

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

March cont'd 31

9:00 Non-Denominational Televised Worship Service [LR]
9:00 Positive Affirmations [CY]
9:30 Daily Scoop & Funnies [LR]
10:00 Balloon Exercise [AL]
10:15 Morning Stretchcise [LR]
1:00 Bingo [AL]
2:30 Hymnal Sing-A-Long [LR]
3:30 Fun Food Facts [LR]
5:15 Movie Night [LR]



"LIFE should not only be LIVED it should be CELEBRATED".



8:45 Positive Affirmations [CY]
9:30 Walk and Roll Club & Music appreciation [CY]
10:00 Bookmarks Embrace Program [AR]
10:15 Trivia Teasers [LR]
1:50 Organ Music with Barbara [AL]
2:30 Mix & Mingle Sparkling Social
3:00 Deal Me In [AR]
5:15 Friday At The Movies & Popcorn [LR]

9:30 Morning Stretch [LR]
10:00 Balloon Exercise [AL]
10:00 Pamper Group [DR]
10:45 Exercise w/ Mike [AL]
1:30 Word Challenge [LR]
3:00 Afternoon Stroll [CY]
5:30 Spelling Test Time [LR]

LOCATIONS

Assisted Living - AL
Activity/Essence Room -AR
Courtyard - CY
Dining Room-DR
Living Room - LR
Outing-O

BIRTHDAYS

3/12 Ms. Anita

SENIOR LIFESTYLE
Come grow with us!

SENIOR LIFESTYLE
Unlimited options,
Unparalleled services

WWW.SENIORLIFESTYLE.COM
Activities are subject to change

9:00 Non-Denominational Televised Worship Service [LR]
9:30 Daily Scoop & Funnies [LR]
10:00 Balloon Exercise [AL]
10:15 Morning Stretchcise [LR]
1:00 Bingo [AL]
2:30 Hymnal Sing-A-Long [LR]
3:30 Fun Food Facts [LR]
5:15 Movie Night [LR]

8:45 Positive Affirmations [CY]
9:30 Walk and Roll Club & Music appreciation [CY]
10:00 Balloon Exercise
10:30 Finish The Phrase [LR]
1:30 What's in a Word [LR]
2:30 Thymeless
5:15 The Gangs All Here Sing-A-Long [LR]

9:00 Poerty on the Porch [CY]
10:00 Remember When [CY]
10:30 IN2L Family Feud [LR]
10:45 Exercise w/ Mike [AL]
1:00 Let It Grow [DR]
3:00 Birthday Party with Victor! [LR]
5:15 IN2L Karaoke [LR]

8:45 Positive Affirmations [CY]
9:30 Walk and Roll Club & Music appreciation [CY]
10:00 Catholic Communion
10:15 Spelling Challenge [LR]
1:15 Bowling [LR]
2:00 Bible Study [AL]
2:30 Tia Chi/ Meditation [LR]
3:00 Story Telling [LR]
5:15 Getting To Know You [LR]

9:00 Positive News UPDATE [LR]
10:00 Remember When [CY]
10:30 IN2L Family Feud [LR]
1:00 Bingo [AL]
1:00 Pamper Group [DR]
1:30 Timeless Trivia [LR]
3:00 Bookmarks Embrace Program [CY]
5:15 World News [LR]

8:45 Positive Affirmations [CY]
9:30 Walk and Roll Club & Music appreciation [CY]
10:00 Bookmarks Embrace Program [AR]
1:50 Organ Music with Barbara [AL]
2:30 Mix & Mingle Sparkling Social
3:00 Bookmarks [AR]
5:15 Friday At The Movies & Popcorn [LR]

9:30 Morning Stretch [LR]
10:00 Balloon Exercise [AL]
10:00 Pamper Group [DR]
1:30 Word Challenge [LR]
3:00 Afternoon Stroll [CY]
5:30 Back To Nature Channel [LR]

Daylight Saving Time Begins 10

9:00 Non-Denominational Televised Worship Service [LR]
9:30 Daily Scoop & Funnies [LR]
10:00 Balloon Exercise [AL]
10:15 Morning Stretchcise [LR]
1:00 Bingo [AL]
2:30 Hymnal Sing-A-Long [LR]
3:30 Fun Food Facts [LR]
5:15 Movie Night [LR]

8:45 Positive Affirmations [CY]
9:30 Walk and Roll Club & Music appreciation [CY]
10:00 Balloon Exercise
10:15 Word Search [LR]
1:30 It's All Trivia [LR]
2:30 Jeopardy [LR]
2:30 Thymeless
5:15 The Gangs All Here Sing-A-Long [LR]

9:00 Poerty on the Porch [CY]
10:15 Reminiscing [LR]
10:30 IN2L Family Feud [LR]
10:45 Exercise w/ Mike [AL]
1:00 Pamper Group [LR]
5:15 IN2L Karaoke [LR]

9:00 Positive Affirmations [CY]
9:30 Dancercize [LR]
9:30 Walk and Roll Club & Music appreciation [CY]
10:00 Catholic Communion
10:15 Spelling Challenge [LR]
1:15 Shuffleboard [AR]
2:00 Bible Study [AL]
2:30 Let's Get Crafty [AR]
3:00 Story Telling [LR]
5:15 Trip Down Memory Lane [LR]

9:00 Positive Affirmations [CY]
9:00 Positive News UPDATE [LR]
10:15 Give Me 5 [LR]
10:30 IN2L Family Feud [LR]
1:00 Bingo [AL]
1:00 Pamper Group [DR]
1:30 Timeless Trivia [LR]
5:15 World News [LR]

9:00 Positive Affirmations [CY]
9:30 Walk and Roll Club & Music appreciation [CY]
10:00 Bookmarks Embrace Program [AR]
10:15 Trivia Teasers [LR]
1:50 Organ Music with Barbara [AL]
2:30 Mix & Mingle Sparkling Social
3:00 Deal Me In [AR]
5:15 Friday At The Movies & Popcorn [LR]

9:00 Positive Affirmations [CY]
9:30 Morning Stretch [LR]
10:00 Balloon Exercise [AL]
10:00 Pamper Group [DR]
1:30 Word Challenge [LR]
3:00 Afternoon Stroll [CY]
3:00 Musical Memories with Jerry! [LR]
5:30 Spelling Test Time [LR]

St. Patrick's Day 17

9:00 Non-Denominational Televised Worship Service [LR]
9:00 Positive Affirmations [CY]
9:30 Daily Scoop & Funnies [LR]
10:00 Balloon Exercise [AL]
10:15 Morning Stretchcise [LR]
1:00 Bingo [AL]
2:30 Hymnal Sing-A-Long [LR]
3:30 Fun Food Facts [LR]
5:15 Movie Night [LR]

9:00 Positive Affirmations [CY]
9:30 Walk and Roll Club & Music appreciation [CY]
10:00 Balloon Exercise
10:30 Finish The Phrase [LR]
1:30 What's in a Word [LR]
2:30 Thymeless
5:15 The Gangs All Here Sing-A-Long [LR]

9:00 Poerty on the Porch [CY]
9:00 Positive Affirmations [CY]
10:00 Remember When [CY]
10:30 IN2L Family Feud [LR]
10:45 Exercise w/ Mike [AL]
1:00 Let It Grow [DR]
5:15 IN2L Karaoke [LR]

9:00 Positive Affirmations [CY]
9:30 Walk and Roll Club & Music appreciation [CY]
10:00 Catholic Communion
10:15 Spelling Challenge [LR]
1:00 Musical Melodies with Victor [LR]
2:00 Bible Study [AL]
2:30 Tia Chi/ Meditation [LR]
3:00 Story Telling [LR]
5:15 Getting To Know You [LR]

9:00 Positive Affirmations [CY]
9:00 Positive News UPDATE [LR]
10:00 Remember When [CY]
10:30 IN2L Family Feud [LR]
1:00 Bingo [AL]
1:00 Pamper Group [DR]
1:30 Timeless Trivia [LR]
5:15 World News [LR]

9:00 Positive Affirmations [CY]
9:30 Walk and Roll Club & Music appreciation [CY]
10:00 Bookmarks Embrace Program [AR]
1:50 Organ Music with Barbara [AL]
2:30 Mix & Mingle Sparkling Social
3:00 Bookmarks [AR]
5:15 Friday At The Movies & Popcorn [LR]

9:00 Positive Affirmations [CY]
9:30 Morning Stretch [LR]
10:00 Balloon Exercise [AL]
10:00 Pamper Group [DR]
1:30 Word Challenge [LR]
3:00 Afternoon Stroll [CY]
5:30 Back To Nature Channel [LR]

9:00 Non-Denominational Televised Worship Service [LR]
9:00 Positive Affirmations [CY]
9:30 Daily Scoop & Funnies [LR]
10:00 Balloon Exercise [AL]
10:15 Morning Stretchcise [LR]
1:00 Bingo [AL]
2:30 Hymnal Sing-A-Long [LR]
3:30 Fun Food Facts [LR]
5:15 Movie Night [LR]

9:00 Positive Affirmations [CY]
9:30 Walk and Roll Club & Music appreciation [CY]
10:00 Balloon Exercise
10:15 Word Search [LR]
1:30 It's All Trivia [LR]
2:30 Jeopardy [LR]
2:30 Thymeless
5:15 The Gangs All Here Sing-A-Long [LR]

9:00 Poerty on the Porch [CY]
9:00 Positive Affirmations [CY]
10:15 Reminiscing [LR]
10:30 IN2L Family Feud [LR]
10:45 Exercise w/ Mike [AL]
1:00 Pamper Group [LR]
5:15 IN2L Karaoke [LR]

9:00 Positive Affirmations [CY]
9:30 Dancercize [LR]
9:30 Walk and Roll Club & Music appreciation [CY]
10:00 Catholic Communion
10:15 Spelling Challenge [LR]
1:15 Horse Racing [AR]
2:00 Bible Study [AL]
2:30 Let's Get Crafty [AR]
3:00 Story Telling [LR]
5:15 Trip Down Memory Lane [LR]

9:00 Positive Affirmations [CY]
9:00 Positive News UPDATE [LR]
10:15 Give Me 5 [LR]
10:30 IN2L Family Feud [LR]
1:00 Bingo [AL]
1:00 Pamper Group [DR]
1:30 Timeless Trivia [LR]
5:15 World News [LR]

9:00 Positive Affirmations [CY]
9:30 Walk and Roll Club & Music appreciation [CY]
10:00 Bookmarks Embrace Program [AR]
10:15 Trivia Teasers [LR]
1:50 Organ Music with Barbara [AL]
2:30 Mix & Mingle Sparkling Social
3:00 Deal Me In [AR]
5:15 Friday At The Movies & Popcorn [LR]

9:00 Positive Affirmations [CY]
9:30 Morning Stretch [LR]
10:00 Balloon Exercise [AL]
10:00 Pamper Group [DR]
1:30 Word Challenge [LR]
3:00 Afternoon Stroll [CY]
5:30 Spelling Test Time [LR]

Continued at top