




Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><p>MEMORY CARE Embrace BY SENIOR LIFESTYLE</p><p>WWW.SENIORLIFESTYLE.COM Activities are subject to change</p></div> <div><p>SUNFLOWER GARDENS <i>a Senior Lifestyle community</i></p></div> <div><p>● CONNECT ● CONTRIBUTE ● FEEL ● GROW ● MOVE ● REFLECT</p></div> <div><p>Location Keys</p><p>Girasol Gazebo Hollywood Room Library Main Dining Room Outdoor Walk Path</p></div> <div><p>GAZ HR L MDR OUT</p></div>		<p>Happy Father's Day</p> <p>Resident Birthdays</p> <p>Luetta G. 6/5 Jerry W. 6/8 Alma W. 6/23 Susan R. 6/28</p> <p><i>Alzheimer's & Brain Health Awareness</i></p> <p><i>Pride Month</i></p>	<p>9:15 ● Walk With Me [Move] [OUT] 1 9:20 ● Daily Chronicle [MDR] 10:00 ● Youtube: Yoga w/Sherry Zak Morris [Move] [MDR] 1:00 ● Walk Through the Gardens [Move] [OUT] 1:30 ● Art class with Nirali [VT] 3:00 ● IN2L: Word fun [MDR] 3:30 ● Thymeless [Feel] [GAZ] 6:00 ● Afternoon Movie [Reflect] [MDR]</p>	<p>9:15 ● Walk With Me [Move] [OUT] 2 9:20 ● Daily Chronicle [MDR] 9:30 ● Health & Exercise Class with Nicole [VT] [MDR] 1:00 ● Walk Through the Gardens [Move] [OUT] 1:30 ● IN2L: Tell me a joke [MDR] 2:30 ● Creative Hands with Lillian [Feel] 3:00 ● Ring Toss [MDR] 6:00 ● Natures Beauty [Reflect]</p>	<p>9:15 ● Walk With Me [Move] 3 9:20 ● Daily Chronicle 9:30 ● Music for the Heart with Beth [VT] 1:00 ● Walk Through the Gardens [Move] [OUT] 1:30 ● Bookmarks [Grow] 2:30 ● Creative Hands with Lillian [Feel] 3:00 ● Bingo! 3:30 ● Thymeless [Feel] [GAZ] 6:00 ● Afternoon Movie</p>	<p>9:15 ● Walk With Me [Move] 4 9:20 ● Daily Chronicle 10:00 ● Youtube: Yoga w/Sherry Zak Morris [Move] [MDR] 1:00 ● Walk Through the Gardens [Move] [OUT] 1:30 ● Gardening Club w/Trino [VT] 3:30 ● Bible Study [L] 6:00 ● Natures Beauty [Reflect]</p>	<p>9:15 ● Walk With Me [Move] 5 9:20 ● Daily Chronicle 10:00 ● Youtube: Yoga w/Sherry Zak Morris [Move] [MDR] 1:00 ● Walk Through the Gardens [Move] [OUT] 2:30 ● Game Show Hour [MDR] 3:00 ● Travel Chair w/Kathy 3:30 ● Thymeless [Feel] [GAZ] 6:00 ● Afternoon Movie</p>
		<p>9:15 ● Walk With Me [Move] 6 9:20 ● Daily Chronicle 10:00 ● Communion [VT] [MDR] 1:00 ● Walk Through the Gardens [Move] [OUT] 1:30 ● Color Therapy [Feel] 2:30 ● B I N G O ! 3:00 ● Writing on the Wall: Learning [MDR] 6:00 ● Natures Beauty [Reflect]</p>	<p>9:15 ● Walk With Me [Move] 7 9:20 ● Daily Chronicle [MDR] 10:00 ● Sing Along [MDR] 1:00 ● Walk Through the Gardens [Move] [OUT] 1:30 ● Chair Yoga w/ Kathy [VT] 3:00 ● Cranium Crunchers (grow) [MDR] 6:00 ● Natures Beauty [Reflect] [MDR]</p>	<p>9:15 ● Walk With Me [Move] [OUT] 8 9:20 ● Daily Chronicle [MDR] 10:00 ● Youtube: Yoga w/Sherry Zak Morris [Move] [MDR] 1:00 ● Walk Through the Gardens [Move] [OUT] 1:30 ● Art class with Nirali [VT] 3:00 ● IN2L: trivia on state [MDR] 3:30 ● Thymeless [Feel] [GAZ] 6:00 ● Afternoon Movie [Reflect] [MDR]</p>	<p>9:15 ● Walk With Me [Move] [OUT] 9 9:20 ● Daily Chronicle [MDR] 9:30 ● Health & Exercise Class with Nicole [VT] [MDR] 1:00 ● Walk Through the Gardens [Move] [OUT] 1:30 ● Rainbow popsicle stick flag (pride) [L] 2:30 ● Creative Hands with Lillian [Feel] 3:30 ● Bible Study Calvary Church [MDR] 6:00 ● Natures Beauty [Reflect]</p>	<p>9:15 ● Walk With Me [Move] 10 9:20 ● Daily Chronicle 9:30 ● Music for the Heart with Beth [VT] 1:00 ● Walk Through the Gardens [Move] [OUT] 1:30 ● Back to Cooking with Chef Ben 2:30 ● Creative Hands with Lillian [Feel] 3:00 ● Bingo! 3:30 ● Thymeless [Feel] [GAZ] 6:00 ● Afternoon Movie</p>	<p>9:15 ● Walk With Me [Move] 11 9:20 ● Daily Chronicle 10:00 ● Youtube: Yoga w/Sherry Zak Morris [Move] [MDR] 1:00 ● Walk Through the Gardens [Move] [OUT] 1:30 ● Gardening Club w/Trino [VT] 3:30 ● Bible Study [L] 6:00 ● Natures Beauty [Reflect]</p>
		<p>9:15 ● Walk With Me [Move] 13 9:20 ● Daily Chronicle 10:00 ● Communion [VT] [MDR] 1:00 ● Walk Through the Gardens [Move] [OUT] 1:30 ● Color Therapy Father's Day [Feel] 2:30 ● B I N G O ! 3:00 ● Writing on the Wall: Learning [MDR] 6:00 ● Natures Beauty [Reflect]</p>	<p>9:15 ● Walk With Me [Move] 14 9:20 ● Daily Chronicle [MDR] 10:00 ● Sing Along [MDR] 1:00 ● Walk Through the Gardens [Move] [OUT] 1:30 ● Chair Yoga w/ Kathy [VT] 3:00 ● Ring Toss [Move] [MDR] 6:00 ● Natures Beauty [Reflect] [MDR]</p>	<p>9:15 ● Walk With Me [Move] [OUT] 15 9:20 ● Daily Chronicle [MDR] 10:00 ● Youtube: Yoga w/Sherry Zak Morris [Move] [MDR] 1:00 ● Walk Through the Gardens [Move] [OUT] 1:30 ● Art class with Nirali [VT] [MDR] 3:00 ● IN2L: discussion starter [MDR] 3:30 ● Thymeless [Feel] [GAZ] 6:00 ● Afternoon Movie [Reflect] [MDR]</p>	<p>9:15 ● Walk With Me [Move] [OUT] 16 9:20 ● Daily Chronicle [MDR] 9:30 ● Health & Exercise Class with Nicole [VT] [MDR] 1:00 ● Walk Through the Gardens [Move] [OUT] 1:30 ● Game Show Hour [MDR] 2:30 ● Creative Hands with Lillian (bow ties for dad) [Feel] [HR] 3:00 ● Bowling [Move] [MDR] 6:00 ● Natures Beauty [Reflect]</p>	<p>9:15 ● Walk With Me [Move] 17 9:20 ● Daily Chronicle 9:30 ● Music for the Heart with Beth [VT] 1:00 ● Walk Through the Gardens [Move] [OUT] 1:30 ● Bookmarks [Grow] 2:30 ● Creative Hands with Lillian [Feel] 3:00 ● Bingo! 3:30 ● Thymeless [Feel] [GAZ] 6:00 ● Afternoon Movie</p>	<p>9:15 ● Walk With Me [Move] 18 9:20 ● Daily Chronicle 10:00 ● Youtube: Yoga w/Sherry Zak Morris [Move] [MDR] 1:00 ● Walk Through the Gardens [Move] [OUT] 1:30 ● Gardening Club w/Trino [VT] 3:30 ● Bible Study [L] 6:00 ● Natures Beauty [Reflect]</p>
		<p>Father's Day 20 9:15 ● Walk With Me [Move] 9:20 ● Daily Chronicle 10:00 ● Communion [VT] [MDR] 1:00 ● Walk Through the Gardens [Move] [OUT] 1:30 ● Color Therapy [Feel] 2:30 ● B I N G O ! 3:00 ● Fathers Day Trivia [MDR] 6:00 ● Natures Beauty [Reflect]</p>	<p>9:15 ● Walk With Me [Move] 21 9:20 ● Daily Chronicle [MDR] 10:00 ● Sing Along [MDR] 1:00 ● Walk Through the Gardens [Move] [OUT] 1:30 ● Chair Yoga w/ Kathy [VT] 3:00 ● Learning on Pride month (LGBTQ) [MDR] 6:00 ● Natures Beauty [Reflect] [MDR]</p>	<p>9:15 ● Walk With Me [Move] [OUT] 22 9:20 ● Daily Chronicle [MDR] 10:00 ● Youtube: Yoga w/Sherry Zak Morris [Move] [MDR] 1:00 ● Walk Through the Gardens [Move] [OUT] 1:30 ● Art class with Nirali [VT] [MDR] 3:00 ● IN2L: common sayings [MDR] 3:30 ● Thymeless [Feel] [GAZ] 6:00 ● Afternoon Movie [Reflect] [MDR]</p>	<p>9:15 ● Walk With Me [Move] [OUT] 23 9:20 ● Daily Chronicle [MDR] 9:30 ● Health & Exercise Class with Nicole [VT] [MDR] 1:00 ● Walk Through the Gardens [Move] [OUT] 1:30 ● Game Show Hour [MDR] 2:30 ● Creative Hands with Lillian (Alzheimer's puzzles) [HR] 3:30 ● Bible Study Calvary Church [L] 6:00 ● Natures Beauty [Reflect]</p>	<p>9:15 ● Walk With Me [Move] 24 9:20 ● Daily Chronicle 9:30 ● Music for the Heart with Beth [VT] 1:00 ● Walk Through the Gardens [Move] [OUT] 1:30 ● Back to Cooking with Chef Ben 2:00 ● Bingo! 2:30 ● Creative Hands with Lillian [Feel] 3:30 ● Live entertainment: Teri and Her Drums [GAZ] 6:00 ● Afternoon Movie</p>	<p>9:15 ● Walk With Me [Move] 25 9:20 ● Daily Chronicle 10:00 ● Youtube: Yoga w/Sherry Zak Morris [Move] [MDR] 1:00 ● Walk Through the Gardens [Move] [OUT] 1:30 ● Gardening Club w/Trino [VT] 3:30 ● Bible Study [L] 6:00 ● Natures Beauty [Reflect]</p>
		<p>9:15 ● Walk With Me [Move] 27 9:20 ● Daily Chronicle 10:00 ● Communion [VT] [MDR] 1:00 ● Walk Through the Gardens [Move] [OUT] 1:30 ● Color Therapy [Feel] 2:30 ● B I N G O ! 3:00 ● Writing on the Wall: Learning [MDR] 6:00 ● Natures Beauty [Reflect]</p>	<p>9:15 ● Walk With Me [Move] 28 9:20 ● Daily Chronicle [MDR] 10:00 ● Sing Along [MDR] 1:00 ● Walk Through the Gardens [Move] [OUT] 1:30 ● Chair Yoga w/ Kathy [VT] 3:00 ● Exploring Different Places [MDR] 6:00 ● Natures Beauty [Reflect] [MDR]</p>	<p>9:15 ● Walk With Me [Move] [OUT] 29 9:20 ● Daily Chronicle [MDR] 10:00 ● Youtube: Yoga w/Sherry Zak Morris [Move] [MDR] 1:00 ● Walk Through the Gardens [Move] [OUT] 1:30 ● Art class with Nirali [VT] 3:00 ● IN2L: Doesn't belong [MDR] 3:30 ● Thymeless [Feel] [GAZ] 6:00 ● Afternoon Movie [Reflect] [MDR]</p>	<p>9:15 ● Walk With Me [Move] [OUT] 30 9:20 ● Daily Chronicle [MDR] 9:30 ● Health & Exercise Class with Nicole [VT] [MDR] 1:00 ● Walk Through the Gardens [Move] [OUT] 1:30 ● Scenic Drive around OC [MDR] 2:30 ● Creative Hands with Lillian [Feel] 3:00 ● Ring Toss [MDR] 6:00 ● Natures Beauty [Reflect]</p>		<p>"The things we truly love stay with us always, locked in our hearts as long as life remains." — Josephine Baker</p>