June 2023

**Assisted Living Lifestyle & Leisure** 

Monday Friday Sunday Tuesdav Wednesdav Thursdav Saturday Bank & Errand Run (9:30 am only) There are 9:00 PE "Sage Mountains 9:00 **PE** "Sage Mountains Climbers Club" [L] Climbers Club" [L] Nail Salon Day - 10am - 4 pm (By 10:30 PE Head-to-Toe 10:30 PE Head-to-Toe **Location Keys** appointment only) **AE Artistic Expression** Strengthening [AR] Strengthening [AR] 7:00 PE GYM & FITNESS at your fingertips! 3499 Grande Vista Drive 11:15 [III] Healthy Smoothies[B] **ACTIVITY ROOM** AR **SAGE** 9:00 PE "Sage Mountains Climbers Club" [L] **CE** Continuing Education 11:15 Healthy Smoothies [LR] Thousand Oaks, California LL Lifestyle & Leisure 11:15 PE Mid-Morning Resident Walk [L] 10:30 PE Head-to-Toe Strengthening [AR] 11:30 尫 Celebrity of Interest [LR] **MOUNTAIN** Bistro 11:15 III Healthy Smoothies 11:30 CE Word on Word [B] 1:00 [ Art Class [AR] 11:30 CE Word on Word 1:30 **Bingo! [AR]** 91320 LIVING ROOM LR 2:00 PE "Book Exchange Club" 1:30 Matinee Movie - TBD [T] PE Physical Engagement 1:30 Saturday Matinee Documentaries [T] 2:00 **III Bingo! [AR]** 2:00 III It's PAM & HOLLYWOOD! [LR] (805)375-0695 LOBBY 2:00 **BRIDGE!** 2:30 PE Just "BILLIARDS" for the Fun of It! SS Spiritual Support 2:00 Walking Club [L] 3:00 SS Bible Stories w/ Lisa [T] 3:00 Rummikub w/ Heidi [AR] **THEATRE** 2:30 PE "PING PONG" Club 3:30 EE Storywise [LR] 4:00 **III** Table Games 4:00 III Table Games 4:00 **III** Table Games [B] 7:00 PE "GYM & FITNESS" at 9:00 PE "Sage Mountains Climbers 9:00 PE "Sage Mountains Climbers 7:00 PE "GYM & FITNESS" at your 9:00 PE "Sage Mountains Bank & Errand Run (9:30 am only) There are 9:00 PE "Sage Mountains Climbers no other times Club" [L] Club" [L] vour finaertips! Club" [L] fingertips! Climbers Club" [L] Nail Salon Day - 10am - 4 pm (By 10:00 SS Catholic Eucharist 10:30 **PE Head-to-Toe** 9:00 PE "Sage Mountains Climbers 10:30 PE Head-to-Toe 9:00 PE "Sage Mountains 10:30 **PE Head-to-Toe** Strengthening [AR] Strengthening [AR] Program [T] Club" [L] Strengthening [AR] Climbers Club" [L] 7:00 PE GYM & FITNESS at your fingertips! 10:30 PE Head-to-Toe Strengthening [AR] 11:00 PE "Sage Mountains Climbers Club" [L] 10:00 <mark>E Sage Mountains "Bird Watcher</mark>s" 11:15 III "Healthy Smoothies" [LR] 9:00 PE "Sage Mountains Climbers Club" [L] 10:30 🎦 Head-to-Toe Strengthening [AR] 11:15 [III "Healthy Smoothies" [LR] 11:00 P Mid-Morning Resident Walk [L] 11:15 III "Healthy Smoothies" [LR] 10:30 PE Head-to-Toe Strengthening [AR] 11:15 Healthy Smoothies[B] 10:30 PE Head-to-Toe Strengthening [AR] 11:30 .... Storywise [LR] 11:30 PE Celebrity of Interest [LR] 11:15 III "Healthy Smoothies" 11:15 PE Mid-Morning Resident Walk [L] 11:15 [III] Healthy Smoothies [LR] 1:30 Matinee Movie - TBD [T] 11:15 III "Healthy Smoothies" [LR] 1:30 Matinee Movie - TBD [T] 1:00 III Art Class [AR] 11:30 CE Word on Word 11:30 CE Person of Interest Challenge [LR] 1:30 AE Painting w/ Vana [AR] 11:30 **EE Word on Word** 11:30 **E** Word on Word [B] 2:00 PE "Book Exchange Club" 1:30 AE Painting w/ Vana [AR] 1:30 Matinee Movie - TBD [T] 1:30 E Learn to Play Rumikub w/ Vana [AR] 2:00 Resident Afternoon Walk [L] 1:00 PE Bingo! Bingo! Bingo! [AR] 1:30 **III Bingo! [AR]** 2:00 III Bingo! [AR] 2:00 **BRIDGE!** 2:00 III Forever Young Singers [LR] 1:30 CE Sunday Afternoon Biography - TBD 3:00 PE Blackjack/21 w/ Vana [AR] 1:30 **Matinee Movie - TBD [T]** 1:30 Saturday Matinee Documentaries [T] 2:00 SS Religious Services & Music w/ Norm II R 3:00 PE Knitt & Croche Club [LR] 2:00 Walking Club [L] 2:00 **BRIDGE!** 4:00 **III** Table Games [B] 2:00 **BRIDGE!** 2:30 PE Just "BILLIARDS" for the Fun of It! 4:00 **III Table Games [B]** 2:30 PE "PING PONG" Club 3:30 PE Storvwise [LR] 4:00 Table Games 3:00 Rummikub w/ Heidi [AR] 5:30 **Evening Rumikub [AR]** 2:30 III Banana Split Extravaganza! 4:00 III Table Games 4:00 Table Games 4:00 Table Games [B] 4:00 Table Games 9:00 PE "Sage Mountains Climbers Bank & Errand Run (9:30 am only) There are 16 9:00 PE "Sage Mountains Climbers 7:00 PE "GYM & FITNESS" at 9:00 PE "Sage Mountains Climbers Happy Flag Day! 9:00 PE "Sage Mountains Club" [L] no other times. Club" [L] 7:00 PE "GYM & FITNESS" at your Climbers Club" [L] Club" [L] your fingertips! Nail Salon Day - 10am - 4 pm (By 10:30 PE Head-to-Toe Head-to-Toe fingertips! 10:30 PE Head-to-Toe 9:00 PE "Sage Mountains 10:30 PE Head-to-Toe appointment only) 9:00 PE "Sage Mountains Climbers Strengthening [AR] Strengthening [AR] Strengthening [AR] Climbers Club" [L] Strengthening [AR] 7:00 PE GYM & FITNESS at your fingertips! 11:00 [III] Classic Car Show 11:00 阳 "Sage Mountains Climbers Club" [L] 11:15 [III] "Healthy Smoothies" [LR] 9:00 PE "Sage Mountains Climbers Club" [L] 10:30 PE Head-to-Toe Strengthening [AR] 11:15 [III "Healthy Smoothies" [LR] 10:00 PE Sage Mountains "Bird Watchers" 11:00 PE Mid-Morning Resident Walk [L] 11:15 III "Healthy Smoothies" [LR] 11:15 [III] Healthy Smoothies[B] 10:30 PE Head-to-Toe Strengthening [AR] 11:15 [III] "Healthy Smoothies" [LR] 11:30 PE Celebrity of Interest [LR] 10:30 PE Head-to-Toe Strengthening [AR] 11:15 III Healthy Smoothies 11:00 Sage Mountain "Classic Car Show" 1:30 Matinee Movie - TBD [T] 11:15 PE Mid-Morning Resident Walk [L] 11:15 III "Healthy Smoothies" [LR] 11:30 **III Storywise [LR]** 1:00 [ Art Class [AR] 11:30 CE Word on Word 1:30 AE Painting w/ Vana [AR] 11:30 CE Word on Word [B] 11:30 PE Word on Word 1:30 III "Life Changing Group" w/ Helen 1:30 Matinee Movie - TBD [T] 2:00 PE "Book Exchange Club" 11:15 . "Healthy Smoothies" [LR] 2:00 PE Resident Afternoon Walk [L] 1:30 **III Bingo! [AR]** 1:30 CE Matinee Movie - TBD [T] 2:00 III "Father's Day Celebration" [AR] Zimmon [T] 2:00 Walking Club [L] 11:30 CE Person of Interest Challenge [LR] 3:00 PE Blackjack/21 w/ Vana [AR] 1:30 Saturday Matinee Documentaries [T] 2:00 **BRIDGE!** 2:30 PE Just "BILLIARDS" for the Fun of It! 2:00 **BRIDGE!** 2:30 PE "PING PONG" Club 1:30 CE Sunday Afternoon Biography - TBD 4:00 **III** Table Games [B] 3:00 SS Bibile Stories w/ Lisa [T] 2:00 **BRIDGE!** 2:00 PE Bingo! Bingo! Bingo! [AR] 3:00 PE Knitt & Croche Club [LR] 3:30 PE Storywise [LR] 3:00 Mark Rosen 5:30 **Evening Rumikub [AR]** 2:00 SS Religious Services & Music w/ Norm 3:00 III Rummikub w/ Heidi [AR] 4:00 III Table Games 4:00 Table Games 4:00 Table Games [B] 4:00 Table Games 4:00 III Table Games [B] 4:00 III Table Games 9:00 PE "Sage Mountains Climbers 9:00 PE "Sage Mountains Climbers **HAPPY FATHERS DAY to all our** 9:00 PE "Sage Mountains Climbers Bank & Errand Run (9:30 am only) There are Happy Juneteenth 7:00 **E** "**GYM & FITNESS**" at no other times 7:00 PE "GYM & FITNESS" at your Club" [L] wonderful Sage Mt. Dad's Club" [L] Club" [L] your fingertips! Nail Salon Day - 10am - 4 pm (By fingertips! 10:30 **PE Head-to-Toe** 10:30 PE Head-to-Toe 10:30 PE Head-to-Toe 9:00 PE "Sage Mountains Climbers 9:00 PE "Sage Mountains appointment only) 9:00 PE "Sage Mountains Climbers Strengthening [AR] Strengthening [AR] Strengthening [AR] Club" [L] Climbers Club" [L] 7:00 PE GYM & FITNESS at your fingertips! Club" [L] 11:15 🕕 Healthy Smoothies [LR] 11:00 📴 "Sage Mountains Climbers Club" [L] 11:15 [III] "Healthy Smoothies" [LR] 10:00 SS Catholic Eucharist Program [T] 9:00 PE "Sage Mountains Climbers Club" [L] 10:00 <mark>PE Sage Mountains "Bird Watchers"</mark> 10:30 PE Head-to-Toe Strengthening [AR] 11:15 Healthy Smoothies[B] 11:15 III "Healthy Smoothies" [LR] 11:30 PE Celebrity of Interest [LR] 10:30 PE Head-to-Toe Strengthening [AR] 10:30 **E** Head-to-Toe Strengthening [AR] 11:15 III "Healthy Smoothies" [LR] 10:30 🎦 Head-to-Toe Strengthening [AR] 11:00 PE Mid-Morning Resident Walk [L] 1:30 Matinee Movie - TBD [T] 1:00 [III] Art Class [AR] 11:15 III Healthy Smoothies 11:15 PE Mid-Morning Resident Walk [L] 11:30 **III Storywise [LR]** 1:30 **Bingo! Bingo! Bingo! [AR]** 1:30 Nord on Word 1:30 AE Painting w/ Vana [AR] 1:30 Delightful Desserts w/ Jessie [AR] 11:30 **E** Word on Word [B] 11:15 III Healthy Smoothies [LR] 1:30 Us "Jewelry Class" w/ Lyn [AR] 1:30 CE Matinee Movie - TBD [T] 2:00 P "Book Exchange Club" 2:00 PE Resident Afternoon Walk [L] 1:30 Matinee Movie - TBD [T] 1:30 **III Bingo! [AR]** 11:30 CE Person of Interest Challenge [LR] 1:30 Matinee Movie - TBD [T] 2:00 III Bingo! [AR] 2:00 **III BRIDGE!** 1:30 Saturday Matinee Documentaries [T] 3:00 PE Blackjack/21 w/ Vana [AR] 2:00 Walking Club [L] 1:30 **E** Learn to Play Rumikub w/ Vana [AR] 1:30 AE Painting w/ Vana [AR] 2:00 SS Religious Services & Music w/ Norm [LR] 2:30 First Day of Summer - "Ice 2:30 PE "PING PONG" Club 2:30 PE Just "BILLIARDS" for the Fun of It! 2:00 **BRIDGE!** 2:00 **III BRIDGE!** 4:00 **III Table Games [B]** 1:30 CE Sunday Afternoon Biography - TBD 3:00 PE Knitt & Croche Club [LR] Cream Cart" [LR] 3:30 E Storywise [LR] 5:30 **Evening Rumikub [AR]** 4:00 **III** Table Games [B] 3:00 III Rummikub w/ Heidi [AR] 4:00 III Table Games 4:00 **III** Table Games [B] 4:00 **III Table Games** 4:00 **Table Games** 4:00 III Table Games 7:00 PE "GYM & FITNESS" at your Bank & Errand Run (9:30 am only) There are 9:00 PE "Sage Mountains Climbers 9:00 **PE** "Sage Mountains Climbers 7:00 PE "GYM & FITNESS" at your 9:00 PE "Sage Mountains 30 Club" [L] finaertips! Club" [L] fingertips! no other times. Climbers Club" [L] 9:00 PE "Sage Mountains Climbers 9:00 PE "Sage Mountains Climbers Nail Salon Day - 10am - 4 pm (By 10:00 SS Catholic Eucharist 10:30 PE Head-to-Toe 10:30 PE Head-to-Toe appointment only) Club" [L] Club" [L] Program [T] Strengthening [AR] Strengthening [AR] 7:00 PE GYM & FITNESS at your fingertips! 10:30 PE Head-to-Toe Strengthening [AR] 10:00 <mark>፲፱ Sage Mountains "Bird Watchers</mark>" 10:30 PE Head-to-Toe Strengthening [AR] 11:00 **PE** "Sage Mountains Climbers Club" [L] 9:00 PE "Sage Mountains Climbers Club" [L] 11:15 III "Healthy Smoothies" [LR] 11:15 [III] "Healthy Smoothies" [LR] 10:30 PE Head-to-Toe Strengthening [AR] 11:00 PE Mid-Morning Resident Walk [L] 11:15 III "Healthy Smoothies" [LR] 10:30 PE Head-to-Toe Strengthening [AR] 11:30 PE Celebrity of Interest [LR] 11:30 [III] Storywise [LR] 11:00 III In-House Luncheon - "Indian Food" [L] 1:30 III "Hand-Tap" w/ Victoria [AR] 11:15 III Healthy Smoothies 11:15 [III] Healthy Smoothies [LR] 1:30 III "Life Changing Group" w/ Helen Zimmon 1:30 Matinee Movie - TBD [T] 11:15 III "Healthy Smoothies" [LR] 11:30 CE Word on Word 11:30 CE Person of Interest Challenge [LR] 1:30 Matinee Movie - TBD [T] 2:00 PE "Book Exchange Club" 11:30 PE Word on Word 1:30 Water Color Painting Class [AR] 1:30 E Learn to Play Rumikub w/ Vana [AR] 1:30 III Matinee Movie - TBD [T] 2:00 PE Resident Afternoon Walk [L] 2:00 III Bingo! [AR] 1:30 CE Matinee Movie - TBD [T] 2:00 Walking Club [L] 1:30 **E** Sunday Afternoon Biography - TBD 1:30 AE Painting w/ Vana [AR] 3:00 PE Blackjack/21 w/ Vana [AR] 2:30 PE Just "BILLIARDS" for the Fun of It! 2:00 **III BRIDGE!** 2:30 PE "PING PONG" Club 2:00 **BRIDGE!** 4:00 Table Games [B] 3:00 SS Bible Stories w/ Lisa [T] 3:00 PE Bingo! Bingo! Bingo! [AR] 3:00 PE Knitt & Croche Club [LR] 4:00 III Table Games [B] 3:30 PE Storvwise [LR] 4:00 III Table Games 5:30 **Evening Rumikub [AR]** 4:00 III Table Games 4:00 Table Games 4:00 **III** Table Games [B]

Created on Monday, May 22, 2023 4:23 PM