

calendar & activities
JAN 2020

Winghaven Neighborhood..."Winter Fest"

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

LOCATIONS

Patio - P
Outing - OT
Living Room - LR
Dining Room - DR
Social Center-SC
Winghaven Neighborhood
- WN

Resident Birthdays
Jim Smith 01/27

SENIOR
LIFESTYLE
your life, your style



8:00 Breakfast (DR)
AM CBS Sunday Morning (LR)
AM Winghaven Neighborhood Stroll (WN)
AM Crossword Fun (SC)
AM Uno Game (SC)
AM Puzzle Corner (SC)
12:00 Lunch (DR)
PM Pen Art (SC)
PM Game Of Checkers (SC)
PM Jamming to the Goldies (LR)
5:00 Dinner
PM Domino's (SC)

8:00 Breakfast (DR)
AM Seated Yoga Exercise (LR)
AM This Day In History (LR)
AM Winter Devotions (LR)
AM Inspirational Short Stories (LR)
AM Brain Matters (SC)
AM Thymeless: Making Jello (SC)
AM Music with Brenda (LR)
12:00 Lunch (DR)
PM Bible Study (LR)
PM Thymeless: Cream And Jello (SC)
PM Bookmark Reading Club (SC)
5:00 Dinner
PM Hallmark Movie (LR)

8:00 Breakfast (DR)
AM Famous Quote of the Day (LR)
AM Winter Devotions (LR)
AM Trivia Fun (LR)
AM Exercise Ballet (LR)
AM Thymeless: Plant Watering(SC)
AM Music Therapy w/ Carrie (LR)
12:00 Lunch (DR)
PM Klondike Park(OT)
PM Thymeless: Sundae Fun (SC)
PM Resident Choice Games (SC)
5:00 Dinner

8:00 Breakfast (DR)
AM New Year's Movers (LR)
AM Thymeless: Drink Prep (SC)
AM In the News (LR)
AM Winter Devotions (LR)
12:00 Lunch (DR)
PM Snack And Learn (LR)
PM Thymeless: Special Drinks with Snack and Learn Eats(SC)
PM Yatzee Game (SC)
5:00 Dinner
PM After Dinner Chats (LR)

8:00 Breakfast (DR)
AM Thymeless: Making Apple Water (SC)
AM Winter Warm Ups (LR)
AM Extra Extra Read All About It (LR)
AM Winter Devotions (LR)
AM Rosary and Communion (IL)
AM Deep in the Heart of Texas (SC)
12:00 Lunch (DR)
PM Music with Dan Sprout (LR)
PM Thymeless Frozen Cream Sandwiches (SC)
PM Tribond Game (SC)
PM Round Table Chats (SC)
5:00 Dinner

8:00 Breakfast (DR)
AM Chair Movement Fun (LR)
AM Who's Birthday Is It? (LR)
AM Winter Devotions (LR)
AM January Humor (LR)
AM Lunch Out Monical's Pizza
AM Card on the Table
12:00 Lunch (DR)
PM Warmth From the Heart (DR)
PM Thymeless: Cheese and Crackers (SC)
PM Uno Game (SC)
5:00 Dinner

8:00 Breakfast (DR)
AM Thymeless: Chilling Pudding (SC)
AM Exercise (LR)
AM Winter Devotions (LR)
AM Bible Trivia (LR)
AM Puzzle Corner (DR)
12:00 Lunch (DR)
PM Helping Hands (DR)
PM Prize Bingo Fun (SC)
PM Sweet Sensation Snack (SC)
PM Sounds Of the new Year (LR)
5:00 Dinner
PM Saturday Night Movie (LR)

8:00 Breakfast (DR)
AM CBS Sunday Morning (LR)
AM Winghaven Neighborhood Stroll (WN)
AM Crossword Fun (SC)
AM Uno Game (SC)
AM Puzzle Corner (SC)
12:00 Lunch (DR)
PM Pen to Paper (SC)
PM Kings On the Corner (SC)
PM Game Of Checkers (SC)
PM Crossword Fun (SC)
PM Word Search Puzzles (SC)
5:00 Dinner
PM Domino's (SC)

8:00 Breakfast (DR)
AM Thymeless: Making Jello(SC)
AM Seated Yoga Exercise (LR)
AM This Day In History (LR)
AM Winter Devotions (LR)
AM Inspirational Short Stories (LR)
AM Brain Matters (SC)
AM Shining Lights (LR)
12:00 Lunch (DR)
PM Bible Study (SC)
PM Thymeless: Jello Jigglers (SC)
PM Bookmark Reading Club (SC)
5:00 Dinner
PM Hallmark Movie (LR)

8:00 Breakfast (DR)
AM Exercise (LR)
AM Thymeless: Orange Spritzers (SC)
AM Famous Quote of the Day (LR)
AM Winter Devotions (LR)
AM Trivia Fun (LR)
AM Music Therapy w/ Carrie (LR)
12:00 Lunch (DR)
PM Treat Trip to The Pretzel Stop (OT)
PM Thymeless: Soft Pretzels (SC)
PM Resident Choice Games (SC)
5:00 Dinner

8:00 Breakfast (DR)
AM New Year's Movers (LR)
AM Thymeless:Fruit Prep for Parfaits (SC)
AM In the News (LR)
AM Winter Devotions (LR)
AM Compassion Therapy
12:00 Lunch (DR)
PM Storms for the Books (SC)
PM Thymeless: Fruit Parfaits (SC)
PM Left Center Right (SC)
5:00 Dinner
PM After Dinner Chats (LR)

8:00 Breakfast (DR)
AM Thymeless: Hot Chocolate Bar Prep (SC)
AM Winter Warm Ups (LR)
AM Extra Extra Read All About It (LR)
AM Winter Devotions (LR)
AM Rosary and Communion (IL)
12:00 Lunch (DR)
PM Baby Its Cold Outside (LR)
PM Thymeless: Hot Chocolate Bar (SC)
PM Making Snowflakes Craft (SC)
PM Word Search Puzzles (SC)
5:00 Dinner

8:00 Breakfast (DR)
AM Chair Movement Fun (LR)
AM Who's Birthday Is It? (LR)
AM Winter Devotions (LR)
AM January Humor (LR)
AM Lunch Out to Raising Caines (OT)
AM Card on the Table
12:00 Lunch (DR)
PM The Write Word Game (SC)
PM Thymeless: Sticks and Nuts (SC)
PM What Am I? (SC)
5:00 Dinner

8:00 Breakfast (DR)
AM Thymeless: Chilling Pudding (SC)
AM Exercise (LR)
AM Winter Devotions (LR)
AM Finish The Lyrics (LR)
AM Puzzle Corner (DR)
12:00 Lunch (DR)
PM Helping Hands (DR)
PM Prize Bingo Fun (SC)
PM Sweet Sensation Snack (SC)
PM Sounds Of the new Year (LR)
5:00 Dinner
PM Saturday Night Movie (LR)

8:00 Breakfast (DR)
AM CBS Sunday Morning (LR)
AM Winghaven Neighborhood Stroll (WN)
AM Crossword Fun (SC)
AM Uno Game (SC)
AM Puzzle Corner (SC)
12:00 Lunch (DR)
PM Pen Art (SC)
PM Game Of Checkers (SC)
PM Jamming to the Goldies (LR)
5:00 Dinner
PM Domino's (SC)

8:00 Breakfast (DR)
AM Thymeless: Making Jello Treats(SC)
AM Seated Yoga Exercise (LR)
AM This Day In History (LR)
AM Winter Devotions (LR)
AM Inspirational Short Stories (LR)
AM Brain Matters (SC)
AM Music with Brenda (LR)
12:00 Lunch (DR)
PM Bible Study (SC)
PM Thymeless: Flavored Clouds in a Cup (SC)
PM Bookmark Reading Club (SC)
5:00 Dinner
PM Hallmark Movie (LR)

8:00 Breakfast (DR)
AM Thymeless: Baking Brownies (SC)
AM Love On A Leash (LR)
AM Famous Quote of the Day (LR)
AM Winter Devotions (LR)
AM Trivia Fun (LR)
AM Exercise Ballet (LR)
AM Line Dancing (LR)
AM Music Therapy w/ Carrie (LR)
12:00 Lunch (DR)
PM Scenic Drive to Quail Ridge (OT)
PM Thymeless: Brownies (SC)
PM Resident Choice Games (SC)
5:00 Dinner

8:00 Breakfast (DR)
AM Thymeless: What's A Brown Cow (SC)
AM New Year's Movers (LR)
AM In the News (LR)
AM Winter Devotions (LR)
AM Penguin Pitch (LR)
12:00 Lunch (DR)
AM Not Your First Rodeo (LR)
PM Thymeless: Brown Cows (SC)
PM Uno Game (SC)
5:00 Dinner
PM After Dinner Chats (LR)

8:00 Breakfast (DR)
AM Thymeless :Making Mullen Cider (SC)
AM Winter Warm Ups (LR)
AM Extra Extra Read All About It (LR)
AM Winter Devotions (LR)
AM Rosary and Communion (IL)
12:00 Lunch (DR)
PM Music with Brian Fogg (LR)
PM Thymeless: Apple Cinnamon Muffins (SC)
PM St Charles Library (LR)
PM Hangman Fun (SC)
5:00 Dinner

8:00 Breakfast (DR)
AM Chair Movement Fun (LR)
AM Who's Birthday Is It? (LR)
AM Winter Devotions (LR)
AM January Humor (LR)
AM Lunch Out to Panda Express (OT)
AM Card on the Table
12:00 Lunch (DR)
PM Chinese New Year Count Down (SC)
PM Thymeless: Fortune Cookie Fun (SC)
PM What Sign Are You? (SC)
PM Games Games Games (SC)
5:00 Dinner

8:00 Breakfast (DR)
AM Thymeless: Chilling Pudding (SC)
AM Exercise (LR)
AM Winter Devotions (LR)
AM Bible Trivia (LR)
AM Puzzle Corner (DR)
12:00 Lunch (DR)
PM Helping Hands (DR)
PM Prize Bingo Fun (SC)
PM Sweet Sensation Snack (SC)
PM Sounds Of the new Year (LR)
5:00 Dinner
PM Saturday Night Movie (LR)

8:00 Breakfast (DR)
AM CBS Sunday Morning (LR)
AM Winghaven Neighborhood Stroll (WN)
AM Crossword Fun (SC)
AM Uno Game (SC)
AM Puzzle Corner (SC)
12:00 Lunch (DR)
PM Pen to Paper (SC)
PM Kings On the Corner (SC)
PM Game Of Checkers (SC)
PM Crossword Fun (SC)
PM Word Search Puzzles (SC)
5:00 Dinner
PM Domino's (SC)

Happy Birthday Jim .S.
8:00 Breakfast (DR)
AM Seated Yoga Exercise (LR)
AM Thymeless: Making Jello Fun (SC)
AM This Day In History (LR)
AM Winter Devotions (LR)
AM Inspirational Short Stories (LR)
AM Brain Matters (SC)
AM Music With Brenda (LR)
12:00 Lunch (DR)
PM Bible Study (SC)
PM Thymeless: Tasting the Flavor (SC)
PM Bookmark Reading Club (SC)
5:00 Dinner
PM Hallmark Movie (LR)

8:00 Breakfast (DR)
AM Exercise (LR)
AM Famous Quote of the Day (LR)
AM Winter Devotions (LR)
AM Trivia Fun (LR)
AM Thymeless: Recipe Review (SC)
AM Music Therapy w/ Carrie (LR)
12:00 Lunch (DR)
PM Bells with Mike Chrismer (DR)
PM Resident Meeting (DR)
PM Thymeless: Drumsticks (SC)
PM MMMM Soup Table Toppers (SC)
5:00 Dinner

8:00 Breakfast (DR)
AM New Year's Movers (LR)
AM Thymeless: Preparing Soup (SC)
AM In the News (LR)
AM Winter Devotions (LR)
AM MMM Good Soup Set up (DR)
12:00 Lunch (DR)
PM Music Trivia DVD (LR)
PM Thymeless: Popcorn Popping (SC)
PM Suites Up (SC)
5:00 Dinner
PM After Dinner Chats (LR)

8:00 Breakfast (DR)
AM Winter Warm Ups (LR)
AM Extra Extra Read All About It (LR)
AM Winter Devotions (LR)
AM Rosary and Communion (IL)
AM Thymeless: Banana Bread Making(SC)
12:00 Lunch (DR)
PM Snowball Putt Putt (LR)
PM Thymeless: Sharing Bread (SC)
PM January Trivia Review (SC)
PM What Am I? (SC)
5:00 Dinner

8:00 Breakfast (DR)
AM Chair Movement Fun (LR)
AM Who's Birthday Is It? (LR)
AM Winter Devotions (LR)
AM January Humor (LR)
AM Card on the Table
12:00 Lunch (DR)
PM Birthday Music with Sterling (LR)
PM Birthday Party Cake (LR)
PM Uno Game (SC)
PM Kings on the Corner (SC)
5:00 Dinner

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Activities are subject to
change