



SUNDAY		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div><div>● CONNECT</div><div>● CONTRIBUTE</div><div>● FEEL</div><div>● GROW</div><div>● MOVE</div><div>● REFLECT</div></div><div><div>LOCATIONS</div><div>Patio - P</div><div>Living Room - LR</div><div>Dining Room - DR</div><div>Outing - OT</div><div>Social Center-SC</div><div>Winghaven Neighborhood - WN</div></div></div>		<div><div>SENIOR LIFESTYLE</div><div>your life, your style</div></div>	<div><div>8:00 ● Breakfast (DR)</div><div>AM ● October Count Down (LR)</div><div>AM ● Famous Quote of the Day (LR)</div><div>AM ● Soup for the Soul (LR)</div><div>AM ● Exercise Ballet (LR)</div><div>AM ● Music Therapy w/ Carrie (LR)</div><div>12:00 ● Lunch (DR)</div><div>PM ● Searching Fall Colors Drive (OT)</div><div>PM ● Cookin Pumpkin Pancakes (SC)</div><div>PM ● Pumpkin Pancakes and Cream</div><div>PM ● Helping Hands Setting up Announcement Board (SC)</div><div>5:00 ● Dinner</div></div>	<div><div>8:00 ● Breakfast (DR)</div><div>AM ● Chair Movement Fun (LR)</div><div>AM ● In the News (LR)</div><div>AM ● Compassion Therapy</div><div>AM ● Porgy and Bess Cool Facts (SC)</div><div>AM ● Summertime Music (LR)</div><div>12:00 ● Lunch (DR)</div><div>PM ● How Could We Live Without (LR)</div><div>PM ● What Is A Flutternuttter? (SC)</div><div>PM ● How's Your Flutternutter? (SC)</div><div>PM ● Yatzee (SC)</div><div>5:00 ● Dinner</div><div>PM ● After Dinner Chats (LR)</div></div>	<div><div>8:00 ● Breakfast (DR)</div><div>AM ● Stretch Exercises (LR)</div><div>AM ● Extra Extra Read All About It (LR)</div><div>AM ● Short Stories (LR)</div><div>AM ● Rosary and Communion (IL)</div><div>AM ● What Herbs A-Z (LR)</div><div>12:00 ● Lunch (DR)</div><div>PM ● "Flight of The Butterflies" Matinee Documentary (LR)</div><div>PM ● Making Fresh Herb Brochetta (SC)</div><div>PM ● Sharing Brochette (SC)</div><div>PM ● Powerful Health Link Herbs (SC)</div><div>PM ● Kings on the Corner (SC)</div><div>5:00 ● Dinner</div></div>	<div><div>8:00 ● Breakfast (DR)</div><div>AM ● Who's Birthday Is It? (LR)</div><div>AM ● October Humor (LR)</div><div>AM ● Daily Devotion (LR)</div><div>AM ● Raising Canes (OT)</div><div>12:00 ● Lunch (DR)</div><div>PM ● American Bandstand History (LR)</div><div>PM ● Dick Clark BEST of American Bandstand (LR)</div><div>PM ● Honey Peanuts and Popcorn (LR)</div><div>PM ● Music and Dance Discussion (SC)</div><div>PM ● Resident Choice Games (SC)</div><div>5:00 ● Dinner</div></div>	<div><div>8:00 ● Breakfast (DR)</div><div>AM ● Thymeless: Chilling Pudding (SC)</div><div>AM ● Exercise (LR)</div><div>AM ● Cliches (LR)</div><div>AM ● Puzzle Corner (DR)</div><div>12:00 ● Lunch (DR)</div><div>PM ● Helping Hands (DR)</div><div>PM ● Easy Halloween Bingo (SC)</div><div>PM ● "When the Frost Is On the Punkin" (SC)</div><div>PM ● Sweet Sensation Snack (SC)</div><div>PM ● Puzzles You and Me</div><div>5:00 ● Dinner</div><div>PM ● Saturday Night Movie (LR)</div></div>
<div><div>13</div><div>Rita S. 10/17</div></div>		<div><div>8:00 ● Breakfast (DR)</div><div>AM ● Seated Yoga Exercise (LR)</div><div>AM ● This Day In History (LR)</div><div>AM ● Inspirational Short Stories (LR)</div><div>AM ● Brain Matters (SC)</div><div>AM ● Music with Brenda (LR)</div><div>12:00 ● Lunch (DR)</div><div>PM ● Bible Study with Brenda (SC)</div><div>PM ● Jello Mingle (SC)</div><div>PM ● Painting Pumpkin Fun (SC)</div><div>PM ● Bookmark Reading Club (SC)</div><div>5:00 ● Dinner</div><div>PM ● Hallmark Movie (LR)</div></div>	<div><div>8:00 ● Breakfast (DR)</div><div>PM ● Exercise (LR)</div><div>AM ● Famous Quote of the Day (LR)</div><div>AM ● Soup for the Soul (LR)</div><div>PM ● They're Not Horsing Around (LR)</div><div>AM ● Music Therapy w/ Carrie (LR)</div><div>12:00 ● Lunch (DR)</div><div>PM ● Cuivre River Park (OT)</div><div>PM ● Frozen Cream Sandwiches (SC)</div><div>PM ● Helping Hands Creating Halloween Door Hangers</div><div>5:00 ● Dinner</div></div>	<div><div>8:00 ● Breakfast (DR)</div><div>AM ● Chair Movement Fun (LR)</div><div>AM ● In the News (LR)</div><div>AM ● Fall Vases (DR)</div><div>12:00 ● Lunch (DR)</div><div>PM ● Roll Out the Barrel (LR)</div><div>PM ● Dancing the Polish Polka Film Clips (LR)</div><div>PM ● Cheese and Crackers (SC)</div><div>PM ● Penny Passing Game (SC)</div><div>5:00 ● Dinner</div><div>PM ● After Dinner Chats (LR)</div></div>	<div><div>8:00 ● Breakfast (DR)</div><div>AM ● Stretch Exercises (LR)</div><div>AM ● Extra Extra Read All About It (LR)</div><div>PM ● Making Pumpkin Pudding (SC)</div><div>AM ● Rosary and Communion (IL)</div><div>AM ● Volleyball Game With Staff (LR)</div><div>12:00 ● Lunch (DR)</div><div>PM ● 1st Lady Of The World (LR)</div><div>PM ● Intimate History Eleanor Roosevelt: The Last Years (LR)</div><div>PM ● Pumpkin Pudding (SC)</div><div>PM ● Tribond Game (SC)</div><div>5:00 ● Dinner</div></div>	<div><div>8:00 ● Breakfast (DR)</div><div>AM ● Who's Birthday Is It? (LR)</div><div>AM ● October Humor (LR)</div><div>AM ● Lion's Choice (OT)</div><div>12:00 ● Lunch (DR)</div><div>PM ● It's A Small World History (LR)</div><div>PM ● The Sherman Brothers Songs</div><div>PM ● Pumpkin Pie And Sweet Cream (SC)</div><div>PM ● What Am I? (SC)</div><div>5:00 ● Dinner</div></div>	<div><div>8:00 ● Breakfast (DR)</div><div>AM ● Thymeless: Chilling Pudding (SC)</div><div>AM ● Exercise (LR)</div><div>AM ● Daily Devotions (LR)</div><div>AM ● Finish the Lines (LR)</div><div>AM ● Short Stories to Share (LR)</div><div>AM ● Puzzle Corner (DR)</div><div>12:00 ● Lunch (DR)</div><div>PM ● Helping Hands (DR)</div><div>PM ● Easy Halloween Bingo (SC)</div><div>PM ● Pat Sajak Interesting Facts (SC)</div><div>PM ● Sweet Sensation Snack (SC)</div><div>PM ● Checker Matches</div><div>5:00 ● Dinner</div><div>PM ● Saturday Night Movie (LR)</div></div>
<div><div>14</div><div>Rita S. 10/17</div></div>		<div><div>8:00 ● Breakfast (DR)</div><div>AM ● Seated Yoga Exercise (LR)</div><div>AM ● This Day In History (LR)</div><div>AM ● Inspirational Short Stories (LR)</div><div>AM ● Brain Matters (SC)</div><div>AM ● Shining Lights (LR)</div><div>12:00 ● Lunch (DR)</div><div>PM ● History Of Columbus Day (SC)</div><div>PM ● Catholic Mass (TH)</div><div>PM ● What Happened To Columbus's Ships (SC)</div><div>PM ● Snack Attack (SC)</div><div>PM ● Cross the Ocean Board Game(SC)</div><div>5:00 ● Dinner</div><div>PM ● Hallmark Movie (LR)</div></div>	<div><div>8:00 ● Breakfast (DR)</div><div>AM ● Love On A Leash (LR)</div><div>AM ● Famous Quote of the Day (LR)</div><div>AM ● Love On A Leash (LR)</div><div>AM ● Soup for the Soul (LR)</div><div>AM ● Line Dancing (LR)</div><div>AM ● Music Therapy w/ Carrie (LR)</div><div>12:00 ● Lunch (DR)</div><div>PM ● McDonald's Ice Cream Treat (OT)</div><div>PM ● Ice Cream (LR)</div><div>PM ● Pavarotti Biography (LR)</div><div>PM ● Three Tenner Music (LR)</div><div>5:00 ● Dinner</div></div>	<div><div>8:00 ● Breakfast (DR)</div><div>AM ● Chair Movement Fun (LR)</div><div>AM ● In the News (LR)</div><div>AM ● Making Brownies (SC)</div><div>AM ● Compassion Therapy</div><div>12:00 ● Lunch (DR)</div><div>PM ● Music with Nitpicker's</div><div>PM ● Warm Brownies to Share (SC)</div><div>PM ● Round Table Chats (SC)</div><div>5:00 ● Dinner</div><div>PM ● After Dinner Chats (LR)</div></div>	<div><div>8:00 ● Breakfast (DR)</div><div>AM ● Stretch Exercises (LR)</div><div>AM ● Extra Extra Read All About It (LR)</div><div>AM ● Rosary and Communion (IL)</div><div>AM ● Concentration Puzzle (SC)</div><div>AM ● Junk Drawer Detective (SC)</div><div>12:00 ● Lunch (DR)</div><div>PM ● Here's Mrs O'leary's Cow Again (SC)</div><div>PM ● What Am I? (SC)</div><div>PM ● Baking Mini Apple Walnut Pies (SC)</div><div>PM ● Enjoy Your Pie (SC)</div><div>PM ● The Case of the Desert Caper (SC)</div><div>5:00 ● Dinner</div></div>	<div><div>8:00 ● Breakfast (DR)</div><div>AM ● Who's Birthday Is It? (LR)</div><div>AM ● October Humor (LR)</div><div>AM ● Denny's (OT)</div><div>12:00 ● Lunch (DR)</div><div>PM ● The Greatest Monster of all Time (LR)</div><div>PM ● Monster Mash Music (LR)</div><div>PM ● Making Vampire Donuts (SC)</div><div>PM ● Bite into Those Donuts (SC)</div><div>PM ● Dice Games (SC)</div><div>5:00 ● Dinner</div></div>	<div><div>8:00 ● Breakfast (DR)</div><div>AM ● Thymeless: Chilling Pudding (SC)</div><div>AM ● Exercise (LR)</div><div>AM ● Puzzle Corner (DR)</div><div>12:00 ● Lunch (DR)</div><div>PM ● Helping Hands (DR)</div><div>PM ● Easy Halloween Bingo (SC)</div><div>PM ● Facts About Winnie-the=Pooh (SC)</div><div>PM ● 10 Lessons Learned About Friendship (SC)</div><div>PM ● Sweet Sensation Snack (SC)</div><div>5:00 ● Dinner</div><div>PM ● Saturday Night Movie (LR)</div></div>
<div><div>20</div><div>Senior Lifestyle Unlimited Options, Unparalleled Services</div><div>Come grow with US!</div></div>		<div><div>8:00 ● Breakfast (DR)</div><div>AM ● Seated Yoga Exercise (LR)</div><div>AM ● This Day In History (LR)</div><div>AM ● Inspirational Short Stories (LR)</div><div>AM ● Brain Matters (SC)</div><div>AM ● Music with Brenda (LR)</div><div>12:00 ● Lunch (DR)</div><div>PM ● Funny Stories for October</div><div>PM ● Music with Ron Kuhn (LR)</div><div>PM ● Snack Mix (SC)</div><div>PM ● Bookmark Reading Club (SC)</div><div>5:00 ● Dinner</div><div>PM ● Hallmark Movie (LR)</div></div>	<div><div>8:00 ● Breakfast (DR)</div><div>PM ● Exercise (LR)</div><div>AM ● Famous Quote of the Day (LR)</div><div>AM ● Soup for the Soul (LR)</div><div>AM ● Music Therapy w/ Carrie (LR)</div><div>12:00 ● Lunch (DR)</div><div>PM ● Broemmelsiek Park (OT)</div><div>PM ● Frozen Cream And Carmel (SC)</div><div>PM ● Broadway Show Tunes Memories (LR)</div><div>5:00 ● Dinner</div></div>	<div><div>8:00 ● Breakfast (DR)</div><div>AM ● Chair Movement Fun (LR)</div><div>AM ● In the News (LR)</div><div>AM ● Words for the Spirit (LR)</div><div>12:00 ● Lunch (DR)</div><div>PM ● The "Small" Quiz</div><div>PM ● Smaller THAN A Bread Box</div><div>PM ● Patch Word Puzzle (SC)</div><div>PM ● Warm Chocolate Muffins (SC)</div><div>PM ● Tribond</div><div>5:00 ● Dinner</div><div>PM ● After Dinner Chats (LR)</div></div>	<div><div>8:00 ● Breakfast (DR)</div><div>AM ● Stretch Exercises (LR)</div><div>AM ● Extra Extra Read All About It (LR)</div><div>AM ● Rosary and Communion (IL)</div><div>AM ● Junk Drawer Detective (SC)</div><div>AM ● Boo And Monster Worksheets (SC)</div><div>12:00 ● Lunch (DR)</div><div>PM ● Thrill Auction (DR)</div><div>PM ● Frozen Drumsticks (DR)</div><div>PM ● Resident Choice Games (SC)</div><div>5:00 ● Dinner</div></div>	<div><div>8:00 ● Breakfast (DR)</div><div>AM ● Who's Birthday Is It? (LR)</div><div>AM ● October Humor (LR)</div><div>AM ● Halloween's Eve Find (LR)</div><div>12:00 ● Lunch (DR)</div><div>PM ● Birthday Party Music w/ Tim Larimore</div><div>PM ● Birthday Cake is Served (LR)</div><div>PM ● Dem Bones Dice Game (SC)</div><div>PM ● Cards And More Cards (SC)</div><div>5:00 ● Dinner</div></div>	<div><div>8:00 ● Breakfast (DR)</div><div>AM ● Thymeless: Chilling Pudding (SC)</div><div>AM ● Exercise (LR)</div><div>AM ● Cliches (LR)</div><div>AM ● Puzzle Corner (DR)</div><div>12:00 ● Lunch (DR)</div><div>PM ● Helping Hands (DR)</div><div>PM ● Domino Games (SC)</div><div>1:30 ● Finish the Lyrics (SC)</div><div>PM ● Sweet Sensation Snack (SC)</div><div>5:00 ● Dinner</div><div>PM ● Saturday Night Movie (LR)</div></div>
<div><div>27</div><div>www.seniorlifestyle.com</div><div>Activities are subject to change</div></div>		<div><div>8:00 ● Breakfast (DR)</div><div>AM ● Making Jello (SC)</div><div>AM ● Seated Yoga Exercise (LR)</div><div>AM ● This Day In History (LR)</div><div>AM ● Inspirational Short Stories (LR)</div><div>AM ● Brain Matters (SC)</div><div>AM ● History Of the Statue of Liberty (LR)</div><div>AM ● Music with Brenda (LR)</div><div>12:00 ● Lunch (DR)</div><div>PM ● Bible Sudy w/ Brenda (SC)</div><div>PM ● Jello Cloud Cups (SC)</div><div>PM ● Bookmark Reading Club (SC)</div><div>5:00 ● Dinner</div><div>PM ● Hallmark Movie (LR)</div></div>	<div><div>8:00 ● Breakfast (DR)</div><div>PM ● Exercise (LR)</div><div>AM ● Famous Quote of the Day (LR)</div><div>AM ● Soup for the Soul (LR)</div><div>AM ● Music Therapy w/ Carrie (LR)</div><div>12:00 ● Lunch (DR)</div><div>PM ● Bells with Mike Chrismer (DR)</div><div>PM ● Resident Meeting (DR)</div><div>PM ● Apples And Carmel</div><div>PM ● The Glories of Fall (DR)</div><div>5:00 ● Dinner</div></div>	<div><div>8:00 ● Breakfast (DR)</div><div>AM ● Chair Movement Fun (LR)</div><div>AM ● In the News (LR)</div><div>AM ● Word Pairs (SC)</div><div>AM ● Boo Bags For the Kids (SC)</div><div>AM ● Ghost Stories (SC)</div><div>12:00 ● Lunch (DR)</div><div>PM ● Worlds Biggest Mysteries (SC)</div><div>PM ● Matching Costumes (SC)</div><div>PM ● Veggies And Dip (SC)</div><div>PM ● Gumshe Detective (SC)</div><div>5:00 ● Dinner</div><div>PM ● After Dinner Chats (LR)</div></div>	<div><div>8:00 ● Breakfast (DR)</div><div>AM ● Stretch Exercises (LR)</div><div>AM ● Extra Extra Read All About It (LR)</div><div>AM ● Rosary and Communion (IL)</div><div>AM ● Parade of Trick or Treaters (LR)</div><div>AM ● Words For Men To Live By (LR)</div><div>12:00 ● Lunch (DR)</div><div>PM ● Helping Hand Party Set Up (DR)</div><div>PM ● Witches Parade (DR)</div><div>PM ● Halloween Party (DR)</div><div>PM ● St Charles Library Presents: (DR)</div><div>5:00 ● Dinner</div></div>	<div><div>enrich</div><div></div></div>	
<div><div>31</div><div>HAPPY HALLOWEEN</div></div>							