

| Sunday   | Monday  | Tuesday   | Wednesday   | Thursday  | Friday   | Saturday  |
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| <p><b>Intellectual</b></p> <p><b>Outreach</b></p> <p><b>Physical</b></p> <p><b>Sensory</b></p> <p><b>Social</b></p> <p><b>Spiritual</b></p>  | <p>Walking With You<br/>Virtual Monthly Support<br/>Group</p> <p>Thursday, Sept. 9th<br/>4:00 pm<br/>via Zoom</p>   | <p>“There is nothing in the world so irresistibly contagious as laughter and good humor.”</p> <p>— Charles Dickens, A Christmas Carol</p>   | <p>10:00 🧘 Ageless Grace Physical Fitness Program</p> <p>10:30 🦋 Daily Devotional</p> <p>11:00 📖 Daily Chronicle</p> <p>11:15 🧘 Walking Club with Shell</p> <p>1:30 🍷 Spice Club/Cucumber, Lemon and Mint</p> <p>2:00 🎨 Art Throbs Club/Painting Bird Houses</p> <p>3:00 💅 Monday Manicures</p> <p>4:00 🧘 Hand Exercises</p>  | <p>2</p> <p>10:00 🧘 Ageless Grace Physical Fitness Program</p> <p>10:30 🦋 Daily Devotional</p> <p>11:00 📖 Daily Chronicle</p> <p>11:15 📖 Diving Into the Decades:1980's</p> <p>1:00 🧘 Corn Hole</p> <p>1:30 🍷 Green Thumb Club</p> <p>2:30 📺 One Day Video</p> <p>4:30 🧘 Chair Yoga</p>   | <p>3</p> <p>10:00 🧘 Ageless Grace Physical Fitness Program</p> <p>10:30 🦋 Daily Devotional</p> <p>11:00 📖 Daily Chronicle</p> <p>11:15 🎤 Karaoke</p> <p>1:15 📖 Categories</p> <p>2:00 🎮 Bingo</p> <p>3:00 🎉 Happy Hour</p> <p>4:30 🦋 Evening Devotional/Prayer Time</p>                  | <p>4</p> <p>10:00 🧘 Ageless Grace Physical Fitness Program</p> <p>10:30 🦋 Daily Devotional</p> <p>11:00 📖 Daily Chronicle</p> <p>11:15 🎮 Card Games</p> <p>1:00 🧘 Self-Care Saturday</p> <p>2:00 🍷 Movie and Popcorn-/Residents Choice</p> <p>3:30 🧘 Afternoon Stroll</p> <p>4:30 🎮 Patio Social/ Light Therapy</p> |
| <p>5</p> <p>10:00 🧘 Ageless Grace Physical Fitness Program</p> <p>10:30 🦋 Devotional Reading</p> <p>11:00 🦋 Televised Worship Service- Joel Osteen</p> <p>12:30 📖 Mid-Day Matinee (Resident's Selection)</p> <p>3:00 🧘 Afternoon Stroll</p> <p>4:00 🧘 Ball Toss</p> <p>4:30 📖 Tea Time</p> <p>5:00 🧘 Hand &amp; Shoulder Massages</p>                                      | <p>6</p> <p>10:00 🧘 Ageless Grace Physical Fitness Program</p> <p>10:30 🦋 Daily Devotional</p> <p>11:00 📖 Daily Chronicle</p> <p>1:30 📖 Manicure Monday's</p> <p>2:30 🧘 Art Therapy- Coloring Mandalas</p> <p>3:30 🎮 Bingo</p> <p>4:30 📖 Patio Talk</p> <p>5:00 🧘 Ball Toss</p>         | <p>7</p> <p>10:00 🧘 Ageless Grace Physical Fitness Class</p> <p>10:30 🦋 Daily Devotional</p> <p>11:00 📖 Daily Chronicle</p> <p>11:15 📖 Brain Games/ Trivia</p> <p>1:30 🎮 Jumbo Uno Cards Games With Friends</p> <p>3:30 🧘 Balloon Volleyball</p> <p>4:00 🧘 Walking Club</p> <p>5:00 🧘 Meditation</p>  | <p>8</p> <p>10:00 🧘 Ageless Grace Physical Fitness Program</p> <p>10:30 🦋 Daily Devotional</p> <p>11:00 📖 Daily Chronicle</p> <p>1:15 📖 Spice Club/Lavendar and Rosemary Tea</p> <p>2:00 🎨 Art Throbs Club/Painting on Canvases</p> <p>3:00 🧘 Bowling</p> <p>3:30 📖 Word Search</p> <p>4:30 🧘 Chair Yoga</p>                  | <p>9</p> <p>10:00 🧘 Ageless Grace Physical Fitness Program</p> <p>10:30 🦋 Daily Devotional</p> <p>11:00 📖 Daily Chronicle</p> <p>11:15 📖 Diving Into the Decades:1980's/ Prince</p> <p>1:00 🧘 Corn Hole</p> <p>1:30 📖 Green Thumb Club</p> <p>2:00 📺 One Day Video/Bio of Prince</p> <p>3:30 🧘 Sensory Boxes</p> <p>4:00 🧘 Ball Toss</p>                    | <p>10</p> <p>10:00 🧘 Ageless Grace Physical Fitness Program</p> <p>10:30 🦋 Daily Devotional</p> <p>11:00 📖 Daily Chronicle</p> <p>11:15 🧘 Karaoke- With Chris</p> <p>1:15 📖 Categories/Naming Different Fruits</p> <p>2:00 🎮 Bingo</p> <p>3:00 🎉 Happy Hour</p> <p>4:00 🧘 Chair Yoga</p> | <p>11</p> <p>9:30 🧘 Ageless Grace Physical Fitness Program</p> <p>10:00 🧘 Corn Hole Game</p> <p>10:30 🦋 Daily Devotional</p> <p>11:00 📖 Daily Chronicle</p> <p>11:15 📖 Crossword Puzzles</p> <p>1:00 🧘 Self-Care Saturday</p> <p>2:00 📺 Movie and Popcorn-/Residents Choice</p> <p>3:30 🧘 Afternoon Stroll</p>      |
| <p>12</p> <p>10:00 🧘 Ageless Grace Physical Fitness Program</p> <p>10:30 🦋 Devotional Reading</p> <p>11:00 🦋 Televised Worship Service- Joel Osteen</p> <p>12:30 📖 Mid-Day Matinee (Resident's Selection)</p> <p>3:00 🧘 Afternoon Stroll</p> <p>4:00 📖 Tea Time</p> <p>4:30 📖 Discussion Group/What was Popular in the 80's</p> <p>5:00 🧘 Hand &amp; Shoulder Massages</p> | <p>13</p> <p>10:00 🧘 Ageless Grace Physical Fitness Program</p> <p>10:30 🦋 Daily Devotional</p> <p>11:00 📖 Daily Chronicle</p> <p>1:30 🧘 Manicure Monday's</p> <p>2:30 📖 Stress Reducing Coloring</p> <p>3:30 🧘 Noodle Ball</p> <p>4:00 📖 Green Thumb Club</p> <p>4:30 🧘 Chair Yoga</p> | <p>14</p> <p>10:00 🧘 Ageless Grace Physical Fitness Program</p> <p>10:30 🧘 Sensory Bus Ride</p> <p>11:00 📖 Daily Chronicle</p> <p>11:15 📖 Brain Games/ Trivia</p> <p>1:30 🎮 Matching Cards</p> <p>3:30 🧘 Balloon Volleyball</p> <p>4:00 🧘 Walking Club</p> <p>5:00 📖 Devotional Reading</p>           | <p>15</p> <p>10:00 🧘 Ageless Grace Physical Fitness Program</p> <p>10:30 🦋 Daily Devotional</p> <p>11:00 📖 Daily Chronicle</p> <p>11:15 🎮 1980's Luncheon Party</p> <p>1:30 📖 Spice Club</p> <p>3:00 🧘 Monday Manicures</p> <p>3:30 🧘 Noodle Ball</p> <p>4:00 🧘 Paddle Ball</p>   | <p>16</p> <p>10:00 🧘 Ageless Grace Physical Fitness Program</p> <p>10:30 🦋 Daily Devotional</p> <p>11:00 📖 Daily Chronicle</p> <p>11:15 📖 Diving Into the Decades:1980's/ Cindy Lauper</p> <p>1:00 🧘 Corn Hole</p> <p>2:00 🧘 One Day Video/Bio on Cindy Lauper</p> <p>3:00 🧘 Sensory Boxes</p> <p>4:30 🧘 Hand Massages</p>                                  | <p>17</p> <p>10:00 🧘 Ageless Grace Physical Fitness Program</p> <p>10:30 🧘 Bus Ride/Grecia</p> <p>11:00 📖 Daily Chronicle</p> <p>11:15 🦋 Daily Devotional</p> <p>1:15 📖 Categories</p> <p>2:00 🎮 Bowling</p> <p>3:00 🎉 Happy Hour</p> <p>4:00 🧘 Hand Massages</p>                        | <p>18</p> <p>10:00 🧘 Ageless Grace Physical Fitness Program</p> <p>10:30 🦋 Daily Devotional</p> <p>11:00 📖 Daily Chronicle</p> <p>11:15 🎮 Card Games</p> <p>1:00 🧘 Self-Care Saturday</p> <p>2:00 🍷 Movie and Popcorn-/Residents Choice</p> <p>3:30 📖 Tea Time</p> <p>4:30 🧘 Arm Curls</p>                          |
| <p>19</p> <p>10:00 🧘 Ageless Grace Physical Fitness Program</p> <p>10:30 📖 Finishing Words</p> <p>11:00 🦋 Televised Worship Service- Joel Osteen</p> <p>12:30 🧘 Mid-Day Matinee (Resident's Selection)</p> <p>1:30 🧘 Ball Toss</p> <p>2:30 🧘 Meditation</p> <p>3:00 🧘 Afternoon Stroll</p> <p>5:00 🧘 Hand &amp; Shoulder Massages</p>                                      | <p>20</p> <p>10:00 🧘 Ageless Grace Physical Fitness Program</p> <p>10:30 🦋 Daily Devotional</p> <p>11:00 📖 Daily Chronicle</p> <p>1:30 🧘 Manicure Monday's</p> <p>2:30 📖 Art Therapy- Painting</p> <p>3:30 🎮 Bingo/With Andre</p> <p>4:00 🧘 Ball Toss</p> <p>4:30 🧘 Chair Yoga</p>      | <p>21</p> <p>10:00 🧘 Ageless Grace Physical Fitness Class</p> <p>10:30 🦋 Daily Devotional</p> <p>11:00 📖 Daily Chronicle</p> <p>11:15 📖 Brain Games/ Trivia</p> <p>1:30 🎮 Dominoes with Friends/with Christy</p> <p>3:30 🧘 Balloon Volleyball</p> <p>4:00 🧘 Walking Club</p> <p>5:00 🧘 Meditation</p> | <p>22</p> <p>10:00 🧘 Ageless Grace Physical Fitness Program</p> <p>10:30 🦋 Daily Devotional/Mrs.Nerissa</p> <p>11:00 📖 Daily Chronicle</p> <p>1:15 🧘 Spice Club/Smelling Different Spices</p> <p>2:00 📖 Patio Chat/Light Therapy</p> <p>3:00 📖 Monday Manicures</p> <p>3:30 🧘 Balloon Volleyball</p> <p>4:00 🧘 Chair Yoga</p> | <p>23</p> <p>10:00 🧘 Ageless Grace Physical Fitness Program</p> <p>10:30 🦋 Daily Devotional</p> <p>11:00 📖 Daily Chronicle</p> <p>11:15 📖 Diving Into the Decades:1980's/ Michael Jackson</p> <p>1:00 🎮 Seasonal Sips/With Chris</p> <p>2:00 🧘 Dementia Support Group With Families</p> <p>3:00 📖 Stress Reducing Coloring</p> <p>4:00 🧘 Evening Stroll</p> | <p>24</p> <p>10:00 🧘 Ageless Grace Physical Fitness Program</p> <p>10:30 🧘 Chair Yoga/with Brooke</p> <p>11:00 📖 Daily Chronicle</p> <p>11:15 🧘 Karaoke</p> <p>1:15 📖 Categories</p> <p>2:00 🎮 Bingo</p> <p>3:00 🎉 Happy Hour</p> <p>4:00 🦋 Daily Devotional</p>                         | <p>25</p> <p>10:00 🧘 Ageless Grace Physical Fitness Program</p> <p>10:30 📖 Daily Chronicle</p> <p>11:00 🧘 Arm Curls</p> <p>11:15 🧘 Ball Toss</p> <p>1:00 📖 Self-Care Saturday</p> <p>2:00 🍷 Movie and Popcorn-/Residents Choice</p> <p>3:00 🧘 Noodle Ball</p> <p>5:00 🦋 Meditation</p>                              |
| <p>26</p> <p>10:00 🧘 Ageless Grace Physical Fitness Program</p> <p>10:30 🦋 Devotional Reading</p> <p>11:00 🧘 Hand Exercises</p> <p>12:30 📖 Mid-Day Matinee (Resident's Selection)</p> <p>1:30 📖 Puzzles/Connecting Puzzles Pieces</p> <p>3:00 🧘 Afternoon Stroll</p> <p>4:00 📖 Reading Club and Refreshments</p> <p>5:00 🧘 Evening Stretch</p>                             | <p>27</p> <p>10:00 🧘 Ageless Grace Physical Fitness Program</p> <p>10:30 🦋 Daily Devotional</p> <p>11:00 📖 Daily Chronicle</p> <p>1:30 🧘 Manicure Monday's</p> <p>2:30 🧘 Volley Ball</p> <p>3:30 🧘 Noodle Ball</p> <p>4:00 📖 Green Thumb Club</p> <p>4:30 📖 Meditation</p>              | <p>28</p> <p>10:00 🧘 Ageless Grace Physical Fitness Program</p> <p>10:30 🦋 Daily Devotional</p> <p>11:00 📖 Daily Chronicle</p> <p>11:15 📖 Brain Games/ Trivia</p> <p>1:30 🎮 Jumbo Uno with Friends</p> <p>3:30 🧘 Balloon Volleyball</p> <p>4:00 🧘 Walking Club</p> <p>5:00 🧘 Meditation</p>           | <p>29</p> <p>10:00 🧘 Ageless Grace Physical Fitness Program</p> <p>10:30 🦋 Daily Devotional</p> <p>11:00 📖 Daily Chronicle</p> <p>11:15 🎮 Monopoly Game</p> <p>1:15 📖 Spice Club</p> <p>2:00 📖 Art Throbs Club</p> <p>3:00 🧘 Hand Exercises</p> <p>3:30 🎮 BINGO!/with Chef Raymond</p> <p>4:00 🧘 Chair Yoga</p>               | <p>30</p> <p>10:00 🧘 Ageless Grace Physical Fitness Program</p> <p>10:30 🦋 Daily Devotional</p> <p>11:00 📖 Daily Chronicle</p> <p>11:15 📖 Diving Into the Decades:1980's/Phil Collins</p> <p>1:30 🧘 Afternoon Stroll</p> <p>2:00 📺 One Day Video/Phil Collins</p> <p>3:00 🧘 Corn Hole</p> <p>4:00 🧘 Sensory Boxes</p>                                       | <p><b>Resident Birthdays</b><br/>Gloria T. 9/15</p>  | <p>“There is nothing in the world so irresistibly contagious as laughter and good humor.”</p> <p>— Charles Dickens, A Christmas Carol</p>   |