

October 2023  
Memory Care Activities



| Sunday   | Monday   | Tuesday   | Wednesday   | Thursday  | Friday  | Saturday  |
|--|--|---|---|---|---|---|
| <div><b>National Walk Your Dog Day</b><br/>8:30 <span>LL</span> Morning Coffee Chats<br/>9:30 <span>PE</span> Flower Frenzy<br/>3:00 <span>CE</span> Documentary Hour<br/>3:00 <span>SS</span> <b>Home Fellowship Service</b><br/>6:30 <span>LL</span> Evening Movie &amp; Popcorn</div> <div>1</div>  | <div><b>National Smarties Day</b><br/>8:30 <span>LL</span> Morning Coffee Chats<br/>9:30 <span>PE</span> Flower Frenzy<br/>10:00 <span>PE</span> Fit, Fresh, &amp; Healthy Monday<br/>3:30 <span>AE</span> Manicure &amp; Massage Mania<br/>6:30 <span>LL</span> Evening Movie &amp; Popcorn</div> <div>2</div>  | <div><b>World Temperance Day</b><br/>8:30 <span>LL</span> Morning Coffee Chats<br/>9:30 <span>PE</span> Flower Frenzy<br/>10:00 <span>PE</span> Chair Share<br/>1:00 <span>AE</span> Aquapainting<br/>2:00 <span>PE</span> Bubbly Catch<br/>3:00 <span>CE</span> Puzzle Perfect<br/>6:30 <span>LL</span> Evening Movie &amp; Popcorn</div> <div>3</div>   | <div><b>National Cinnamon Roll Day</b><br/>8:30 <span>LL</span> Morning Coffee Chats<br/>9:30 <span>PE</span> Flower Frenzy<br/>10:00 <span>PE</span> Wild &amp; Whimsy Walkers<br/>1:00 <span>LL</span> Balloon Hand Swatting<br/>6:30 <span>LL</span> Evening Movie &amp; Popcorn</div> <div>4</div>  | <div><b>National Coffee with a Cop Day</b><br/>8:30 <span>LL</span> Morning Coffee Chats<br/>9:30 <span>PE</span> Flower Frenzy<br/>10:15 <span>LL</span> <b>The Amazing Adventures of Jack &amp; Pete</b><br/>11:00 Turn the Beat Around Thursday<br/>2:00 <span>CE</span> Kinetic Sand Magic<br/>3:00 <span>AE</span> Floral Arranging Thursday<br/>6:30 <span>LL</span> Evening Movie &amp; Popcorn</div> <div>5</div>   | <div><b>National Mad Hatter Day</b><br/>8:30 <span>LL</span> Morning Coffee Chats<br/>9:30 <span>PE</span> Flower Frenzy<br/>10:00 <span>PE</span> Float &amp; Fly Away Friday<br/>6:30 <span>LL</span> Evening Movie &amp; Popcorn</div> <div>6</div>  | <div><b>World Smile Day</b><br/>8:30 <span>LL</span> Morning Coffee Chats<br/>9:30 <span>PE</span> Flower Frenzy<br/>3:00 <span>CE</span> Documentary Hour<br/>6:30 <span>LL</span> Evening Movie &amp; Popcorn</div> <div>7</div>  |
| <div><b>Happy Birthday David H!</b><br/><b>National Motorcycle Ride Day</b><br/>8:30 <span>LL</span> Morning Coffee Chats<br/>9:30 <span>PE</span> Flower Frenzy<br/>3:00 <span>CE</span> Documentary Hour<br/>6:30 <span>LL</span> Evening Movie &amp; Popcorn</div> <div>8</div>   | <div><b>Columbus Day</b><br/><b>National Leif Erikson Day</b><br/>8:30 <span>LL</span> Morning Coffee Chats<br/>9:30 <span>PE</span> Flower Frenzy<br/>10:00 <span>PE</span> Fit, Fresh, &amp; Healthy Monday<br/>1:45 <span>LL</span> <b>Taste &amp; Tell with Aly</b><br/>3:30 <span>AE</span> Manicure &amp; Massage Mania<br/>3:30 <span>LL</span> Ms. Jones Social Hour<br/>6:30 <span>LL</span> Evening Movie &amp; Popcorn</div> <div>9</div> | <div><b>National Angel Food Cake Day</b><br/>8:30 <span>LL</span> Morning Coffee Chats<br/>9:30 <span>PE</span> Flower Frenzy<br/>10:00 <span>PE</span> Chair Share<br/>1:00 <span>AE</span> Aquapainting<br/>2:00 <span>PE</span> Bubbly Catch<br/>3:00 <span>CE</span> Puzzle Perfect<br/>6:30 <span>LL</span> Evening Movie &amp; Popcorn</div> <div>10</div>  | <div><b>National Spread Joy Day</b><br/>8:30 <span>LL</span> Morning Coffee Chats<br/>9:00 <span>CC</span> <b>Dr Le Podiatrist Clinic</b><br/>9:30 <span>PE</span> Flower Frenzy<br/>10:00 <span>PE</span> Wild &amp; Whimsy Walkers<br/>1:00 <span>LL</span> Balloon Hand Swatting<br/>6:30 <span>LL</span> Evening Movie &amp; Popcorn</div> <div>11</div>  | <div><b>National Pulled Pork Day</b><br/><b>National Take Your Parents to Lunch Day</b><br/>8:30 <span>LL</span> Morning Coffee Chats<br/>9:30 <span>PE</span> Flower Frenzy<br/>10:15 <span>LL</span> <b>The Amazing Adventures of Jack &amp; Pete</b><br/>11:00 Turn the Beat Around Thursday<br/>2:00 <span>CE</span> Kinetic Sand Magic<br/>3:00 <span>AE</span> Floral Arranging Thursday<br/>6:30 <span>LL</span> Evening Movie &amp; Popcorn</div> <div>12</div> | <div><b>National M &amp; M Day</b><br/>8:30 <span>LL</span> Morning Coffee Chats<br/>9:00 <span>CC</span> <b>Tiger Drug Flu &amp; Covid Vaccine Clinic</b><br/>9:30 <span>PE</span> Flower Frenzy<br/>10:00 <span>PE</span> Float &amp; Fly Away Friday<br/>6:30 <span>LL</span> Evening Movie &amp; Popcorn</div> <div>13</div>  | <div><b>National I Love You Day</b><br/>8:30 <span>LL</span> Morning Coffee Chats<br/>9:30 <span>PE</span> Flower Frenzy<br/>3:00 <span>CE</span> Documentary Hour<br/>6:30 <span>LL</span> Evening Movie &amp; Popcorn</div> <div>14</div>   |
| <div><b>National I Love Lucy Day</b><br/><b>National Lemon Bar Day</b><br/>8:30 <span>LL</span> Morning Coffee Chats<br/>9:30 <span>PE</span> Flower Frenzy<br/>3:00 <span>CE</span> Documentary Hour<br/>3:00 <span>SS</span> <b>Home Fellowship Service</b><br/>6:30 <span>LL</span> Evening Movie &amp; Popcorn</div> <div>15</div>   | <div><b>National Boss Day</b><br/>8:30 <span>LL</span> Morning Coffee Chats<br/>9:30 <span>PE</span> Flower Frenzy<br/>10:00 <span>PE</span> Fit, Fresh, &amp; Healthy Monday<br/>3:30 <span>AE</span> Manicure &amp; Massage Mania<br/>6:30 <span>LL</span> Evening Movie &amp; Popcorn</div> <div>16</div>   | <div><b>National Wear Something Gaudy Day</b><br/>8:30 <span>LL</span> Morning Coffee Chats<br/>9:30 <span>PE</span> Flower Frenzy<br/>10:00 <span>PE</span> Chair Share<br/>1:00 <span>AE</span> Aquapainting<br/>2:00 <span>PE</span> Bubbly Catch<br/>3:00 <span>CE</span> Puzzle Perfect<br/>6:30 <span>LL</span> Evening Movie &amp; Popcorn</div> <div>17</div>   | <div><b>National Meatloaf Appreciation Day</b><br/>8:30 <span>LL</span> Morning Coffee Chats<br/>9:30 <span>PE</span> Flower Frenzy<br/>10:00 <span>PE</span> Wild &amp; Whimsy Walkers<br/>11:30 <span>LL</span> <b>Horse Derby Races with Kaycee</b><br/>1:00 <span>LL</span> Balloon Hand Swatting<br/>6:30 <span>LL</span> Evening Movie &amp; Popcorn</div> <div>18</div>  | <div><b>National New Friends Day</b><br/>8:30 <span>LL</span> Morning Coffee Chats<br/>9:30 <span>PE</span> Flower Frenzy<br/>10:15 <span>LL</span> <b>The Amazing Adventures of Jack &amp; Pete</b><br/>11:00 Turn the Beat Around Thursday<br/>2:00 <span>CE</span> Kinetic Sand Magic<br/>3:00 <span>AE</span> Floral Arranging Thursday<br/>6:30 <span>LL</span> Evening Movie &amp; Popcorn</div> <div>19</div>  | <div><b>International Chef's Day</b><br/>8:30 <span>LL</span> Morning Coffee Chats<br/>9:30 <span>PE</span> Flower Frenzy<br/>10:00 <span>PE</span> Float &amp; Fly Away Friday<br/>6:30 <span>LL</span> Evening Movie &amp; Popcorn</div> <div>20</div>  | <div><b>International Nacho Day</b><br/>8:30 <span>LL</span> Morning Coffee Chats<br/>9:30 <span>PE</span> Flower Frenzy<br/>3:00 <span>CE</span> Documentary Hour<br/>6:30 <span>LL</span> Evening Movie &amp; Popcorn</div> <div>21</div>   |
| <div><b>National Make a Difference Day</b><br/>8:30 <span>LL</span> Morning Coffee Chats<br/>9:30 <span>PE</span> Flower Frenzy<br/>3:00 <span>CE</span> Documentary Hour<br/>6:30 <span>LL</span> Evening Movie &amp; Popcorn</div> <div>22</div>   | <div><b>National TV Talk Show Host Day</b><br/>8:30 <span>LL</span> Morning Coffee Chats<br/>9:30 <span>PE</span> Flower Frenzy<br/>10:00 <span>PE</span> Fit, Fresh, &amp; Healthy Monday<br/>1:45 <span>LL</span> <b>Taste &amp; Tell with Aly</b><br/>3:30 <span>AE</span> Manicure &amp; Massage Mania<br/>3:30 <span>LL</span> Ms. Jones Social Hour<br/>6:30 <span>LL</span> Evening Movie &amp; Popcorn</div> <div>23</div>                   | <div><b>National Kangaroo Awareness Day</b><br/>8:30 <span>LL</span> Morning Coffee Chats<br/>9:30 <span>PE</span> Flower Frenzy<br/>10:00 <span>PE</span> Chair Share<br/>1:00 <span>AE</span> Aquapainting<br/>2:00 <span>PE</span> Bubbly Catch<br/>3:00 <span>CE</span> Puzzle Perfect<br/>6:30 <span>LL</span> Evening Movie &amp; Popcorn</div> <div>24</div>   | <div><b>World Opera Day</b><br/>8:30 <span>LL</span> Morning Coffee Chats<br/>9:30 <span>PE</span> Flower Frenzy<br/>10:00 <span>PE</span> Wild &amp; Whimsy Walkers<br/>10:30 <span>LL</span> <b>Ramona the Songstress Concert</b><br/>1:00 <span>LL</span> Balloon Hand Swatting<br/>3:30 <span>CC</span> <b>Stillwater Animal Welfare Treat Delivery</b><br/>6:30 <span>LL</span> Evening Movie &amp; Popcorn</div> <div>25</div>  | <div><b>National Chicken Fried Steak Day</b><br/>8:30 <span>LL</span> Morning Coffee Chats<br/>9:30 <span>PE</span> Flower Frenzy<br/>10:15 <span>LL</span> <b>The Amazing Adventures of Jack &amp; Pete</b><br/>11:00 Turn the Beat Around Thursday<br/>2:00 <span>CE</span> Kinetic Sand Magic<br/>3:00 <span>AE</span> Floral Arranging Thursday<br/>6:30 <span>LL</span> Evening Movie &amp; Popcorn</div> <div>26</div>  | <div><b>National Tell a Story Day</b><br/>8:30 <span>LL</span> Morning Coffee Chats<br/>9:30 <span>PE</span> Flower Frenzy<br/>10:00 <span>PE</span> Float &amp; Fly Away Friday<br/>1:00 <span>CC</span> <b>Stillwater Animal Welfare &amp; Renaissance Dog Adoption Festival</b><br/>3:15 <span>CC</span> <b>Misspent Ukes Concert</b><br/>6:30 <span>LL</span> Evening Movie &amp; Popcorn</div> <div>27</div> | <div><b>National Plush Animal Lover's Day</b><br/>8:30 <span>LL</span> Morning Coffee Chats<br/>9:00 <span>PE</span> <b>OSU Homecoming Parade</b><br/>9:30 <span>PE</span> Flower Frenzy<br/>3:00 <span>CE</span> Documentary Hour<br/>6:30 <span>LL</span> Evening Movie &amp; Popcorn</div> <div>28</div> |
| <div><b>National Frankenstein Day</b><br/>8:30 <span>LL</span> Morning Coffee Chats<br/>9:30 <span>PE</span> Flower Frenzy<br/>1:30 <span>CC</span> <b>American Red Cross &amp; Renaissance Blood Drive</b><br/>3:00 <span>CE</span> Documentary Hour<br/>3:00 <span>SS</span> <b>Home Fellowship Service</b><br/>6:30 <span>LL</span> Evening Movie &amp; Popcorn</div> <div>29</div> | <div><b>National Mischief Night</b><br/>8:30 <span>LL</span> Morning Coffee Chats<br/>9:30 <span>PE</span> Flower Frenzy<br/>10:00 <span>PE</span> Fit, Fresh, &amp; Healthy Monday<br/>3:30 <span>AE</span> Manicure &amp; Massage Mania<br/>6:30 <span>LL</span> Evening Movie &amp; Popcorn</div> <div>30</div>   | <div><b>Halloween</b><br/><b>National Caramel Apple Day</b><br/>8:30 <span>LL</span> Morning Coffee Chats<br/>9:30 <span>PE</span> Flower Frenzy<br/>10:00 <span>PE</span> Chair Share<br/>1:00 <span>AE</span> Aquapainting<br/>2:00 <span>PE</span> Bubbly Catch<br/>3:00 <span>CE</span> Puzzle Perfect<br/>3:30 <span>AE</span> <b>Birthday Bash</b><br/>6:30 <span>LL</span> Evening Movie &amp; Popcorn</div> <div>31</div> | <div><div><div>1400 East McElroy Road<br/>Stillwater, OK 74075<br/>405-743-4900</div></div><div><span>AE</span> Artistic Expression<br/><span>CC</span> Community Connections<br/><span>CE</span> Continuing Education<br/><span>LL</span> Lifestyle &amp; Leisure<br/><span>PE</span> Physical Engagement<br/><span>SS</span> Spiritual Support</div><div>Healthy Snacks &amp; Hydration offered throughout each day!</div></div> |   |   |   |

Healthy Snacks &  
Hydration offered  
throughout each day!