## October 2023 **Memory Support**

Memory Support						with the second
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 Breakfast 9:00 CE Calendar and Newspaper Delivery 9:30 PE Sit & Be Fit 10:30 LB-I-N-G-O 10:30 SS Catholic Service [AL AR] 12:30 Lunch 1:30 SS Christian Worship Service 2:30 L Game Day 4:00 PE Walk and Roll Club 5:30 Dinner		2 8:00 Breakfast 9:00 CE Calendar and Newspaper Delivery 9:30 PE Sit & Be Fit 10:30 Reading Club: To Kill a Mockingbird 12:30 Lunch 2:30 AE Music & Manicures! W/ Piano Performance by Edna Mae 4:00 PE Walk and Roll Club 5:30 Dinner	8:00 Breakfast 9:00 CE Calendar and Newspaper Delivery 9:30 PE Sit & Be Fit 10:30 AE Art Club: Halloween Decorating 12:30 Lunch 2:30 Let's Bake: Pumpkin Streusel Muffins 4:00 PE Walk and Roll Club 5:30 Dinner	8:00 Breakfast 9:00 CE Calendar and Newspaper Delivery 9:30 CE Chair Yoga 10:30 CE Reading Club: To Kill a Mockingbird 12:30 Lunch 2:30 CC Service Project: Treat Bags for Humane Society 3:30 LP Plant Care 4:00 PE Walk and Roll Club 5:30 Dinner	8:00 Breakfast 9:00 CE Calendar and Newspaper Delivery 9:30 PE Sit & Be Fit 10:30 B-I-N-G-O 12:30 Lunch 2:30 Movie Day: Steel Magnolias 4:00 PE Walk and Roll Club 5:30 Dinner	8:00 Breakfast 9:00 CE Calendar and Newspaper Delivery 9:30 PE Chair Yoga 10:30 CE Current Events 12:30 Lunch 2:30 LL College Football Saturday 4:00 PE Walk and Roll Club 5:30 Dinner
8:00 Breakfast 9:00 E Calendar and Newspaper Delivery 9:30 E Sit & Be Fit 10:30 B-I-N-G-O 10:30 SS Catholic Service [AL AR] 12:30 Lunch 1:30 SS Christian Worship Service 2:30 Game Day 4:00 E Walk and Roll Club 5:30 Dinner	9:00 CE Calendar and Newspaper Delivery 9:30 PE Sit & Be Fit 10:00 AE Piano Performance by Kym 12:30 Lunch 2:30 LPuzzles & Coloring 4:00 PE Walk and Roll Club 5:30 Dinner	9:00 CE Calendar and Newspaper Delivery 9:30 PE Sit & Be Fit 10:30 CE Reading Club: To Kill a Mockingbird 12:30 Lunch 2:30 AE Music & Manicures! W/ Piano Performance by Edna Mae 4:00 PE Walk and Roll Club 5:30 Dinner	9:00 CE Calendar and Newspaper Delivery 9:30 PE Sit & Be Fit 10:30 AE Art Club: Fall Leaf Pressing 12:30 Lunch 2:30 Let's Bake: Pumpkin Chocolate Chip Cookies 4:00 PE Walk and Roll Club 5:30 Dinner	12:30 Lunch 2:30 CC Service Project: Bookmarks for Public Library 3:30 LL Plant Care 4:00 PE Walk and Roll Club 5:30 Dinner	9:00 CE Calendar and Newspaper Delivery 9:30 PE Sit & Be Fit 10:30 LL B-I-N-G-O 12:30 Lunch 2:30 LM Movie Day: Happy Feet 4:00 PE Walk and Roll Club 5:30 Dinner	9:00 CE Calendar and Newspaper Delivery 9:30 PE Chair Yoga 10:30 CE Current Events 12:30 Lunch 2:30 College Football Saturday 4:00 PE Walk and Roll Club 5:30 Dinner
8:00 Breakfast 9:00 CE Calendar and Newspaper Delivery 9:30 PE Sit & Be Fit 10:30 LB-I-N-G-O 10:30 SS Catholic Service [AL AR] 12:30 Lunch 1:30 SS Christian Worship Service 2:30 LGame Day 4:00 PE Walk and Roll Club 5:30 Dinner	9:00 CE Calendar and Newspaper Delivery 9:30 PE Sit & Be Fit 10:00 AE Piano Performance by Kym 12:30 Lunch 2:30 LPuzzles & Coloring 4:00 PE Walk and Roll Club 5:30 Dinner	9:00 EE Calendar and Newspaper Delivery 9:30 EE Sit & Be Fit 10:30 EE Reading Club: To Kill a Mockingbird 12:30 Lunch 2:30 AE Music & Manicures! W/ Piano Performance by Edna Mae 4:00 PE Walk and Roll Club 5:30 Dinner		8:00 Breakfast 9:00 CE Calendar and Newspaper Delivery 9:30 PE Chair Yoga 10:30 CE Reading Club: To Kill a Mockingbird 12:30 Lunch 2:30 Service Project: Thank-You Letters to First Responders 3:30 Plant Care 4:00 PE Walk and Roll Club 5:30 Dinner	8:00 Breakfast 9:00 CE Calendar and Newspaper Delivery 9:30 PE Sit & Be Fit 10:30 II B-I-N-G-O 12:30 Lunch 2:30 II Movie Day: Pride and Prejudice 4:00 PE Walk and Roll Club 5:30 Dinner	8:00 Breakfast 9:00 CE Calendar and Newspaper Delivery 9:30 PE Chair Yoga 10:30 CE Current Events 12:30 Lunch 2:30 L College Football Saturday 4:00 PE Walk and Roll Club 5:30 Dinner
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Dinner

5:30

Dinner

5:30