

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

Location Keys

- ML-Main Lobby
- AR-Activity Room
- ER-East Room
- WR-West Room
- DR-Dining Room

BIRTHDAY'S

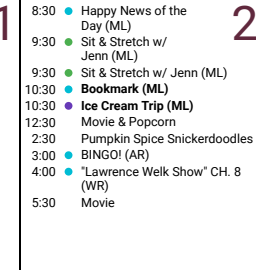
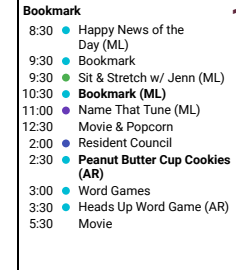
Art H-30



WWW.SeniorLifeStyle.com

THE WOODMARK
 SPA MEMORY CARE

17207 N. Boswell Blvd.
 Sun City, AZ.



9:00 ● Christian Television Program (ML) 3
9:30 ● Bible Stories (ML)
9:30 ● Sit & Stretch w/ Jenn (ML)
10:00 ● Stretch Band Balance (ML)
10:30 ● Bookmark (ML)
11:00 ● Balloon Toss w/ Music
12:30 ● Movie & Popcorn
2:30 ● Thymeless Peanut butter Cookies (ML)
3:00 ● One on Ones
5:30 ● Movie

8:30 ● Happy News of the Day (ML) 4
9:30 ● Hand Massages (ML)
9:30 ● Sit & Stretch w/ Jenn (ML)
10:30 ● Bookmark (ML)
12:30 ● Movie & Popcorn
2:30 ● Thymeless Chocolate Chip Cookies (ML)
3:00 ● Word Games (ML)
5:30 ● Movie

Beautician In Shop Essence- Aromatherapy (ER) 5
8:30 ● Happy News of the Day (ML)
9:00 ● Manicures & Music (ML)
9:30 ● Sit & Stretch w/ Jenn (ML)
9:30 ● Sun City Readers (ML)
10:30 ● Bookmark (ML)
11:00 ● Scentational (AR)
12:30 ● Movie & Popcorn
2:30 ● Thymeless Banana Bread (AR)
3:00 ● Bingo (AR)
5:30 ● Movie

8:30 ● Happy News of the Day (ML) 6
9:30 ● Sit & Stretch w/ Jenn (ML)
10:00 ● Tai Chi (ML)
10:30 ● What's in the Sack? (ML)
10:30 ● Bookmark (ML)
10:30 ● Chicken Soup For the Soul Stories (ML)
11:00 ● Move w/ Balloon Toss
12:30 ● Movie & Popcorn
2:30 ● Nutter Butter Cookies (AR)
3:00 ● Word Games (AR)
3:30 ● Heads Up Word Game (AR)
5:30 ● Movie

National Hug a Bear Day Thymeless 7
8:30 ● Happy News of the Day (ML)
9:30 ● Sit & Stretch w/ Jenn (ML)
10:30 ● Bookmark (ML)
10:30 ● Scentational Smell this (ML)
11:00 ● Bible Stories (ML)
12:30 ● Movie & Popcorn
1:00 ● Thymeless Gardening (ML)
2:30 ● Thymeless Butterscotch Pudding (AR)
3:00 ● BINGO (AR)
5:30 ● Movie

Bookmark 8
8:30 ● Happy News of the Day (ML)
9:30 ● Bookmark
9:30 ● Sit & Stretch w/ Jenn (ML)
10:30 ● Bookmark (ML)
11:00 ● Name That Tune (ML)
12:30 ● Movie & Popcorn
2:30 ● Thymeless Berry Smoothies (AR)
3:00 ● Word Games
3:30 ● Heads Up Word Game (AR)
5:30 ● Movie

8:30 ● Happy News of the Day (ML) 9
9:30 ● Sit & Stretch w/ Jenn (ML)
9:30 ● Sit & Stretch w/ Jenn (ML)
10:30 ● Bookmark (ML)
10:30 ● Ice Cream Trip (ML)
12:30 ● Movie & Popcorn
2:30 ● Pumpkin Spice Snickerdoodles
3:00 ● BINGO! (AR)
4:00 ● "Lawrence Welk Show" CH. 8 (WR)
5:30 ● Movie

9:00 ● Christian Television Program (ML) 10
9:30 ● Bible Stories (ML)
9:30 ● Sit & Stretch w/ Jenn (ML)
10:00 ● Stretch Band Balance (ML)
10:30 ● Bookmark (ML)
11:00 ● Balloon Toss w/ Music
12:30 ● Movie & Popcorn
2:30 ● July Birthday party w/ Music by Chris Hansen
2:30 ● Thymeless Peanut butter Cookies (ML)
3:00 ● One on Ones
5:30 ● Movie

Veteran's Day 11
8:30 ● Happy News of the Day (ML)
9:30 ● Hand Massages (ML)
9:30 ● Sit & Stretch w/ Jenn (ML)
10:30 ● Bookmark (ML)
12:30 ● Movie & Popcorn
2:30 ● Thymeless Chocolate Chip Cookies (ML)
3:00 ● Word Games (ML)
5:30 ● Movie

Beautician In Shop Essence- Aromatherapy (ER) 12
8:30 ● Happy News of the Day (ML)
9:00 ● Manicures & Music (ML)
9:30 ● Sit & Stretch w/ Jenn (ML)
9:30 ● Sun City Readers (ML)
10:30 ● Bookmark (ML)
11:00 ● Scentational (AR)
12:30 ● Movie & Popcorn
2:30 ● Birthday Party Caye Plays Piano (AR)
2:30 ● Thymeless Banana Bread (AR)
3:00 ● Bingo (AR)
5:30 ● Movie

World Kindness Day 13
8:30 ● Happy News of the Day (ML)
9:30 ● Sit & Stretch w/ Jenn (ML)
10:00 ● Tai Chi (ML)
10:30 ● What's in the Sack? (ML)
10:30 ● Bookmark (ML)
10:30 ● Chicken Soup For the Soul Stories (ML)
11:00 ● Move w/ Balloon Toss
12:30 ● Movie & Popcorn
2:30 ● Harvest Trail Mix (AR)
3:00 ● Word Games (AR)
3:30 ● Heads Up Word Game (AR)
5:30 ● Movie

National Pickle Day Thymeless 14
8:30 ● Happy News of the Day (ML)
9:30 ● Sit & Stretch w/ Jenn (ML)
10:30 ● Bookmark (ML)
10:30 ● Scentational Taste This (ML)
11:00 ● Bible Stories (ML)
12:30 ● Movie & Popcorn
1:00 ● Thymeless Gardening (ML)
2:30 ● Thymeless Butterscotch Pudding (AR)
3:00 ● BINGO (AR)
5:30 ● Movie

Bookmark 15
8:30 ● Happy News of the Day (ML)
9:30 ● Bookmark
9:30 ● Sit & Stretch w/ Jenn (ML)
10:30 ● Bookmark (ML)
11:00 ● Name That Tune (ML)
12:30 ● Movie & Popcorn
2:30 ● Thymeless Berry Smoothies (AR)
3:00 ● Word Games
3:30 ● Heads Up Word Game (AR)
5:30 ● Movie

8:30 ● Happy News of the Day (ML) 16
9:30 ● Sit & Stretch w/ Jenn (ML)
9:30 ● Sit & Stretch w/ Jenn (ML)
10:30 ● Bookmark (ML)
10:30 ● Ice Cream Trip (ML)
12:30 ● Movie & Popcorn
2:30 ● Pumpkin Spice Snickerdoodles
3:00 ● BINGO! (AR)
4:00 ● "Lawrence Welk Show" CH. 8 (WR)
5:30 ● Movie

9:00 ● Christian Television Program (ML) 17
9:30 ● Bible Stories (ML)
9:30 ● Sit & Stretch w/ Jenn (ML)
10:00 ● Stretch Band Balance (ML)
10:30 ● Bookmark (ML)
11:00 ● Balloon Toss w/ Music
12:30 ● Movie & Popcorn
2:30 ● Thymeless Peanut butter Cookies (ML)
3:00 ● One on Ones
5:30 ● Movie

8:30 ● Happy News of the Day (ML) 18
9:30 ● Hand Massages (ML)
9:30 ● Sit & Stretch w/ Jenn (ML)
10:30 ● Bookmark (ML)
12:30 ● Movie & Popcorn
2:30 ● Thymeless Chocolate Chip Cookies (ML)
3:00 ● Word Games (ML)
5:30 ● Movie

Beautician In Shop Essence- Aromatherapy (ER) 19
8:30 ● Happy News of the Day (ML)
9:00 ● Manicures & Music (ML)
9:30 ● Sit & Stretch w/ Jenn (ML)
9:30 ● Sun City Readers (ML)
10:30 ● Bookmark (ML)
11:00 ● Scentational (AR)
12:30 ● Movie & Popcorn
2:30 ● Thymeless Banana Bread (AR)
3:00 ● Bingo (AR)
5:30 ● Movie

8:30 ● Happy News of the Day (ML) 20
9:30 ● Sit & Stretch w/ Jenn (ML)
10:00 ● Tai Chi (ML)
10:30 ● What's in the Sack? (ML)
10:30 ● Bookmark (ML)
10:30 ● Chicken Soup For the Soul Stories (ML)
11:00 ● Move w/ Balloon Toss
12:30 ● Movie & Popcorn
2:30 ● Cherry Crumble Cake (AR)
3:00 ● Word Games (AR)
3:30 ● Heads Up Word Game (AR)
5:30 ● Movie

Thymeless 21
8:30 ● Happy News of the Day (ML)
9:30 ● Sit & Stretch w/ Jenn (ML)
10:30 ● Bookmark (ML)
10:30 ● Scentational Smell this (ML)
11:00 ● Bible Stories (ML)
12:30 ● Movie & Popcorn
1:00 ● Thymeless Gardening (ML)
2:30 ● Thymeless Butterscotch Pudding (AR)
3:00 ● BINGO (AR)
5:30 ● Movie

Bookmark 22
8:30 ● Happy News of the Day (ML)
9:30 ● Bookmark
9:30 ● Sit & Stretch w/ Jenn (ML)
10:30 ● Bookmark (ML)
11:00 ● Name That Tune (ML)
12:30 ● Movie & Popcorn
2:30 ● Apple Cider and Caramel Cookies (AR)
3:00 ● Word Games
3:30 ● Heads Up Word Game (AR)
5:30 ● Movie

8:30 ● Happy News of the Day (ML) 23
9:30 ● Sit & Stretch w/ Jenn (ML)
9:30 ● Sit & Stretch w/ Jenn (ML)
10:30 ● Bookmark (ML)
10:30 ● Ice Cream Trip (ML)
12:30 ● Movie & Popcorn
2:30 ● Pumpkin Spice Snickerdoodles
3:00 ● BINGO! (AR)
4:00 ● "Lawrence Welk Show" CH. 8 (WR)
5:30 ● Movie

9:00 ● Christian Television Program (ML) 24
9:30 ● Bible Stories (ML)
9:30 ● Sit & Stretch w/ Jenn (ML)
10:00 ● Stretch Band Balance (ML)
10:30 ● Bookmark (ML)
11:00 ● Balloon Toss w/ Music
12:30 ● Movie & Popcorn
2:30 ● Thymeless Peanut butter Cookies (ML)
3:00 ● One on Ones
5:30 ● Movie

8:30 ● Happy News of the Day (ML) 25
9:30 ● Hand Massages (ML)
9:30 ● Sit & Stretch w/ Jenn (ML)
10:30 ● Bookmark (ML)
12:30 ● Movie & Popcorn
2:30 ● Thymeless Chocolate Chip Cookies (ML)
3:00 ● Word Games (ML)
5:30 ● Movie

Beautician In Shop Essence- Aromatherapy (ER) 26
8:30 ● Happy News of the Day (ML)
9:00 ● Manicures & Music (ML)
9:30 ● Sit & Stretch w/ Jenn (ML)
9:30 ● Sun City Readers (ML)
10:30 ● Bookmark (ML)
11:00 ● Scentational (AR)
12:30 ● Movie & Popcorn
2:30 ● Thymeless Banana Bread (AR)
3:00 ● Bingo (AR)
5:30 ● Movie

8:30 ● Happy News of the Day (ML) 27
9:30 ● Sit & Stretch w/ Jenn (ML)
10:00 ● Tai Chi (ML)
10:30 ● What's in the Sack? (ML)
10:30 ● Bookmark (ML)
10:30 ● Chicken Soup For the Soul Stories (ML)
11:00 ● Move w/ Balloon Toss
12:30 ● Movie & Popcorn
2:30 ● Carrot Cake (AR)
3:00 ● Word Games (AR)
3:30 ● Heads Up Word Game (AR)
5:30 ● Movie

Happy Thanksgiving! Thymeless 28
8:30 ● Happy News of the Day (ML)
9:30 ● Sit & Stretch w/ Jenn (ML)
10:30 ● Bookmark (ML)
10:30 ● Scentational Smell this (ML)
11:00 ● Bible Stories (ML)
12:30 ● Movie & Popcorn
1:00 ● Thymeless Gardening (ML)
2:30 ● Thymeless Butterscotch Pudding (AR)
3:00 ● BINGO (AR)
5:30 ● Movie

Bookmark 29
8:30 ● Happy News of the Day (ML)
9:30 ● Bookmark
9:30 ● Sit & Stretch w/ Jenn (ML)
10:00 ● Crossword (ML)
10:30 ● Bookmark (ML)
11:00 ● Name That Tune (ML)
12:30 ● Movie & Popcorn
2:30 ● Chocolate Pudding Pie(AR)
3:00 ● Word Games
3:30 ● Heads Up Word Game (AR)
5:30 ● Movie

8:30 ● Happy News of the Day (ML) 30
9:30 ● Sit & Stretch w/ Jenn (ML)
9:30 ● Sit & Stretch w/ Jenn (ML)
10:30 ● Bookmark (ML)
10:30 ● Ice Cream Trip (ML)
12:30 ● Movie & Popcorn
2:30 ● Pumpkin Spice Snickerdoodles
3:00 ● BINGO! (AR)
4:00 ● "Lawrence Welk Show" CH. 8 (WR)
5:30 ● Movie