



May 2021 Assisted Living Monthly Calendar

Monthly Activities

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>WWW.SENIORLIFESTYLE.COM Activities are subject to change</p>	<p>May cont'd 30</p> <p>10:00 ● Holy Spirit Catholic Church [OUT]</p> <p>10:00 ● Sunday Morning Sit & Stretch [PS]</p> <p>10:30 ● Hydration, Conversation [PS]</p> <p>10:30 ● Hydration, Conversation Celebrating Elder Month [PS]</p> <p>11:00 ● Open Card & Game Rooms: Cards, Ping-Pong and Games Galore [AL-CR]</p> <p>11:00 ● Spiritual Scripture & Song: A Non Denominational Program [AL-L]</p> <p>1:00 ● Socrates Cafe [IL- PR]</p> <p>1:00 ● Sunday Matinee [AL-L]</p> <p>2:00 ● Ice Cream Sunday: Sundae & Floats [PS]</p> <p>4:00 ● Happy Hour Poolside [PS]</p>	<p>31</p> <p>10:00 ● Sit & Be Fit Chair Exercise [PS]</p> <p>10:30 ● Hydration, Conversation Celebrating Elder Month [PS]</p> <p>11:00 ● Open Card & Game Rooms: Cards, Ping-Pong and Games Galore [AL-CR]</p> <p>1:00 ● Matinee Movie [AL-L]</p> <p>1:30 ● Memorial Day Service [PS]</p> <p>3:00 ● Honoring Memorial Day with Patriotic Songs during Happy Hour [AL-L]</p>					<p>1</p> <p>10:00 ● Let's Use Our Noodles & Exercise [PS]</p> <p>10:30 ● Hydration & Conversation about May Day Traditions [PS]</p> <p>11:00 ● A Day At The Races [AL-L]</p> <p>11:00 ● Open Card & Game Rooms: Cards, Ping-Pong and Games Galore [AL-CR]</p> <p>1:00 ● Afternoon Cinema with PopCorn [AL-L]</p> <p>4:00 ● Kentucky Derby Day Happy Hour! [PS]</p> <p>6:50 Kentucky Derby Post Time</p>
 <p>a Senior Lifestyle community</p>	<p>2</p> <p>10:00 ● Holy Spirit Catholic Church [OUT]</p> <p>10:00 ● Sunday Morning Sit & Stretch [PS]</p> <p>10:30 ● Hydration, Conversation Celebrating Elder Month [PS]</p> <p>11:00 ● Open Card & Game Rooms: Cards, Ping-Pong and Games Galore [AL-CR]</p> <p>11:00 ● Spiritual Scripture & Song: A Non Denominational Program [AL-L]</p> <p>1:00 ● Socrates Cafe [IL- PR]</p> <p>1:00 ● Sunday Matinee [AL-L]</p> <p>2:00 ● Ice Cream Sunday: Sundae & Floats [PS]</p> <p>4:00 ● Happy Hour Poolside [PS]</p>	<p>3</p> <p>10:00 ● Sit & Be Fit Chair Exercise [PS]</p> <p>10:30 ● Hydration, Conversation Celebrating Elder Month [PS]</p> <p>11:00 ● Drumming Up Some Fun Drum Circle [AL-C]</p> <p>11:00 ● Open Card & Game Rooms: Cards, Ping-Pong and Games Galore [AL-CR]</p> <p>1:00 ● Matinee Movie [AL-L]</p> <p>1:30 ● Meet & Greet Monday: Calling all Mah Jongg players!! [AL-C]</p> <p>3:00 ● Happy Hour with the Live Music of Joe on the Piano [AL-L]</p>	<p>4</p> <p>10:00 ● Morning Moves [AL-L]</p> <p>10:30 ● Hydration, Conversation Celebrating Jewish American Heritage Month [PS]</p> <p>10:45 ● Jewish American Heritage Trivia with Michele [AL-L]</p> <p>11:00 ● Open Card & Game Rooms: Cards, Ping-Pong and Games Galore [AL-CR]</p> <p>1:00 ● Afternoon Cinema [AL-L]</p> <p>1:00 ● Lecture sponsored by Allegiance Home Health [IL- PR]</p> <p>1:30 ● AL Outing to Lake Worth Beach & Shops [OME]</p> <p>3:00 ● Happy Hour Celebrating Jewish American Music [AL-L]</p> <p>7:00 ● \$5.00 Cash Bingo at Night [IL- PR]</p>	<p>5</p> <p>Cinco de Mayo</p> <p>10:00 ● Catholic Communion w/Patrick [IL- PR]</p> <p>10:00 ● Morning Move & Groove Exercise [AL-L]</p> <p>10:30 ● Hydration, Conversation Celebrating Elder Month [PS]</p> <p>10:45 ● Word Games with Michele [AL-L]</p> <p>11:00 ● Open Card & Game Rooms: Cards, Ping-Pong and Games Galore [AL-CR]</p> <p>1:00 ● Afternoon Cinema [AL-L]</p> <p>1:30 ● The Carlisle Card Shop [AL-CR]</p> <p>3:00 ● Cinco de Mayo Happy Hour [AL-L]</p>	<p>6</p> <p>10:00 ● Morning Moves [AL-L]</p> <p>10:30 ● Hydration, Conversation Celebrating Asian American Heritage Month [PS]</p> <p>10:45 ● Fun & Games with Michele [AL-L]</p> <p>11:00 ● Open Card & Game Rooms: Cards, Ping-Pong and Games Galore [AL-CR]</p> <p>1:00 ● Afternoon Matinee [AL-L]</p> <p>1:30 ● Cash Bingo Today! [IL- PR]</p> <p>3:00 ● Happy Hour celebrating Asian American Month [AL-L]</p>	<p>7</p> <p>10:00 ● Let's have a Ball Morning Exercise [PS]</p> <p>10:30 ● Hydration, Conversation Celebrating Elder Month [PS]</p> <p>11:00 ● Black Jack is Back! [AL-C]</p> <p>11:00 ● Open Card & Game Rooms: Cards, Ping-Pong and Games Galore [AL-CR]</p> <p>1:00 ● Afternoon Cinema [AL-L]</p> <p>1:30 ● May Day Garden Club [AL-L]</p> <p>3:00 ● T.G.I.F. Happy Hour [AL-L]</p>	<p>8</p> <p>10:00 ● Let's Use Our Noodles & Exercise [PS]</p> <p>10:30 ● Hydration & Conversation [PS]</p> <p>11:00 ● Group Cross Word Puzzle [AL-L]</p> <p>11:00 ● Open Card & Game Rooms: Cards, Ping-Pong and Games Galore [AL-CR]</p> <p>1:00 ● Afternoon Cinema with PopCorn [AL-L]</p> <p>2:30 ● Yappy Hour for Pet Owners, Pets & Pet Lovers [PS]</p> <p>3:00 ● Get Happy with Live Music Entertainment with Tom [AL-L]</p>
<p>● CONNECT</p> <p>● CONTRIBUTE</p> <p>● FEEL</p> <p>● GROW</p> <p>● MOVE</p> <p>● REFLECT</p> <p>● explore - Movement & Mind</p> <p>● explore - Recreation & Entertainment</p> <p>● explore - Spiritual Health & Religion</p>	<p>9</p> <p>Mother's Day</p> <p>10:00 ● Holy Spirit Catholic Church [OUT]</p> <p>10:00 ● Sunday Morning Sit & Stretch [PS]</p> <p>10:30 ● Hydration, Conversation Celebrating Mothers Day [PS]</p> <p>11:00 ● Open Card & Game Rooms: Cards, Ping-Pong and Games Galore [AL-CR]</p> <p>11:00 ● Spiritual Scripture & Song: A Non Denominational Program [AL-L]</p> <p>1:00 ● Socrates Cafe [IL- PR]</p> <p>1:00 ● Sunday Matinee [AL-L]</p> <p>3:30 ● Happy Hour celebrating Mother's Day! [IL- PR]</p> <p>4:00 ● Mother's Day Entertainment with Terri [IL- PR]</p>	<p>10</p> <p>10:00 ● Sit & Be Fit Chair Exercise [PS]</p> <p>10:30 ● Hydration, Conversation Celebrating Elder Month [PS]</p> <p>11:00 ● Open Card & Game Rooms: Cards, Ping-Pong and Games Galore [AL-CR]</p> <p>11:00 ● Rock Painting [AL-C]</p> <p>1:00 ● Matinee Movie [AL-L]</p> <p>1:30 ● Pet Project for Pet Owners & Pet Lovers [AL-C]</p> <p>3:00 ● Joyful Aging Photo Booth & Happy Hour [AL-L]</p>	<p>11</p> <p>10:00 ● Morning Moves [AL-L]</p> <p>10:30 ● Hydration, Conversation Celebrating Elder Month [PS]</p> <p>10:45 ● Jewish American Heritage Jewish Food Trivia with Michele [AL-L]</p> <p>11:00 ● Bereavement Meeting [IL-CR]</p> <p>11:00 ● Open Card & Game Rooms: Cards, Ping-Pong and Games Galore [AL-CR]</p> <p>1:00 ● Afternoon Cinema [AL-L]</p> <p>2:00 ● The Joy of Opera [IL- PR]</p> <p>3:00 ● Happy Hour Celebrating Sounds of the Golden Oldies [AL-L]</p> <p>7:00 ● \$5.00 Cash Bingo at Night [IL- PR]</p>	<p>12</p> <p>10:00 ● Catholic Communion w/Patrick [IL- PR]</p> <p>10:00 ● Morning Move & Groove Exercise [AL-L]</p> <p>10:30 ● Hydration, Conversation Celebrating Elder Month [PS]</p> <p>10:45 ● Word Games with Michele [AL-L]</p> <p>11:00 ● Open Card & Game Rooms: Cards, Ping-Pong and Games Galore [AL-CR]</p> <p>1:00 ● Afternoon Cinema [AL-L]</p> <p>1:30 ● Open Arts & Crafts Room [AL-CR]</p> <p>3:00 ● So Happy for Happy Hour [AL-L]</p>	<p>13</p> <p>10:00 ● Morning Moves [AL-L]</p> <p>10:30 ● Hydration, Conversation Celebrating Elder Month [PS]</p> <p>10:45 ● Fun & Games with Michele [AL-L]</p> <p>11:00 ● Open Card & Game Rooms: Cards, Ping-Pong and Games Galore [AL-CR]</p> <p>1:00 ● Afternoon Matinee [AL-L]</p> <p>1:30 ● Cash Bingo Today! [IL- PR]</p> <p>3:00 ● Happy Hour [AL-L]</p> <p>7:00 ● The Eldercation Experience with Harry [IL- PR]</p>	<p>14</p> <p>10:00 ● Let's have a Ball Morning Exercise [PS]</p> <p>10:30 ● Hydration, Conversation Celebrating Elder Month [PS]</p> <p>11:00 ● Black Jack is Back! [AL-C]</p> <p>11:00 ● Open Card & Game Rooms: Cards, Ping-Pong and Games Galore [AL-CR]</p> <p>1:00 ● Afternoon Cinema [AL-L]</p> <p>4:00 ● HAPPY HOUR with Live Music by Spooky Jones [PS]</p> <p>7:00 ● Shabbat Service [IL- PR]</p>	<p>15</p> <p>10:00 ● Let's Use Our Noodles & Exercise [PS]</p> <p>10:30 ● Hydration, Conversation Celebrating Elder Month [PS]</p> <p>11:00 ● Carlisle Palm Beach Classic Auto Show 11am-3 pm [OME]</p> <p>11:00 ● Open Card & Game Rooms: Cards, Ping-Pong and Games Galore [AL-CR]</p> <p>1:00 ● Afternoon Cinema with PopCorn [AL-L]</p> <p>4:00 ● Poolside Happy Hour celebrating Armed Forces Day [PS]</p>
<p>Location Keys</p> <p>AL Arts & Craft Room AL-C</p> <p>AL Card Room AL-CR</p> <p>AL Lounge AL-L</p> <p>IL Card Room IL-CR</p> <p>IL Palm Room IL- PR</p> <p>Outdoor Main Entrance OME</p> <p>Outdoor Trip OUT</p> <p>Pool Side PS</p>	<p>16</p> <p>10:00 ● Holy Spirit Catholic Church [OUT]</p> <p>10:00 ● Sunday Morning Sit & Stretch [PS]</p> <p>10:30 ● Hydration, Conversation Celebrating Elder Month [PS]</p> <p>11:00 ● Open Card & Game Rooms: Cards, Ping-Pong and Games Galore [AL-CR]</p> <p>11:00 ● Spiritual Scripture & Song: A Non Denominational Program [AL-L]</p> <p>1:00 ● Socrates Cafe [IL- PR]</p> <p>1:00 ● Sunday Matinee [AL-L]</p> <p>2:00 ● Ice Cream Sunday: Sundae & Floats [PS]</p> <p>4:00 ● Happy Hour Poolside [PS]</p> <p>7:00 ● The Carlisle presents Live Entertainment with Garry [IL- PR]</p>	<p>17</p> <p>10:00 ● Sit & Be Fit Chair Exercise [PS]</p> <p>10:30 ● Hydration, Conversation Celebrating Elder Month [PS]</p> <p>11:00 ● Feather Painting [AL-C]</p> <p>11:00 ● Open Card & Game Rooms: Cards, Ping-Pong and Games Galore [AL-CR]</p> <p>1:00 ● Matinee Movie [AL-L]</p> <p>1:30 ● Bead a Beautiful Necklace or Bracelet [AL-C]</p> <p>3:00 ● Around the World Happy Hour: Enjoy Travel Videos [AL-L]</p>	<p>18</p> <p>10:00 ● Morning Moves [AL-L]</p> <p>10:30 ● Hydration, Conversation Celebrating Elder Month [PS]</p> <p>10:45 ● Jewish American Heritage Kosher Food Trivia with Michele [AL-L]</p> <p>11:00 ● Open Card & Game Rooms: Cards, Ping-Pong and Games Galore [AL-CR]</p> <p>1:00 ● Afternoon Cinema [AL-L]</p> <p>3:00 ● Happy Hour Celebrating Songs of the Golden Oldies [AL-L]</p> <p>7:00 ● \$5.00 Cash Bingo at Night [IL- PR]</p>	<p>19</p> <p>10:00 ● Catholic Communion w/Patrick [IL- PR]</p> <p>10:00 ● Morning Move & Groove Exercise [AL-L]</p> <p>10:30 ● Hydration, Conversation Celebrating Elder Month [PS]</p> <p>10:45 ● Word Games with Michele [AL-L]</p> <p>11:00 ● Open Card & Game Rooms: Cards, Ping-Pong and Games Galore [AL-CR]</p> <p>1:00 ● Afternoon Cinema [AL-L]</p> <p>1:30 ● Relaxation through Art [AL-C]</p> <p>3:00 ● So Happy for Happy Hour with Joe on the Piano [AL-L]</p>	<p>20</p> <p>10:00 ● Morning Moves [AL-L]</p> <p>10:30 ● Hydration, Conversation Celebrating Elder Month [PS]</p> <p>10:45 ● Fun & Games with Michele [AL-L]</p> <p>11:00 ● Lecture on Senior Scams & Bloodline Planning [IL- PR]</p> <p>11:00 ● Open Card & Game Rooms: Cards, Ping-Pong and Games Galore [AL-CR]</p> <p>1:30 ● AL Residents Council Meeting [AL-L]</p> <p>1:30 ● Cash Bingo Today! [IL- PR]</p> <p>2:30 ● AL Ice Cream Social [AL-L]</p> <p>3:00 ● Happy Hour [AL-L]</p>	<p>21</p> <p>10:00 ● Let's have a Ball Morning Exercise [PS]</p> <p>10:30 ● Hydration, Conversation Celebrating Elder Month [PS]</p> <p>11:00 ● Black Jack is Back! [AL-C]</p> <p>11:00 ● Open Card & Game Rooms: Cards, Ping-Pong and Games Galore [AL-CR]</p> <p>1:00 ● Afternoon Cinema [AL-L]</p> <p>3:00 ● It's Time for Wine Happy Hour [AL-L]</p> <p>7:00 ● Shabbat Service [IL- PR]</p>	<p>22</p> <p>10:00 ● Let's Use Our Noodles & Exercise [PS]</p> <p>10:30 ● Hydration, Conversation Celebrating Elder Month [PS]</p> <p>11:00 ● Drumming Up Some Fun Drum Circle [AL-C]</p> <p>11:00 ● Open Card & Game Rooms: Cards, Ping-Pong and Games Galore [AL-CR]</p> <p>1:00 ● Afternoon Cinema with PopCorn [AL-L]</p> <p>4:00 ● Poolside Happy Hour [PS]</p>
	<p>23</p> <p>10:00 ● Holy Spirit Catholic Church [OUT]</p> <p>10:00 ● Sunday Morning Sit & Stretch [PS]</p> <p>10:30 ● Hydration, Conversation Celebrating Elder Month [PS]</p> <p>11:00 ● Open Card & Game Rooms: Cards, Ping-Pong and Games Galore [AL-CR]</p> <p>11:00 ● Spiritual Scripture & Song: A Non Denominational Program [AL-L]</p> <p>1:00 ● Socrates Cafe [IL- PR]</p> <p>1:00 ● Sunday Matinee [AL-L]</p> <p>2:00 ● Ice Cream Sunday: Sundae & Floats [PS]</p> <p>3:00 ● Live Music Entertainment with Tom during Happy Hour [AL-L]</p>	<p>24</p> <p>10:00 ● Sit & Be Fit Chair Exercise [PS]</p> <p>10:30 ● Hydration, Conversation Celebrating Elder Month [PS]</p> <p>11:00 ● Explore the Wonderful World of Watercolors [AL-C]</p> <p>11:00 ● Open Card & Game Rooms: Cards, Ping-Pong and Games Galore [AL-CR]</p> <p>1:00 ● Matinee Movie [AL-L]</p> <p>1:30 ● Get Happy Drum Circle [AL-C]</p> <p>3:00 ● Around the World Happy Hour: Enjoy Travel Videos [AL-L]</p>	<p>25</p> <p>10:00 ● Morning Moves [AL-L]</p> <p>10:30 ● Hydration, Conversation Celebrating Elder Month [PS]</p> <p>10:45 ● Trivia with Michele [AL-L]</p> <p>11:00 ● Open Card & Game Rooms: Cards, Ping-Pong and Games Galore [AL-CR]</p> <p>1:00 ● Afternoon Cinema [AL-L]</p> <p>3:00 ● Happy Hour Celebrating those Golden Oldie Songs [AL-L]</p> <p>7:00 ● \$5.00 Cash Bingo at Night [IL- PR]</p>	<p>26</p> <p>10:00 ● Catholic Communion w/Patrick [IL- PR]</p> <p>10:00 ● Morning Move & Groove Exercise [AL-L]</p> <p>10:30 ● Hydration, Conversation Celebrating Elder Month [PS]</p> <p>10:45 ● Word Games with Michele [AL-L]</p> <p>11:00 ● Horray, Horray it's Shopping Day at the Carlisle! Apparel Sale [IL- PR]</p> <p>11:00 ● Open Card & Game Rooms: Cards, Ping-Pong and Games Galore [AL-CR]</p> <p>1:00 ● Afternoon Cinema [AL-L]</p> <p>1:30 ● Open Arts & Crafts Room [AL-CR]</p> <p>2:30 ● Veterans Club: Meet & Greet for New & Existing Members [IL- PR]</p> <p>3:00 ● So Happy for Happy Hour [AL-L]</p>	<p>27</p> <p>10:00 ● Morning Moves [AL-L]</p> <p>10:30 ● Hydration, Conversation Celebrating Elder Month [PS]</p> <p>10:45 ● Fun & Games with Michele [AL-L]</p> <p>11:00 ● Open Card & Game Rooms: Cards, Ping-Pong and Games Galore [AL-CR]</p> <p>1:00 ● Afternoon Matinee [AL-L]</p> <p>1:30 ● Cash Bingo! [IL- PR]</p> <p>3:00 ● Happy Birthday Celebration with Cake & Champagne [AL-L]</p>	<p>28</p> <p>10:00 ● Let's have a Ball Morning Exercise [PS]</p> <p>10:30 ● Hydration, Conversation Celebrating Elder Month [PS]</p> <p>11:00 ● Black Jack is Back! [AL-C]</p> <p>11:00 ● Open Card & Game Rooms: Cards, Ping-Pong and Games Galore [AL-CR]</p> <p>1:00 ● Afternoon Cinema [AL-L]</p> <p>2:30 ● Celebrating The Carlisle Milestone Birthdays (90t and 100t with Cake & Champagne) [IL- PR]</p> <p>3:00 ● Joe on the Piano & a fine glass of Wine [AL-L]</p>	<p>29</p> <p>10:00 ● Let's Use Our Noodles & Exercise [PS]</p> <p>10:30 ● Hydration, Conversation Celebrating Elder Month [PS]</p> <p>11:00 ● Group Cross Word Puzzle [AL-L]</p> <p>11:00 ● Open Card & Game Rooms: Cards, Ping-Pong and Games Galore [AL-CR]</p> <p>1:00 ● Afternoon Cinema with PopCorn [AL-L]</p> <p>4:00 ● Poolside Happy Hour with Live Music "Spooky Jones" [PS]</p>

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