


April 2022

Assisted Living Lifestyle & Leisure



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div> <div>THE MERIDIAN</div> <div>— AT BOCA RATON —</div>	21865 Ponderosa Dr Boca Raton, FL 33428 561-288-5985	“Make the best use of what is in your power, and take the rest as it happens.” — <i>Epictetus</i>			<div>Movie of the Day- The Dig (Netflix) 1</div> <div>10:00 Hand Therapy Treatment 11:00 Move Your Feet Fitness 1:15 Create your Easter door decoration 2:00 PE Revolution in Motion Fitness Class 2:30 Matinee Movie of the day 3:00 Mix & Mingle Happy Hour 4:00 Fit Troop outdoor walk 5:00 Shabbat Services - with Sara 7:00 Evening Movie</div>	<div>HAPPY BIRTHDAY LOIS!! 2</div> <div>Movie of the Day- The Zookeeper's Wife 10:15 Morning Refresher 11:00 PE Move Your Feet Fitness 1:30 Bingo 2:00 Bridge Card Club 2:00 Poker Game 2:30 Matinee Movie of the day 3:00 LL Mix & Mingle Happy Hour 4:00 Fit Troop outdoor walk 4:30 Lets Draw with Pictionary 7:00 Evening Movie</div>
<div>Movie of the Day- Adam Project (Netflix) 3</div> <div>9:00 SS Sunday Mass (Catholic Church) Meet in Lobby 10:00 Board Games-Make a team! 11:00 Chair Fitness 11:30 The Daily Chronicles 1:15 Easter Arts & Crafts 2:00 Broadway Show- 3:00 Live Entertainment- (Music)-Master Musicians 3:00 LL Mix & Mingle Happy Hour 4:00 Fit Troop outdoor walk 7:00 Evening Movie</div>	<div>Movie of the Day- In Good Hands (Netflix) 4</div> <div>10:15 Morning Refresher 11:00 PE Body Fitness 1:15 Let's Play Bingo 1:30 Come Play Mahjong 2:30 Matinee Movie of the day 3:00 Mix & Mingle Happy Hour 3:40 Weekly Horoscopes 4:00 Fit Troop outdoor walk 7:00 Evening Movie</div>	<div>HAPPY BIRTHDAY JOAN O Movie of the Day- Coach Carter (Netflix) 5</div> <div>Tuesday Outings 10:30 Tech Savy 11:00 PE Zumba Video 1:00 Kohl's Outing 2:00 Bridge Card Club 2:00 Jemimah our comfort dog 2:00 Poker Game 2:30 Matinee Movie of the day 2:45 Afternoon Fruit Bowl 3:00 Mix & Mingle Happy Hour 7:00 Evening Movie</div>	<div>Movie of the Day- A Walk among the tombstones (Netflix) 6</div> <div>10:30 PE Head to Toe- Fitness Class 11:00 SS Wisdom Circle- Rabbi Moshe 1:15 LL Afternoon Tea Time 2:00 PE Revolution in Motion Fitness Class 2:30 Matinee Movie of the day 3:00 Mix & Mingle Happy Hour 3:30 Name that tune with Elissa 4:00 Fit Troop outdoor walk 7:00 Evening Movie</div>	<div>Movie of the Day- Don't Look up (Netflix) 7</div> <div>10:00 Morning Ted Talks 11:00 PE Move Your Feet Fitness 1:15 CC Hop On Hop Off Bus Shopping Day (RSVP)-Aldi's 2:00 Poker Game 2:30 Matinee Movie of the day 2:45 Beach Ball Fitness Circle 3:00 Mix & Mingle Happy Hour 4:00 Fit Troop outdoor walk 4:30 Karaoke- Come sing some lyrics! 7:00 Evening Movie</div>	<div>Movie of the Day- The Lost Daughter (Netflix) 8</div> <div>10:00 Hand Therapy Treatment 11:00 Move Your Feet Fitness 1:30 Online Shopping Class 2:00 PE Revolution in Motion Fitness Class 2:30 Ice Cream Social 2:30 Matinee Movie of the day 3:00 Mix & Mingle Happy Hour 4:00 Fit Troop outdoor walk 5:00 Shabbat Services - with Sara 7:00 Evening Movie</div>	<div>Movie of the Day- Mudbound (Netflix) 9</div> <div>10:15 Morning Refresher 11:00 PE Move Your Feet Fitness 1:00 Giant Jenga & Connect4 1:30 Bingo 2:00 Bridge Card Club 2:00 Poker Game 2:30 Matinee Movie of the day 3:00 LL Mix & Mingle Happy Hour 4:00 Fit Troop outdoor walk 4:30 Lets Draw with Pictionary 7:00 Evening Movie</div>
<div>Movie of the Day- Rescued By Ruby (Netflix) 10</div> <div>Palm Sunday 9:00 SS Sunday Mass (Catholic Church) Meet in Lobby 11:00 Chair Fitness 11:30 The Daily Chronicles 1:15 Chicken soup for the soul Gathering 1:15 Rummikub Game-Make a team! 2:00 Broadway Show- Jane Eyre 3:00 Live Entertainment- (Music)-Master Musicians 3:00 LL Mix & Mingle Happy Hour 4:00 Fit Troop outdoor walk 7:00 Evening Movie</div>	<div>Movie of the Day- King of Thieves (Netflix) 11</div> <div>National Pet Day! 10:15 Morning Refresher 11:00 PE Body Fitness 1:30 Come Play Mahjong 1:30 What's cooking in the kitchen with Veronica?! 2:30 Matinee Movie of the day 3:00 Mix & Mingle Happy Hour 3:40 Weekly Horoscopes 4:00 Fit Troop outdoor walk 7:00 Evening Movie</div>	<div>Movie of the Day- Enola Holmes (Netflix) 12</div> <div>National Grilled Cheese Sandwich Day! Tuesday Outings 10:30 Tech Savy 11:00 PE Zumba Video 1:30 Creating Color samples 2:00 Bridge Card Club 2:00 Jemimah our comfort dog 2:00 Poker Game 2:30 Food Committee Meeting with Chef Sara 2:30 Matinee Movie of the day 3:00 Mix & Mingle Happy Hour 4:00 Fit Troop outdoor walk 4:00 Peruvian Dinner Outing 7:00 Evening Movie</div>	<div>Movie of the Day- My Best friend Anne Frank (Netflix) 13</div> <div>National Scrabble Day! 10:30 PE Head to Toe- Fitness Class 11:00 SS Wisdom Circle- Rabbi Moshe 1:15 LL Afternoon Tea Time 1:15 Gather a few friends and play Scrabble 2:00 PE Revolution in Motion Fitness Class 2:30 Lecture with Link Therapy 2:30 Matinee Movie of the day 3:00 Entertainment Music by Giovanni 3:00 Mix & Mingle Happy Hour 4:00 Fit Troop outdoor walk 7:00 Evening Movie</div>	<div>Movie of the Day- The Other Guys (Netflix) 14</div> <div>10:00 Morning Ted Talks 11:00 PE Move Your Feet Fitness 1:15 CC Hop On Hop Off Bus Shopping Day (RSVP)-Target 1:30 Come Play Seated Soccer 2:00 Poker Game 2:30 15min Body Stretch 2:30 Matinee Movie of the day 3:00 Mix & Mingle Happy Hour 4:00 Fit Troop outdoor walk 4:30 Karaoke- Come sing some lyrics! 7:00 Evening Movie</div>	<div>Good Friday & Happy Passover Movie of the Day- Son of God (Tubi) 15</div> <div>10:00 Hand Therapy Treatment 11:00 Move Your Feet Fitness 1:15 Color Spring Eggs 1:15 Lets gather and play a board game 2:00 PE Revolution in Motion Fitness Class 2:30 Boca Birds & Petting zoo 2:30 Matinee Movie of the day 3:00 Mix & Mingle Happy Hour 4:00 Fit Troop outdoor walk 5:00 Shabbat Services - with Sara 7:00 Evening Movie</div>	<div>Movie of the Day- London Has Fallen (Netflix) 16</div> <div>10:15 Morning Refresher 11:00 PE Move Your Feet Fitness 1:30 Bingo 2:00 Bridge Card Club 2:00 Poker Game 2:30 Matinee Movie of the day 3:00 LL Mix & Mingle Happy Hour 4:00 Fit Troop outdoor walk 4:30 Lets Draw with Pictionary 7:00 Evening Movie</div>
<div>Happy Easter! Movie of the Day- Dreamer (Netflix) 17</div> <div>9:00 SS Sunday Mass (Catholic Church) Meet in Lobby 10:00 Board Games-Make a team! 11:00 Chair Fitness 11:30 The Daily Chronicles 1:15 Painting with a Twist 2:00 Broadway Show- Hairspray Live 3:00 Live Entertainment- (Music)-Master Musicians 3:00 LL Mix & Mingle Happy Hour 4:00 Fit Troop outdoor walk 7:00 Evening Movie</div>	<div>Movie of the Day- The Patriot (Netflix) 18</div> <div>National Animal Cracker Day! 10:15 Morning Refresher 11:00 Gather your luck and lets gamble at the casino 1:30 Come Play Mahjong 2:30 Matinee Movie of the day 3:00 Mix & Mingle Happy Hour 3:40 Weekly Horoscopes 4:00 Fit Troop outdoor walk 7:00 Evening Movie</div>	<div>Movie of the Day- Lee Daniels The Butler (Netflix) 19</div> <div>National Poetry Day! Tuesday Outings 10:30 Tech Savy 11:00 PE Zumba Video 11:30 Casa Tequila Lunch Outing 2:00 Bridge Card Club 2:00 Jemimah our comfort dog 2:00 Poker Game 2:30 Matinee Movie of the day 2:45 Afternoon Fruit Bowl 3:00 Mix & Mingle Happy Hour 3:30 Poetry out loud 4:00 Fit Troop outdoor walk 7:00 Evening Movie</div>	<div>Movie of the Day- The Last Samurai (Netflix) 20</div> <div>10:30 PE Head to Toe- Fitness Class 11:00 SS Wisdom Circle- Rabbi Moshe 1:15 LL Afternoon Tea Time 2:00 PE Revolution in Motion Fitness Class 2:30 Matinee Movie of the day 3:00 Mix & Mingle Happy Hour 3:30 Name that tune with Elissa 4:00 Fit Troop outdoor walk 7:00 Evening Movie</div>	<div>Movie of the Day- The Best of Enemies (Netflix) 21</div> <div>National Bulldog Day! 10:00 Morning Ted Talks 11:00 Catholic Mass with Chaplin Gregory 11:00 PE Move Your Feet Fitness 11:30 BBQ with Brian 1:15 CC Hop On Hop Off Bus Shopping Day (RSVP)-Publix 2:00 Poker Game 2:30 Matinee Movie of the day 2:45 Beach Ball Fitness Circle 3:00 Mix & Mingle Happy Hour 4:00 Fit Troop outdoor walk 4:30 Karaoke- Come sing some lyrics! 7:00 Evening Movie</div>	<div>Movie of the Day- Did you hear about the Morgans (Netflix) 22</div> <div>National Jelly Bean Day! 10:00 Hand Therapy Treatment 11:00 Move Your Feet Fitness 11:15 Lunch and walk at Veteran's Memorial Park 1:30 Online Shopping Class 2:00 PE Revolution in Motion Fitness Class 2:30 Library Outing 2:30 Matinee Movie of the day 3:00 Mix & Mingle Happy Hour 4:00 Fit Troop outdoor walk 5:00 Shabbat Services - with Sara 7:00 Evening Movie</div>	<div>Movie of the Day- Margin Call (Netflix) 23</div> <div>10:15 Morning Refresher 11:00 PE Move Your Feet Fitness 1:00 Giant Jenga & Connect4 1:30 Bingo 2:00 Bridge Card Club 2:00 Poker Game 2:30 Matinee Movie of the day 3:00 LL Mix & Mingle Happy Hour 4:00 Fit Troop outdoor walk 4:30 Lets Draw with Pictionary 7:00 Evening Movie</div>
<div>Movie of the Day- 21 Bridges (Netflix) 24</div> <div>9:00 SS Sunday Mass (Catholic Church) Meet in Lobby 11:00 Chair Fitness 11:30 The Daily Chronicles 1:15 Chicken soup for the soul Gathering 1:15 Rummikub Game-Make a team! 2:00 Broadway Show- Giselle 3:00 Live Entertainment- (Music)-Master Musicians 3:00 LL Mix & Mingle Happy Hour 4:00 Fit Troop outdoor walk 7:00 Evening Movie</div>	<div>HAPPY BIRTHDAY JOAN P Movie of the Day- Resort to Love (Netflix) 25</div> <div>10:15 Morning Refresher 11:00 PE Body Fitness 1:30 Come Play Mahjong 1:30 What's cooking in the kitchen with Veronica?! 2:30 Matinee Movie of the day 3:00 Mix & Mingle Happy Hour 3:40 Weekly Horoscopes 4:00 Fit Troop outdoor walk 7:00 Evening Movie</div>	<div>Movie of the Day- New Year's Eve (Netflix) 26</div> <div>Tuesday Outings 10:30 Tech Savy 11:00 PE Zumba Video 1:30 Come join for a Tube ride! 2:00 Bridge Card Club 2:00 Jemimah our comfort dog 2:00 Poker Game 2:30 Matinee Movie of the day 3:00 Mix & Mingle Happy Hour 4:00 Fit Troop outdoor walk 7:00 Evening Movie</div>	<div>Movie of the Day- Without Saying Goodbye (Netflix) 27</div> <div>10:30 PE Head to Toe- Fitness Class 11:00 SS Wisdom Circle- Rabbi Moshe 1:15 LL Afternoon Tea Time 2:00 PE Revolution in Motion Fitness Class 2:30 Matinee Movie of the day 3:00 Mix & Mingle Happy Hour 4:00 Fit Troop outdoor walk 7:00 Evening Movie</div>	<div>Movie of the Day- Can you keep a secret (Netflix) 28</div> <div>National Blueberry Pie Day! 10:00 Morning Ted Talks 11:00 PE Move Your Feet Fitness 1:15 CC Hop On Hop Off Bus Shopping Day (RSVP)- Trader Joe's 1:30 Come Play Seated Soccer 2:00 Poker Game 2:30 Matinee Movie of the day 2:30 Resident Council Meeting - Gym 3:00 Mix & Mingle Happy Hour 4:00 Fit Troop outdoor walk 4:30 Karaoke- Come sing some lyrics! 6:00 Cinema Night (New Release Showing) 7:00 Evening Movie</div>	<div>Movie of the Day- The boy who harnessed the wind (Netflix) 29</div> <div>10:00 Hand Therapy Treatment 11:00 Move Your Feet Fitness 1:15 Create Sand Art 1:15 Lets gather and play a board game 2:00 PE Revolution in Motion Fitness Class 2:30 Matinee Movie of the day 3:00 Mix & Mingle Happy Hour 4:00 Fit Troop outdoor walk 4:00 Resident Birthday Celebration 5:00 Shabbat Services - with Sara 7:00 Evening Movie</div>	<div>Movie of the Day- Croupier (Netflix) 30</div> <div>10:15 Morning Refresher 11:00 PE Move Your Feet Fitness 1:30 Bingo 2:00 Bridge Card Club 2:00 Poker Game 2:30 Matinee Movie of the day 3:00 LL Mix & Mingle Happy Hour 4:00 Fit Troop outdoor walk 4:30 Lets Draw with Pictionary 7:00 Evening Movie</div>