

November 2023

Assisted Living Lifestyle & Leisure



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>	<div><div>AE Artistic Expression</div><div>CC Community Connections</div><div>CE Continuing Education</div><div>LL Lifestyle & Leisure</div><div>PE Physical Engagement</div><div>SS Spiritual Support</div></div>		<div>8:30 CE The Daily Chronicle [DR] 1</div> <div>9:30 PE Sit and Be Fit [RR]</div> <div>1:00 LL Bingo [RR]</div> <div>3:00 LL Hooked On Books - Book Club Meeting [RR]</div>	<div>Dolores C. Birthday 2</div> <div>8:30 CE The Daily Chronicle [DR]</div> <div>9:30 PE Simple Stretches [RR]</div> <div>10:00 LL Muffins & Positive News [AR]</div> <div>12:30 CC TD Library Outreach [L]</div> <div>1:30 LL One on One Engagement</div> <div>2:00 LL Bingo [RR]</div>	<div>8:30 CE The Daily Chronicle [DR] 3</div> <div>9:30 PE Sit and Be Fit [RR]</div> <div>10:00 LL Fred Meyer Shopping</div> <div>1:00 AE Artistic Moments Holiday Dinner Plates [AR]</div> <div>3:00 CC Community Gathering [RR]</div>	<div>8:30 CE The Daily Chronicle [DR] 4</div> <div>9:30 PE Simple Stretches [RR]</div> <div>10:00 CC Cornhole [RR]</div> <div>1:00 LL Let's Bake! Pistachio Pineapple Dip [AR]</div> <div>3:00 PE Walk About</div>
<div>Daylight Saving Time Begins 5</div> <div>8:30 CE The Daily Chronicle [DR]</div> <div>10:00 PE Morning Walk - Resident Lead</div> <div>3:30 SS In - Person Church Service w/ Brett Hartley/Jerry Jones - Covenant Christian Church [RR]</div>	<div>8:30 CE The Daily Chronicle [DR] 6</div> <div>10:30 CE History Reading Corner - Resident Lead [RR]</div> <div>4:00 CE Poetry Circle - Resident Lead [RR]</div>	<div>Election Day 7</div> <div>8:30 CE The Daily Chronicle [DR]</div> <div>9:30 PE Simple Stretches [RR]</div> <div>10:00 AE Crafty Corner</div> <div>3:00 PE Walk About</div>	<div>8:30 CE The Daily Chronicle [DR] 8</div> <div>9:30 PE Sit and Be Fit [RR]</div> <div>1:00 LL Bingo [RR]</div> <div>2:00 Activities Chat with Angela [AR]</div> <div>3:00 LL Hooked On Books - Book Club Meeting [RR]</div>	<div>8:30 CE The Daily Chronicle [DR] 9</div> <div>9:30 PE Simple Stretches [RR]</div> <div>10:00 LL Muffins & Positive News [AR]</div> <div>12:30 CC TD Library Outreach [L]</div> <div>1:30 LL One on One Engagement</div> <div>2:00 LL Bingo [RR]</div>	<div>8:30 CE The Daily Chronicle [DR] 10</div> <div>9:30 PE Sit and Be Fit [RR]</div> <div>10:00 LL Safeway Shopping</div> <div>1:00 AE Artistic Moments Holiday Door Wreaths [AR]</div> <div>2:00 Food Committee Meeting [DR]</div> <div>3:00 CC Al Hare Entertainment [RR]</div>	<div>Veterans Day 11</div> <div>8:30 CE The Daily Chronicle [DR]</div> <div>9:30 PE Simple Stretches [RR]</div> <div>10:00 CC Flag Raising Ceremony for Veterans</div> <div>1:00 LL Let's Bake! Corn Dog Cups [AR]</div> <div>3:00 PE Walk About</div>
<div>8:30 CE The Daily Chronicle [DR] 12</div> <div>10:00 PE Morning Walk - Resident Lead</div> <div>3:30 SS In - Person Church Service w/ Aaron Brenner [RR]</div>	<div>8:30 CE The Daily Chronicle [DR] 13</div> <div>10:30 CE History Reading Corner - Resident Lead [RR]</div> <div>4:00 CE Poetry Circle - Resident Lead [RR]</div>	<div>8:30 CE The Daily Chronicle [DR] 14</div> <div>9:30 PE Simple Stretches [RR]</div> <div>10:00 AE Crafty Corner</div> <div>3:00 PE Walk About</div>	<div>8:30 CE The Daily Chronicle [DR] 15</div> <div>9:30 PE Sit and Be Fit [RR]</div> <div>1:00 LL Bingo [RR]</div> <div>2:00 CC Resident Council Meeting [RR]</div> <div>3:00 LL Hooked On Books - Book Club Meeting [RR]</div>	<div>8:30 CE The Daily Chronicle [DR] 16</div> <div>9:30 PE Simple Stretches [RR]</div> <div>10:00 LL Muffins & Positive News [AR]</div> <div>11am Thanksgiving Dinner Residents & Families</div> <div>12:30 CC TD Library Outreach [L]</div> <div>1:30 LL One on One Engagement</div> <div>2:00 LL Bingo [RR]</div>	<div>8:30 CE The Daily Chronicle [DR] 17</div> <div>9:30 PE Sit and Be Fit [RR]</div> <div>10:00 LL Bi-Mart Shopping</div> <div>1:00 AE Artistic Moments Hand Spa Treatment [AR]</div> <div>3:00 CC November Birthday Party [RR]</div>	<div>8:30 CE The Daily Chronicle [DR] 18</div> <div>9:30 PE Simple Stretches [RR]</div> <div>10:00 CC Wheel of Fortune Board Game [RR]</div> <div>1:00 LL Let's Bake! Pumpkin Pie Pudding [AR]</div> <div>3:00 PE Walk About</div>
<div>Ruth W. Birthday 19</div> <div>8:30 CE The Daily Chronicle [DR]</div> <div>10:00 PE Morning Walk - Resident Lead</div> <div>3:30 SS In - Person Church Service w/ George Clark - Rowena Baptist [RR]</div>	<div>Rose B. Birthday 20</div> <div>8:30 CE The Daily Chronicle [DR]</div> <div>10:30 CE History Reading Corner - Resident Lead [RR]</div> <div>4:00 CE Poetry Circle - Resident Lead [RR]</div>	<div>8:30 CE The Daily Chronicle [DR] 21</div> <div>9:30 PE Simple Stretches [RR]</div> <div>10:00 AE Crafty Corner</div> <div>3:00 PE Walk About</div>	<div>8:30 CE The Daily Chronicle [DR] 22</div> <div>9:30 PE Sit and Be Fit [RR]</div> <div>1:00 LL Bingo [RR]</div> <div>3:00 LL Hooked On Books - Book Club Meeting [RR]</div>	<div>Thanksgiving 23</div> <div>8:30 CE The Daily Chronicle [DR]</div> <div>9:30 PE Simple Stretches [RR]</div> <div>10:00 LL Muffins & Positive News [AR]</div> <div>12:30 CC TD Library Outreach [L]</div> <div>1:30 LL One on One Engagement</div> <div>2:00 LL Bingo [RR]</div>	<div>8:30 CE The Daily Chronicle [DR] 24</div> <div>9:30 PE Sit and Be Fit [RR]</div> <div>10:00 LL Cascade Square Shopping (Grocery Outlet, Dollar Tree, Rite Aid)</div> <div>1:00 AE Holiday Tree Trimming 1pm-3pm [L]</div> <div>3:00 LL Live Entertainment - Roy Torly on the Bandura [DR]</div>	<div>Marvin H. Birthday 25</div> <div>8:30 CE The Daily Chronicle [DR]</div> <div>9:30 PE Simple Stretches [RR]</div> <div>10:00 CC Cornhole</div> <div>1:00 LL Holiday Tree Trimming 1pm-3pm [L]</div> <div>3:00 PE Walk About</div>
<div>8:30 CE The Daily Chronicle [DR] 26</div> <div>10:00 PE Morning Walk - Resident Lead</div> <div>3:30 SS In - Person Church Service w/ Dick Lafever - Gateway Presbyterian [RR]</div>	<div>Pat B. Birthday 27</div> <div>8:30 CE The Daily Chronicle [DR]</div> <div>10:30 CE History Reading Corner - Resident Lead [RR]</div> <div>4:00 CE Poetry Circle - Resident Lead [RR]</div>	<div>8:30 CE The Daily Chronicle [DR] 28</div> <div>9:30 PE Simple Stretches [RR]</div> <div>10:00 AE Crafty Corner</div> <div>3:00 PE Walk About</div>	<div>8:30 CE The Daily Chronicle [DR] 29</div> <div>9:30 PE Sit and Be Fit [RR]</div> <div>1:00 LL Bingo [RR]</div> <div>3:00 LL Hooked On Books - Book Club Meeting [RR]</div>	<div>8:30 CE The Daily Chronicle [DR] 30</div> <div>9:30 PE Simple Stretches [RR]</div> <div>10:00 LL Muffins & Positive News [AR]</div> <div>12:30 CC TD Library Outreach [L]</div> <div>1:30 LL One on One Engagement</div> <div>2:00 LL Bingo [RR]</div>	<div>Location Keys</div> <div>Activity Room AR</div> <div>Dining Room DR</div> <div>Lobby L</div> <div>Riverside Room RR</div>	