

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT



Resident Birthdays

Gary G. 3/6
Marion P. 3/7
Walter H. 3/19
Lee B. 3/31

LOCATIONS

- COURT YARD - CY
- COMMUNITY ROOM - CR
- SERENITY ROOM - SR
- CREATIVE STUDIO - CS
- PRIVATE DINING - PD
- MOTHER'S KITCHEN - MK

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Activities are subject to change

**We LOVE March because
Spring is ALMOST here!!!**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>AM ● Stay in Shape [CS2] 4</p> <p>AM Hydration Station</p> <p>AM ● Musical Memories [CS1]</p> <p>AM ● Snack and Chat [MK2]</p> <p>AM ● Walking Club</p> <p>PM ● Finish the Line [CR]</p> <p>PM ● Kindness Devotional</p> <p>PM ● Get Crafty [CS1]</p> <p>PM ● Movie and Popcorn [CR2]</p> <p>PM ● Songs Down Memory Lane [CR]</p>	<p>AM ● Fitness Fun [CS1] 5</p> <p>AM ● On this Day [CS2]</p> <p>10:00 ● Finish the Phrase [CS1]</p> <p>AM ● Morning Devotions [SR]</p> <p>AM ● Snack and Chat [MK2]</p> <p>PM ● Walking Club</p> <p>PM ● Laughter is the Best Medicine [CR]</p> <p>PM ● The Price is Right [CR]</p> <p>2:00 ● Essence</p> <p>PM ● Discussion Group: Tennis in honor or World Tennis Day [MK]</p> <p>PM ● Sing A Long [CR]</p> <p>PM ● Walk and Talk</p>	<p>AM ● Spring Break Dance Party [CR2] 6</p> <p>AM Hydration Station [CS1]</p> <p>10:00 ● Enrich Outing to the Library [SR]</p> <p>10:30 ● Communion with Deacon Fred [SR]</p> <p>AM ● Snack & Chat [MK2]</p> <p>AM ● Women's History Month: Women Who Changed the World [CR2]</p> <p>PM ● Essence [SR]</p> <p>1:45 ● Bingo [CS1]</p> <p>PM ● Cooking Club [MK]</p> <p>PM ● On this Day [CS2]</p> <p>PM ● Sing with Susie [CR2]</p>	<p>AM ● Exercise Class [CS1] 7</p> <p>AM Hydration Station [CS1]</p> <p>AM ● Finish the Phrase [CS2]</p> <p>10:30 ● Snack and Social Hour - Brain Bar [MK]</p> <p>11:00 ● Walking Club</p> <p>PM Family Feud [CR]</p> <p>2:00 ● Cards & Games [CS1]</p> <p>2:00 ● Essence</p> <p>PM ● Old Time Favorites Sing A Long [MK2]</p> <p>PM ● Movie & Popcorn [CR2]</p>	<p>AM Hydration Station [CS1] 1</p> <p>9:35 ● Travel Time: Connecticut [CR2]</p> <p>10:00 ● Yoga [CS1]</p> <p>10:30 ● Snack and Social Hour - Brain Bar [MK]</p> <p>11:00 ● Walking Club</p> <p>11:00 ● World News on the Patio</p> <p>PM ● Essence [SR]</p> <p>PM ● Reminiscent Corner [CS1]</p> <p>PM ● Finish the Lyric [CS1]</p> <p>PM ● Inspiration [CR]</p> <p>PM ● What Did it Cost? [CR]</p> <p>PM ● Resident's Choice [CR]</p>	<p>AM ● Aerobics [CS2] 2</p> <p>AM Hydration Station [CS2]</p> <p>AM ● Remembering Dr. Seuss [CS1]</p> <p>10:00 ● Finish the Phrase [CS1]</p> <p>AM ● Snack and Chat [MK2]</p> <p>AM ● Sing A Long [CS1]</p> <p>PM ● Creative Corner</p> <p>2:00 ● Essence</p> <p>PM ● Conversation Ball [CS2]</p> <p>PM ● Walking Club</p>	<p>AM ● Fitness Fun [CS2] 3</p> <p>AM Hydration Station</p> <p>AM ● Current Events [CS1]</p> <p>AM ● Inspirational Quotes [SR]</p> <p>AM ● Snack and Chat [MK]</p> <p>PM ● Name that Tune [CR2]</p> <p>PM ● Discussion Group [CR]</p> <p>PM ● Resident's Choice [CR2]</p> <p>PM ● Sounds of Nature [CR2]</p> <p>PM ● Finish the Lyric [CR]</p> <p>PM ● Walk and Talk</p>
<p>Daylight Saving Time Begins</p> <p>AM ● Stay in Shape [CS2] 11</p> <p>AM Hydration Station</p> <p>AM ● Musical Memories [CS1]</p> <p>AM ● Musical Memories [CS1]</p> <p>AM ● Snack and Chat [MK2]</p> <p>AM ● Snack and Chat [MK2]</p> <p>AM ● Walking Club</p> <p>PM ● Finish the Line [CR]</p> <p>PM ● Puzzle Time! [CR]</p> <p>PM ● Kindness Devotional</p> <p>PM ● Kindness Devotional</p> <p>PM ● Get Crafty [CS1]</p> <p>PM ● Movie and Popcorn [CR2]</p> <p>PM ● Relaxation</p> <p>PM ● Songs Down Memory Lane [CR]</p> <p>PM ● Songs Down Memory Lane [CR]</p>	<p>AM ● Fitness Fun [CS1] 12</p> <p>AM ● On this Day [CS2]</p> <p>AM ● Morning Devotions [SR]</p> <p>AM ● Snack and Chat [MK2]</p> <p>PM ● Walking Club</p> <p>PM ● Laughter is the Best Medicine [CR]</p> <p>PM ● The Price is Right [CR]</p> <p>2:00 ● Essence</p> <p>3:00 ● Discussion Group: Girl Scouts in Honor of the Anniversary of the Founding of the Girl Scouts [MK]</p> <p>PM ● Sing A Long [CR]</p> <p>PM ● Walk and Talk</p>	<p>AM ● Chair Dancing [CS2] 13</p> <p>AM Hydration Station [CS1]</p> <p>10:30 ● Communion with Deacon Fred [SR]</p> <p>PM ● Essence [SR]</p> <p>PM ● Karaoke [CR2]</p>	<p>AM Hydration Station [CS1] 14</p> <p>10:30 ● Vitality Ballet [CS2]</p> <p>11:00 ● Walking Club</p> <p>PM ● The Price is Right [CR]</p> <p>2:00 ● Essence</p> <p>PM ● Entertainment with Boyd Kasten! [CR2]</p>	<p>AM ● Sit & Be Fit [CS2] 15</p> <p>AM ● Travel Time: Maine [CR]</p> <p>AM ● Snack & Chat [MK2]</p> <p>AM ● Morning Garden Walk</p> <p>PM ● Essence [SR]</p> <p>PM ● Musical Memories [CR]</p> <p>1:30 ● Outing- Ice Cream at Dairy Queen</p> <p>PM ● Old Favorite: The Beverly Hillbillies [CR]</p>	<p>AM Hydration Station [CS2] 16</p> <p>AM ● On this Day [CS2]</p> <p>AM ● Sing A Long [CS1]</p> <p>PM ● Creative Corner: Sand Art</p> <p>2:00 ● Essence</p> <p>3:00 ● Ice Cream Social [MK2]</p>	<p>St. Patrick's Day 17</p> <p>AM Hydration Station</p> <p>AM ● St. Patrick's Day Jokes [CS1]</p> <p>AM ● Inspirational Quotes [SR]</p> <p>AM ● Snack & Chat</p> <p>PM ● Discussion Group [CR]</p> <p>PM ● St. Patrick's Day Social [CR2]</p> <p>PM ● Sounds of Nature [CR2]</p> <p>PM ● Finish the Lyric [CR]</p> <p>PM ● Walk and Talk</p>
<p>AM ● Stay in Shape [CS2] 18</p> <p>AM Hydration Station</p> <p>AM ● Musical Memories [CS1]</p> <p>AM ● Snack and Chat [MK2]</p> <p>AM ● Walking Club</p> <p>PM ● Finish the Line [CR]</p> <p>PM ● Kindness Devotional</p> <p>PM ● Movie and Popcorn [CR2]</p> <p>PM ● Songs Down Memory Lane [CR]</p>	<p>AM ● Fitness Fun [CS1] 19</p> <p>AM ● On this Day [CS2]</p> <p>AM ● Morning Devotions [SR]</p> <p>AM ● Snack and Chat [MK2]</p> <p>PM ● Walking Club</p> <p>PM ● Laughter is the Best Medicine [CR]</p> <p>PM ● The Price is Right [CR]</p> <p>2:00 ● Essence</p> <p>PM ● Words of Hope [MK]</p> <p>PM ● Sing A Long [CR]</p> <p>PM ● Walk and Talk</p>	<p>First Day of Spring 20</p> <p>AM ● Chair Dancing [CS2]</p> <p>AM Hydration Station [CS1]</p> <p>AM ● Nat'l Parks: Arizona/Utah [CS1]</p> <p>AM ● Finish the Line [CS1]</p> <p>10:30 ● Communion with Deacon Fred [SR]</p> <p>10:30 ● Snack and Social Hour - Brain Bar [MK]</p> <p>11:00 ● Walking Club</p> <p>AM ● Current Events [CS1]</p> <p>PM ● Essence [SR]</p> <p>PM ● Relaxation by the Sea [CS1]</p> <p>PM ● Cooking Club [MK]</p> <p>PM ● On this Day [CS2]</p> <p>PM ● Sing with Susie [CR2]</p>	<p>AM Hydration Station [CS1] 21</p> <p>11:00 ● Walking Club</p> <p>2:00 ● Essence</p> <p>2:30 ● Entertainment with Anita Marie [MK2]</p> <p>PM ● Sounds of the Ocean Meditation [CS2]</p>	<p>9:15 ● Morning Stretch & Cardio Class [CS1] 22</p> <p>AM Hydration Station [CS1]</p> <p>AM ● Travel Time: New York [CR]</p> <p>10:00 ● World News & Coffee [CS1]</p> <p>PM ● Reminiscent Corner [CS1]</p>	<p>AM Hydration Station [CS2] 23</p> <p>AM ● On this Day [CS2]</p> <p>AM ● Sing A Long [CS1]</p> <p>PM ● Creative Corner</p> <p>PM ● Nat'l Puppy Day Slideshow [CR2]</p>	<p>AM Hydration Station 24</p> <p>AM ● Snack & Chat</p> <p>PM ● Discussion Group [CR]</p> <p>PM ● Resident's Choice [CR2]</p> <p>PM ● Sounds of Nature [CR2]</p> <p>PM ● Walk and Talk</p>
<p>Palm Sunday 25</p> <p>AM ● Relaxing sounds of Nature [CS2]</p> <p>AM ● Musical Memories [CS1]</p> <p>10:00 ● Palm Sunday Devotional [CR]</p> <p>AM ● Snack and Chat [MK2]</p> <p>AM ● Walking Club</p> <p>PM ● Finish the Line [CR]</p> <p>PM ● Kindness Devotional</p> <p>PM ● Movie and Popcorn [CR2]</p> <p>PM ● Songs Down Memory Lane [CR]</p>	<p>AM ● Fitness Fun [CS1] 26</p> <p>AM ● On this Day [CS2]</p> <p>AM ● Morning Devotions [SR]</p> <p>AM ● Snack and Chat [MK2]</p> <p>PM ● Walking Club</p> <p>PM ● Laughter is the Best Medicine [CR]</p> <p>PM ● The Price is Right [CR]</p> <p>2:00 ● Essence</p> <p>PM ● Words of Hope [MK]</p> <p>PM ● Sing A Long [CR]</p> <p>PM ● Walk and Talk</p>	<p>AM ● Chair Dancing [CS2] 27</p> <p>AM Hydration Station [CS1]</p> <p>AM ● Favorite Vacation Spots</p> <p>10:30 ● Communion with Deacon Fred [SR]</p> <p>AM ● Snack and Chat [MK2]</p> <p>AM ● Walking Club</p> <p>AM ● Current Events [CS1]</p> <p>PM ● Essence [SR]</p> <p>3:00 Passover with Neal Rose Dancing to the Oldies</p> <p>PM ● Karaoke [CR2]</p>	<p>AM Hydration Station [CS1] 28</p> <p>10:30 ● Vitality Ballet [CS2]</p> <p>11:00 ● Walking Club</p> <p>1:30 ● Freestyle Painting [CR]</p> <p>2:00 ● Essence</p> <p>3:00 ● Entertainment: Show Down Memory Lane with Sue Kennedy [CR]</p> <p>PM ● Walking Club [CR]</p> <p>4:15 ● Reminiscing: How Going to the Movies Has Changed & Favorite Movies [CR]</p>	<p>MLB Opening Day 29</p> <p>10:00 ● Baseball Trivia [CS1]</p> <p>PM ● Essence [SR]</p> <p>1:00 ● MLB Opening Day Game: Cards vs Mets with Popcorn & Soda [CR2]</p> <p>PM ● On this Day [CS2]</p>	<p>Passover Begins at Sunset 30</p> <p>AM ● Aerobics [CS2]</p> <p>AM Hydration Station [CS2]</p> <p>AM ● On this Day [CS2]</p> <p>AM ● Snack and Chat [MK2]</p> <p>AM ● Choir Club: Old Favorites [CS1]</p> <p>PM ● Creative Corner</p> <p>PM ● Thymeless [MK]</p> <p>3:00 ● Reminiscing: Favorite Vacations & Relaxation Slide Show [CS1]</p> <p>PM ● Walking Club</p> <p>PM ● Karaoke [CR]</p>	<p>AM Hydration Station 31</p> <p>AM ● Inspirational Quotes [SR]</p> <p>AM ● Snack & Chat</p> <p>PM ● Discussion Group [CR]</p> <p>PM ● Resident's Choice [CR2]</p> <p>PM ● Sounds of Nature [CR2]</p> <p>PM ● Finish the Lyric [CR]</p> <p>PM ● Walk and Talk</p>