



<div><div>● CONNECT</div><div>● CONTRIBUTE</div><div>● FEEL</div><div>● GROW</div><div>● MOVE</div><div>● REFLECT</div></div> <div>LOCATIONS</div> <div>Assisted Living - <i>AL</i></div> <div>Courtyard - <i>CY</i></div> <div>Country Kitchen - <i>CK</i></div> <div>Living Room - <i>LR</i></div> <div>Memory Care Lounge - <i>MCL</i></div> <div>Shuttle Bus - <i>SB</i></div> <div>BIRTHDAYS THIS MONTH</div> <div>SENIOR LIFESTYLE</div> <div><i>Come grow with us!</i></div> <div>SENIOR LIFESTYLE</div> <div><i>Unlimited options, Unparalleled services</i></div> <div>WWW.SENIORLIFESTYLE.COM</div> <div>Activities are subject to change</div>	<div></div>	<div></div>	<div>3:15pm Tai Chi 1</div> <div>8:45 ● Makeovers [MCL]</div> <div>9:30 ● Chair Stretches [MCL]</div> <div>10:00 ● Thymeless [CK]</div> <div>10:30 ● Prize Bingo [CK]</div> <div>11:00 ● Setting Up For Lunch [CK]</div> <div>12:30 ● Fall Crafts [CK]</div> <div>1:30 ● Tongue Twisters</div> <div>2:30 ● Fun With Grad Students [LR]</div> <div>3:15 ● Tai-Chi [CK]</div> <div>3:30 ● Good News Stories [MCL]</div> <div>4:00 ● Setting For Dinner [CK]</div> <div>5:30 ● Sing Along On In2L [CK]</div> <div>pm ● Fill In The Blank [CK]</div> <div>6:30 ● Reading Together</div>	<div>3:30 Table top games 2</div> <div>8:45 ● Makeovers [MCL]</div> <div>9:15 ● Chair Zumba [MCL]</div> <div>10:00 ● Thymeless [CK]</div> <div>10:30 ● Reminisce Our Halloween</div> <div>11:00 ● Setting Up For Lunch [CK]</div> <div>12:30 ● Figures Of Speech</div> <div>1:30 ● Happy Hour [MCL]</div> <div>2:30 ● Music With Friends [CK]</div> <div>3:30 ● Good News Stories [MCL]</div> <div>4:00 ● Setting For Dinner [CK]</div> <div>5:30 ● Tea Time Happy Hour</div> <div>6:00 ● Fill In The Blank [MCL]</div> <div>6:30 ● Volunteer Clean Up</div>	<div>8:45 ● Makeovers [MCL]</div> <div>9:15 ● Exercise [MCL]</div> <div>9:45 ● Intro To Spark [MCL]</div> <div>10:00 ● Thymeless [CK]</div> <div>10:30 ● baking cookies [CK]</div> <div>11:00 ● Setting Up For Lunch [CK]</div> <div>12:30 ● Making Camel Apples [CK]</div> <div>2:30 ● Fun With Grad Students [LR]</div> <div>3:30 ● Good News Stories [MCL]</div> <div>4:00 ● Setting For Dinner [CK]</div> <div>6:00 ● Crossword Puzzles [CK]</div> <div>6:30 ● Movie Night [LR]</div>	<div>9:15 Communion, L 3</div> <div>Spark</div> <div>8:45 ● Makeovers [MCL]</div> <div>9:15 ● Communion, L [AL]</div> <div>9:15 ● Walking Group [MCL]</div> <div>10:00 ● Brain Games [CK]</div> <div>10:00 ● Thymeless [CK]</div> <div>10:30 ● Brain Health Trivia [CK]</div> <div>10:30 ● Mandala Art [CK]</div> <div>11:00 ● Setting Up For Lunch [CK]</div> <div>1:30 ● Smoothies [CK]</div> <div>2:15 ● Country Ride with Sareta and Lisa</div> <div>3:30 ● Good News Stories [MCL]</div> <div>4:00 ● Setting For Dinner [CK]</div> <div>6:00 ● Word Search Game [CK]</div> <div>6:30 ● Folding Laundry [LR]</div>	<div>6:00pm Hand massage 4</div> <div>8:45 ● Makeovers [MCL]</div> <div>9:15 ● Exercise [MCL]</div> <div>10:00 ● Thymeless [CK]</div> <div>10:30 ● Remember When On IN2L [CK]</div> <div>11:00 ● Setting Up For Lunch [CK]</div> <div>12:30 ● Individual Games [CK]</div> <div>1:00 ● Neck Massages [MCL]</div> <div>1:30 ● The Meanings Of Old Sayings [LR]</div> <div>2:30 ● Have A snack With Friend</div> <div>3:30 ● Good News Stories [MCL]</div> <div>4:00 ● Setting For Dinner [CK]</div> <div>5:30 ● Residents Choice Of Activity [CK]</div> <div>6:30 ● Hand Massage [MCL]</div>
	<div>8:45 ● Makeovers [MCL]</div> <div>9:15 ● Move To Music [CK]</div> <div>10:00 ● Thymeless [CK]</div> <div>11:00 ● Setting Up For Lunch [CK]</div> <div>12:30 ● Staff Choice Of Activity</div> <div>1:15 ● Men's Spa Day</div> <div>2:30 ● Have A snack With Friend</div> <div>3:30 ● Good News Stories [MCL]</div> <div>3:30 ● News Around The World [LR]</div> <div>4:00 ● Setting For Dinner [CK]</div> <div>5:30 ● Walking Group [AL]</div> <div>6:00 ● Folding Laundry [MCL]</div> <div>6:30 ● Movie and Popcorn [LR]</div> 6	<div>8:45 ● Makeovers [MCL]</div> <div>9:15 ● Reach and Stretch [MCL]</div> <div>10:00 ● Thymeless [CK]</div> <div>10:30 ● Facials</div> <div>11:00 ● Setting Up For Lunch [CK]</div> <div>12:30 ● Bookmarks</div> <div>1:00 ● Pumpkin Coffee Social [CK]</div> <div>1:30 ● Folding Laundry</div> <div>2:30 ● Have A snack With Friend</div> <div>3:30 ● Good News Stories [MCL]</div> <div>4:00 ● Setting For Dinner [CK]</div> <div>5:30 ● Roll Yarn Into Balls [MCL]</div> <div>6:00 ● Evening At The Spa</div> <div>6:30 ● Lawrence Welk [LR]</div> 7	<div>3:15pm Tai Chi 8</div> <div>8:45 ● Makeovers [MCL]</div> <div>9:15 ● Chair Stretches [LR]</div> <div>10:00 ● Thymeless [CK]</div> <div>10:30 ● Spark (Words In A Word) [LR]</div> <div>11:00 ● Setting Up For Lunch [CK]</div> <div>12:00 ● Hand Massages [LR]</div> <div>1:00 ● Pumpkin Patch</div> <div>1:30 ● Cognitive Games [CK]</div> <div>2:30 ● Fun With Grad Students [AL]</div> <div>3:15 ● Tai-Chi [CK]</div> <div>3:30 ● News Around The World [MCL]</div> <div>4:00 ● Setting For Dinner [CK]</div> <div>5:30 ● Sing Along On In2L [CK]</div> <div>pm ● Finish The Phrase</div> <div>6:30 ● Reading Together</div>	<div>10:45 Bible Study 9</div> <div>8:45 ● Makeovers [MCL]</div> <div>9:15 ● Chair Zumba [MCL]</div> <div>10:00 ● Thymeless [CK]</div> <div>10:30 ● Painting Pumpkins [CK]</div> <div>10:45 ● Bible Study [AL]</div> <div>11:00 ● Setting Up For Lunch [CK]</div> <div>1:30 ● Happy Hour [MCL]</div> <div>3:30 ● Good News Stories [MCL]</div> <div>4:00 ● Setting For Dinner [CK]</div> <div>5:30 ● Tea Time Happy Hour</div> <div>6:00 ● Fill In The Blank [MCL]</div> <div>6:30 ● Back Massages</div>	<div>8:45 ● Makeovers [MCL]</div> <div>9:15 ● Exercise [MCL]</div> <div>10:00 ● Thymeless [CK]</div> <div>10:30 ● Baking [CK]</div> <div>11:00 ● Setting Up For Lunch [CK]</div> <div>12:30 ● Coffee and Conversations [CK]</div> <div>1:00 ● Painting</div> <div>2:30 ● Fun With Grad Students</div> <div>3:30 ● Good News Stories [MCL]</div> <div>4:00 ● Setting For Dinner [CK]</div> <div>6:00 ● Crossword Puzzles [CK]</div> <div>6:30 ● Movie With Friends [LR]</div> 10	<div>9:15 Communion, L 11</div> <div>Spark</div> <div>8:45 ● Makeovers [MCL]</div> <div>9:15 ● Communion, L [AL]</div> <div>9:15 ● Walking Group [MCL]</div> <div>10:00 ● Thymeless [CK]</div> <div>10:30 ● Brain Health Trivia [CK]</div> <div>11:00 ● Setting Up For Lunch [CK]</div> <div>1:15 ● Pumpkin Painting Contest [CK]</div> <div>2:15 ● Country Ride with Sareta and Lisa</div> <div>3:30 ● Good News Stories [MCL]</div> <div>4:00 ● Setting For Dinner [CK]</div> <div>5:30 ● Sing Along Relaxation [CK]</div> <div>6:00 ● Evening At the Spa</div>	<div>8:45 ● Makeovers [MCL]</div> <div>9:15 ● Exercise [MCL]</div> <div>10:00 ● Thymeless [CK]</div> <div>10:30 ● Remember When On IN2L [CK]</div> <div>11:00 ● Setting Up For Lunch [CK]</div> <div>12:30 ● Individual Games [CK]</div> <div>1:00 ● Neck Massages [MCL]</div> <div>1:30 ● Indoor Soccer [MCL]</div> <div>3:30 ● Good News Stories [MCL]</div> <div>4:00 ● Setting For Dinner [CK]</div> <div>5:30 ● Residents Choice Of Activity [CK]</div> <div>6:00 ● Organize Rooms With Residents</div> <div>6:30 ● Hand Massage [MCL]</div> 12
	<div>8:45 ● Makeovers [MCL]</div> <div>9:15 ● Move To Music [CK]</div> <div>10:00 ● Thymeless [CK]</div> <div>11:00 ● Setting Up For Lunch [CK]</div> <div>12:30 ● Painting</div> <div>1:15 ● Men's Spa Day</div> <div>3:30 ● Good News Stories [MCL]</div> <div>4:00 ● Setting For Dinner [CK]</div> <div>5:30 ● Walking Group [AL]</div> <div>6:00 ● Folding Laundry [MCL]</div> <div>6:30 ● Movie and Popcorn [LR]</div> 13	<div>8:45 ● Makeovers [MCL]</div> <div>9:15 ● Reach and Stretch [MCL]</div> <div>10:00 ● Thymeless [CK]</div> <div>10:30 ● Facials</div> <div>11:00 ● Setting Up For Lunch [CK]</div> <div>12:30 ● Bookmarks</div> <div>1:15 ● Afternoon At The Spa</div> <div>3:30 ● Good News Stories [MCL]</div> <div>4:00 ● Setting For Dinner [CK]</div> <div>5:30 ● Roll Yarn Into Balls [MCL]</div> <div>6:00 ● Complete The Song</div> <div>6:30 ● Poems</div> 14	<div>3:15pm Tai Chi 15</div> <div>8:45 ● Makeovers [MCL]</div> <div>9:30 ● Chair Stretches [MCL]</div> <div>10:00 ● Thymeless [CK]</div> <div>10:30 ● Prize Bingo [CK]</div> <div>11:00 ● Setting Up For Lunch [CK]</div> <div>12:30 ● Crafts [CK]</div> <div>1:15 ● Cognitive Games [CK]</div> <div>2:30 ● Fun With Grad Students [AL]</div> <div>3:15 ● Tai-Chi [CK]</div> <div>3:30 ● Good News Stories [MCL]</div> <div>4:00 ● Setting For Dinner [CK]</div> <div>5:30 ● Sing Along On In2L [CK]</div> <div>6:30 ● Reading Together</div>	<div>3:30 Table top games 16</div> <div>8:45 ● Makeovers [MCL]</div> <div>9:15 ● Chair Zumba [MCL]</div> <div>10:00 ● Thymeless [CK]</div> <div>10:30 ● Making Halloween Treats [CK]</div> <div>11:00 ● Setting Up For Lunch [CK]</div> <div>1:30 ● Happy Hour [MCL]</div> <div>3:30 ● Good News Stories [MCL]</div> <div>4:00 ● John Storie Entertainment [CK]</div> <div>5:30 ● Tea Time Happy Hour</div> <div>6:00 ● Fill In The Blank [MCL]</div> <div>6:30 ● Back Massages</div>	<div>8:45 ● Makeovers [MCL]</div> <div>9:15 ● Exercise [MCL]</div> <div>10:00 ● Thymeless [CK]</div> <div>10:30 ● Baking [CK]</div> <div>11:00 ● Setting Up For Lunch [CK]</div> <div>12:30 ● Making Apple Crisp [CK]</div> <div>2:30 ● Fun With The Grad Students</div> <div>3:30 ● Good News Stories [MCL]</div> <div>4:00 ● Setting For Dinner [CK]</div> <div>6:00 ● Crossword Puzzles [CK]</div> <div>6:30 ● Movie With Friends [LR]</div> 17	<div>9:15 Communion, L 18</div> <div>Spark</div> <div>8:45 ● Makeovers [MCL]</div> <div>9:15 ● Communion, L [AL]</div> <div>9:15 ● Walking Group [MCL]</div> <div>10:00 ● Brain Games [CK]</div> <div>10:30 ● Brain Health Trivia [CK]</div> <div>11:00 ● Setting Up For Lunch [CK]</div> <div>12:30 ● Smoothies [CK]</div> <div>1:00 ● Sing Along On In2L [CK]</div> <div>2:15 ● Country Ride with Sareta and Lisa</div> <div>3:30 ● Good News Stories [MCL]</div> <div>4:00 ● Setting For Dinner [CK]</div> <div>5:30 ● Funny Videos [CK]</div> <div>6:00 ● Word Search Game [CK]</div>	<div>6:00pm Hand massage 19</div> <div>8:45 ● Makeovers [MCL]</div> <div>9:15 ● Exercise [MCL]</div> <div>10:00 ● Thymeless [CK]</div> <div>10:30 ● Remember When On IN2L [CK]</div> <div>11:00 ● Setting Up For Lunch [CK]</div> <div>12:30 ● Individual Games [CK]</div> <div>1:15 ● Neck Massages [MCL]</div> <div>3:30 ● Good News Stories [MCL]</div> <div>4:00 ● Setting For Dinner [CK]</div> <div>5:30 ● Residents Choice Of Activity [CK]</div> <div>6:30 ● Hand Massage [MCL]</div>
	<div>8:45 ● Makeovers [MCL]</div> <div>9:15 ● Move To Music [CK]</div> <div>10:00 ● Thymeless [CK]</div> <div>10:30 ● Bingo</div> <div>11:00 ● Setting Up For Lunch [CK]</div> <div>12:30 ● Reminisce Fall Favorites</div> <div>1:15 ● Men's Spa Day</div> <div>3:30 ● Good News Stories [MCL]</div> <div>4:00 ● Setting For Dinner [CK]</div> <div>5:30 ● Walking Group [AL]</div> <div>6:00 ● Folding Laundry [MCL]</div> <div>6:30 ● Movie and Popcorn [LR]</div> 20	<div>8:45 ● Makeovers [MCL]</div> <div>9:15 ● Reach and Stretch [MCL]</div> <div>10:00 ● Thymeless [CK]</div> <div>10:30 ● Facials</div> <div>11:00 ● Setting Up For Lunch [CK]</div> <div>12:30 ● Tongue Twisters</div> <div>1:00 ● Bookmarks</div> <div>1:15 ● Afternoon At The Spa</div> <div>3:30 ● Good News Stories [MCL]</div> <div>4:00 ● Setting For Dinner [CK]</div> <div>5:30 ● Evening At The Spa</div> <div>6:30 ● Read With Friends</div> 21	<div>3:15pm Tai Chi 22</div> <div>8:45 ● Makeovers [MCL]</div> <div>9:15 ● Chair Stretches [MCL]</div> <div>10:30 ● Prize Bingo [CK]</div> <div>11:00 ● Setting Up For Lunch [CK]</div> <div>12:30 ● Crafts [CK]</div> <div>1:15 ● Cognitive Games [CK]</div> <div>2:30 ● Fun With Grad Students [AL]</div> <div>3:15 ● Tai-Chi [CK]</div> <div>3:30 ● Good News Stories [MCL]</div> <div>4:00 ● Setting For Dinner [CK]</div> <div>5:30 ● Sing Along On In2L [CK]</div> <div>6:00 ● Simple Scrabble</div>	<div>10:45 Bible Study 23</div> <div>8:45 ● Makeovers [MCL]</div> <div>9:15 ● Chair Zumba [MCL]</div> <div>10:00 ● Trip To Hollenbecks</div> <div>10:30 ● Lovely Hands</div> <div>10:45 ● Bible Study [AL]</div> <div>11:00 ● Setting Up For Lunch [CK]</div> <div>12:30 ● Cider And Donuts [CK]</div> <div>1:30 ● Table Top Games [CK]</div> <div>3:30 ● Good News Stories [MCL]</div> <div>4:00 ● Setting For Dinner [CK]</div> <div>5:30 ● Tea Time Happy Hour</div> <div>6:00 ● Fill In The Blank [MCL]</div> <div>6:30 ● Volunteer Clean Up</div>	<div>8:45 ● Makeovers [MCL]</div> <div>9:15 ● Exercise [MCL]</div> <div>10:00 ● Thymeless [CK]</div> <div>10:30 ● Baking [CK]</div> <div>10:30 ● Warm Hands</div> <div>11:00 ● Setting Up For Lunch [CK]</div> <div>12:30 ● Painting</div> <div>1:00 ● Making Monkey Bread [CK]</div> <div>2:30 ● Fun With Grad Students</div> <div>3:30 ● Good News Stories [MCL]</div> <div>4:00 ● Setting For Dinner [CK]</div> <div>6:00 ● Crossword Puzzles [CK]</div> <div>6:30 ● Movie With Friends [LR]</div> 24	<div>9:15 Communion, L 25</div> <div>Spark</div> <div>8:45 ● Makeovers [MCL]</div> <div>9:15 ● Communion, L [AL]</div> <div>9:30 ● Walking Group [MCL]</div> <div>10:00 ● Brain Games [CK]</div> <div>10:30 ● Brain Health Trivia [CK]</div> <div>11:00 ● Setting Up For Lunch [CK]</div> <div>1:30 ● Smoothies [CK]</div> <div>2:15 ● Country Ride with Sareta and Lisa</div> <div>3:30 ● Good News Stories [MCL]</div> <div>4:00 ● Setting For Dinner [CK]</div> <div>6:00 ● Word Search Game [CK]</div> <div>6:30 ● Finish The Phrase</div>	<div>8:45 ● Makeovers [MCL]</div> <div>9:15 ● Exercise [MCL]</div> <div>10:00 ● Thymeless [CK]</div> <div>10:30 ● Remember When On IN2L [CK]</div> <div>11:00 ● Setting Up For Lunch [CK]</div> <div>12:15 ● Trivia</div> <div>1:15 ● Neck Massages [MCL]</div> <div>3:30 ● Good News Stories [MCL]</div> <div>4:00 ● Setting For Dinner [CK]</div> <div>5:30 ● Residents Choice Of Activity [CK]</div> <div>6:30 ● Hand Massage [MCL]</div> 26
	<div>8:45 ● Makeovers [MCL]</div> <div>9:30 ● Move To Music [CK]</div> <div>10:00 ● Thymeless [CK]</div> <div>11:00 ● Setting Up For Lunch [CK]</div> <div>12:30 ● Painting</div> <div>1:15 ● Men's Spa Day</div> <div>3:30 ● Good News Stories [MCL]</div> <div>4:00 ● Setting For Dinner [CK]</div> <div>5:30 ● Walking Group [AL]</div> <div>6:00 ● Folding Laundry [MCL]</div> <div>6:30 ● Movie and Popcorn [LR]</div> 27	<div>8:45 ● Makeovers [MCL]</div> <div>9:15 ● Reach and Stretch [MCL]</div> <div>10:00 ● Thymeless [CK]</div> <div>10:30 ● Facials</div> <div>11:00 ● Setting Up For Lunch [CK]</div> <div>12:30 ● Bookmarks</div> <div>1:15 ● Afternoon At The Spa</div> <div>1:45 ● Funny Videos [CK]</div> <div>2:30 ● Sing Along On In2L [CK]</div> <div>3:30 ● News Group</div> <div>4:00 ● Setting For Dinner [CK]</div> <div>5:30 ● Roll Yarn Into Balls [MCL]</div> <div>6:30 ● Lawrence Welk [LR]</div> 28	<div>3:15pm Tai Chi 29</div> <div>8:45 ● Makeovers [MCL]</div> <div>9:30 ● Chair Stretches [MCL]</div> <div>10:00 ● Thymeless [CK]</div> <div>10:30 ● Prize Bingo [CK]</div> <div>11:00 ● Setting Up For Lunch [CK]</div> <div>12:30 ● fall Crafts [CK]</div> <div>1:15 ● Cognitive Games [CK]</div> <div>2:30 ● Fun With Grad Students [AL]</div> <div>3:15 ● Tai-Chi [CK]</div> <div>3:30 ● Good News Stories [MCL]</div> <div>4:00 ● Setting For Dinner [CK]</div> <div>5:30 ● Sing Along On In2L [CK]</div> <div>6:30 ● Reading Together</div>	<div>3:30 Table top games 30</div> <div>8:45 ● Makeovers [MCL]</div> <div>9:15 ● Chair Zumba [MCL]</div> <div>10:00 ● Thymeless [CK]</div> <div>10:30 ● Suny Student Games [CK]</div> <div>11:00 ● Setting Up For Lunch [CK]</div> <div>12:15 ● Fun With Fall</div> <div>1:30 ● Happy Hour [MCL]</div> <div>3:30 ● Good News Stories [MCL]</div> <div>4:00 ● Setting For Dinner [CK]</div> <div>5:30 ● Tea Time Happy Hour</div> <div>6:00 ● Fill In The Blank [MCL]</div> <div>6:30 ● Volunteer Clean Up</div>	<div>8:45 ● Makeovers [MCL]</div> <div>9:15 ● Exercise [MCL]</div> <div>10:00 ● Thymeless (Making Pumpkin Soup) [CK]</div> <div>10:30 ● Bookmarks</div> <div>11:00 ● Setting Up For Lunch [CK]</div> <div>12:30 ● Halloween Party [CK]</div> <div>2:30 ● Fun With Grad Students</div> <div>3:30 ● Good News Stories [MCL]</div> <div>4:00 ● Setting For Dinner [CK]</div> <div>6:00 ● Crossword Puzzles [CK]</div> <div>6:30 ● Movie With Friends [LR]</div> 31	<div></div> <div>"I'm so glad I live in a world where there are Octobers." — L.M. Montgomery, Anne of Green Gables</div>	