

February 2024  
Virtue Neighborhood Activity Calendar



| Sunday   | Monday   | Tuesday  | Wednesday  | Thursday   | Friday   | Saturday   |  |
|--|--|--|--|--|--|--|--|
|  |  |  |  | 10:30 Get Fit with Legacy [V]<br>12:45 Music & Memories Aretha Franklin [V]<br>3:30 <b>DJ Dance Party [V]</b>                                | 10:00 Parachute Exercise [V]<br>11:00 Reminiscing Time [V]<br>3:30 Tender Heart Therapeutic Arts Group [V]   | 10:00 Virtual Church Service [V]<br>1:30 Saturday Short Story<br>2:30 Chat and Snack [V]                           | <b>Resident Birthdays</b><br>Martha W. 2/15<br>RoseAnn C. 2/16<br>Carol K. 2/17  |
| 10:00 Virtual Catholic Church Service [V]<br>12:45 <b>Karaoke 1930's [V]</b><br>2:30 Laughing Out Loud [V]                                     | 10:00 Move, Groove & Stretch! [V]<br>11:00 <b>Karaoke with instruments [V]</b><br>2:00 Craft Corner [V]<br>3:00 <b>Resident Social [V]</b> | 10:00 Flyswatter Volleyball [V]<br>11:00 Let's Travel [V]<br>1:30 <b>Memory Care Outing</b><br>2:30 Bowling [V]<br>3:00 <b>Virtue Tavern [V]</b>                                       | 10:00 Chair Dancing Exercise [V]<br>10:30 Laugh Therapy<br>11:00 February Heart Healthy Games [V]<br>2:00 Mini Massages<br>3:00 <b>Happy Hour [V]</b>            | 10:30 Get Fit with Legacy [V]<br>12:45 Music & Memories Louis Armstrong [V]<br>2:30 <b>Cardio Drumming</b><br>3:30 <b>DJ Dance Party [V]</b> | 10:00 Parachute Exercise [V]<br>11:00 Reminiscing Time [V]<br>2:30 <b>Birthday Party with Marie! [V]</b><br>3:30 Tender Heart Therapeutic Arts Group [V] | 10:00 Virtual Church Service [V]<br>1:30 Saturday Short Story<br>2:30 Chat and Snack [V]                           | <b>Location Keys</b><br>Virtue Neighborhood V  |
| <b>Super Bowl Sunday</b><br>10:00 Virtual Catholic Church Service [V]<br>12:45 <b>Karaoke 1940's [V]</b><br>2:30 Laughing Out Loud [V]         | 10:00 Move, Groove & Stretch! [V]<br>11:00 <b>Karaoke with instruments [V]</b><br>2:00 Craft Corner [V]<br>3:00 <b>Resident Social [V]</b> | <b>Mardi Gras / Fat Tuesday</b><br>10:00 Flyswatter Volleyball [V]<br>11:00 Let's Travel [V]<br>1:30 <b>Memory Care Outing</b><br>2:30 Bowling [V]<br>2:30 <b>Mardi Gras Party [V]</b> | <b>Valentine's Day</b><br>10:00 Chair Dancing Exercise [V]<br>10:30 Valentine Bingo<br>11:00 February Heart Healthy Games [V]<br>3:00 <b>Valentine Party [V]</b> | 10:30 Get Fit with Legacy [V]<br>12:45 Music & Memories Ella Fitzgerald [V]<br>3:30 <b>DJ Dance Party [V]</b>                                | 10:00 Parachute Exercise [V]<br>11:00 Reminiscing Time [V]<br>3:30 Tender Heart Therapeutic Arts Group [V]   | 10:00 Virtual Church Service [V]<br>1:30 Saturday Short Story<br>2:30 Chat and Snack [V]                           | <b>Daily Occurrences:</b><br><br>Breakfast 7:30-9:30 am<br><br>Lunch Noon<br><br>Relax & Recharge 1:00 pm<br><br>Dinner 5:00 pm<br><br>Late Night Snacks 7:00 pm |
| 10:00 Virtual Catholic Church Service [V]<br>12:45 <b>Karaoke 1950's [V]</b><br>2:30 Laughing Out Loud [V]                                     | 10:00 Move, Groove & Stretch! [V]<br>11:00 <b>Karaoke with instruments [V]</b><br>2:00 Craft Corner [V]<br>3:00 <b>Resident Social [V]</b> | 10:00 Flyswatter Volleyball [V]<br>11:00 Let's Travel [V]<br>1:30 <b>Memory Care Outing</b><br>2:30 Bowling [V]<br>3:00 <b>Virtue Tavern [V]</b>                                       | 10:00 Chair Dancing Exercise [V]<br>10:30 Laugh Therapy<br>11:00 February Heart Healthy Games [V]<br>3:00 <b>Happy Hour [V]</b>                                  | 10:30 Get Fit with Legacy [V]<br>12:45 Music & Memories Ray Charles [V]<br>3:00 Margarita Happy Hour<br>3:30 <b>DJ Dance Party [V]</b>       | 10:00 Parachute Exercise [V]<br>11:00 Reminiscing Time [V]<br>2:00 <b>Entertainment Lucas</b><br>3:30 Tender Heart Therapeutic Arts Group [V]            | 10:00 Virtual Church Service [V]<br>1:30 Saturday Short Story<br>2:30 Chat and Snack [V]<br>10:30 Armchair Travel: |  |
| 10:00 Virtual Catholic Church Service [V]<br>12:45 <b>Karaoke 1960's [V]</b><br>2:00 <b>Violin Entertainment</b><br>2:30 Laughing Out Loud [V] | 10:00 Move, Groove & Stretch! [V]<br>11:00 <b>Karaoke with instruments [V]</b><br>2:00 Craft Corner [V]<br>3:00 <b>Resident Social [V]</b> | 10:00 Flyswatter Volleyball [V]<br>11:00 Let's Travel [V]<br>1:30 <b>Memory Care Outing</b><br>2:30 Bowling [V]<br>3:00 <b>Virtue Tavern [V]</b>                                       | 10:00 Morning Stretches [V]<br>10:30 Auction<br>11:00 February Heart Healthy Games [V]<br>1:30 <b>Second Chance to Dance! [V]</b><br>3:00 <b>Happy Hour [V]</b>  | 10:30 Get Fit with Legacy [V]<br>12:45 Music & Memories Aretha Franklin [V]<br>3:30 <b>DJ Dance Party [V]</b>                                |  |  | ANTHOLOGY  |