

calendar & activities
DEC 2019

The Carlisle Palm Beach- Winter wonderland

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div>● CONNECT</div><div>● CONTRIBUTE</div><div>● FEEL</div><div>● GROW</div><div>● MOVE</div><div>● REFLECT</div></div>	<div><div>Advent Begins</div><div>10:00 ● Celebration fitness</div><div>10:30 ● Hymns of praise</div><div>10:30 ● Todays news and social</div><div>11:00 ● Funny Holiday Stories</div><div>2:30 ● Thymeless Culinary</div><div>3:00 ● Matinee Movie With holiday homemade cookies</div><div>3:30 Sing along with Mary</div><div>6:00 ● Relaxing Melodies</div></div> <div>1</div>	<div><div>Cyber Monday</div><div>10:00 ● Fitness with Kay-Ann</div><div>10:30 ● Homemade Lemonade</div><div>11:00 ● Good News Today</div><div>1:30 ● Literature club/Cyber shopping</div><div>2:30 ● Thymeless Culinary</div><div>3:30 ● Holiday word games</div><div>4:00 ● Benefits Of Laughter Chat: IN2L</div><div>6:00 ● Short stories After dinner</div></div> <div>2</div>	<div><div>Giving Tuesday</div><div>10:00 ● Holiday fitness</div><div>10:30 ● Todays news and social</div><div>11:00 ● Essence Aromatherapy</div><div>11:00 ● Good News Today</div><div>1:30 ● Holiday Décor creations</div><div>2:30 ● Thymeless Culinary</div><div>4:00 ● Garden Walk</div></div> <div>3</div>	<div><div>Cookie Day</div><div>10:00 ● Chair yoga</div><div>10:30 ● Bookmarks:</div><div>10:30 ● Communion In MC</div><div>10:30 ● Thymeless tea social with cookies</div><div>2:30 ● Thymeless Culinary</div><div>3:00 ● Sing Along With Joe</div><div>3:00 ● Wine & Cheese with Famous People</div><div>4:00 ● Before Dinner Wrap up</div></div> <div>4</div>	<div><div>World Soil/Volunteer Day</div><div>10:00 ● Garden walk/Fitness</div><div>11:00 ● Essence Aromatherapy</div><div>12:00 ● Holiday sing along</div><div>1:30 ● Holiday Flower Arrangement</div><div>1:30 ● Spa Day</div><div>2:30 ● Thymeless Culinary</div><div>3:30 ● Holiday sing along</div><div>4:00 ● Garden Walk</div><div>6:00 ● Short stories After dinner</div></div> <div>5</div>	<div><div>10:00 ● Drum Circle</div><div>10:30 ● Bookmarks:</div><div>11:00 ● Thymeless Garden Infused Water and Hydration</div><div>2:30 ● Thymeless Culinary</div><div>3:00 ● Sing Along With Joe</div><div>4:00 ● Before Dinner Wrap Up</div><div>7:30 ● IN2L Sabbath Services 2nd floor</div></div> <div>6</div>	<div><div>10:00 ● Yoga With Alex</div><div>10:30 ● Social in the Thymeless garden</div><div>11:00 ● Essence Aromatherapy</div><div>1:30 ● Garden Walk</div><div>2:00 ● Saturday Entertainment</div><div>2:30 ● Thymeless Culinary</div><div>3:00 ● Ginger bread House creation</div><div>4:00 ● Garden walk</div><div>6:00 ● Short stories After dinner</div></div> <div>7</div>
<div>LOCATIONS</div> <div>1st. Floor</div> <div>Alcove Lounge - AL1</div> <div>Bookmarks Cove - BC1</div> <div>Piano Lounge - PL1</div> <div>Courtyard - CY</div> <div>Thymeless Cove - TC</div> <div>2nd Floor</div> <div>Piano Lounge - PL2</div> <div>Alcove Lounge - AL2</div> <div>Gathering Lounge- GL2</div> <div>Lantana Room - LR2</div> <div>3rd Floor</div> <div>Aromatherapy Room- AR</div> <div>Gathering Lounge - GL2</div> <div>Alcove Lounge - AL3</div> <div>Bookmarks Cove - BC3</div> <div>Lantana Room - LR3</div> <div>BIRTHDAYS THIS MONTH</div> <div>Teresa "TERRY" S. 12/31</div> <div>www.seniorlifestyle.com</div> <div>Activities are subject to change</div>	<div><div>2nd Sunday of Advent</div><div>10:00 ● Volley Ball</div><div>10:30 ● Todays news and social</div><div>11:00 ● Join the story</div><div>1:30 ● Holiday post cards</div><div>2:30 ● Thymeless Culinary</div><div>3:00 ● Matinee Movie With homemade Rice Krispy:</div><div>3:30 Sing along with Mary</div><div>6:00 ● Relaxing Melodies</div></div> <div>8</div>	<div><div>Green Monday</div><div>10:00 ● Jingle bell fitness</div><div>10:30 ● Embrace your morning in the thymeless garden</div><div>10:30 ● Homemade Lemonade</div><div>11:00 ● Good News Today</div><div>1:30 ● Literature club</div><div>2:00 ● Ginger bread house creation</div><div>2:30 ● Thymeless Culinary</div><div>4:00 ● Benefits Of Laughter Chat: IN2L</div><div>6:00 ● Short stories After dinner</div></div> <div>9</div>	<div><div>Human Rights</div><div>10:00 ● Mini golf</div><div>10:30 ● Todays news and social</div><div>11:00 ● Essence Aromatherapy</div><div>11:00 ● Good News Today</div><div>1:30 ● Music Therapy</div><div>2:30 ● Thymeless Culinary</div><div>3:00 ● Holiday Word games</div><div>4:00 ● Garden Walk</div></div> <div>10</div>	<div><div>10:00 ● WHOGA</div><div>10:30 ● Bookmarks:</div><div>10:30 ● Communion In MC</div><div>11:00 ● Thymeless Garden Infused Water and Hydration</div><div>1:30 ● Family Feud With Tania</div><div>2:30 ● Thymeless Culinary</div><div>3:00 ● Sing Along With Joe</div><div>3:00 ● Wine & Cheese with Famous People</div><div>4:00 ● Before Dinner Wrap up</div></div> <div>11</div>	<div><div>10:00 ● Be fit</div><div>11:00 ● Essence Aromatherapy</div><div>1:30 ● Spa Day</div><div>2:00 ● Flower Arrangement</div><div>2:30 ● Thymeless Culinary</div><div>4:00 ● Garden Walk</div><div>6:00 ● Short stories After dinner</div></div> <div>12</div>	<div><div>National Cocoa Day/ Day of the Horse</div><div>10:00 ● Move & Grove</div><div>10:30 ● Bookmarks:</div><div>11:00 ● Thymeless Garden Infused Water and Hydration</div><div>2:30 ● Thymeless Culinary</div><div>3:00 ● Sing Along With Joe</div><div>4:00 ● Before Dinner Wrap Up</div><div>7:30 ● IN2L Sabbath Services 2nd floor</div></div> <div>13</div>	<div><div>10:00 ● Yoga With Alex</div><div>11:00 ● Essence Aromatherapy</div><div>1:30 ● Garden Walk</div><div>2:00 ● Saturday Entertainment</div><div>2:30 ● Thymeless Culinary</div><div>3:30 ● Holiday Sing Along</div><div>4:00 ● Garden walk</div><div>6:00 ● Short stories After dinner</div></div> <div>14</div>
	<div><div>3rd Sunday of Advent</div><div>10:00 ● Bend & Stretch fitness</div><div>10:30 ● Hymns of praise</div><div>10:30 ● Todays news and social</div><div>11:00 ● Funny Holiday Stories</div><div>2:30 ● Thymeless Culinary</div><div>3:00 ● Matinee Movie With Popcorn:</div><div>3:30 Sing along with Mary</div><div>6:00 ● Relaxing Melodies</div></div> <div>15</div>	<div><div>10:00 ● Holiday fitness</div><div>10:30 ● Homemade Lemonade</div><div>11:00 ● Good News Today</div><div>1:30 ● Literature club</div><div>2:30 ● Thymeless Culinary</div><div>4:00 ● Benefits Of Laughter Chat: IN2L</div><div>6:00 ● Short stories After dinner</div></div> <div>16</div>	<div><div>10:00 ● Yoga(Serenity fitness)</div><div>10:30 ● Todays news and social</div><div>11:00 ● Essence Aromatherapy</div><div>11:00 ● Good News Today</div><div>2:30 ● Thymeless Culinary</div><div>3:00 ● Current event/Group Social</div><div>4:00 ● Garden Walk</div></div> <div>17</div>	<div><div>10:00 ● Garden fitness</div><div>10:30 ● Bookmarks:</div><div>10:30 ● Communion In MC</div><div>11:00 ● Thymeless Garden Infused Water and Hydration</div><div>2:30 ● Thymeless Culinary</div><div>3:00 ● Sing Along With Joe</div><div>3:00 ● Wine & Cheese with Famous People</div><div>4:00 ● Before Dinner Wrap up</div><div>6:00 ● Holiday word games</div></div> <div>18</div>	<div><div>10:00 ● Lively fitness</div><div>11:00 ● Essence Aromatherapy</div><div>1:30 ● Spa Day</div><div>2:30 ● Thymeless Culinary</div><div>3:30 ● Holiday sing along</div><div>4:00 ● Garden Walk</div><div>6:00 ● Short stories After dinner</div></div> <div>19</div>	<div><div>10:00 ● Jingle bell fitness</div><div>10:30 ● Bookmarks:</div><div>11:00 ● Thymeless Garden Infused Water and Hydration</div><div>2:30 ● Thymeless Culinary</div><div>3:00 ● Hanukkah Celebration</div><div>3:00 ● Sing Along With Joe</div><div>4:00 ● Before Dinner Wrap Up</div><div>7:30 ● IN2L Sabbath Services 2nd floor</div></div> <div>20</div>	<div><div>10:00 ● Yoga With Alex</div><div>10:30 ● Social in the Thymeless garden</div><div>11:00 ● Essence Aromatherapy</div><div>1:30 ● Garden Walk</div><div>2:00 ● Saturday Entertainment</div><div>2:30 ● Thymeless Culinary</div><div>3:30 ● Gift Wrapping</div><div>4:00 ● Garden walk</div><div>6:00 ● Short stories After dinner</div></div> <div>21</div>
	<div><div>4th Sunday Advent/Hanukkah (Start)</div><div>10:00 ● Volley Ball</div><div>10:30 ● Todays news and social</div><div>11:00 ● Join the story</div><div>2:30 ● Thymeless Culinary</div><div>3:00 ● Matinee Movie With Holiday Popcorn Mix:</div><div>3:30 Sing along with Mary</div><div>6:00 ● Lighting of the Menorah</div><div>6:00 ● Relaxing Melodies</div></div> <div>22</div>	<div><div>10:00 ● Parachute fitness</div><div>10:30 ● Embrace your morning in the thymeless garden</div><div>10:30 ● Homemade Lemonade</div><div>11:00 ● Good News Today</div><div>1:30 ● Literature club</div><div>2:30 ● Thymeless Culinary</div><div>3:00 ● Christmas Celebration</div><div>3:30 ● Gift Wrapping</div><div>4:00 ● Benefits Of Laughter Chat: IN2L</div><div>6:00 ● Lighting of the Menorah</div><div>6:00 ● Short stories After dinner</div></div> <div>23</div>	<div><div>10:00 ● Mini golf</div><div>10:30 ● Todays news and social</div><div>11:00 ● Essence Aromatherapy</div><div>11:00 ● Good News Today</div><div>1:30 ● Music Therapy</div><div>2:30 ● Thymeless Culinary</div><div>3:30 ● Gift Wrapping</div><div>4:00 ● Garden Walk</div><div>6:00 ● Lighting of the Menorah</div></div> <div>24</div>	<div><div>10:00 ● Jingle bell fitness</div><div>10:30 ● Bookmarks:</div><div>10:30 ● Communion In MC</div><div>11:00 ● Thymeless Garden Infused Water and Hydration</div><div>1:30 ● Family Feud With Tania</div><div>2:30 ● Thymeless Culinary</div><div>3:00 ● Sing Along With Joe</div><div>3:00 ● Wine & Cheese with Famous People</div><div>4:00 ● Before Dinner Wrap up</div><div>6:00 ● Lighting of the Menorah</div></div> <div>25</div>	<div><div>10:00 ● R.O.M Dance</div><div>11:00 ● Essence Aromatherapy</div><div>1:30 ● Spa Day</div><div>2:30 ● Thymeless Culinary</div><div>3:00 ● Birthday Celebration</div><div>4:00 ● Garden Walk</div><div>6:00 ● Lighting of the Menorah</div><div>6:00 ● Short stories After dinner</div></div> <div>26</div>	<div><div>10:00 ● Holiday fitness</div><div>10:30 ● Bookmarks:</div><div>11:00 ● Thymeless Garden Infused Water and Hydration</div><div>2:30 ● Thymeless Culinary</div><div>3:00 ● Sing Along With Joe</div><div>4:00 ● Before Dinner Wrap Up</div><div>6:00 ● Lighting of the Menorah</div><div>7:30 ● IN2L Sabbath Services 2nd floor</div></div> <div>27</div>	<div><div>10:00 ● Yoga With Alex</div><div>10:30 ● Funny Holiday Stories</div><div>11:00 ● Essence Aromatherapy</div><div>1:30 ● Garden Walk</div><div>2:00 ● Saturday Entertainment</div><div>2:30 ● Thymeless Culinary</div><div>4:00 ● Garden walk</div><div>6:00 ● Lighting of the Menorah</div><div>6:00 ● Short stories After dinner</div></div> <div>28</div>
	<div><div>10:00 ● Morning Groove</div><div>10:30 ● Hymns of praise</div><div>10:30 ● Todays news and social</div><div>11:00 ● Join the story</div><div>2:30 ● Thymeless Culinary</div><div>3:00 ● Matinee Movie With Popcorn:</div><div>3:30 Sing along with Mary</div><div>6:00 ● Lighting of the Menorah</div><div>6:00 ● Relaxing Melodies</div></div> <div>29</div>	<div><div>Hanukkah (End)</div><div>10:00 ● Be fit</div><div>10:30 ● Homemade Lemonade</div><div>11:00 ● Good News Today</div><div>1:30 ● Literature club</div><div>2:30 ● Thymeless Culinary</div><div>4:00 ● Benefits Of Laughter Chat: IN2L</div><div>6:00 ● Lighting of the Menorah</div><div>6:00 ● Short stories After dinner</div></div> <div>30</div>	<div><div>10:00 ● Drum circle</div><div>10:30 ● Todays news and social</div><div>11:00 ● Essence Aromatherapy</div><div>11:00 ● Good News Today</div><div>1:30 ● Social of gratitude</div><div>2:30 ● Thymeless Culinary</div><div>3:30 ● Holiday Sing Along</div><div>4:00 ● Garden Walk</div></div> <div>31</div>				