


May 2023

Assisted Living Lifestyle & Leisure



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div>Bridgeport Place</div><div>Assisted Living & Memory Care</div></div>	<div>10:00 PE Let's Move it! (Seated Exercise) [AR] 1</div> <div>10:30 PE Play Pool with Roger! [FL]</div> <div>12:45 LL Black Jack [AR]</div> <div>2:00 LL Food, Fun, and Friends-Birthday Celebration [AR]</div> <div>3:00 LL Fred Meyer Trip- Sign Up at the Front Desk</div> <div>3:00 LL Mah Jong with Roger [AR]</div>	<div>10:00 PE Let's Move it! (Seated Exercise) [AR] 2</div> <div>1:00 LL Memory Game- What was on the Tray? [AR]</div> <div>2:00 AE Diamond Painting [AR]</div> <div>3:00 CE Trivia Tuesday! [AR]</div> <div>6:00 LL Golf (Card Game) [AR]</div>	<div>Happy Birthday Naydene M. 3</div> <div>10:00 PE Let's Move it! (Seated Exercise) [AR]</div> <div>11:00 PE Wednesday Walkers *Weather Permitting*</div> <div>1:00 LL Resident Meeting [AR]</div> <div>2:00 PE Wii Bowling [AR]</div> <div>3:00 LL Mah Jong [AR]</div>	<div>10:00 PE Seated Yoga (Video) [AR] 4</div> <div>1:00 PE Garden Group [BY]</div> <div>2:00 LL BINGO- IN THE DINING ROOM [DR]</div> <div>3:00 PE Table Top Air Hockey [AR]</div> <div>3:15 LL Scenic Drive</div>	<div>Library Pick Up and Drop Off 5</div> <div>10:00 PE Let's Move it! (Seated Exercise) [AR]</div> <div>11:00 PE Friday Striders *Weather Permitting*</div> <div>1:00 SS Colorful Inspiration- Watercolor [AR]</div> <div>2:00 LL Chinese Checkers [AR]</div> <div>3:00 CE Word Games-Wordle [AR]</div>	<div>Saturday Spirit Days - Silly Socks! 6</div> <div>10:00 CC Meaningful Mingling and Munchies [FL]</div> <div>1:00 LL Nail Care with Amy [AR]</div> <div>2:00 AE Diamond Painting [AR]</div> <div>3:00 LL Skip-Bo (Card Game) [AR]</div>
<div>Don't Forget to Stay Hydrated! 7</div> <div>1:00 LL Welcome Committee Meeting [AR]</div> <div>6:00 SS Sunday Night Bible Study [AR]</div>	<div>10:00 PE Let's Move it! (Seated Exercise) [AR] 8</div> <div>10:30 PE Play Pool with Roger! [FL]</div> <div>12:45 LL Black Jack [AR]</div> <div>2:00 LL Food, Fun, and Friends-Veggies and Dip [AR]</div> <div>3:00 LL Dollar Tree Outing- Sign Up at the Front Desk</div> <div>3:00 LL Mah Jong with Roger [AR]</div>	<div>10:00 PE Let's Move it! (Seated Exercise) [AR] 9</div> <div>12:00 LL Lunch Out- Elmers</div> <div>2:00 AE Diamond Painting [AR]</div> <div>3:00 CE Trivia Tuesday! [AR]</div> <div>6:00 LL Golf (Card Game) [AR]</div>	<div>10:00 PE Let's Move it! (Seated Exercise) [AR] 10</div> <div>11:00 PE Wednesday Walkers *Weather Permitting*</div> <div>1:00 AE Craft Hour- Gnome Door Hanger (Painting) [AR]</div> <div>2:00 AE Doo Wop With Terry [DR]</div> <div>3:00 LL Mah Jong [AR]</div>	<div>10:00 PE Seated Yoga (Video) [AR] 11</div> <div>1:00 PE Cardio Drumming Workout [AR]</div> <div>2:00 LL BINGO- IN THE DINING ROOM [DR]</div> <div>3:00 LL Activity Planning Meeting [AR]</div> <div>3:15 LL Scenic Drive</div>	<div>10:00 PE Let's Move it! (Seated Exercise) [AR] 12</div> <div>11:00 PE Friday Striders *Weather Permitting*</div> <div>1:00 SS Colorful Inspiration- Clay [AR]</div> <div>2:00 CE Tech Support Hour [AR]</div> <div>3:00 CE Word Games-Scattegories [AR]</div>	<div>Saturday Spirit Days - Wear Pink or Purple 13</div> <div>10:00 CC Meaningful Mingling and Munchies [FL]</div> <div>11:30 LL Mother's Day Luncheon Buffet with NEW Piano Music by Dominique [DR]</div> <div>2:00 AE Diamond Painting [AR]</div> <div>3:00 LL Skip-Bo (Card Game) [AR]</div>
<div>Don't Forget to Stay Hydrated! 14</div> <div>Happy Mother's Day</div> <div>6:00 SS Sunday Night Bible Study [AR]</div>	<div>10:00 PE Let's Move it! (Seated Exercise) [AR] 15</div> <div>10:30 PE Play Pool with Roger! [FL]</div> <div>12:45 LL Black Jack [AR]</div> <div>2:00 LL Food, Fun, and Friends-National Chocolate Chip Day! Cookies! [AR]</div> <div>3:00 LL Fred Meyer Trip- Sign Up at the Front Desk</div> <div>3:00 LL Mah Jong with Roger [AR]</div>	<div>10:00 PE Let's Move it! (Seated Exercise) [AR] 16</div> <div>1:00 AE Diamond Painting [AR]</div> <div>2:30 LL Let's Go to the Movies- Book Club -The Next Chapter</div> <div>3:00 CE Trivia Tuesday! [AR]</div> <div>6:00 LL Golf (Card Game) [AR]</div>	<div>10:00 PE Let's Move it! (Seated Exercise) [AR] 17</div> <div>11:00 PE Wednesday Walkers *Weather Permitting*</div> <div>1:00 AE Relay For Life Tee Shirt -Tie Dye [AR]</div> <div>2:00 PE Wii Bowling [AR]</div> <div>3:00 LL Mah Jong [AR]</div>	<div>Happy Birthday Billie B. 18</div> <div>10:00 PE Seated Yoga (Video) [AR]</div> <div>1:00 LL Lakewold Gardens Trip</div> <div>2:00 LL BINGO- IN THE DINING ROOM [DR]</div> <div>3:15 LL Scenic Drive</div> <div>3:30 LL Horse Racing -Dice Game [AR]</div>	<div>10:00 PE Let's Move it! (Seated Exercise) [AR] 19</div> <div>11:00 PE Friday Striders *Weather Permitting*</div> <div>1:00 SS Colorful Inspiration- Colored Pencils [AR]</div> <div>2:00 AE Lakewood Senior Players Present Skits to make you Smile [DR]</div> <div>3:00 CE Word Games-Words in Words [AR]</div>	<div>Saturday Spirit Days - Wear Jeans 20</div> <div>10:00 CC Meaningful Mingling and Munchies [FL]</div> <div>1:00 LL Nail Care with Amy [AR]</div> <div>2:00 AE Diamond Painting [AR]</div> <div>3:00 LL Skip-Bo (Card Game) [AR]</div>
<div>Don't Forget to Stay Hydrated! 21</div> <div>Happy Birthday Don G.</div> <div>1:15 CE Chat with the Chef [AR]</div> <div>6:00 SS Sunday Night Bible Study [AR]</div>	<div>10:00 PE Let's Move it! (Seated Exercise) [AR] 22</div> <div>10:30 PE Play Pool with Roger! [FL]</div> <div>12:45 LL Black Jack [AR]</div> <div>2:00 LL Food, Fun, and Friends-Roger's Recipe [AR]</div> <div>3:00 LL Dollar Tree Outing- Sign Up at the Front Desk</div> <div>3:00 LL Mah Jong with Roger [AR]</div>	<div>10:00 PE Let's Move it! (Seated Exercise) [AR] 23</div> <div>12:00 LL Dual Outing- Home Goods and Lunch at Sapporo's Hibachi</div> <div>2:00 AE Diamond Painting [AR]</div> <div>3:00 CE Trivia Tuesday! [AR]</div> <div>6:00 LL Golf (Card Game) [AR]</div>	<div>10:00 PE Let's Move it! (Seated Exercise) [AR] 24</div> <div>11:00 PE Wednesday Walkers *Weather Permitting*</div> <div>1:00 AE Craft Hour- Garden Spinners (Painting) [AR]</div> <div>2:00 CE Family Fued [AR]</div> <div>3:00 LL Mah Jong [AR]</div>	<div>10:00 PE Seated Yoga (Video) [AR] 25</div> <div>1:00 PE Cardio Drumming Workout [AR]</div> <div>2:00 LL BINGO- IN THE DINING ROOM [DR]</div> <div>3:00 LL 4, 5, 6 Street Dice Game [AR]</div> <div>3:15 LL Scenic Drive</div>	<div>10:00 PE Let's Move it! (Seated Exercise) [AR] 26</div> <div>11:00 PE Friday Striders *Weather Permitting*</div> <div>1:00 SS Colorful Inspiration- Acrylic Paint [AR]</div> <div>2:00 LL Remanence (Show and Tell) [AR]</div> <div>3:00 CE Word Games- Boggle [AR]</div>	<div>Saturday Spirit Days - Wear Red White and Blue 27</div> <div>Saturday Spirit Days - Wear red White and Blue</div> <div>10:00 CC Meaningful Mingling and Munchies [FL]</div> <div>12:00 LL Target Shopping and Lunch Panera Bread</div> <div>2:00 AE Diamond Painting [AR]</div> <div>3:00 LL Skip-Bo (Card Game) [AR]</div>
<div>Don't Forget to Stay Hydrated! 28</div> <div>1:00 CC Sunshine Group Meeting [AR]</div> <div>6:00 SS Sunday Night Bible Study [AR]</div>	<div>Happy Birthday Myrla D. Memorial Day 29</div> <div>10:00 PE Let's Move it! (Seated Exercise) [AR]</div> <div>10:30 PE Play Pool with Roger! [FL]</div> <div>12:45 LL Black Jack [AR]</div> <div>2:00 LL Food, Fun, and Friends-Cheese and Crackers [AR]</div> <div>3:00 LL Fred Meyer Trip- Sign Up at the Front Desk</div> <div>3:00 LL Mah Jong with Roger [AR]</div>	<div>10:00 PE Let's Move it! (Seated Exercise) [AR] 30</div> <div>11:00 LL Trip out to the Boehme Ranch</div> <div>2:00 AE Diamond Painting [AR]</div> <div>3:00 CE Trivia Tuesday! [AR]</div> <div>6:00 LL Golf (Card Game) [AR]</div>	<div>10:00 PE Let's Move it! (Seated Exercise) [AR] 31</div> <div>11:00 PE Wednesday Walkers *Weather Permitting*</div> <div>1:00 AE Relay For Life Prep (Craft/Create) [AR]</div> <div>2:00 PE Wii Bowling [AR]</div> <div>3:00 LL Mah Jong [AR]</div>	<div><div><div>AE Artistic Expression</div><div>CC Community Connections</div><div>CE Continuing Education</div><div>LL Lifestyle & Leisure</div><div>PE Physical Engagement</div><div>SS Spiritual Support</div></div><div><div>Location Keys</div><div>Activity Room AR</div><div>Back Yard BY</div><div>Dining Room DR</div><div>Fireside Lounge FL</div></div></div>		