

<div>● CONNECT</div> <div>● CONTRIBUTE</div> <div>● FEEL</div> <div>● GROW</div> <div>● MOVE</div> <div>● REFLECT</div> <div>LOCATIONS</div> <div>Assisted Living - AL</div> <div>Creative Studio - CS</div> <div>Great Room - GR</div> <div>Outing - OU</div> <div>Fire Pit - FP</div> <div>Entertainment Room - ER</div> <div>April Birthdays</div> <div>Rita - 2</div> <div>Julius -12</div> <div>Frances M. -29</div> <div>SENIOR LIFESTYLE</div> <div>Unlimited options,</div> <div>Unparalleled services</div> <div>WWW.SENIORLIFESTYLE.COM</div> <div>Activities are subject to change</div>	<div>Be Inspired</div>	<div>10:15 ● Exercise Class with Carmelia [ER]</div> <div>11:00 ● Brain Fitness Class! Improve Brain Health with fun games! How Many Words....with Donna [CS]</div> <div>1:30 ● Walk Fit Healthy Strides Program. Let's take an afternoon stroll! [LB]</div> <div>2:00 ● Wii Bowling League. For seasoned bowlers and newbies! Come learn or improve your game! [CS]</div> <div>3:00 ● Mixology! Mixed Drinks & Rummikub</div> <div>6:00 ● Board Game Night! 6:00pm - 7:00pm with Donna in the Lobby!</div>	<div>9:15 ● Brain Games with Edgar in the Creative Studio! [CS]</div> <div>10:15 ● Two for one! Gentle Weights & Chair Yoga! Fun & Easy! [ER]</div> <div>11:15 ● Lunch Bunch! Join us for fun & fabulous food as we travel to a new spot each week! Sun Thai! [OU]</div> <div>1:30 ● Walk Fit Healthy Strides Program. Let's take an afternoon stroll! [LB]</div> <div>2:00 ● Independent Shopping Trip [OU]</div> <div>3:00 ● Happy Hour! Socialize and let's play Mexican Train Dominoes!</div> <div>6:00 ● Night Bingo for Quarters! With Lisa. [CS]</div>	<div>10:15 ● Movin' & Groovin' with Zmira! Movement Class with stretching for all levels! [CS]</div> <div>11:15 ● Brain Fitness! Netflix Brain Games on the Big Screen! With Lisa & Donna [ER]</div> <div>1:30 ● Walk Fit Healthy Strides Program. Let's take an afternoon stroll! [LB]</div> <div>2:00 ● Drum Circle w/Maria! Great fun for everyone!</div> <div>2:00 ● Wii Bowling League. For seasoned bowlers and newbies! Come learn or improve your game! [CS]</div> <div>3:00 ● Wine Down Wednesday: Andy C. Sings & Plays the Guitar [LB AL]</div> <div>6:00 ● Movie Night. Enjoy A Film & Popcorn! [ER]</div>	<div>9:15 ● Brain Games with Edgar in the Creative Studio! [CS]</div> <div>10:15 ● Gentle Weights! Build bone density and strength! [ER]</div> <div>10:30 ● Catholic Service/Communion with Leni [CS]</div> <div>1:00 ● Bingo in the Afternoon! Bring Your Quarters! [ER]</div> <div>1:30 ● Walk Fit Healthy Strides Program. Let's take an afternoon stroll! [LB]</div> <div>2:00 ● Town Hall Meeting - All Residents asked to attend [ER]</div> <div>3:00 ● Happy Hour! Enjoy & Relax!</div> <div>6:00 ● Enjoy the Fire Pit after dinner! [FP]</div>	<div>9:30 ● Exercise with Shelly! Free Weights, Thera Bands [ER]</div> <div>9:30 ● Outing: Hard Rock Casino in Tampa [OU]</div> <div>1:30 ● Walk Fit Healthy Strides Program. Let's take an afternoon stroll! [LB]</div> <div>2:00 ● Wii Bowling League. For seasoned bowlers and newbies! Come learn or improve your game! [CS]</div> <div>3:00 ● Friday Live! Happy Hour & Live Entertainment!</div> <div>6:00 ● Friday Night Flick! Netflix & Popcorn! [ER]</div>	<div>9:00 ● Walking Club On Your Own...Meet Friends in the Lobby</div> <div>10:15 ● Yoga! with Lisa. Easy Moves that improve balance! [ER]</div> <div>11:15 ● Brain Fitness! Improve Brain Health with Trivia! [CS]</div> <div>2:00 ● The Sheridan Jazz Festival! Music, Food Trucks, Dancing, Fun for the whole family! Invite Yours! 2pm - 5pm [CY]</div> <div>6:00 ● Card Games Group: Bridge, Hand & Foot, Pinnacle, Gin</div>
	<div>9:45 ● Trip to Local Churches. Sign -up at Concierge [OU]</div> <div>10:00 ● Streaming Church Service in the Entertainment Room [ER]</div> <div>12:00 ● The Sheridan Jazz Festival Day 2. 12n -3:00pm [CY]</div> <div>6:00 ● Classic Movie Night! [ER]</div>	<div>10:15 ● Exercise Class with Carmelia [ER]</div> <div>11:00 ● Brain Fitness Class! Improve Brain Health with fun games! How Many Words....with Donna [CS]</div> <div>1:30 ● Play Wii Bowling with Ali in the Creative Studio!! [CS]</div> <div>1:30 ● Walk Fit Healthy Strides Program. Let's take an afternoon stroll! [LB]</div> <div>2:00 ● Wii Bowling League. For seasoned bowlers and newbies! Come learn or improve your game! [CS]</div> <div>3:00 ● Mixology! Mixed Drinks & Rummikub</div> <div>6:00 ● Board Game Night! 6:00pm - 7:00pm with Donna in the Lobby!</div>	<div>9:15 ● Brain Games with Edgar in the Creative Studio! [CS]</div> <div>10:15 ● Two for one! Gentle Weights & Chair Yoga! Fun & Easy! [ER]</div> <div>11:15 ● Lunch Bunch! Join us for fun & fabulous food as we travel to a new spot each week! Marco's Pizzai! [OU]</div> <div>1:30 ● Walk Fit Healthy Strides Program. Let's take an afternoon stroll! [LB]</div> <div>2:00 ● Brain Games! Award Winning Netflix Program we play along with! [CS]</div> <div>2:00 ● Educational Talk: Alzheimer's Today. Speaker is Sarah from Cornerstone. [ER]</div> <div>2:00 ● Independent Shopping Trip [OU]</div> <div>3:00 ● Happy Hour! Socialize and let's play Mexican Train Dominoes!</div> <div>6:00 ● Night Bingo for Quarters! With Lisa. [CS]</div>	<div>10:15 ● Movin' & Groovin' with Zmira! Movement Class with stretching for all levels! [CS]</div> <div>11:15 ● Brain Fitness! Netflix Brain Games on the Big Screen! With Lisa & Donna [ER]</div> <div>1:00 ● Bible Study with Tom K. from First Baptist of Windermere [ER]</div> <div>1:30 ● Walk Fit Healthy Strides Program. Let's take an afternoon stroll! [LB]</div> <div>2:00 ● Health Talk with Carmelia. Topic: Flu Season [ER]</div> <div>2:30 ● Wii Bowling League. For seasoned bowlers and newbies! Come learn or improve your game! [CS]</div> <div>6:00 ● Movie Night. Enjoy A Film & Popcorn! [ER]</div>	<div>9:15 ● Brain Games with Edgar in the Creative Studio! [CS]</div> <div>10:15 ● Gentle Weights! Build bone density and strength! [ER]</div> <div>10:30 ● Catholic Service/Communion with Leni [CS]</div> <div>1:00 ● Bingo in the Afternoon! Bring Your Quarters! [ER]</div> <div>1:30 ● Walk Fit Healthy Strides Program. Let's take an afternoon stroll! [LB]</div> <div>2:00 ● Activity Meeting. All Residents are invited! [ER]</div> <div>3:00 ● Happy Hour! Enjoy & Relax!</div> <div>6:00 ● Enjoy the Fire Pit after dinner! [FP]</div>	<div>9:30 ● Exercise with Shelly! Free Weights, Thera Bands [ER]</div> <div>9:30 ● Outing: No Outing Today. [OU]</div> <div>1:30 ● Walk Fit Healthy Strides Program. Let's take an afternoon stroll! [LB]</div> <div>2:00 ● Cooking Class! Make & Deliver Cookies to Friends! With Donna</div> <div>2:00 ● Wii Bowling League. For seasoned bowlers and newbies! Come learn or improve your game! [CS]</div> <div>3:00 ● Friday Live! Happy Hour & Live Entertainment!</div> <div>6:00 ● Friday Night Flick! Netflix & Popcorn! [ER]</div>	<div>9:00 ● Walking Club On Your Own...Meet Friends in the Lobby</div> <div>10:00 ● Painting with a Twist! Make and Take a Masterpiece! [ER]</div> <div>11:15 ● Brain Fitness! Improve Brain Health with Trivia! [CS]</div> <div>2:00 ● Arts & Crafts with Donna!</div> <div>3:00 ● Movie Matinee & Ice Cream! Make your own sundaes! [ER]</div> <div>6:00 ● Card Games Group: Bridge, Hand & Foot, Pinnacle, Gin</div>
	<div>9:45 ● Trip to Local Churches. Sign -up at Concierge [OU]</div> <div>10:00 ● Streaming Church Service in the Entertainment Room [ER]</div> <div>1:00 ● Afternoon Stroll. Meet in the Lobby [LB]</div> <div>1:30 ● Bingo in the Afternoon! Bring Your Quarters! 1:30pm - 3:00pm [ER]</div> <div>3:15 ● Happy Hour! Relax and meet friends! [ER]</div> <div>6:00 ● Classic Movie Night! [ER]</div>	<div>10:15 ● Exercise Class with Carmelia [ER]</div> <div>11:00 ● Brain Fitness Class! Improve Brain Health with fun games! How Many Words....with Donna [CS]</div> <div>1:30 ● Walk Fit Healthy Strides Program. Let's take an afternoon stroll! [LB]</div> <div>2:00 ● Wii Bowling League. For seasoned bowlers and newbies! Come learn or improve your game! [CS]</div> <div>3:00 ● Mixology! Mixed Drinks & Rummikub</div> <div>6:00 ● Board Game Night! 6:00pm - 7:00pm with Donna in the Lobby!</div>	<div>9:15 ● Brain Games with Edgar in the Creative Studio! [CS]</div> <div>10:15 ● Two for one! Gentle Weights & Chair Yoga! Fun & Easy! [ER]</div> <div>11:15 ● Lunch Bunch! Join us for fun & fabulous food as we travel to a new spot each week! Bella Tuscany! [OU]</div> <div>1:00 ● Chef's Cooking Demo!</div> <div>1:30 ● Walk Fit Healthy Strides Program. Let's take an afternoon stroll! [LB]</div> <div>2:00 ● Independent Shopping Trip [OU]</div> <div>2:00 ● Menu Chat with Chef Manny/All Residents Invited!</div> <div>3:00 ● Happy Hour! Socialize and let's play Mexican Train Dominoes!</div> <div>3:00 ● New Resident Mixer! Meet your new neighbors!</div> <div>6:00 ● Night Bingo for Quarters! With Lisa. [CS]</div>	<div>10:15 ● Movin' & Groovin' with Zmira! Movement Class with stretching for all levels! [CS]</div> <div>11:15 ● Brain Fitness! Netflix Brain Games on the Big Screen! With Lisa & Donna [ER]</div> <div>1:30 ● Walk Fit Healthy Strides Program. Let's take an afternoon stroll! [LB]</div> <div>2:00 ● Identity Theft Talk with Patricia from Spring-Hill. For Residents, Family, Members, Friends, Staff. [ER]</div> <div>2:00 ● Wii Bowling League. For seasoned bowlers and newbies! Come learn or improve your game! [CS]</div> <div>4:30 ● 50's Sock Hop & Dinner! Come to enjoy a delicious meal and an evening of dancing and Karaoke! Family & Friends invited!</div> <div>6:00 ● Movie Night. Enjoy A Film & Popcorn! [ER]</div>	<div>9:15 ● Brain Games with Edgar in the Creative Studio! [CS]</div> <div>10:15 ● Gentle Weights! Build bone density and strength! [ER]</div> <div>10:30 ● Catholic Service/Communion with Leni [CS]</div> <div>1:00 ● Bingo in the Afternoon! Bring Your Quarters! [ER]</div> <div>1:30 ● Walk Fit Healthy Strides Program. Let's take an afternoon stroll! [LB]</div> <div>3:00 ● Happy Hour! Enjoy & Relax!</div> <div>6:00 ● Enjoy the Fire Pit after dinner! [FP]</div>	<div>9:30 ● Exercise with Shelly! Free Weights, Thera Bands [ER]</div> <div>9:30 ● Outing: Dollar Tree in Winter Garden [OU]</div> <div>1:30 ● Walk Fit Healthy Strides Program. Let's take an afternoon stroll! [LB]</div> <div>2:00 ● Jewlrey Making with Jackie! Make a beautiful bracelet with our own Jackie! All supplies provided. [ER]</div> <div>2:00 ● Wii Bowling League. For seasoned bowlers and newbies! Come learn or improve your game! [CS]</div> <div>3:00 ● Friday Live! Happy Hour & Live Entertainment!</div> <div>6:00 ● Friday Night Flick! Netflix & Popcorn! [ER]</div>	<div>9:00 ● Walking Club On Your Own...Meet Friends in the Lobby</div> <div>10:15 ● Yoga! with Lisa. Easy Moves that improve balance! [ER]</div> <div>11:15 ● Brain Fitness! Improve Brain Health with Trivia! [CS]</div> <div>2:00 ● Arts & Crafts with Lisa!</div> <div>3:00 ● Movie Matinee & Ice Cream! Make your own sundaes! [ER]</div> <div>6:00 ● Card Games Group: Bridge, Hand & Foot, Pinnacle, Gin</div>
	<div>Easter</div> <div>10:00 ● Easter Brunch</div> <div>10:00 ● Streaming Church Service in the Entertainment Room [ER]</div> <div>2:00 ● Easter Movie [ER]</div> <div>6:00 ● Dominoes in the Lobby</div>	<div>10:15 ● Exercise Class with Carmelia [ER]</div> <div>11:00 ● Brain Fitness Class! Improve Brain Health with fun games! How Many Words....with Donna [CS]</div> <div>1:30 ● Walk Fit Healthy Strides Program. Let's take an afternoon stroll! [LB]</div> <div>2:00 ● Wii Bowling League. For seasoned bowlers and newbies! Come learn or improve your game! [CS]</div> <div>3:00 ● Mixology! Mixed Drinks & Rummikub</div> <div>6:00 ● Board Game Night! 6:00pm - 7:00pm with Donna in the Lobby!</div>	<div>9:15 ● Brain Games with Edgar in the Creative Studio! [CS]</div> <div>10:15 ● Two for one! Gentle Weights & Chair Yoga! Fun & Easy! [ER]</div> <div>11:15 ● Lunch Bunch! Join us for fun & fabulous food as we travel to a new spot each week! Red Lobster! [OU]</div> <div>1:30 ● Walk Fit Healthy Strides Program. Let's take an afternoon stroll! [LB]</div> <div>2:00 ● Brain Games! Award Winning Netflix Program we play along with! [CS]</div> <div>2:00 ● Independent Shopping Trip [OU]</div> <div>3:00 ● Happy Hour! Socialize and let's play Mexican Train Dominoes!</div> <div>6:00 ● Night Bingo for Quarters! With Lisa. [CS]</div>	<div>10:15 ● Movin' & Groovin' with Zmira! Movement Class with stretching for all levels! [CS]</div> <div>11:15 ● Brain Fitness! Netflix Brain Games on the Big Screen! With Lisa & Donna [ER]</div> <div>1:00 ● Bible Study with Tom K. from First Baptist of Windermere [ER]</div> <div>1:30 ● Walk Fit Healthy Strides Program. Let's take an afternoon stroll! [LB]</div> <div>2:00 ● Caregiver Support Group</div> <div>2:00 ● Wii Bowling League. For seasoned bowlers and newbies! Come learn or improve your game! [CS]</div> <div>6:00 ● Movie Night. Enjoy A Film & Popcorn! [ER]</div>	<div>9:15 ● Brain Games with Edgar in the Creative Studio! [CS]</div> <div>10:15 ● Gentle Weights! Build bone density and strength! [ER]</div> <div>10:30 ● Catholic Service/Communion with Leni [CS]</div> <div>1:00 ● Bingo in the Afternoon! Bring Your Quarters! [ER]</div> <div>1:30 ● Walk Fit Healthy Strides Program. Let's take an afternoon stroll! [LB]</div> <div>2:00 ● Activity Meeting. All Residents are invited! [LB AL]</div> <div>2:30 ● Conversational Spanish with Dalba! Learn a new language to boost your brain power! [ER]</div> <div>3:00 ● Birthday Celebration for March! Cake and fun! [LB]</div> <div>3:00 ● Happy Hour! Enjoy & Relax!</div> <div>6:00 ● Enjoy the Fire Pit after dinner! [FP]</div>	<div>9:30 ● Exercise with Shelly! Free Weights, Thera Bands [ER]</div> <div>9:30 ● Outing: The Windermere Boat Tour on The Chain if Lakes! [OU]</div> <div>1:30 ● Walk Fit Healthy Strides Program. Let's take an afternoon stroll! [LB]</div> <div>2:00 ● Cooking Class! Make & Deliver Cookies to Friends! With Lisa</div> <div>2:00 ● Wii Bowling League. For seasoned bowlers and newbies! Come learn or improve your game! [CS]</div> <div>3:00 ● Friday Live! Happy Hour & Live Entertainment!</div> <div>6:00 ● Friday Night Flick! Netflix & Popcorn! [ER]</div>	<div>9:00 ● Walking Club On Your Own...Meet Friends in the Lobby</div> <div>10:15 ● Yoga! with Lisa. Easy Moves that improve balance! [ER]</div> <div>11:15 ● Brain Fitness! Improve Brain Health with Trivia! [CS]</div> <div>2:00 ● Arts & Crafts with Lisa!</div> <div>3:00 ● Movie Matinee & Ice Cream! Make your own sundaes! [ER]</div> <div>6:00 ● Card Games Group: Bridge, Hand & Foot, Pinnacle, Gin</div>
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