

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



10:00 Swing Chair Dancing
10:35 Hydration & Conversation
10:45 Team Cross Word Puzzle [ALD]
1:00 Fun 20'S Bingo Game [IL- PR]
1:45 Afternoon Cinema [ALD]
2:00 Hallway Ice Cream Social [Hall]

1

10:00 The Fabulous 30's Morning Exercise Moves
10:35 Hydration & Conversation
10:45 Arts & Crafts Beading with JoAnn [ALD]
1:45 Afternoon Cinema [AL-LR]
2:00 Hallway Happy Hour Fun Fun [Hall]

2

10:00 The Fun Morning Chair Exercise
10:35 Hydration & Conversation [ALD]
10:45 Sing -A- Long Through The Decades
1:00 Fabulous Bingo [IL- PR]
1:45 Afternoon Cinema Movies Through The Decades
2:00 Hallway Fabulous Ice Cream Social [Hall]

3

10:00 The Fun 50'S Morning Exercise
10:35 Hydration & Conversation
10:45 No Touch Black Jack [ALD]
1:45 Afternoon Cinema [AL-LR]
2:00 Hallway The Disco 70's Happy Hour [Hall]
7:30 Shabbat Service [IL- PR]

4

10:00 Fun Chair Exercise
10:35 Hydration & Conversation
10:45 Group Cross Word Puzzle
2:00 A Day At The Races Kentucky Derby [IL- PR]
2:00 Hallway Fabulous Snacks [Hall]

5

LOCATIONS

Indepedent Living Palm Room- IL-PR
Assisted Living Dining- ALD
Hallways- Hall

BIRTHDAYS
THIS MONTH

September 2020

Fay S 9/01
Margarietha B 9/03
Richard G 9/05
Allen L 9/08
Armad T 9/18
Terry G 9/23

Happy Birthday To You All

SENIOR LIFESTYLE
Come grow with us!

SENIOR LIFESTYLE
Unlimited options,
Unparalleled services

WWW.SENIORLIFESTYLE.COM

10:00 Hallway Morning Walk [Hall]
1:00 The Chronicle Package
1:30 Sunday Matinee In IL Palm Room [ALD]
2:00 Hallway Hydration and Snacks Visit

6

Labor Day
10:00 Morning Charleston Chair Moves
10:35 Hydration & Conversation
10:45 Trivia Through The Decades
1:45 Afternoon Movie [AL-LR]
2:00 Hallway Happy Hour Through The 20's Music [Hall]

7

10:00 Swing Chair Dancing
10:35 Hydration & Conversation
10:45 Team Cross Word Puzzle [ALD]
1:00 Fun 20'S Bingo Game [IL- PR]
1:45 Afternoon Cinema [ALD]
2:00 Hallway Ice Cream Social [Hall]

8

10:00 The Fabulous 30's Morning Exercise Moves
10:35 Hydration & Conversation
10:45 Birthday Card Crafting with JoAnn [ALD]
1:45 Afternoon Cinema [AL-LR]
2:00 Hallway Happy Hour Fun Fun [Hall]

9

10:00 The Fun Morning Chair Exercise
10:35 Hydration & Conversation [ALD]
10:45 Sing -A- Long Through The Decades
1:00 Fabulous Bingo [IL- PR]
1:45 Afternoon Cinema Movies Through The Decades
2:00 Hallway Fabulous Ice Cream Social [Hall]

10

10:00 The Fun 50'S Morning Exercise
10:35 Hydration & Conversation
10:45 No Touch Black Jack [ALD]
1:45 Afternoon Cinema [AL-LR]
2:00 Hallway The Disco 70's Happy Hour [Hall]

11

9:45 Group Cross Word Puzzle
10:00 Fun Chair Exercise
10:35 Hydration & Conversation
10:45 Group Cross Word Puzzle
1:45 Afternoon Cinema Musical [IL- PR]
2:00 Hallway Fabulous Snacks [Hall]

12

10:00 Hallway Morning Walk [Hall]
1:00 The Chronicle Package
1:30 Sunday Matinee In IL Palm Room [ALD]
2:00 Hallway Hydration and Snacks Visit

13

10:00 Morning Twist Chair Exercise [ALD]
10:35 Hydration & Conversation
10:45 Trivia Through The 50's [ALD]
1:45 Afternoon Movie [AL-LR]
2:00 Hallway Happy Hour Through The 30's Music [Hall]

14

10:00 Swing Chair Dancing
10:35 Hydration & Conversation
10:45 Team Cross Word Puzzle [ALD]
1:00 Fun 20'S Bingo Game [IL- PR]
1:45 Afternoon Cinema [ALD]
2:00 Hallway Ice Cream Social [Hall]

15

10:00 The Fabulous 30's Morning Exercise Moves
10:35 Hydration & Conversation
10:45 Hitting The High Note Art Decor [AL-LR]
1:45 Afternoon Cinema [AL-LR]
2:00 Hallway Happy Hour Fun Fun [Hall]

16

10:00 The Fun Morning Chair Exercise
10:35 Hydration & Conversation [ALD]
10:45 Sing -A- Long Through The Decades
1:00 Fabulous Bingo [IL- PR]
1:45 Afternoon Cinema Movies Through The Decades
2:00 Hallway Fabulous Ice Cream Social [Hall]

17

10:00 The Fun 50'S Morning Exercise
10:35 Hydration & Conversation
10:45 No Touch Black Jack [ALD]
1:45 Afternoon Cinema [AL-LR]
2:00 Hallway The Disco 70's Happy Hour [Hall]
3:00 Rosh Hashanah Service w/ Jennifer [IL- PR]

18

9:45 Group Cross Word Puzzle
10:00 Fun Chair Exercise
10:00 Rosh Hashanah Service w/ Jennifer [IL- PR]
10:35 Hydration & Conversation
10:45 Group Cross Word Puzzle
1:45 Afternoon Cinema [IL- PR]
2:00 Hallway Fabulous Snacks [Hall]

19

10:00 Hallway Morning Walk [Hall]
1:00 The Chronicle Package
1:30 Sunday Matinee In IL Palm Room [ALD]
2:00 Hallway Hydration and Snacks Visit

20

10:00 Morning Charleston Chair Moves
10:35 Hydration & Conversation
10:45 Trivia Through The Decades
1:45 Afternoon Movie [AL-LR]
2:00 Hallway Happy Hour Through The 40's Music [Hall]

21

10:00 Swing Chair Dancing
10:35 Hydration & Conversation
10:45 Team Cross Word Puzzle [ALD]
1:00 Fun 20'S Bingo Game [IL- PR]
1:45 Afternoon Cinema [ALD]
2:00 Hallway Ice Cream Social [Hall]

22

10:00 The Fabulous 30's Morning Exercise Moves
10:35 Hydration & Conversation
10:45 Stepping Stone Art With JoAnn [ALD]
1:45 Afternoon Cinema [AL-LR]
2:00 Hallway Happy Hour Fun Fun [Hall]

23

10:00 The Fun Morning Chair Exercise
10:35 Hydration & Conversation [ALD]
10:45 Sing -A- Long Through The Decades
1:00 Fabulous Bingo [IL- PR]
1:45 Afternoon Cinema Movies Through The Decades
2:00 Hallway Fabulous Ice Cream Social [Hall]

24

10:00 The Fun 50'S Morning Exercise
10:35 Hydration & Conversation
10:45 No Touch Black Jack [ALD]
1:45 Afternoon Cinema [AL-LR]
2:00 Hallway The Disco 70's Happy Hour [Hall]
7:30 Shabbat Service [IL- PR]

25

9:45 Group Cross Word Puzzle
10:00 Fun Chair Exercise
10:35 Hydration & Conversation
10:45 Group Cross Word Puzzle
1:45 Afternoon Matinee Elvis Presley Musical [IL- PR]
2:00 Hallway Fabulous Snacks [Hall]

26

10:00 Hallway Morning Walk [Hall]
1:00 The Chronicle Package
1:30 Sunday Matinee In IL Palm Room [ALD]
2:00 Hallway Hydration and Snacks Visit
3:00 Yom Kippur Service with Jeniffer [IL- PR]

27

10:00 Jewish Service with Jennifer [IL- PR]
10:00 Swing Chair Dancing Exercise [ALD]
10:35 Hydration & Conversation
10:45 The 1920's Music Trivia [ALD]
1:45 Afternoon Movie [AL-LR]
2:00 Hallway Happy Hour Through The 50's Music [Hall]

28

10:00 Swing Chair Dancing
10:35 Hydration & Conversation
10:45 Team Cross Word Puzzle [ALD]
1:00 Fun 20'S Bingo Game [IL- PR]
1:45 Afternoon Cinema [ALD]
2:00 Hallway Ice Cream Social [Hall]

29

10:00 The Fabulous 30's Morning Exercise Moves
10:35 Hydration & Conversation
10:45 Psychedelic Art With JoAnn [ALD]
1:45 Afternoon Cinema [AL-LR]
2:00 Hallway Happy Hour Fun Fun [Hall]
2:00 Hallway Hydration & Snacks Visit [Hall]

30



“When life is sweet,
say thank you and
celebrate. And when
life is bitter, say thank
you and grow.”
— Shauna Niequist

