calendar & activities

The Sheridan at Windermere Memory Care 2-Move

JAN 2020

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

LOCATIONS

Assisted Living - AL Creative Studio - CS Great Room - GR Outing - OU Fire Pit - FP Entertainment Room - ER

BIRTHDAYS THIS MONTH Clara M - 1/2

June B - 1/20

SENIOR LIFESTYLE Unlimited options, Unparalleled services



TUESDAY

AM

Bible Study **New Year's Day** AM • Move and Stretch AM

Bible Study AM • EXERCISES W/ JEREMIAH AM • Scattergories AM • Puzzle Challenge [CS] AM • Thymeless Club(Baking) AM • Thymeless Club [CS] AM • Word Search Social [ER] AM ● BINGO!!! [CS] AM • Manicure

WEDNESDAY

PM • Sing along w/ Susie [ER] PM • WINE DOWN WEDNESDAY [CS]

AM • Rhythm Band [ER] PM • Crafting [CS] PM • Aromatherpy & Massages PM • Literary Club PM • Thymeless Club(icing) PM • Take Down Christmas Decorations [CS]

THURSDAY

AM • Bible Study AM • Fun Facts (IN2L) AM • Healthy Florida Walks AM • Healthy Florida Walks AM • Fun Facts (IN2L) [CS] AM • Thymeless Club(Infused Water) AM • LOL Social Club AM • Travel Europe [ER] PM • Lemonade and Reminiscing [ER]

FRIDAY

PM ● Sing along w/ Susie [ER] PM • BINGO! Friday Live! [LB AL] PM • InBloom Society [CS] Classic Movie NIght [ER]

AM • Scattergories AM • Thymeless Club(Infused Water) AM • NATIONAL SPAGETHETTI DAY [CS] AM • Manicure PM • Lady's Card Club [ER] PM • The Price Is Right [CS] PM • Literary Club

SATURDAY

AM • Healthy Florida Walks

AM

Bible Study

AM • Healthy Florida

Walks

Thymeless Club [CS] PM • Puzzle Challenge [CS] PM • Sounds of Nature & Meditaion [ER]

AM Bible Study AM • Fun Facts (IN2L) AM

Ball Toss Tournament

AM • Thymeless Club(Baking)

SUNDAY

AM • VISITS FROM AUTUMN AM • NATIONAL BIRD DAY [ER]

PM • Lady's Card Club [ER] PM • The Price Is Right [CS]

PM • Literary Club

PM • Thymeless Club PM • Puzzle Challenge [CS]

PM • Sounds of Nature & Meditaion [ER]

AM

Bible Study AM • Ball Toss Tournament [ER]

MONDAY

AM • Puzzle Challenge [CS] AM • Puzzle Challenge [CS]

AM • Thymeless Club(Fondu)

AM • LOL Social Club AM • Travel Europe [ER] PM • Lemonade and

Reminiscina PM • Sing along w/ Susie [ER]

PM ● BINGO!

Thymeless Club [CS] PM • InBloom Society [CS] Classic Movie NIght [ER]

AM Bible Study AM • Scattergories AM • Thymeless Club(Baking) AM • ESSENCE

PM • Crafting [CS] PM • Aromatherpy & Massages

PM • Dominos PM • Table Games [CS] AM • Thymeless Club(Fondu) AM ● BINGO!!! [CS] AM • Manicure PM • Lady's Card Club [ER] PM • Sing along w/ Susie [ER]

Puzzle Challenge [CS]

AM

Bible Study

AM • Conductorcise

Wine Down Wednesday [LB AL] PM • Puzzle Challenge [CS]

AM

Bible Study AM • Move and Stretch

AM • Scattergories AM • Thymeless Club(Baking)

AM • Word Search Social [ER] AM • Rhythm Band [ER]

PM • Crafting [CS] PM • Aromatherpy & Massages

PM • Literary Club PM • Thymeless Club(icing) PM • Who Am I [CS]

PM • Table Games [CS]

AM • Bible Study AM • Fun Facts (IN2L) AM • Healthy Florida Walks

AM • Healthy Florida Walks AM • Fun Facts (IN2L) [CS] AM • Thymeless Club(Infused

Water) AM • LOL Social Club AM • Travel Europe [ER]

PM • Lemonade and Reminiscing [ER] PM • Sing along w/ Susie [ER]

PM • BINGO! Friday Live! [LB AL]

PM • InBloom Society [CS] Classic Movie NIght [ER] AM

Bible Study AM • Healthy Florida Walks

AM • Healthy Florida Walks AM • Scattergories

AM • Thymeless Club(Infused Water) AM • Word Search Social [CS]

AM • Manicure

PM • Lady's Card Club [ER] PM • The Price Is Right [CS] PM • Literary Club

PM Thymeless Club [CS] PM • Puzzle Challenge [CS]

PM • Sounds of Nature & Meditaion [ER]

WWW.SENIORLIFESTYLE.COM

Activities are subject to change

AM

Bible Study AM • Fun Facts (IN2L)

AM

Ball Toss Tournament AM • Fun Facts (IN2L) [CS]

AM • Thymeless Club(Baking) AM • VISITS FROM AUTUMN

OUR VOLUNTEER [ER] AM • Rhythm Band [ER] PM • Lady's Card Club [ER]

PM • The Price Is Right [CS] PM • Literary Club

PM • Thymeless Club(icing) PM • Puzzle Challenge [CS]

PM • Sounds of Nature & Meditaion [ER]

AM

Bible Study AM • Ball Toss

Tournament [ER]

AM • Puzzle Challenge [CS] AM • Thymeless Club(Fondu)

AM • LOL Social Club AM • Travel Europe [ER]

PM • Lemonade and Reminiscing

PM • Sing along w/ Susie [ER] PM ● BINGO! Thymeless Club [CS]

PM • InBloom Society [CS] Classic Movie Night [ER] AM • Bible Study
AM • Move and Stretch AM

Bible Study

AM • Scattergories

AM • NATIONAL OATMEAL DAY WITH FIXINS AM • ESSENCE

PM • Crafting [CS] PM • Aromatherpy & Massages

PM • Dominos PM • Thymeless Club(icing) PM • Table Games [CS]

AM • Bible Study AM • Conductorcise

AM • Puzzle Challenge [CS] AM • Thymeless Club(Fondu) AM ● BINGO!!! [CS]

AM • Manicure PM • Lady's Card Club [ER] PM • Sing along w/ Susie [ER] Wine Down Wednesday

[LB AL] PM • Puzzle Challenge [CS] AM

Bible Study AM • Bible Study
AM • Move and Stretch

AM • Scattergories AM • Thymeless Club(Baking) AM • Word Search Social [ER]

AM • Rhythm Band [ER] PM • Crafting [CS] PM • Aromatherpy & Massages

PM • Literary Club PM • Thymeless Club(icing)

PM • Who Am I [CS] PM • Table Games [CS] AM

Bible Study AM • Fun Facts (IN2L)

AM • Healthy Florida Walks AM • Healthy Florida Walks

AM • Fun Facts (IN2L) [CS] AM • Thymeless Club(Infused

Water) AM • NATIONAL HAT DAY!

AM • Travel Europe [ER] PM • Lemonade and Reminiscing [ER]

PM • Sing along w/ Susie [ER]

PM ● BINGO! Friday Live! [LB AL]

PM • InBloom Society [CS] Classic Movie NIght [ER]

AM

Bible Study AM • Healthy Florida Walks AM • Healthy Florida Walks

AM • Scattergories AM • Thymeless Club(Infused Water)

AM • Word Search Social [CS] AM Manicure

PM • Lady's Card Club [ER] PM • The Price Is Right [CS]

PM • Literary Club Thymeless Club [CS] PM • Puzzle Challenge [CS]

PM • Sounds of Nature & Meditaion [ER]

calendar & activities

The Sheridan at Windermere Memory Care 2-Move

JAN 2020

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

LOCATIONS

Assisted Living - AL Creative Studio - CS Great Room - GR Outing - OU Fire Pit - FP Entertainment Room - ER

BIRTHDAYS THIS MONTH

Clara M - 1/2 June B - 1/20

SENIOR LIFESTYLE Unlimited options, Unparalleled services

WWW.SENIORLIFESTYLE.COM Activities are subject to change

Martin Luther King, Jr. Day AM • Bible Study AM • Fun Facts (IN2L) AM • Bible Study AM • Ball Toss Tournament [ER] AM • Ball Toss Tournament AM • Puzzle Challenge [CS]

SUNDAY

PM • Thymeless Club(icing)

Meditaion [ER]

PM • Puzzle Challenge [CS]

PM • Sounds of Nature &

AM

Bible Study

AM • Fun Facts (IN2L)

AM • Ball Toss Tournament

AM • Fun Facts (IN2L) [CS]

AM • Thymeless Club(Baking)

OUR VOLUNTEER [ER]

AM • VISITS FROM AUTUMN

AM • Rhythm Band [ER]

PM • Literary Club

PM • Lady's Card Club [ER]

PM • The Price Is Right [CS]

PM • Thymeless Club(icing)

PM • Puzzle Challenge [CS]

Meditaion [ER]

PM • Sounds of Nature &

- AM Fun Facts (IN2L) [CS] AM • Puzzle Challenge [CS] AM • Thymeless Club(Baking) AM • Thymeless Club(Fondu) AM • VISITS FROM AUTUMN OUR VOLUNTEER [ER]
- AM HISTORY OF MARTIN AM • Rhythm Band [ER] LUTHER KING JR PM • Lady's Card Club [ER] AM • Travel Europe [ER] PM • The Price Is Right [CS] PM • Lemonade and PM • Literary Club
 - Reminiscing PM • Sing along w/ Susie [ER] PM • BINGO!

AM

Bible Study

AM • Ball Toss

Thymeless Club [CS] PM • InBloom Society [CS] Classic Movie NIght [ER]

Tournament [ER]

AM • Thymeless Club(Fondu)

AM • Puzzle Challenge [CS]

AM • LOL Social Club

PM • Lemonade and

PM • BINGO!

AM • Travel Europe [ER]

Reminiscina

PM • InBloom Society [CS]

PM • Sing along w/ Susie [ER]

Thymeless Club [CS]

Classic Movie NIght [ER]

MONDAY

AM • Bible Study AM • Bible Study
AM • Move and Stretch AM • Scattergories AM • Thymeless Club(Baking) AM • ESSENCE PM • Crafting [CS] PM • Aromatherpy & Massages PM • Dominos PM • Thymeless Club(icing)

PM • Table Games [CS]

AM • Bible Study
AM • Move and Stretch 28

AM • GOURMET COFFEE DAY

PM • Aromatherpy & Massages

PM • Thymeless Club(icing)

AM • Scattergories

AM • ESSENCE

PM • Dominos

PM • Crafting [CS]

PM • Who Am I [CS]

PM • Table Games [CS]

TUESDAY

AM

Bible Study AM • Conductorcise (IN2L) AM • Puzzle Challenge [CS] AM • Thymeless Club(Fondu) AM ● BINGO!!! [CS]

WEDNESDAY

- AM Manicure PM • Lady's Card Club [ER] PM • Sing along w/ Susie [ER] Wine Down Wednesday
- [LB AL] PM • Puzzle Challenge [CS]

AM

Bible Study

AM • Conductorcise

AM ● BINGO!!! [CS]

[LB AL]

AM • Manicure

AM • Puzzle Challenge [CS]

PM • Lady's Card Club [ER]

PM • Sing along w/ Susie [ER]

National Puzzle Day -

Puzzle Challenge [CS]

Wine Down Wednesday

AM • Thymeless Club(Fondu)

AM • Bible Study
AM • Move and Stretch 23 AM • Scattergories AM • Thymeless Club(Baking) AM • Word Search Social [ER] AM • Rhythm Band [ER] PM • Crafting [CS] PM • Aromatherpy & Massages

AM • Bible Study

THURSDAY

PM • Literary Club PM • Thymeless Club(icing) PM • Who Am I [CS] PM • Table Games [CS]

PM • Who Am I [CS]

AM

Bible Study AM • Bible Study
AM • Fun Facts (IN2L) AM • Healthy Florida Walks AM • Healthy Florida Walks AM • Fun Facts (IN2L) [CS] AM • NATIONAL TEA PARTY DAY AM • LOL Social Club

FRIDAY

AM • Travel Europe [ER] PM • FORTUNE COOKIE DAY PM • Lemonade and Reminiscing [ER] PM • The Price Is Right [CS] PM ● Sing along w/ Susie [ER] PM • Literary Club

SATURDAY

AM • Healthy Florida Walks

AM • Thymeless Club(Infused

AM • Word Search Social [CS]

AM

Bible Study

AM • Healthy Florida

Walks

AM • Scattergories

Water)

AM • Manicure

PM • BINGO! Thymeless Club [CS] PM • Puzzle Challenge [CS] Friday Live! [LB AL] PM • InBloom Society [CS] PM • Sounds of Nature & Meditaion [ER] Classic Movie NIght [ER]

AM

Bible Study AM • Bible Study AM • Bible Study
AM • Move and Stretch AM • Fun Facts (IN2L) AM • Healthy Florida Walks AM • Scattergories AM • NATIONAL SOUP DAY -AM • Healthy Florida Walks MAKE SOUP FOR LUNCH AM • Fun Facts (IN2L) [CS] AM • Word Search Social [ER] AM • Thymeless Club(Infused AM • Rhythm Band [ER] Water) PM • Crafting [CS] AM • LOL Social Club PM • Aromatherpy & Massages AM • Travel Europe [ER] PM • Literary Club

PM • Lemonade and Reminiscing [ER] PM • Thymeless Club(icing) PM • Sing along w/ Susie [ER] PM • BINGO! PM • Table Games [CS]

3:00 Friday Live! [LB AL] PM • InBloom Society [CS] Classic Movie NIght [ER]

"Yesterday was not "Yesterday was not your defining moment, your defining moment, The calendar moved The calendar moved forward; why not you?" forward; why not you?"

− Dr. Steve Maraboli− Dr. Steve Maraboli

Created on Thursday, January 2, 2020 1:37 PM