May 2023 Memory Support Lifestyle and Leisure



Memory Support Life	estyle and Leisure		The same of the sa		No.	with GGC19
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CascadeValley SENIOR LIVING	9:00 Daily Chronicle and Morning Coffee [MSDR] 10:00 Hearts and Hands 1:30 SS Bible Study with Dawn [ALAR] 3:00 AE Music Therapy - Themed Sing a long [MSDR] 4:30 Nightly Reading club - For one more day by Mitch Albom [MSCA] 6:30 Late night Gameshows [MSAR]	9:00 Daily Chronicle and Morning Coffee [MSDR] 10:00 Chair Exercise 1:00 BINGO MANIA with Brittany [ALAR] 4:30 Nightly Reading club - For one more day by Mitch Albom [MSCA] 6:30 Late night Gameshows [MSAR]	9:00 Daily Chronicle and Morning Coffee [MSDR] 10:00 Hearts and Hands 1:00 Solution Craft Corner- Group Card Decorating [MSAR] 3:00 Solution White board Brain Teaser [MSDR] 4:30 Nightly Reading club - For one more day by Mitch Albom [MSCA] 6:30 Late night Gameshows [MSAR]	9:00 Daily Chronicle and Morning Coffee [MSDR] 10:30 Chair Yoga and Meditation with Danielle [MSAR] - Thursday Scenic Drive 4:30 Essay Narration of "Fifty things that aren't my fault" with discussion 6:30 Late night Gameshows [MSAR]	9:00 Daily Chronicle and Morning Coffee [MSDR] 10:00 Hearts and Hands 1:00 Reminiscing Group Therapy [MSDR] 6:30 Late night Gameshows [MSAR]	9:00 Daily Chronicle and Morning Coffee [MSDR] 10:00 Schair Exercise 2:45 Root beer Floats with Joan. 6:30 Late night Gameshows [MSAR]
9:00 L Daily Chronicle and Morning Coffee [MSDR] 0:00 SS Sunday Devotional [MSAR] 3:00 L VR Therapy - Travel around the world 4:30 L Nightly Reading club - For one more day by Mitch Albom [MSCA] 6:30 L Late night Gameshows [MSAR]	9:00 LL Daily Chronicle and Morning Coffee [MSDR] 10:00 LL Hearts and Hands 1:30 SS Bible Study with Dawn [ALAR] 3:00 AE Music Therapy - Themed Sing a long [MSDR] 4:30 LL Nightly Reading club - For one more day by Mitch Albom [MSCA] 6:30 LL Late night Gameshows [MSAR]	9:00 LL Daily Chronicle and Morning Coffee [MSDR] 10:00 PE Chair Exercise 1:00 LL BINGO MANIA with Brittany [ALAR] 4:30 LL Nightly Reading club - For one more day by Mitch Albom [MSCA] 6:30 LL Late night Gameshows [MSAR]	9:00 Daily Chronicle and Morning Coffee [MSDR] 10:00 Hearts and Hands 1:00 AE Craft Corner- Painting bouquets with 3D flowers [MSAR] 4:30 Nightly Reading club - For one more day by Mitch Albom [MSCA] 6:30 Late night Gameshows [MSAR]	9:00 Daily Chronicle and Morning Coffee [MSDR] 10:30 Chair Yoga and Meditation with Danielle [MSAR] - Thursday Scenic Drive 4:30 Essay Narration of "Fifty things that aren't my fault" with discussion 6:30 Late night Gameshows [MSAR]	9:00 III Daily Chronicle and Morning Coffee [MSDR] 10:00 III Hearts and Hands 1:00 III Hearts and Hands 1:00 III Hearts and Hands 1:00 III Community Group Therapy [MSDR] 2:00 Community Birthday Social [ALDR] 6:30 III Late night Gameshows [MSAR]	9:00 L Daily Chronicle and Morning Coffee [MSDR] 10:00 L Chair Exercise 2:45 Root beer Floats with Joan. 6:30 L Late night Gameshows [MSAR]
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