






November 2023
Community Activities!

Monthly Activities

| Sunday | | Monday | | Tuesday | | Wednesday | | Thursday | | Friday | | Saturday | |
|---|--|--|---|--|--|---|---|----------|--|--------|--|----------|--|
| <div><div><p>WWW.SENIORLIFESTYLE.COM</p><p>Activities are subject to change</p></div><div><p>a Senior Lifestyle community</p></div><div><div><div>● CONNECT</div><div>● CONTRIBUTE</div><div>● FEEL</div><div>● GROW</div><div>● MOVE</div><div>● REFLECT</div></div><div><p>Location Keys</p><p>Activities Center</p><p>Assisted Living</p><p>Dining Room</p><p>Fireplace Lounge</p><p>Library</p><p>Shuttle Bus</p></div><div><p>AC</p><p>AL</p><p>DR</p><p>FL</p><p>L</p><p>SB</p></div></div></div> | <div><p>“Each day I am thankful for nights that turned into mornings, friends that turned into family, dreams that turned into reality and likes that turned into loves.”</p><p>— Unknown</p></div> | <div><p>WALDEN PLACE</p><p>a Senior Lifestyle community</p></div> | <div>839 Bennie Road Cortland, NY 13045</div> | <div><div><div>9:00 ● Daily Crossword [FL]</div><div>9:30 ● Chair Aerobics [L]</div><div>10:15 ● Autumn Tree Paintings [AC]</div><div>11:00 ● Bird Watch and Learn! [L]</div><div>1:30 ● This Day In History [AC]</div><div>2:00 ● Meditation & Affirmation [L]</div><div>3:00 ● Happy Hour Social [FL]</div><div>6:00 ● Music with Mary [L]</div></div><div>1</div></div> | <div><div><div>9:00 ● Daily Crossword [FL]</div><div>9:15 ● Chair Aerobics [L]</div><div>10:30 ● Homer Center of the Arts Visit! [SB]</div><div>11:00 ● Travel Talks [AC]</div><div>1:30 ● This Day In History [AC]</div><div>2:00 ● Resident Council [AC]</div><div>2:30 ● Food Council [AC]</div><div>3:00 ● BINGO [AC]</div><div>6:00 ● Cards with Joyce [AC]</div></div><div>2</div></div> | <div><div><div>9:00 ● Daily Crossword [FL]</div><div>9:30 ● Chair Aerobics [L]</div><div>10:00 ● Current Events of the Week! [AC]</div><div>10:30 ● Communion Mass [L]</div><div>1:30 ● This Day In History [AC]</div><div>2:00 ● Chicken Soup for the Soul [AC]</div><div>6:00 ● Music with Mary [L]</div></div><div>3</div></div> | <div><div><div>9:00 ● Daily Crossword [FL]</div><div>10:00 ● Chair Workout with FitUSA! [DR]</div><div>10:00 ● Walks & Talks [AC]</div><div>11:00 ● Puzzle Mania [AC]</div><div>1:30 ● This Day In History [AC]</div><div>2:00 ● Card Games [AC]</div><div>3:00 ● Pool Freeplay [AC]</div><div>5:00 ● Evening News [L]</div></div><div>4</div></div> | | | | | | |
| | <div><div><div>9:00 ● Daily Crossword [FL]</div><div>10:00 ● Walks & Talks [AC]</div><div>11:00 ● Puzzle Mania [AC]</div><div>1:30 ● This Day In History [AC]</div><div>2:00 ● Mandala Zen Art [AC]</div><div>5:00 ● Evening News [L]</div><div>6:00 ● Music with Mary [L]</div></div><div>5</div></div> | <div><div><div>9:00 ● Daily Crossword [FL]</div><div>9:30 ● Chair Aerobics [L]</div><div>10:00 ● Walks & Talks [AC]</div><div>10:30 ● Book Club Meetup [L]</div><div>1:30 ● This Day In History [AC]</div><div>2:00 ● Poetry Readings [L]</div><div>3:00 ● Monday Movie Matinee [L]</div><div>5:30 ● Piano Music with Bill T. [L]</div></div><div>6</div></div> | <div><div><div>9:00 ● Daily Crossword [FL]</div><div>9:15 ● Chair Aerobics [L]</div><div>10:15 ● Walmart Shopping Run (\$) [SB]</div><div>1:30 ● This Day In History [AC]</div><div>2:00 ● Music Appreciation [L]</div><div>3:00 ● BINGO [AC]</div><div>6:00 ● Evening Movie w/ Popcorn! [L]</div></div><div>7</div></div> | <div><div><div>9:00 ● Daily Crossword [FL]</div><div>9:30 ● Chair Aerobics [L]</div><div>10:15 ● Turkey Drawings [AC]</div><div>11:00 ● Bird Watch and Learn! [L]</div><div>1:30 ● This Day In History [AC]</div><div>2:00 ● Meditation & Affirmation [L]</div><div>3:00 ● Speed Billiards [AC]</div><div>6:00 ● Music with Mary [L]</div></div><div>8</div></div> | <div><div><div>9:00 ● Daily Crossword [FL]</div><div>9:15 ● Chair Aerobics [L]</div><div>10:30 ● Visual Trivia [AC]</div><div>11:00 ● Travel Talks [AC]</div><div>1:30 ● This Day In History [AC]</div><div>2:00 ● Cooking with Chris! [AC]</div><div>3:00 ● BINGO [AC]</div><div>6:00 ● Cards with Joyce [AC]</div></div><div>9</div></div> | <div><div><div>9:00 ● Daily Crossword [FL]</div><div>9:30 ● Chair Aerobics [L]</div><div>10:00 ● Current Events of the Week! [AC]</div><div>10:30 ● Library Trip! [SB]</div><div>1:30 ● This Day In History [AC]</div><div>2:00 ● Chicken Soup for the Soul [AC]</div><div>3:00 ● Happy Hour Social [FL]</div><div>6:00 ● Music with Mary [L]</div></div><div>10</div></div> | <div><div><div>9:00 ● Daily Crossword [FL]</div><div>10:00 ● Walks & Talks [AC]</div><div>11:00 ● Puzzle Mania [AC]</div><div>1:30 ● This Day In History [AC]</div><div>2:00 ● Veteran's Day Concert with Blair! [AC]</div><div>3:00 ● Pool Freeplay [AC]</div><div>5:00 ● Evening News [L]</div></div><div>11</div></div> | | | | | | |
| | <div><div><div>9:00 ● Daily Crossword [FL]</div><div>10:00 ● Walks & Talks [AC]</div><div>11:00 ● Puzzle Mania [AC]</div><div>1:30 ● This Day In History [AC]</div><div>2:00 ● Mandala Zen Art [AC]</div><div>5:00 ● Evening News [L]</div><div>6:00 ● Music with Mary [L]</div></div><div>12</div></div> | <div><div><div>9:00 ● Daily Crossword [FL]</div><div>9:30 ● Chair Aerobics [L]</div><div>10:00 ● Walks & Talks [AC]</div><div>10:30 ● Book Club Meetup [L]</div><div>1:30 ● This Day In History [AC]</div><div>2:00 ● Poetry Readings [L]</div><div>3:00 ● Floral Arrangements [AC]</div><div>3:00 ● Monday Movie Matinee [L]</div><div>5:30 ● Piano Music with Bill T. [L]</div></div><div>13</div></div> | <div><div><div>9:00 ● Daily Crossword [FL]</div><div>9:15 ● Chair Aerobics [L]</div><div>10:15 ● Walmart Shopping Run (\$) [SB]</div><div>1:30 ● This Day In History [AC]</div><div>2:00 ● Music Appreciation [L]</div><div>3:00 ● BINGO [AC]</div><div>6:00 ● Evening Movie w/ Popcorn! [L]</div></div><div>14</div></div> | <div><div><div>9:00 ● Daily Crossword [FL]</div><div>9:30 ● Chair Aerobics [L]</div><div>10:15 ● Feather Head Dress [AC]</div><div>11:00 ● Bird Watch and Learn! [L]</div><div>1:30 ● This Day In History [AC]</div><div>2:00 ● Jilissa LIVE! [L]</div><div>3:00 ● Survival Billiards [AC]</div><div>6:00 ● Music with Mary [L]</div></div><div>15</div></div> | <div><div><div>9:00 ● Daily Crossword [FL]</div><div>9:15 ● Chair Aerobics [L]</div><div>10:30 ● Geography Trivia [L]</div><div>11:00 ● Travel Talks [AC]</div><div>1:30 ● This Day In History [AC]</div><div>2:00 ● Program Council [AC]</div><div>3:00 ● BINGO [AC]</div><div>5:00 ● Thanksgiving Celebration! [AL]</div></div><div>16</div></div> | <div><div><div>9:00 ● Daily Crossword [FL]</div><div>9:30 ● Chair Aerobics [L]</div><div>10:00 ● Current Events of the Week! [AC]</div><div>10:30 ● Communion Mass [L]</div><div>1:30 ● Hollenbeck's Trip! [SB]</div><div>2:00 ● This Day In History [AC]</div><div>2:00 ● Chicken Soup for the Soul [AC]</div><div>3:00 ● Happy Hour Social [FL]</div><div>6:00 ● Music with Mary [L]</div></div><div>17</div></div> | <div><div><div>9:00 ● Daily Crossword [FL]</div><div>10:00 ● Chair Workout with FitUSA! [DR]</div><div>10:00 ● Walks & Talks [AC]</div><div>11:00 ● Puzzle Mania [AC]</div><div>1:30 ● This Day In History [AC]</div><div>2:00 ● BINGO w/ Mark! [AC]</div><div>3:00 ● Pool Freeplay [AC]</div><div>5:00 ● Evening News [L]</div></div><div>18</div></div> | | | | | | |
| | <div><div><div>9:00 ● Daily Crossword [FL]</div><div>10:00 ● Walks & Talks [AC]</div><div>11:00 ● Puzzle Mania [AC]</div><div>1:30 ● This Day In History [AC]</div><div>2:00 ● Mandala Zen Art [AC]</div><div>5:00 ● Evening News [L]</div><div>6:00 ● Music with Mary [L]</div></div><div>19</div></div> | <div><div><div>9:00 ● Daily Crossword [FL]</div><div>9:30 ● Chair Aerobics [L]</div><div>10:00 ● Walks & Talks [AC]</div><div>10:30 ● Book Club Meetup [L]</div><div>1:30 ● This Day In History [AC]</div><div>2:00 ● Live Music with Howie! [L]</div><div>3:00 ● Poetry Readings [L]</div><div>5:30 ● Piano Music with Bill T. [L]</div></div><div>20</div></div> | <div><div><div>9:00 ● Daily Crossword [FL]</div><div>9:15 ● Chair Aerobics [L]</div><div>10:15 ● Walmart Shopping Run (\$) [SB]</div><div>1:30 ● This Day In History [AC]</div><div>2:00 ● Music Appreciation [L]</div><div>3:00 ● BINGO [AC]</div><div>6:00 ● Evening Movie w/ Popcorn! [L]</div></div><div>21</div></div> | <div><div><div>9:00 ● Daily Crossword [FL]</div><div>9:30 ● Chair Aerobics [L]</div><div>10:15 ● Thanksgiving Greeting Cards [AC]</div><div>11:00 ● Bird Watch and Learn! [L]</div><div>1:30 ● This Day In History [AC]</div><div>2:00 ● Pool Tournament [AC]</div><div>3:00 ● Happy Hour Social [FL]</div><div>6:00 ● Music with Mary [L]</div></div><div>22</div></div> | <div><div><div>9:00 ● Daily Crossword [FL]</div><div>9:15 ● Chair Aerobics [L]</div><div>10:30 ● Thanksgiving Trivia Handouts [L]</div><div>1:30 ● This Day In History [AC]</div><div>2:00 ● Meditation & Affirmation [L]</div><div>3:00 ● Pool Freeplay [AC]</div><div>6:00 ● Cards with Joyce [AC]</div></div><div>23</div></div> | <div><div><div>9:00 ● Daily Crossword [FL]</div><div>9:30 ● Chair Aerobics [L]</div><div>10:00 ● Current Events of the Week! [AC]</div><div>1:30 ● This Day In History [AC]</div><div>2:00 ● Chicken Soup for the Soul [AC]</div><div>6:00 ● Music with Mary [L]</div></div><div>24</div></div> | <div><div><div>9:00 ● Daily Crossword [FL]</div><div>10:00 ● Walks & Talks [AC]</div><div>11:00 ● Puzzle Mania [AC]</div><div>1:30 ● This Day In History [AC]</div><div>2:00 ● Card Games [AC]</div><div>3:00 ● Pool Freeplay [AC]</div><div>5:00 ● Evening News [L]</div></div><div>25</div></div> | | | | | | |
| | <div><div><div>9:00 ● Daily Crossword [FL]</div><div>10:00 ● Walks & Talks [AC]</div><div>11:00 ● Mass Service with St. Mary's [L]</div><div>11:00 ● Puzzle Mania [AC]</div><div>1:30 ● This Day In History [AC]</div><div>2:00 ● Mandala Zen Art [AC]</div><div>5:00 ● Evening News [L]</div><div>6:00 ● Music with Mary [L]</div></div><div>26</div></div> | <div><div><div>9:00 ● Daily Crossword [FL]</div><div>9:30 ● Chair Aerobics [L]</div><div>10:00 ● Walks & Talks [AC]</div><div>10:30 ● Book Club Meetup [L]</div><div>11:15 ● Lunch Outing (\$) [SB]</div><div>1:30 ● This Day In History [AC]</div><div>2:00 ● Poetry Readings [L]</div><div>3:00 ● Monday Movie Matinee [L]</div><div>5:30 ● Piano Music with Bill T. [L]</div></div><div>27</div></div> | <div><div><div>9:00 ● Daily Crossword [FL]</div><div>9:15 ● Chair Aerobics [L]</div><div>10:15 ● Walmart Shopping Run (\$) [SB]</div><div>1:30 ● This Day In History [AC]</div><div>2:00 ● Music Appreciation [L]</div><div>3:00 ● BINGO [AC]</div><div>6:00 ● Evening Movie w/ Popcorn! [L]</div></div><div>28</div></div> | <div><div><div>9:00 ● Daily Crossword [FL]</div><div>9:30 ● Chair Aerobics [L]</div><div>10:15 ● Snowflake Cutouts [AC]</div><div>11:00 ● Bird Watch and Learn! [L]</div><div>1:30 ● This Day In History [AC]</div><div>2:00 ● Meditation & Affirmation [L]</div><div>3:00 ● Big Prize BINGO! [AC]</div><div>6:00 ● Music with Mary [L]</div></div><div>29</div></div> | <div><div><div>9:00 ● Daily Crossword [FL]</div><div>9:15 ● Chair Aerobics [L]</div><div>10:30 ● Pool Tournament [L]</div><div>11:00 ● Travel Talks [AC]</div><div>1:30 ● This Day In History [AC]</div><div>3:00 ● BINGO [AC]</div><div>6:00 ● Cards with Joyce [AC]</div></div><div>30</div></div> | <div></div> | | | | | | | |