>10:00 ● Baker's Club with Dawn: Cut Out Sugar Cookies [AS1]</div> <div>10:00 ● Pool Noodle Exercise [AS2]</div> <div>10:15 ● Spa &amp; Beauty Hour with the Care Team [BS]</div> <div>10:30 ● Hat Chat [AS1]</div> <div>11:30 ● Daily Chronicle &amp; Good News [B]</div> <div>1:30 ● IN2L- My Page [B]</div> <div>1:30 ● Manicures &amp; Massages [B]</div> <div>2:00 ● Monthly Resident Birthday Party &amp; Ice Cream Social [AS1]</div> <div>3:00 ● Songs by Heart Music Therapy [AS1]</div> <div>4:00 ● Holiday Ball &amp; Music Toss [AS2]</div> <div>4:00 ● Timeslips [AS1]</div> <div>6:15 ● Holiday Sing Along [AS1]</div>	<div>10:00 ● Chair Fitness [AS1]</div> <div>10:15 ● Spa &amp; Beauty Hour with the Care Team [BS]</div> <div>10:30 ● Holiday Pictionary [AS1]</div> <div>10:30 ● Walk to the Beat [AS2]</div> <div>10:45 ● Thymeless: Peanut Butter Pumpkin Dip</div> <div>11:30 ● Daily Chronicle &amp; Good News [B]</div> <div>1:30 ● Aqua Paintings [AS2]</div> <div>1:30 ● Coffee Over Conversation with Cake [AS1]</div> <div>3:00 ● Happy Hour [AS1]</div> <div>4:00 ● Life Saver Word Games [AS2]</div> <div>4:00 ● Meditation Circle [AS1]</div> <div>6:15 ● Theme of the Month Movie: "" [AS2]</div>
<div>SENIOR LIFESTYLE</div> <div>Unlimited options, Unparalleled services</div>	<div>10:00 ● Sit and Be Fit [AS1]</div> <div>10:15 ● Spa &amp; Beauty Hour with the Care Team [BS]</div> <div>10:30 ● Chicken Soup for the Soul Listening Hour [AS2]</div> <div>10:45 ● Thymeless: Almond Hummus with Honey / Pita Infused Water [AS1]</div> <div>11:30 ● Daily Chronicle &amp; Good News [B]</div> <div>1:30 ● Puzzling Parlour [AS2]</div> <div>2:00 ● Sunday Tea Time [AS2]</div> <div>3:00 ● Classical &amp; Operatic Music by Annie [DR]</div> <div>4:00 ● IN2L Games [B]</div> <div>6:15 ● Musical Ball Toss [AS2]</div>	<div>10:00 ● Theater Experience: "A Christmas Story" [ALT]</div> <div>10:15 ● Spa &amp; Beauty Hour with the Care Team [BS]</div> <div>10:30 ● Swing &amp; Sway to the Beat [AS1]</div> <div>10:45 ● Thymeless: Almond Butter Roll Ups</div> <div>11:30 ● Daily Chronicle &amp; Good News [B]</div> <div>1:30 ● Ceramics Class with Maria [AS1]</div> <div>1:30 ● Essence with Justine [AS2]</div> <div>2:30 ● Thymeless: Pumpkin Banana Smoothie</div> <div>3:00 ● Songs by Heart Music Therapy [AS1]</div> <div>4:00 ● My Two Cents Game [AS2]</div> <div>6:15 ● Eggnog Social [B]</div>	<div>Christmas Eve</div> <div>10:00 ● Chair Dancing [AS2]</div> <div>10:15 ● Spa &amp; Beauty Hour with the Care Team [BS]</div> <div>10:45 ● Thymeless: Banana Maple Parfait</div> <div>11:00 ● Stories Out of a Hat [AS1]</div> <div>11:30 ● Daily Chronicle &amp; Good News [B]</div> <div>1:30 ● Harmonious Holiday Hand Massages [AS2]</div> <div>1:30 ● SPARK: Cognitive Fitness Class [AS1]</div> <div>2:30 ● Thymeless: Dragon Fruit Blueberry Smoothie</div> <div>3:00 ● Songs by Heart Music Therapy [AS1]</div> <div>4:00 ● Bingo with Suzette [AS2]</div> <div>4:00 ● The Lucky Duck Card Game [AS1]</div> <div>6:15 ● Sing-Along with Susie Q [AS2]</div>	<div>Christmas Day</div> <div>10:00 ● Ribbon Dance [AS2]</div> <div>10:15 ● Spa &amp; Beauty Hour with the Care Team [BS]</div> <div>10:30 ● North Shore Horse Races [AS1]</div> <div>10:30 ● Saran Wrap Ball Game [AS1]</div> <div>10:45 ● Thymeless: Apple Chutney Bruschetta [B]</div> <div>11:30 ● Daily Chronicle &amp; Good News [B]</div> <div>1:30 ● Bookmarks [LIB]</div> <div>1:30 ● Parachute Fun [AS2]</div> <div>3:00 ● Norm &amp; Heidi's Ballroom Holiday Variety Show [AS1]</div> <div>4:00 ● Balloon Volleyball [AS2]</div> <div>4:00 ● Farkle with Friends [AS1]</div> <div>6:15 ● Colorful Expressions: Adult Coloring Books [AS1]</div>	<div>10:00 ● Sittercise [AS1]</div> <div>10:15 ● Music Therapy by Guardian Hospice [AS1]</div> <div>10:15 ● One on One's [B]</div> <div>10:15 ● Spa &amp; Beauty Hour with the Care Team [BS]</div> <div>10:30 ● Higher or Lower Card Game [AS1]</div> <div>10:30 ● Thymeless: Apple Berry Chicken Salad [AS1]</div> <div>11:30 ● Daily Chronicle &amp; Good News [B]</div> <div>1:30 ● Awaken the Senses Sensory Stimulation [AS2]</div> <div>1:30 ● Crafter's Corner: Winter Wonderland Painting [AS2]</div> <div>3:00 ● Songs by Heart Music Therapy [AS1]</div> <div>4:00 ● Bean Bag Toss [AS2]</div> <div>4:00 ● Brain Fitness [AS1]</div> <div>4:30 ● Go for a Spin Walking Club [B]</div> <div>6:15 ● Balloon Volleyball [AS2]</div>	<div>10:00 ● Baker's Club with Dawn: Chanakuh Cookies [AS1]</div> <div>10:00 ● Pool Noodle Exercise [AS2]</div> <div>10:15 ● Spa &amp; Beauty Hour with the Care Team [BS]</div> <div>10:30 ● Bounce Back Game [AS1]</div> <div>11:30 ● Daily Chronicle &amp; Good News [B]</div> <div>1:30 ● IN2L- My Page [B]</div> <div>1:30 ● Manicures &amp; Massages [B]</div> <div>3:00 ● Songs by Heart Music Therapy [AS1]</div> <div>4:00 ● Time Slips [AS2]</div> <div>6:15 ● Holiday Sing Along [AS1]</div>	<div>10:00 ● Chair Fitness [AS1]</div> <div>10:15 ● Spa &amp; Beauty Hour with the Care Team [BS]</div> <div>10:30 ● Badminton [AS2]</div> <div>10:30 ● Walk to the Beat [AS2]</div> <div>10:45 ● Thymeless: Peanut Butter Pumpkin Dip</div> <div>11:30 ● Daily Chronicle &amp; Good News [B]</div> <div>1:30 ● Aqua Paintings [AS2]</div> <div>1:30 ● Coffee Over Conversation with Cake [AS1]</div> <div>3:00 ● Happy Hour &amp; Under the Mistletoe: Nostalgic Holiday Favorites [AS2]</div> <div>4:00 ● Jeopardy Trivia [AS2]</div> <div>4:00 ● Meditation Circle [AS1]</div> <div>6:15 ● Theme of the Month Movie: "" [AS2]</div>
<div>WWW.SENIORLIFESTYLE.COM</div> <div>Activities are subject to change</div>	<div>10:00 ● Sit and Be Fit [AS1]</div> <div>10:15 ● Spa &amp; Beauty Hour with the Care Team [BS]</div> <div>10:30 ● Freerice.com [AS2]</div> <div>10:45 ● Thymeless: Almond Hummus with Honey / Pita Infused Water [AS1]</div> <div>11:30 ● Daily Chronicle &amp; Good News [B]</div> <div>1:30 ● Puzzling Parlour [AS2]</div> <div>2:00 ● Sunday Tea Time [AS2]</div> <div>3:00 ● Classical &amp; Operatic Music by Annie [DR]</div> <div>4:00 ● IN2L Games [B]</div> <div>6:15 ● Musical Ball Toss [AS2]</div>	<div>10:00 ● Theater Experience: "The Polar Express" [ALT]</div> <div>10:15 ● Spa &amp; Beauty Hour with the Care Team [BS]</div> <div>10:30 ● Swing &amp; Sway to the Beat [AS1]</div> <div>10:45 ● Thymeless: Almond Butter Roll Ups</div> <div>11:30 ● Daily Chronicle &amp; Good News [B]</div> <div>1:30 ● Ceramics Class with Maria [AS1]</div> <div>1:30 ● Essence with Justine [AS2]</div> <div>2:30 ● Thymeless: Pumpkin Banana Smoothie</div> <div>3:00 ● Songs by Heart Music Therapy [AS1]</div> <div>6:15 ● Eggnog Social [B]</div>	<div>New Year's Eve</div> <div>10:00 ● Chair Dancing [AS2]</div> <div>10:15 ● Spa &amp; Beauty Hour with the Care Team [BS]</div> <div>10:45 ● Thymeless: Banana Maple Parfait</div> <div>11:00 ● Stories Out of a Hat [AS1]</div> <div>11:30 ● Daily Chronicle &amp; Good News [B]</div> <div>12:00 ● Lunch Bunch Club at the Grille</div> <div>1:30 ● Harmonious Holiday Hand Massages [AS2]</div> <div>1:30 ● SPARK: Cognitive Fitness Class [AS1]</div> <div>2:30 ● Thymeless: Dragon Fruit Blueberry Smoothie</div> <div>3:00 ● Songs by Heart Music Therapy [AS1]</div> <div>4:00 ● Bingo with Suzette [AS2]</div> <div>4:00 ● Toss it up - Dice game [AS1]</div> <div>6:15 ● Sing-Along with Susie Q [AS2]</div>	<div>SENIOR LIFESTYLE</div> <div>your life, your style</div>	<div>MEMOR</div> <div>embra</div> <div>BY SENIOR LIFE</div>	<div>Taking December For a Spin</div>	