

Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><p>MEMORY CARE Embrace BY SENIOR LIFESTYLE</p><p>WWW.SENIORLIFESTYLE.COM Activities are subject to change</p></div> <div><p>THE CARLISLE PALM BEACH</p><p>a Senior Lifestyle community</p></div> <div><p> *BOOKMARKS</p><p> *Outing</p><p> *THYMELESS</p><p> CONNECT</p><p> CONTRIBUTE</p><p> FEEL</p><p> GROW</p><p> MOVE</p><p> REFLECT</p></div> <div><p>MC MC 1st Floor Dining Room Nature Preserve</p><p>MC MC-1DR NP</p></div>	<div><p>April cont'd</p></div> <div>30</div> <div><p>9:15 Walking Club [NP]</p><p>10:30 Re-Fresh w/ Mix Berries smoothie</p><p>11:00 Todays news and social</p><p>1:30 Refresh & relax with music</p><p>2:30 Thymeless Culinary: [MC]</p><p>3:30 Matinee Movie With Popcorn:</p><p>4:00 Discuss & Recall</p></div>	<div><i>Resident Birthdays:</i></div> <div>Alice P. 4/1</div> <div>Jeanette M. 4/3</div> <div>Jessie Y. 4/4</div> <div>Marlene P. 4/12</div>				<div>"Let us be grateful to people who make us happy. They are the charming gardeners who make our souls blossom."</div> <div>— Marcel Proust</div>	<p>9:15 Walking Club [NP]</p> <p>10:00 Laughter Yoga</p> <p>10:30 Re-Boot w/Mango Smoothie [MC-1DR]</p> <p>11:00 Daily Chronicles in the Thymeless garden</p> <p>11:30 Welcome April</p> <p>1:30 Funny mix up word games</p> <p>2:00 All About Bridge</p> <p>2:30 Thymeless Culinary: [MC]</p> <p>3:00 Tea/Coffee Chat Humor Mugs</p> <p>4:00 Garden walk</p>
	<p>9:15 Walking Club [NP]</p> <p>10:00 Volleyball Fitness</p> <p>10:30 Re-Fresh w/ Mix Berries smoothie</p> <p>11:00 Todays news and social</p> <p>11:30 Palm Sunday</p> <p>1:30 National Peanut butter and Jelly Day</p> <p>2:00 Craft: Do you know how to braid a Palm leaf</p> <p>2:30 Thymeless Culinary: [MC]</p> <p>3:00 Dancing through the Decade</p> <p>3:30 Matinee Movie With Popcorn:</p> <p>4:00 Discuss & Recall</p>	<p>9:15 Walking Club [NP]</p> <p>10:00 Basket-ball-Toss</p> <p>10:30 Reboot w/ thymeless smoothie [MC-1DR]</p> <p>11:30 Daily Chronicles & Current Event</p> <p>1:30 Literature club Basketball Day</p> <p>2:00 Basketball Competition</p> <p>2:30 Thymeless Culinary: Find a Rainbow [MC]</p> <p>3:00 Find a Rainbow</p> <p>3:30 History of chocolate mousse, What's the difference?</p> <p>4:00 Garden walk</p> <p>4:15 Right to vote day</p>	<p>9:15 Walking Club [NP]</p> <p>10:00 Move & Groove</p> <p>10:30 Hydrate w/ Infused water [MC-1DR]</p> <p>11:00 Bookmarks/Short Stories</p> <p>1:30 Fly a flag Day</p> <p>2:00 Poetry: Maya Angelou inspired</p> <p>2:30 Thymeless Culinary: [MC]</p> <p>3:00 Craft painting the American Flag</p> <p>6:00 Featured Film</p>	<div>Passover Begins</div> <p>9:15 Walking Club [NP]</p> <p>9:45 *Communion Service</p> <p>10:00 Drum Fitness</p> <p>10:30 Refresh with Infused water [MC-1DR]</p> <p>11:00 Uplifting Quotes & Daily Chronicles</p> <p>1:30 National Straw Hat Day</p> <p>2:00 Atticus Finch Day Reading of to kill a marking bird.</p> <p>2:30 Thymeless Culinary: [MC]</p> <p>2:30 Virtual tour to Rome: In2l National Let's Walk Day</p> <p>3:00 Bye, bye birdy day</p> <p>3:30 Trivia</p> <p>4:15 10 things to know about Passover.</p> <p>4:30 Remembering Spring Gardening</p> <p>5:00 Passover/Seder Dinner</p>	<div>Where Pink & Green Today</div> <p>9:15 Walking Club [NP]</p> <p>10:00 Masters Tournament begins "Golfing."</p> <p>10:30 Reboot w/Pineapple Smoothie [MC-1DR]</p> <p>11:00 Daily Chronicles & Current Event</p> <p>11:30 Maundy: Reflection of the last supper</p> <p>1:30 All about Pink moon day</p> <p>2:00 Pink moon celebration</p> <p>2:30 Thymeless Culinary: [MC]</p> <p>3:00 Tartan Day : In2l Travel to Scootland</p>	<p>9:15 Walking Club [NP]</p> <p>10:00 Zumba Fitness</p> <p>10:30 Re-Fresh w/Spinach & Apple Smoothies</p> <p>11:00 Daily Chronicles & Current Event</p> <p>11:30 Easter Decoy Show In2l Travel Chincoteague Island</p> <p>1:30 Good Friday Tradition</p> <p>2:00 World Health Day/Send a Card Day</p> <p>2:30 Thymeless Culinary: [MC]</p> <p>3:15 Bingo</p> <p>4:00 Before Dinner Wrap Up</p> <p>4:15 Beaver Day</p>	<p>9:15 Walking Club [NP]</p> <p>10:00 Sit & Be Fit</p> <p>10:30 Re-Boot w/Mango Smoothie [MC-1DR]</p> <p>11:00 Daily Chronicles in the Thymeless garden</p> <p>1:30 A Stormy Weather Day & More</p> <p>2:30 Thymeless Culinary:Creating Easter Eggs [MC]</p> <p>3:00 Giggles & Guffaws " Charades"</p> <p>4:00 Garden walk</p>
	<div>Easter Sunday</div> <p>9:15 Walking Club [NP]</p> <p>10:00 Egg Toss</p> <p>10:30 Daily chronicles & current Event</p> <p>11:00 Todays news and social</p> <p>1:30 Easter Around The World</p> <p>2:30 Thymeless Culinary: [MC]</p> <p>3:30 Matinee Movie With Popcorn:</p> <p>4:00 Discuss & Recall</p> <p>4:30 High-Flying Fun</p> <p>5:00 Easter dinner</p>	<p>9:15 Walking Club [NP]</p> <p>10:00 Weights and movement</p> <p>10:30 Daily Chronicles & current event</p> <p>10:30 Reboot w/ thymeless smoothie [MC-1DR]</p> <p>1:30 Literature club: National Sibling Day</p> <p>2:30 Thymeless Culinary: [MC]</p> <p>4:30 Word Games: One Hundred Day</p>	<p>9:15 Walking Club [NP]</p> <p>10:00 Bean bag toss</p> <p>10:30 Hydrate w/ Infused water [MC-1DR]</p> <p>11:00 Bookmarks/Short Stories</p> <p>11:00 Civil Rights Anniversary Discussion & More In2l</p> <p>1:30 National Pet Day: celebrate our furry, feathery companion's</p> <p>2:00 Outing: Farmers Market</p> <p>2:30 Singin in the Rain 71st Anniversary</p> <p>2:30 Thymeless Culinary: Sippin in the Rain cocktails [MC]</p> <p>6:00 Featured Film</p>	<p>9:15 Walking Club [NP]</p> <p>9:45 *Communion Service</p> <p>10:00 Drum Fitness</p> <p>10:30 Refresh with Infused water [MC-1DR]</p> <p>11:00 Uplifting Quotes & Daily Chronicles</p> <p>1:30 Refresh & relax with music</p> <p>2:00 Empowered Women's Day</p> <p>2:30 Thymeless Culinary: [MC]</p> <p>3:30 Day of Pink "Pink Expressions"</p> <p>4:00 Before Dinner Wrap up</p> <p>4:30 Walk on the wild side IN2L</p>	<div>Passover Ends "Chag sameach"</div> <p>9:15 Walking Club [NP]</p> <p>10:00 Basket toss challenge</p> <p>10:30 Reboot w/Pineapple Smoothie [MC-1DR]</p> <p>11:00 Daily Chronicles & Current Event</p> <p>1:30 Refresh & relax with music</p> <p>2:30 Thymeless Culinary: [MC]</p> <p>4:00 Tend To The Garden: Plant Appreciation</p> <p>4:30 Tap, Tap, Tap Day: Bill Robinson</p>	<p>9:15 Walking Club [NP]</p> <p>10:00 Move & Groove</p> <p>10:30 Re-Fresh w/Spinach & Apple Smoothies</p> <p>11:00 Daily Chronicles & Current Event</p> <p>1:30 Refresh & relax with music</p> <p>2:30 Thymeless Culinary: [MC]</p> <p>3:15 Bingo</p> <p>4:00 Before Dinner Wrap Up</p>	<p>9:15 Walking Club [NP]</p> <p>10:00 Chair Dance</p> <p>10:30 Re-Boot w/Mango Smoothie [MC-1DR]</p> <p>11:00 Daily Chronicles in the Thymeless garden</p> <p>1:30 Refresh & relax with music</p> <p>2:30 Thymeless Culinary: [MC]</p> <p>4:00 Garden walk</p>
	<p>9:15 Walking Club [NP]</p> <p>10:30 Re-Fresh w/ Mix Berries smoothie</p> <p>11:00 Todays news and social</p> <p>1:30 Refresh & relax with music</p> <p>2:30 Thymeless Culinary: [MC]</p> <p>3:30 Matinee Movie With Popcorn:</p> <p>4:00 Discuss & Recall</p>	<p>9:15 Walking Club [NP]</p> <p>10:00 What's you flavor</p> <p>10:30 Reboot w/ thymeless smoothie [MC-1DR]</p> <p>1:30 Literature club</p> <p>1:30 Refresh & relax with music</p> <p>2:30 Thymeless Culinary: [MC]</p> <p>3:30 Charade's</p>	<p>9:15 Walking Club [NP]</p> <p>10:00 Fitness w/ Connie</p> <p>10:30 Hydrate w/ Infused water [MC-1DR]</p> <p>11:00 Bookmarks/Short Stories</p> <p>1:30 Refresh & relax with music</p> <p>2:00 Brain Teaser</p> <p>2:30 Thymeless Culinary: [MC]</p> <p>6:00 Featured Film</p>	<p>9:15 Walking Club [NP]</p> <p>9:45 *Communion Service</p> <p>10:00 Drum Fitness</p> <p>10:30 Refresh with Infused water [MC-1DR]</p> <p>11:00 Uplifting Quotes & Daily Chronicles</p> <p>1:30 Refresh & relax with music</p> <p>2:30 Thymeless Culinary: [MC]</p> <p>4:00 Before Dinner Wrap up</p>	<p>9:15 Walking Club [NP]</p> <p>10:00 Zumba Fitness</p> <p>10:30 Reboot w/Pineapple Smoothie [MC-1DR]</p> <p>11:00 Daily Chronicles & Current Event</p> <p>1:30 Refresh & relax with music</p> <p>2:00 In2l Travel</p> <p>2:30 Thymeless Culinary: [MC]</p>	<p>9:15 Walking Club [NP]</p> <p>10:00 Chair yoga</p> <p>10:30 Re-Fresh w/Spinach & Apple Smoothies</p> <p>11:00 Daily Chronicles & Current Event</p> <p>1:30 Refresh & relax with music</p> <p>2:30 Thymeless Culinary: [MC]</p> <p>3:15 Bingo</p> <p>4:00 Before Dinner Wrap Up</p>	<p>9:15 Walking Club [NP]</p> <p>10:00 Park n lot fitness</p> <p>10:30 Re-Boot w/Mango Smoothie [MC-1DR]</p> <p>11:00 Daily Chronicles in the Thymeless garden</p> <p>1:30 Refresh & relax with music</p> <p>2:00 Earth Day</p> <p>2:30 Thymeless Culinary: [MC]</p> <p>4:00 Garden walk</p>
	<p>9:15 Walking Club [NP]</p> <p>10:00 Be fit</p> <p>11:00 Todays news and social</p> <p>1:30 Refresh & relax with music</p> <p>2:30 Thymeless Culinary: [MC]</p> <p>3:30 Matinee Movie With Popcorn:</p> <p>4:00 Discuss & Recall</p>	<p>9:15 Walking Club [NP]</p> <p>10:00 Weights and movement</p> <p>10:30 Reboot w/ thymeless smoothie [MC-1DR]</p> <p>1:30 Literature club</p> <p>1:30 Refresh & relax with music</p> <p>2:30 Thymeless Culinary: [MC]</p>	<p>9:15 Walking Club [NP]</p> <p>10:00 Bean bag toss</p> <p>10:30 Hydrate w/ Infused water [MC-1DR]</p> <p>10:30 Re-Fresh w/ Mix Berries smoothie</p> <p>11:00 Bookmarks/Short Stories</p> <p>1:30 Refresh & relax with music</p> <p>2:30 Thymeless Culinary: [MC]</p> <p>6:00 Featured Film</p>	<p>9:15 Walking Club [NP]</p> <p>9:45 *Communion Service</p> <p>10:00 Drum fitness</p> <p>10:30 Refresh with Infused water [MC-1DR]</p> <p>11:00 Uplifting Quotes & Daily Chronicles</p> <p>1:30 Refresh & relax with music</p> <p>2:30 Thymeless Culinary: [MC]</p> <p>4:00 Before Dinner Wrap up</p>	<p>9:15 Walking Club [NP]</p> <p>10:00 Volleyball fitness</p> <p>10:30 Reboot w/ Pineapple Smoothie [MC-1DR]</p> <p>11:00 Daily Chronicles & Current Event</p> <p>1:30 Refresh & relax with music</p> <p>2:30 Thymeless Culinary: [MC]</p> <p>3:00 Birthday Celebration</p> <p>4:00 Tend To The Garden</p>	<p>9:15 Walking Club [NP]</p> <p>10:00 Outdoor Exercise</p> <p>10:30 Re-Fresh w/ Spinach & Apple Smoothies</p> <p>11:00 Daily Chronicles & Current Event</p> <p>1:30 Refresh & relax with music</p> <p>2:30 Thymeless Culinary: [MC]</p> <p>3:15 Bingo</p> <p>4:00 Before Dinner Wrap Up</p>	<p>9:15 Walking Club [NP]</p> <p>10:00 Chair Dance</p> <p>10:30 Re-Boot w/Mango Smoothie [MC-1DR]</p> <p>11:00 Daily Chronicles in the Thymeless garden</p> <p>1:30 Refresh & relax with music</p> <p>2:30 Thymeless Culinary: [MC]</p> <p>4:00 Garden walk</p>