

calendar & activities
JAN 2020

The Sheridan at Creve Coeur- Winter Wonderland

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT



New Year's Day 9:00 Sing A Long with Friends [CS1] AM The Daily Chronicle and Coffee [CS1] 10:00 Chair Exercises [CS1] 10:30 Creative Minds: Craft [CS1] 1:30 Creative Minds: Craft cont. [CS1] 4:00 THYMELESS Snack and Social Hour [CR] 6:30 Evening Movie	Sing A Long with Friends [CS1] AM The Daily Chronicle and Coffee [CS1] 10:30 Morning Mass and Devotional [SR2] 11:00 Dice and Numbers Game 3:00 Cooking Club [MK] 4:00 THYMELESS Snack and Social Hour [CR] 6:30 Resident's Pick [CR]	Sing A Long with Friends [CS1] 9:15 "The Sheridan Singers" choir practice [CR] AM The Daily Chronicle and Coffee [CS1] 10:30 Fitness Band Stretching Class [CS1] 1:30 Game Club: Bingo [CS1] 2:00 Jewish Service with Rabbi Rose 4:00 THYMELESS Snack and Social Hour [CR] 6:30 Friday Night Movie	9:00 Music with Friends [CS1] AM The Daily Chronicle and Coffee [CS1] AM Let's Travel To: Resident's Pick (IN2L) [CS1] AM Comedy Club [CS1] PM Crafty Corner [CS1] PM Chit Chat Club [CR] 4:00 THYMELESS Snack and Social Hour [CR] PM Residents' Choice [CR]
9:00 Sing A Long with Friends [CS1] AM The Daily Chronicle and Coffee [CS1] 10:00 Movement & Music in the Morning [CR] 11:00 "Our Best Winter Memories" reminiscence program 1:30 Dry Erase Board Games PM Manicures [CR] 2:30 Junk Drawer Detectives 4:00 THYMELESS Snack and Social Hour [CR] 6:30 Movie Night	Sing A Long with Friends [CS1] 9:00 The Daily Chronicle and Coffee [CS1] 10:00 Chair Exercises [CS1] 10:30 Creative Minds: Craft [CS1] 1:30 Creative Minds: Craft cont. [CS1] 2:00 Hot Chocolate Bar Social and Live Piano Music by Rekha Dravina [CR] 4:00 THYMELESS Snack and Social Hour [CR] 6:30 Evening Movie	Sing A Long with Friends [CS1] 9:15 "The Sheridan Singers" choir practice [CR] AM The Daily Chronicle and Coffee [CS1] 10:30 Fitness Band Stretching Class [CS1] 1:30 Game Club: Bingo [CS1] 4:00 THYMELESS Snack and Social Hour [CR] 6:30 Friday Night Movie	9:00 Music with Friends [CS1] AM The Daily Chronicle and Coffee [CS1] AM Movement & Music in the Morning [CS1] AM Let's Travel To: Resident's Pick (IN2L) [CS1] AM Comedy Club [CS1] PM Ring Toss 4:00 THYMELESS Snack and Social Hour [CR] PM Things That Make Us Smile [CS1] PM Residents' Choice [CR]
9:00 Sing A Long with Friends [CS1] AM The Daily Chronicle and Coffee [CS1] 10:00 Movement & Music in the Morning [CR] 1:30 Dry Erase Board Games PM Manicures [CR] 2:30 Junk Drawer Detectives 4:00 THYMELESS Snack and Social Hour [CR] 6:30 Movie Night	Sing A Long with Friends [CS1] 9:00 The Daily Chronicle and Coffee [CS1] 10:00 Chair Exercises [CS1] 10:30 Creative Minds: Craft [CS1] 1:30 Creative Minds: Craft cont. [CS1] 3:00 Musical Entertainment with Mary Rayborn [CR2] 4:00 THYMELESS Snack and Social Hour [CR] 6:30 Evening Movie	Sing A Long with Friends [CS1] 9:15 "The Sheridan Singers" choir practice [CR] AM The Daily Chronicle and Coffee [CS1] 10:30 Fitness Band Stretching Class [CS1] 1:30 Game Club: Bingo [CS1] 4:00 THYMELESS Snack and Social Hour [CR] 6:30 Friday Night Movie	9:00 Music with Friends [CS1] AM The Daily Chronicle and Coffee [CS1] AM Movement & Music in the Morning [CS1] AM Let's Travel To: Resident's Pick (IN2L) [CS1] AM Comedy Club [CS1] PM Crafty Corner- Foam Ball Snowman Ornaments [CS1] PM Chit Chat Club [CR] 4:00 THYMELESS Snack and Social Hour [CR] PM Residents' Choice [CR]
9:00 Sing A Long with Friends [CS1] AM The Daily Chronicle and Coffee [CS1] 10:00 Movement & Music in the Morning [CR] 1:00 Winter Wonderland Outing to Cabelas PM Manicures [CR] 2:30 Junk Drawer Detectives 3:30 Arctic Life Program 4:00 THYMELESS Snack and Social Hour [CR] 6:30 Movie Night	Sing A Long with Friends [CS1] 9:00 The Daily Chronicle and Coffee [CS1] 10:30 Chair Exercises [CS1] 10:30 Creative Minds: Craft [CS1] 1:30 Creative Minds: Craft cont. [CS1] 3:00 Musical Entertainment by Bridgette 4:00 THYMELESS Snack and Social Hour [CR] 6:30 Evening Movie	Sing A Long with Friends [CS1] 9:15 "The Sheridan Singers" choir practice [CR] AM The Daily Chronicle and Coffee [CS1] 10:30 Fitness Band Stretching Class [CS1] 1:30 Game Club: Bingo [CS1] 4:00 THYMELESS Snack and Social Hour [CR] 6:30 Friday Night Movie	9:00 Music with Friends [CS1] AM The Daily Chronicle and Coffee [CS1] AM Movement & Music in the Morning [CS1] AM Let's Travel To: Resident's Pick (IN2L) [CS1] AM Comedy Club [CS1] PM Ring Toss 4:00 THYMELESS Snack and Social Hour [CR] PM Things That Make Us Smile [CS1] PM Residents' Choice [CR]
9:00 Sing A Long with Friends [CS1] AM The Daily Chronicle and Coffee [CS1] 10:00 Movement & Music in the Morning [CR] 11:00 Ring Toss [CR] 12:00 "Winter Warm-Up" Lunch Party [CR2] 1:30 Dry Erase Board Games PM Manicures [CR] 2:30 Junk Drawer Detectives 4:00 THYMELESS Snack and Social Hour [CR] 6:30 Movie Night	Sing A Long with Friends [CS1] 9:00 The Daily Chronicle and Coffee [CS1] 10:30 Chair Exercises [CS1] 10:30 Creative Minds: Craft [CS1] 1:30 Creative Minds: Craft cont. [CS1] 3:00 Musical Entertainment by Don Stevenson 4:00 THYMELESS Snack and Social Hour [CR] 6:30 Evening Movie	Sing A Long with Friends [CS1] 9:15 "The Sheridan Singers" choir practice [CR] AM The Daily Chronicle and Coffee [CS1] 10:30 Fitness Band Stretching Class [CS1] 1:30 Game Club: Bingo [CS1] 4:00 THYMELESS Snack and Social Hour [CR] 6:30 Friday Night Movie	

Resident Birthdays
Bea C. 1/5
Michael M. 1/10
Joe E. 1/21

LOCATIONS
COURT YARD - CY
COMMUNITY ROOM - CR
SERENITY ROOM - SR
CREATIVE STUDIO - CS
PRIVATE DINING - PD
MOTHER'S KITCHEN - MK

1st Floor