



Lighthouse Memory Care

May 2023

3502 "K" Avenue
Anacortes, WA 98221

Special Events

Cinco De Mayo Celebration -

May 5th - 12:30pm Lunch RSVP
Party Starts & 2:00

Kentucky Derby

May 6th - 2:00pm - Wear a big
Hat! Race time 3:30

Mothers Day Brunch -

May 14th - 10:00 am RSVP

****Resident Outing to "Singing in the
Rain" 12:15pm**

National Strawberry Day

May 18th & Resident Cooking Class

May 25th The History of Tap Dancing

Teena Tap Dances for our friends.

Memorial Day May 29th

A day of Remembrance



Jim & Betty enjoying Sunshine & Friendship



Lighthouse goes to La Conner Historical Museum

Why did the pony go to the doctor?

Answer: He was a little hoarse.

What did the parent horse say when the foal wasn't doing homework?

Answer: "Stop stalling."

Why did the horse invest in an IRA?

Answer: She wanted to be financially stable.

What was the man's condition after he was hospitalized for eating a Play-Doh horse? Answer: Putty stable

What did the horse say after falling near his barn?

Answer: "I've fallen and I can't giddyup."

What kind of story did the sad horse tell?

Answer: A tale of whoa

A horse walks into a bar. The bartender says, "Hay!" The horse says, "You read my mind."

What do British horses wear?

Answer: Nickers

What is the favorite city of young horses?

Answer: Philly

What did the horse say to the horse that moved in next door?

Answer: "We're neigh-bors!"

What did the horse say after his bad date?

Answer: "She was a nightmare!"

KENTUCKY *Derby*

Join us for an afternoon filled with excitement, entertainment, and the best in equestrian sports.

Saturday, 6th May 2023

2305 K Ave, Anacortes, WA 98221



Don't miss out on this exciting event RSVP today!



Phone 360-399-7263





Simple Strawberry Salad

Ingredients:

- 1 quart strawberries, hulled and quartered (about 1 pound)
- 10 ounces fresh baby spinach or a 50/50 arugula-and-spinach blend
- Store-bought or homemade balsamic salad dressing
- 1/2 small red onion thinly sliced
- 3/4 cup crumbled feta cheese • 3/4 cup roughly chopped or thinly sliced roasted pecans, almonds, or walnuts

Directions:

1. Put strawberries and spinach in a large bowl. 2. Drizzle with dressing to taste and then toss gently. Be light-handed so as to not wilt spinach. 3. Add in the onions, cheese, and pecans. Gently toss.

Makes 6 servings

Berry Interesting

Peak season for picking strawberries is April, which makes May, as Strawberry Month, the perfect time to enjoy these luscious, red berries. In ancient Rome, strawberries were a symbol of Venus, the goddess of love and beauty, thanks to their heart shape and red color. Strawberries are linked to the myth of the death of Adonis. He was gored to death by a boar in a hunting accident, which broke Venus' heart. As she cried, her tears mingled with Adonis' blood, and when they hit the ground, they turned into strawberries. Strawberries have long been associated with love, purity, and perfection. No wonder they are a perfect May snack!



Residents bake 200 dog biscuits for the local animal shelter



Lighthouse Bog Bone Biscuits

Ingredients

>2 Cups of All - Purpose Flour - Plus more for rolling out cookies

>2 Large Eggs

>1/2 Cup of Peanut Butter Creamy

>1/2 Cup Of Canned Pumpkin

Preheat Over to 325 degrees

Line the baking pan with parchment paper

In large bowl, add the flour, eggs, pumpkin, and peanut butter. Add a pinch of salt.

Stir until well combined. Use hands to knead into a ball.

Lightly flour your surface, Roll dough out to 1/2 thick. Cut shapes out of 2 1/2 - 3 1/2 cookie cutters.

Transfer to baking sheet, bake 20 - 30 minutes until golden brown.

ENJOY>>>>



Lighthouse Family Council

The First Saturday of each month.

All Lighthouse family members are encouraged to attend.

Most meetings are a balance of supporting one another and discussing current events and issues.

May 6th 1:00PM - 3:00PM
Anacortes Library
Together we are Lighthouse Strong!

Resident Birthdays

Janet L 8th

Ann M 13th

George F 16th

Don G 21st

Let's Celebrate Together

Ginco De Mayo !

Have A Fun & Fiesta !

Lunch at

12:30 pm

RSVP:

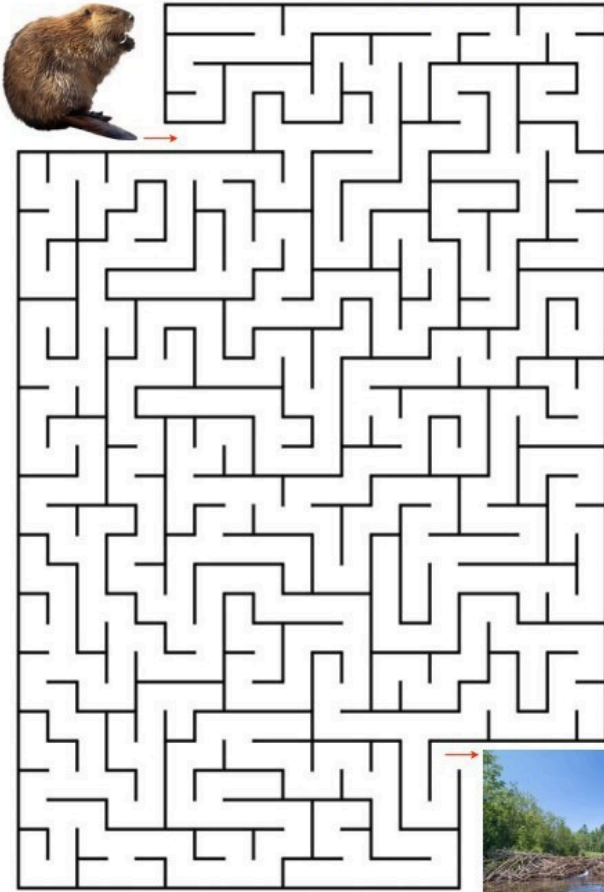
360-399-7263 or

reception@lighthousememorycare.net

3205 K Ave
Anacortes, WA 98221

Life at Amazing - Lighthouse Memory Care

A-Mazing Busy Beaver

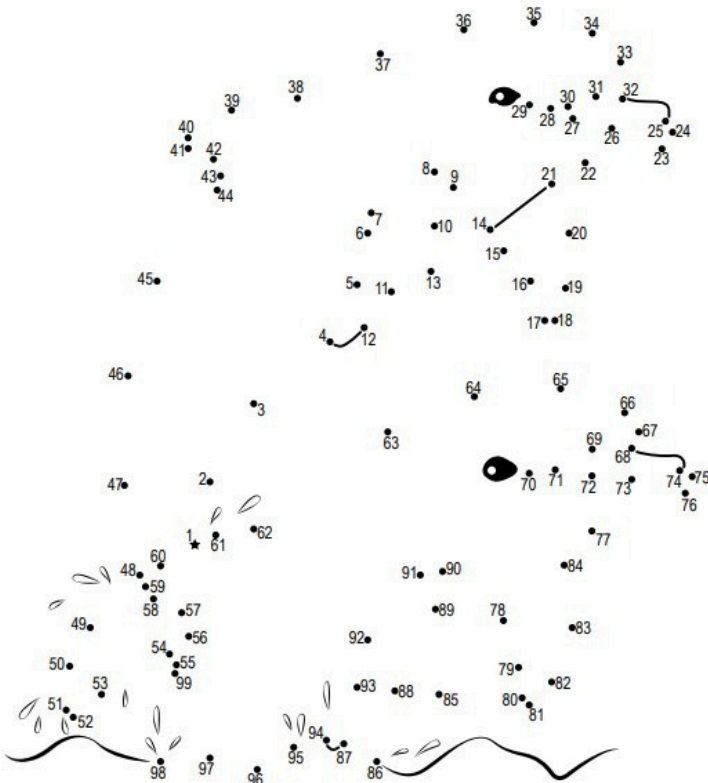


Team Lighthouse goes bowling. It takes a lot of energy and teamwork to inspire those who work and live at Lighthouse Memory Care. Team bonding outside of work creates strength & strong leadership!



Dot-to-dot #1

Connect the numbered dots 1-99.



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A MUSICAL REVUE

Singing in the Rain

**ANACORTES
COMMUNITY THEATER**

MOTHERS DAY SUNDAY, MAY 14TH

SHOW TIME: 2 PM
LOADING UP THE BUS AT 12:15

LIGHTHOUSE OUTTING / TICKETS 25.00

RSVP BY MAY 7TH
- PAY BY CHECK OR WE CAN BILL YOUR ACCOUNT



The Crew Making 200 Dog Bones



Happy Birthday Jim. What a GUY!



Lighthouse Strong!



So much Easter Fun with all the littles!



Maggie & Katie Making Easter Decorations



Doctor Lee & Marilyn at the Museum