calendar & activities

The Sheridan at Windermere Memory Care- Reflect for Quality of Life

FEB 2019

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

- CONNECT
- CONTRIBUTE
- GROW
- MOVE
- REFLECT

LOCATIONS

Assisted Living - AL Creative Studio - CS Great Room - GR Outing - OU Fire Pit - FP Entertainment Room - ER

BIRTHDAYS THIS MONTH Arra Nergararian 2/27

SENIOR LIFESTYLE Unlimited options, Unparalleled services

WWW.SENIORLIFESTYLE.COM Activities are subject to change



"When it rains, look for rainbows. When it's dark. look for stars."

Unknown

AM • BOOKMARKS (I carry your heart with

PM • Thymeless Club (Juice Bar)

PM • Reminiscing (IN2L) [CS]

PM • The Price is Right [ER]



AM

Bible Study

AM • Riddle Me This

AM • literary Club

Valentine's Day

AM • Bible Study

AM • Riddle Me This

AM • literary Club

9:30 • move and stretch [ER]

PM • Musical Instruments

PM • Aroma Therapy [CS]

PM • IN2L Dealers choice [ER]

AM • Oakland Preserve Nature

AM • Thymeless Gardening Club

PM • Sing a Long w/ Susie [CS]

PM • Thymeless Club (Baking) [CS]

PM • Fun Facts and Video(IN2L) [CS]

9:30 • move and stretch [ER]

AM • The Shrine of Queen of

AM • Thymeless Gardening Club

PM • Sing a Long w/ Susie [CS]

PM • Thymeless Club (Baking) [CS]

PM • Fun Facts and Video(IN2L) [CS]

the Universe

PM • Musical Instruments

PM • Aroma Therapy [CS]

PM • IN2L Dealers choice [ER]

AM • Bible Study AM • Healthy Florida Walks AM • SPARKS (Philosophically Speaking) [CS] AM • Thymeless Gardening Club AM • IN2L (Trivia) [ER] AM • Travel Caribbean(IN2L) [ER] PM • Lemonade and Reminiscing PM BINGO!! [CS] PM • Thymeless Club (Infused Waters)

PM • Ball Toss [CS] PM • Relaxing sounds (Meditation) [ER]

AM

Bible Study

AM • Healthy Florida Walks

Scavenger Hunt) [CS]

AM • Thymeless Gardening Club

AM • Travel Caribbean(IN2L) [ER]

PM • Lemonade and Reminiscing

PM • Thymeless Club(Infused Waters)

PM • Relaxing sounds (Meditation) [ER]

AM • SPARKS (Magazine

AM • IN2L (Trivia) [ER]

PM BINGO!! [CS]

PM • Ball Toss [CS]

AM • Bible Study

AM • Healthy Florida Walks

AM • Thymeless Gardening

AM • IN2L (Trivia) [ER]

PM BINGO!! [CS]

PM • Ball Toss [CS]

AM • Operation Care Package

AM • Travel Caribbean(IN2L) [ER]

PM • Lemonade and Reminiscing

PM • Thymeless Club(Infused Waters)

PM • Table Games [CS]

Groundhog Day AM Bible Study AM • Healthy Florida Walks AM • Thymeless Gardening AM • Let's Play Uno [CS] PM • Finish The Line [CS] PM • Family Feud [ER] PM • Thymeless Club (Earl of Sandwiches) PM • Arm Chair Travel (IN2L) PM • Aroma Therapy PM BINGO [CS] PM • Relax on Patio [CY]

AM

Bible Study

AM • Healthy Florida Walks

AM • Let's Play Uno [CS]

PM • Family Feud [ER]

PM Aroma Therapy

PM • Relax on Patio [CY]

AM • Healthy Florida Walks

AM • Thymeless Gardening

AM • Let's Play Uno [CS]

PM • Finish The Line [CS]

PM • Family Feud [ER]

PM • BINGO [CS]

AM

Bible Study

PM • Prayer Rock Garden [CS]

PM • Arm Chair Travel (IN2L)

PM • Thymeless Club (Earl of Sandwiches)

AM • Guided Meditation AM • Fun Facts (IN2L) [CS] AM • Thymeless Gardening

AM • Praise and Worship [ER] PM • Family Feud [ER]

AM • Fun Facts (IN2L) [CS]

AM • Thymeless Gardening

PM • Family Feud [ER]

PM Board Games [CS]

AM • Praise and Worship [ER]

PM • Classic TV series [CS]

PM • IN2L Dealers choice [ER]

PM • Thymeless Club (Brain Food)

PM • U tube Sing Along (Hymns) [ER]

PM • Classic TV series [CS] PM • Thymeless Club (Brain Food)

PM • Board Games [CS] PM • U tube Sing Along (Hymns) [ER] PM • IN2L Dealers choice [ER]

AM Bible Study

AM . Conductorcise (IN2L)

AM • Puzzle Challenge [CS]

AM

Bowling

AM • Music w/ Andy

AM • literary Club

PM • BINGO!! [CS]

PM • Kaleidoscope

PM • ICE Cream Social

AM • Thymeless Gardening Club

PM • Arm Chair Travel (IN2L)

PM • Thymeless Club(Fondue)

PM • Who wants to be a Millionaire [ER]

AM • Conductorcise (IN2L) AM Puzzle Challenge [CS] AM • Thymeless Gardening Club AM Movin & Groovin w/ Heidi

AM • literary Club PM BINGOUICS PM • Arm Chair Travel (IN2L)

PM • Love Around the World Concert

PM • Thymeless Club(Fondue) PM • Who wants to be a Millionaire [ER] PM • Kaleidoscope PM • ICE Cream Social

AM

Bible Study 9:30 move and stretch [FR] AM Riddle Me This AM • Thymeless Gardening

9:30 • move and stretch [ER]

AM • Riddle Me This

AM • ESSENCE

PM • Crafting [CS]

PM • Horse Racing

PM Dominos

AM • BOOKMARKS (How do I love thee) AM • ESSENCE

PM • Crafting [CS] PM • Thymeless Club (Juice Bar)

PM • Reminiscing (IN2L) [CS] PM • Horse Racing PM • Dominos PM • The Price is Right [ER]

AM • Bible Study

AM • ESSENCE

AM Bible Study

AM • ESSENCE

AM Riddle Me This

PM • Crafting [CS]

AM • Riddle Me This

9:30 • move and stretch [ER]

AM • Thymeless Gardening

AM • BOOKMARKS (A Valentine)

PM • Thymeless Club (Juice Bar)

PM • Reminiscing (IN2L) [CS]

AM

Bible Study AM • Conductorcise (IN2L) AM • Puzzle Challenge [CS]

PM • Valentines Dance

PM • Word Games [CS]

AM • Conductorcise (IN2L)

AM • Puzzle Challenge [CS]

PM • Classic Matinee [ER]

PM • Piano sing along [ER]

PM • Kaleidoscope [CS]

PM • Word Games [CS]

AM • Thymeless Gardening Club

PM • Thymeless Club (Happy Hour)

AM • Bible Study

AM BINGO!! [CS]

PM • Ball Toss [CS]

AM

Bible Study

AM BINGO!! [CS]

PM • Ball Toss [CS]

PM • Kaleidoscope [CS]

PM • Word Games [CS]

AM • Conductorcise (IN2L)

AM Puzzle Challenge [CS]

PM • Classic Matinee [ER]

PM • Piano sing along [ER]

AM • Tree Planting Ceremony

AM • Thymeless Gardening Club

PM • Thymeless Club (Happy Hour)

AM • Thymeless Gardening Club AM BINGO!! [CS] PM • Classic Matinee [ER]

PM • Thymeless Club (Happy Hour) PM • Piano sing along [ER] PM Ball Toss [CS] PM • Kaleidoscope [CS]

AM • Bible Study 9:30 • move and stretch [ER] AM • Riddle Me This AM • Thymeless Gardening Club

AM • Lunch Bunch (Dealers Choice) AM • literary Club

PM • Musical Instruments PM • Sing a Long w/ Susie [CS] PM • Thymeless Club (Baking) [CS] PM • Aroma Therapy [CS] PM • Fun Facts and Video(IN2L) [CS] PM • IN2L Dealers choice [ER]

AM • Bible Study AM • Healthy Florida Walks AM • Thymeless Gardening

AM • IN2L (Trivia) [ER] AM Travel Caribbean(IN2L) [ER] PM • Lemonade and Reminiscing PM . SPARKS Graduation [CS]

PM • BINGO!! [CS] PM • Thymeless Club(Infused Waters)

PM • Ball Toss [CS] PM • Table Games [CS] PM • Relaxing sounds (Meditation) [ER]

PM • Thymeless Club (Earl of Sandwiches)
[CS] PM • Arm Chair Travel (IN2L) PM Aroma Therany PM BINGO [CS]

PM Relax on Patio [CY]

AM • Bible Study

AM • Healthy Florida Walks AM • Thymeless Gardening AM • Let's Play Uno [CS]

PM • Finish The Line [CS] PM • Family Feud [ER] PM • Thymeless Club (Earl of Sandwiches)

PM • Arm Chair Travel (IN2L)

PM • BINGO [CS]

PM • Relax on Patio [CY]

PM • Aroma Therapy

PM • Table Games [CS] PM • Relaxing sounds (Meditation) [ER]



Presidents' Day AM Bible Study

AM • Conductorcise (IN2L)

PM • Kaleidoscope PM • ICE Cream Social

AM Bible Study

AM • Puzzle Challenge [CS] AM • Thymeless Gardening Club AM • Zumba

AM • literary Club PM BINGO!! [CS] PM • Arm Chair Travel (IN2L)

PM • Thymeless Club(Fondue) PM • Who wants to be a Millionaire [ER]

PM • Horse Racing PM Dominos

PM • The Price is Right [ER]

AM • Thymeless Gardening

9:30 • move and stretch [ER]

AM Bible Study AM • Conductorcise (IN2L) AM • Puzzle Challenge [CS]

AM • Thymeless Gardening Club AM • BINGO!! [CS]

PM • Music w/ Joe [ER] PM • Thymeless Club (Happy Hour) PM • Piano sing along [ER]

PM • Ball Toss [CS] PM • Kaleidoscope [CS] PM • Word Games [CS] AM Bible Study 9:30 • move and stretch [ER]

AM ● Leu Gardens Tour AM • Riddle Me This AM • Thymeless Gardening Club AM • literary Club

PM • Musical Instruments PM • Sing a Long w/ Susie [CS] PM • Burning Bowl Ceremony [FP] PM • Thymeless Club (Baking) [CS]

PM • Aroma Therapy [CS] PM • Fun Facts and Video(IN2L) [CS] PM • IN2L Dealers choice [ER]

Happy Valentine's Day

AM • Guided Meditation AM • Fun Facts (IN2L) [CS]

AM • Guided Meditation

PM • Family Feud [ER]

PM Board Games [CS]

AM • Fun Facts (IN2L) [CS]

AM • Praise and Worship [ER]

PM • Classic TV series [CS]

PM • Sing Along (Hymns) [ER]

PM • IN2L Dealers choice [ER]

PM • Thymeless Club (Brain Food)

AM • Thymeless Gardening AM Praise and Worship [ER]

PM • Family Feud [ER] PM • Classic TV series [CS]

PM • First Baptist Orlando PM • Thymeless Club (Brain Food) PM • Board Games [CS] PM • U tube Sing Along (Hymns) [ER]

PM • IN2L Dealers choice [ER]

AM • Thymeless Gardening Club AM Bowling AM • literary Club PM • BINGO!! [CS]

AM . Conductorcise (IN2L)

AM Puzzle Challenge [CS]

PM • ICE Cream Social

PM • Arm Chair Travel (IN2L) PM • Thymeless Club(Fondue) PM • Who wants to be a Millionaire [ER] PM • Kaleidoscope

PM Dominos

PM • Crafting [CS] PM • Thymeless Club (Juice Bar) PM • Reminiscing (IN2L) [CS] PM • Horse Racing

nothing like the Sun)

AM • BOOKMARKS (Winter Night)

AM

BOOKMARKS (My mistress eye are

PM • The Price is Right [ER]