






























































































































































Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><p>MEMORY CARE Embrace BY SENIOR LIFESTYLE</p><p>WWW.SENIORLIFESTYLE.COM Activities are subject to change</p></div> <div><p>SENIOR LIFESTYLE</p><p>your <i>life</i>, your <i>style</i></p></div> <div><p> *BOOKMARKS</p><p> CONNECT</p><p> CONTRIBUTE</p><p> FEEL</p><p> GROW</p><p> MOVE</p><p> REFLECT</p></div> <div><p>Location Keys</p><p>Community Room Creative Studio Mom's Kitchen Serenity Room</p><p>CR CS1 MK SR</p></div>		9:00  Thymeless: Herb Garden Care 1 10:00  Morning Stretches [CR] 10:15 Classic TV 1:30 Scenic Drive 3:30 You Can Puzzle Too PM  One-on-One Visits	Election Day 9:00 Music with Friends 9:00  Thymeless: Herb Garden Care 2 AM  Daily Chronicle and iN2L Trivia AM Finish The Lyrics 11:00  Therapy ball [CS1] 1:30 Autumntime Bingo 2:00 Essence: Aromatherapy [SR] 3:00  Reading Round Table: Mickey Rooney 3:30 Famous Folks PM  One-on-One Visits	9:00 Music with Friends 3 9:00  Thymeless: Herb Garden Care 9:30 Prayers with Charles 9:45  Bible Study-IN2L AM  Gospel Hymns Sing-Along 11:00  Discovering America (iN2L) AM Stretch and Weights PM  Baby Mugs 2:00 Scenic Drive: Cahokia Mounds PM  Puzzle Time PM  One-on-One Visits	9:00  Thymeless: Herb Garden Care 4 AM  Daily Chronicle and Trivia 10:30 Music with Bryan PM  Thymeless Cooking Club [MK] PM  Guess My Riddle [CR] 3:30 Creative Coloring PM  One-on-One Visits	9:00  Thymeless: Herb Garden Care 5 AM Thymeless: Herb Garden Care Learning All About Animals 9:30  Rosary AM  Sing-Along [CR] 10:30 Tai Chi AM  Arm Chair Travel(GC) [CR] PM  Afternoon Matinee [CR] PM  Men's Club [CR] PM Popcorn Time 3:00 Cards PM  One-on-One Visits	9:00  Thymeless: Herb Garden Care 6 AM Thymeless: Herb Garden Care AM  Salt Box TV [CR] 11:00  Balloon Ball 1:30 Classic TV 3:00 Penny Ante PM  One-on-One Visits
	Daylight Saving Time Begins 7 9:00  Thymeless: Herb Garden Care 9:15  Streaming Church Service 9:30 Prayers with Charles AM  Spiritual Hymns/ Devotional (iN2L) PM Making Sundae's on Sunday 3:00 My 2 Cents PM  One-on-One Visits	9:00  Thymeless: Herb Garden Care 8 10:00  Morning Stretches [CR] 10:15 State Parks 1:30 Classic TV 1:30 Scenic Drive PM  One-on-One Visits	9:00 Music with Friends 9:00  Thymeless: Herb Garden Care 9 AM  Daily Chronicle and iN2L Trivia AM Finish The Lyrics 10:30 Jewish Chaplain Visit All About Cats 11:00  Therapy ball [CS1] 1:30 Autumntime Bingo 2:00 Essence: Aromatherapy [SR] 3:00 Craft Time: Making Dream Catchers PM  One-on-One Visits	9:00 Music with Friends 10 9:00  Thymeless: Herb Garden Care 9:30 Prayers with Charles 9:45  Bible Study-IN2L AM  Gospel Hymns Sing-Along 11:00  Discovering America (iN2L) AM Stretch and Weights PM  Baby Mugs 2:00 Scenic Drive PM  Puzzle Time PM  One-on-One Visits	Veterans Day 11 9:00  Thymeless: Herb Garden Care AM  Famous Battleships- What Am I? 10:00 Learning About the Local Indigenous People of St. Louis Half n' Half Exercise [CS1] 1:30 History of the US Department of Veterans Affairs PM  Thymeless Cooking Club [MK] 2:30 Honoring Our Veterans PM  Guess My Riddle [CR] PM  One-on-One Visits	9:00  Thymeless: Herb Garden Care 12 AM Thymeless: Herb Garden Care Learning All About Animals 9:30  Rosary AM  Sing-Along [CR] AM  Arm Chair Travel(GC) [CR] 11:00  Stretch and Weights [CS1] PM  Afternoon Matinee [CR] PM  Men's Club [CR] PM Popcorn Time 3:00 Cards PM  One-on-One Visits	9:00  Thymeless: Herb Garden Care 13 AM Thymeless: Herb Garden Care AM  Salt Box TV [CR] 11:00  Balloon Ball 1:30 Classic TV 3:00 The Game of Whoopi PM  One-on-One Visits
	9:00  Thymeless: Herb Garden Care 14 9:15  Streaming Church Service AM  Spiritual Hymns/ Devotional (iN2L) 2:00 Finishing Lines PM Making Sundae's on Sunday PM  One-on-One Visits	9:00  Thymeless: Herb Garden Care 15 Thymeless: Herb Garden Care 10:00  Morning Stretches [CR] 10:15 State Parks 1:30 Scenic Drive PM  One-on-One Visits	9:00 Music with Friends 9:00  Thymeless: Herb Garden Care 16 AM  Daily Chronicle and iN2L Trivia AM Finish The Lyrics 10:30 Jewish Chaplain Visit 11:00  Therapy ball [CS1] 1:30 Autumntime Bingo 2:00 Essence: Aromatherapy [SR] 3:00 Craft Time: Making Orange Hearts and Red Hand Prints PM  One-on-One Visits	9:00 Music with Friends 17 9:00  Thymeless: Herb Garden Care 9:30 Prayers with Charles 9:45  Bible Study-IN2L AM  Gospel Hymns Sing-Along 10:00 Native American Drumming 11:00  Discovering America (iN2L) AM Stretch and Weights PM  Baby Mugs 2:00 Chef on Display and Food Committee Meeting PM  Puzzle Time PM  One-on-One Visits	9:00  Thymeless: Herb Garden Care 18 AM  Daily Chronicle and Trivia 10:30 Music with Bryan 11:00  Half n' Half Exercise [CS1] 2:00 Scenic Drive PM  Guess My Riddle [CR] PM  One-on-One Visits	9:00  Thymeless: Herb Garden Care 19 AM Thymeless: Herb Garden Care Learning All About Animals 9:30  Rosary AM  Sing-Along [CR] 10:30 Tai Chi AM  Arm Chair Travel(GC) [CR] 11:00  Stretch and Weights [CS1] PM  Afternoon Matinee [CR] PM  Men's Club [CR] PM  One-on-One Visits	9:00  Thymeless: Herb Garden Care 20 Thymeless: Herb Garden Care AM  Salt Box TV [CR] 11:00  Balloon Ball PM  Making Smoothies [CR] PM  One-on-One Visits
	9:00  Thymeless: Herb Garden Care 21 9:15  Streaming Church Service AM  Spiritual Hymns/ Devotional (iN2L) PM Making Sundae's on Sunday PM  One-on-One Visits	9:00  Thymeless: Herb Garden Care 22 Thymeless: Herb Garden Care 10:00  Morning Stretches [CR] 10:15 State Parks 1:30 Scenic Drive PM  One-on-One Visits	9:00 Music with Friends 23 9:00  Thymeless: Herb Garden Care AM Enjoy Native American Flute Music and their Visions [CR] AM  Daily Chronicle and iN2L Trivia AM Finish The Lyrics 11:00  Therapy ball [CS1] 1:30 Autumntime Bingo 2:00 Essence: Aromatherapy [SR] PM  One-on-One Visits	9:00 Music with Friends 24 9:00  Thymeless: Herb Garden Care 9:30 Prayers with Charles 9:45  Bible Study-IN2L AM  Gospel Hymns Sing-Along 10:30 The Truth About the Real First Thanksgiving AM Stretch and Weights PM  Baby Mugs 2:00 Scenic Drive PM  Puzzle Time PM  One-on-One Visits	Thanksgiving 25 9:00  Thymeless: Herb Garden Care AM  Daily Chronicle and Trivia 11:00  Half n' Half Exercise [CS1] PM  Thymeless Cooking Club [MK] PM  Guess My Riddle [CR] PM  One-on-One Visits	9:00  Thymeless: Herb Garden Care 26 AM Thymeless: Herb Garden Care Learning All About Animals 9:30  Rosary AM  Sing-Along [CR] AM  Arm Chair Travel(GC) [CR] 11:00  Stretch and Weights [CS1] PM  Afternoon Matinee [CR] PM  Men's Club [CR] PM  One-on-One Visits	9:00  Thymeless: Herb Garden Care 27 Thymeless: Herb Garden Care AM  Salt Box TV [CR] 11:00  Balloon Ball PM  Making Smoothies [CR] PM  One-on-One Visits
	9:00  Thymeless: Herb Garden Care 28 9:15  Streaming Church Service AM  Spiritual Hymns/ Devotional (iN2L) PM Making Sundae's on Sunday PM  One-on-One Visits	9:00  Thymeless: Herb Garden Care 29 Thymeless: Herb Garden Care 10:00  Morning Stretches [CR] 10:15 State Parks 1:30 Scenic Drive PM  One-on-One Visits	9:00 Music with Friends 30 9:00  Thymeless: Herb Garden Care AM  Daily Chronicle and iN2L Trivia AM Finish The Lyrics 11:00  Therapy ball [CS1] 1:30 Autumntime Bingo 2:00 Essence: Aromatherapy [SR] PM  One-on-One Visits	Resident Birthdays Deb E. 11/1 Jeanine "Jan" B. 11/2 Louis D. 11/17	