calendar & activities

## The Sheridan at Creve Coeur- Winter Wonderland

**JAN 2020** SUNDAY **TUESDAY** MONDAY WEDNESDAY THURSDAY FRIDAY SATURDAY 9:00 • Sing A Long with Friends [CS1] 9:00 • Music with Friends **New Year's Day** 9:00 • Sing A Long with Friends 9:00 • Sing A Long with CONNECT 9:15 • "The Sheridan AM • The Daily Chronicle Friends [CS1] [CS1] Singers" choir and Coffee [CS1] AM • The Daily Chronicle and AM • The Daily Chronicle and CONTRIBUTE practice [CR] AM • Movement & Music in the Coffee [CS1] Coffee [CS1] AM • The Daily Chronicle and Coffee Morning [CS1] 10:00 • Chair Exercises [CS1] 10:30 • Morning Mass and [CS1] AM • Let's Travel To: Resident's Pick 0:30 • Creative Minds: Craft [CS1] 10:30 • Fitness Band Stretching Class Devotional [SR2] (IN2L) [CS1] Creative Minds: Craft cont. AM • Comedy Club [CS1] GROW 11:00 • Dice and Numbers Game 1:30 • Game Club: Bingo [CS1] PM • Crafty Corner [CS1] 3:00 • Cooking Club [MK] THYMELESS Snack and 2:00 • Jewish Service with Rabbi Rose PM • Chit Chat Club [CR] MOVE 4:00 • THYMELESS Snack and 4:00 • THYMELESS Snack and Social Social Hour [CR] 4:00 • THYMELESS Snack and Social Social Hour [CR] Hour [CR] Hour [CR] 6:30 Evening Movie REFLECT 6:30 • Friday Night Movie 6:30 • Resident's Pick [CR] PM • Residents' Choice [CR] 9:00 • Music with Friends 9:00 • Sing A Long with 9:00 • Music with Friends Friends [CS1] Friends [CS1] Friends [CS1] Friends [CS1] The Daily Chronicle and AM • The Daily Chronicle AM • The Daily Chronicle The Daily Chronicle AM Morning Stretches The Daily 9:15 • "The Sheridan AM and Coffee [CS1] and Coffee [CS1] and Coffee [CS1] Chronicle and Singers" choir 10:00 • "Snowball Fight" theme Morning The Daily Chronicle and Coffee 10:00 Movement & Music in the 10:00 • Chair Exercises [CS1] AM • Movement & Music in the Coffee [CS1] practice [CR] Exercise 10:30 • Creative Minds: Craft [CS1] Morning [CS1] Morning [CR] The Daily Chronicle and 0:30 Morning Mass and Devotional 11:00 • Brain Fitness Games [CS1] AM • Spiritual Hymns [CR] AM • Let's Travel To: Resident's Pick 11:00 • "Our Best Winter Memories" 1:30 • Creative Minds: Craft cont. [CS1] AM Rick Steve's Travel: Resident's Pick [SR2] Coffee [CS1] AM • Sunday Devotional (IN2L) [CS1] reminiscence program 2:00 • Hot Chocolate Bar Social and (IN2L) [CS1] (IN2L) [CS1] 11:00 • Lunch outing to Ginghams 10:30 Fitness Band Stretching AM • Comedy Club [CS1] PM • Room Visits with Tiffany 1:30 • Dry Erase Board Games Live Piano Music by Rekha PM • Game Club: Bingo [CS1] 3:00 • Cooking Club [MK] Class [CS1] PM Ring Toss PM • Manicures [CR] PM A Ringo Dravina [CR] PM • BOOKMARKS- Reading Club [CS1] 4:00 • THYMELESS Snack and 1:30 • Game Club: Bingo [CS1] 4:00 • THYMELESS Snack and Social 4:00 • THYMELESS Snack and Social 2:30 • Junk Drawer Detectives THYMELESS Snack and Social 3:00 • Games and Trivia 4:00 • THYMELESS Snack and Social Hour [CR] Hour [CR] Hour [CR] 4:00 • THYMELESS Snack and Social Hour [CR] 4:00 • THYMELESS Snack and Social Hour PM • Things That Make Us Smile [CS1] Current Events- The Good News 6:30 6:30 • Resident's Pick [CR] Social Hour [CR] Hour [CR] **Evening Movie** PM • Residents' Choice [CR] of the World 6:30 6:30 Movie Night 6:30 • Friday Night Movie Resident Choice Evening Movie 6:30 • Sunday Night Movie 9:00 • Music with Friends 9:00 • Music with Friends 9:00 • Sing A Long with 9:00 • Sing A Long with 9:00 • Sing A Long with 9:00 • Sing A Long 9:00 • Sing A Long with 8 Friends [CS1] [CS1] Friends [CS1] Friends [CS1] Friends [CS1] with Friends The Daily Chronicle and Morning Stretches AM • The Daily Chronicle AM • The Daily The Daily 9:15 • "The Sheridan [CS1] Coffee [CS1] and Coffee [CS1] Singers" choir Chronicle and Chronicle and AM • The Daily Chronicle and 9:30 • Vitality Ballet [CR] AM • The Daily Chronicle and Coffee AM Movement & Music in the **Resident Birthdays** Coffee [CS1] Coffee [CS1] practice [CR] 1:00 • Brain Fitness Games [CS1] Coffee [CS1] [CS1] Morning [CS1] 10:00 • Movement & Music in the 10:00 • Chair Exercises [CS1] AM • The Daily Chronicle and AM Rick Steve's Travel: Resident's Pick Spiritual Hymns [CR] 10:30 • Morning Mass and AM • Let's Travel To: Resident's Pick Bea C. Morning [CR] 10:30 • Creative Minds: Craft [CS1] Coffee [CS1] (IN2L) [CS1] AM • Sunday Devotional (IN2L) [CS1] (IN2L) [CS1] Devotional [SR2] PM • Game Club: Bingo [CS1] 10:30 • Fitness Band Stretching 1:30 • Dry Erase Board Games 1:30 • Creative Minds: Craft cont. PM • Room Visits with Tiffany AM • Comedy Club [CS1] Michael M. 11:00 • Dice and Numbers Game 1:30 • Scenic Drive Bingo Class [CS1] PM • Manicures [CR] [CS1] PM • Brain Fitness Games PM • Crafty Corner- Foam Ball PM • BOOKMARKS- Reading Club [CS1] 3:00 • Cooking Club [MK] 2:30 • Junk Drawer Detectives Musical Entertainment with 1:30 • Game Club: Bingo [CS1] Snowman Ornaments [CS1] Joe E. 4:00 • THYMELESS Snack and Social 3:00 • Games and Trivia 4:00 • THYMELESS Snack and 4:00 • THYMELESS Snack and Mary Rayborn [CR2] 4:00 • THYMELESS Snack and PM • Chit Chat Club [CR] Hour [CR] 4:00 • THYMELESS Snack and Social Hour 4:00 • THYMELESS Snack and Social Current Events- The Good News THYMELESS Snack and Social Hour [CR] Social Hour [CR] Social Hour [CR] Hour [CR] of the World 6:30 • Resident's Pick [CR] Social Hour [CR] 6:30 • Friday Night Movie 6:30 Resident Choice Evening Movie Movie Niaht PM • Residents' Choice [CR] 6:30 • Sunday Night Movie 6:30 Evening Movie 9:00 • Music with Friends [CS1] Martin Luther King, Jr. Day 9:00 • Sing A Long with 9:00 • Sing A Long with 9:00 • Sing A Long 9:00 • Sing A Long with 9:00 • Music with Friends AM • Morning Stretches [CS1] 9:00 • Sing A Long with Friends Friends [CS1] Friends [CS1] Friends [CS1] with Friends AM • The Daily Chronicle and AM • The Daily Chronicle AM • The Daily Chronicle AM • The Daily 9:15 • "The Sheridan [CS1] AM • The Daily Chronicle and Coffee [CS1] and Coffee [CS1] and Coffee [CS1] Chronicle and Singers" choir Coffee [CS1] AM • The Daily Chronicle and AM • Spiritual Hymns [CR] 10:00 • "Snowball Fight" theme Morning Exercise 10:00 Movement & Music in the AM • Movement & Music in the Coffee [CS1] practice [CR] AM • Sunday Devotional (IN2L) [CS1] Coffee [CS1] Morning [CR] 1:00 • Brain Fitness Games [CS1] Morning [CS1] PM Room Visits with Tiffany 10:00 • Chair Exercises [CS1] The Daily Chronicle and 11:15 • Resident Council Meeting [CR] 11:00 • Hot Potato 10:30 • Morning Mass and AM • Let's Travel To: Resident's Pick PM • Bingo Coffee (CS1) 10:30 • Creative Minds: Craft [CS1] AM Rick Steve's Travel: Resident's Pick (IN2L) 1:00 • Winter Wonderland Outing to (IN2L) [CS1] Devotional [SR2] PM • Baking Club with Tiffany [CS1] [CS1] 10:30 Fitness Band Stretching Creative Minds: Craft cont. 1:30 AM • Comedy Club [CS1] Cabelas 4:00 • THYMELESS Snack and Social Hour PM • Game Club: Bingo [CS1] 11:00 • Dice and Numbers Game Class [CS1] PM • Manicures [CR] [CS1] PM Ring Toss PM • BOOKMARKS- Reading Club [CS1] 3:00 • Cooking Club [MK] 3:00 Musical Entertainment by 1:30 • Game Club: Bingo [CS1] PM • Current Events- The Good News of the 4:00 • THYMELESS Snack and Social 2:30 Junk Drawer Detectives 4:00 • THYMELESS Snack and 4:00 • THYMELESS Snack and Social Hour [CR] 3:30 • Arctic Life Program **Bridgette** 4:00 • THYMELESS Snack and Hour [CR] 6:30 • Sunday Night Movie 6:30 Resident Choice Evening Movie 4:00 • THYMELESS Snack and Social Social Hour [CR] PM • Things That Make Us Smile [CS1] THYMELESS Snack and Social Hour [CR] 4:00 PM • Residents' Choice [CR] Hour [CR] 6:30 • Resident's Pick [CR] 6:30 • Friday Night Movie Social Hour [CR] 6:30 Movie Night 6:30 **Evening Movie** 9:00 • Music with Friends 9:00 • Sing A Long with Friends [CS1] Friends [CS1] Friends [CS1] Friends [CS1] Friends [CS1] LOCATIONS AM • The Daily Chronicle 9:15 • "The Sheridan Morning Stretches The Daily Chronicle The Daily The Daily and Coffee [CS1] and Coffee [CS1] Singers" choi Chronicle and Chronicle and practice [CR] The Daily Chronicle and Coffee 9:30 • Vitality Ballet [CR] 10:00 • Movement & Music in the COURT YARD - CY 1st Coffee [CS1] Coffee [CS1] AM • The Daily Chronicle and Coffee [CS1] 1:00 • Brain Fitness Games [CS1] Morning [CR] 10:00 • Chair Exercises [CS1] 10:30 • Morning Mass and Devotional AM • Spiritual Hymns [CR] Rick Steve's Travel: Resident's 11:00 • Ring Toss [CR] **COMMUNITY ROOM - CR** 10:30 • Creative Minds: Craft [CS1] [SR2] AM • Sunday Devotional (IN2L) [CS1] Fitness Band Stretching Class 12:00 • "Winter Warm-Up" Lunch Party 0:30 Pick (IN2L) [CS1] Floor 11:00 • Dice and Numbers Game 1:30 • Creative Minds: Craft cont. PM • Room Visits with Tiffany [CR2] SERENITY ROOM - SR Game Club: Bingo [CS1] [CS1] 11:00 • Lunch at Pasta House AM • Glove and Scarf collection drive-1:30 • Dry Erase Board Games PM • BOOKMARKS- Reading Club PM • Brain Fitness Games drop of items collected [CS2] Musical Entertainment by 3:00 • Cooking Club [MK] **CREATIVE STUDIO - CS** 4:00 • THYMELESS Snack and Social [CS1] PM Manicures [CR] 1:30 • Game Club: Bingo [CS1] Games and Trivia 3.00 2:30 • Junk Drawer Detectives Don Stevenson 4:00 • THYMELESS Snack and Hour [CR] 4:00 • THYMELESS Snack and Social PRIVATE DINING - PD Current Events- The Good News 4:00 • THYMELESS Snack and Social 4:00 • THYMELESS Snack and Social THYMELESS Snack and Social Hour [CR] Hour [CR] of the World Hour [CR] Hour [CR] Social Hour [CR] 6:30 • Resident's Pick [CR] MOTHER'S KITCHEN - MK 6:30 • Friday Night Movie 6:30 Sunday Night Movie Resident Choice Evening Movie 6:30 Movie Night Evening Movie