

		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> WWW.SENIORLIFESTYLE.COM Activities are subject to change</div> <div> your <i>life</i>, your <i>style</i></div> <div><div>● CONNECT</div><div>● CONTRIBUTE</div><div>● FEEL</div><div>● GROW</div><div>● MOVE</div><div>● REFLECT</div></div> <div><div>Location Keys</div><div>Creative Studio</div><div>Entertainment Room</div><div>Lobby</div><div>Theatre</div></div> <div><div>CS</div><div>E</div><div>L</div><div>TH</div></div>		<div></div> <div>9:00 ● Knock Knock! It's Me! 3</div> <div>10:00 ● Simply Stretch [E]</div> <div>11:00 ● Anna Plays Hymns at the Keys</div> <div>2:00 ● Pokeno [E]</div> <div>3:00 ● Travelougue - [E]</div> <div>6:00 ● Sunday Movie- Avatar disney+ [TH]</div>	<div></div> <div>9:00 ● Knock Knock! It's Me! 4</div> <div>10:00 ● Exercise [E]</div> <div>11:00 ● Coffee and Conversation [CS]</div> <div>2:00 ● FuN- Laughter...what are the benifits? Laughter YoGa! [E]</div> <div>3:30 ● Monday Mini Social Hour [E]</div> <div>4:30 Jeopardy! [E]</div> <div>6:00 Monday Night at the Movies- The Lion the Witch and the Wardrobe disney + [TH]</div>	<div></div> <div>9:00 ● Knock Knock! It's Me! 5</div> <div>10:00 ● Catholic Communion [E]</div> <div>10:15 ● BIBLE STUDY - Open to All! [E]</div> <div>11:00 ● Come Spin the Wheel- Let's Play Wheel Of Fortune! [CS]</div> <div>2:30 ● Stretch Yoga with Vitality! [E]</div> <div>3:00 ● Join Ed Golterman as he gives a Facinating Presentation on the St.Louis Coliseum [E]</div> <div>4:30 Jeopardy! [E]</div> <div>6:00 ● Movie Night- Prince Caspian disney+ [TH]</div>	<div></div> <div>9:00 ● Knock Knock! It's Me! 6</div> <div>10:00 ● Exercise with Gabriela from RPI [E]</div> <div>11:00 ● Cooking with Lynn [CS]</div> <div>2:00 ● FLOWER ARRANGING [CS]</div> <div>3:30 ● Happy Hour! Funny Memories!! [E]</div> <div>4:30 ● Jeopardy! [E]</div> <div>6:00 Wednesday Classic Movie- Willie Wonka and the Chocolate Factory Netflix [TH]</div>	<div></div> <div>9:00 ● Knock Knock! It's Me! 7</div> <div>9:30 ● Visit to St. Louis County Library [L]</div> <div>11:00 ● Let's Play Catch! [E]</div> <div>2:00 ● Afternoon Stretch [E]</div> <div>3:30 ● Afternoon Social Hour [E]</div> <div>4:30 Jeopardy! [E]</div> <div>6:15 ● Thursday Night at the Movies-Mighty Joe Young disney+ [E]</div>	<div></div> <div>9:00 ● Knock Knock! It's Me! 8</div> <div>10:30 ● Games with Theo [E]</div> <div>2:30 ● Music and Movement with Vitality! [E]</div> <div>3:30 ● TGIF Happy Hour! [E]</div> <div>4:30 Jeopardy! [E]</div> <div>6:15 ● Funny Night at the Movies - Turner and Hooch disney+ [TH]</div>	<div></div> <div>9:00 ● Knock Knock! It's Me! 9</div> <div>10:00 ● Chair Dancing Simply Stretch [E]</div> <div>2:00 ● BINGO [E]</div> <div>— Nature Movie - Secrets of Whales (Disney) [E]</div> <div>6:00 ● Marvel Movie Saturday- Iron Man 2 disney+ [TH]</div>
		<div>9:00 ● Knock Knock! It's Me! 10</div> <div>10:00 ● Simply Stretch [E]</div> <div>11:00 ● Anna Plays Hymns at the Keys</div> <div>2:00 ● Pokeno [E]</div> <div>3:00 ● Travelougue - [E]</div> <div>6:00 ● Sunday Movie-Bride Wars prime [TH]</div>	<div>9:00 ● Knock Knock! It's Me! 11</div> <div>10:00 ● Exercise [E]</div> <div>11:00 ● Coffee and Conversation [CS]</div> <div>3:30 ● Monday Mini Social Hour- Do You have the Right Stuff?? [E]</div> <div>4:30 Jeopardy! [E]</div> <div>6:00 Monday Night at the Movies- Where the Red Fern Grows prime [TH]</div>	<div>9:00 ● Knock Knock! It's Me! 12</div> <div>10:00 ● Trip to Chesterfield Community Center- Seminar on Core Stability</div> <div>10:15 ● BIBLE STUDY - Open to All! [E]</div> <div>11:00 ● Let's Get Crafty - Easter Bunny! [E]</div> <div>2:30 ● Stretch Yoga with Vitality! [E]</div> <div>3:30 ● Tuesday Trivia and Drinks [E]</div> <div>4:30 Jeopardy! [E]</div> <div>6:00 ● Movie Night-The Crossing dvd [TH]</div>	<div>9:00 ● Knock Knock! It's Me! 13</div> <div>10:00 ● Exercise with Gabriela from RPI [E]</div> <div>11:00 ● Cooking with Lynn [CS]</div> <div>2:00 ● FLOWER ARRANGING [CS]</div> <div>3:30 ● Happy Hour! Resident Comedy! [E]</div> <div>4:30 ● Jeopardy! [E]</div> <div>6:00 Wednesday Classic Movie- Great Expectations prime [TH]</div>	<div>9:00 ● Knock Knock! It's Me! 14</div> <div>9:30 ● Shopping Errands [L]</div> <div>11:00 ● Let's play table top Basketball [E]</div> <div>2:00 ● Afternoon Stretch [E]</div> <div>3:30 ● Live Entertainment Featuring- The Sing Along Sisters [E]</div> <div>4:30 Jeopardy! [E]</div> <div>6:00 ● Thursday Night at the Movies- A Fistful of Dollars prime</div>	<div>9:00 ● Knock Knock! It's Me! 15</div> <div>10:30 ● Games with Theo [E]</div> <div>2:30 ● Music and Movement with Vitality! [E]</div> <div>3:30 ● TGIF Happy Hour! [E]</div> <div>4:30 Jeopardy! [E]</div> <div>6:15 ● Funny Night at the Movies - Waitress prime [TH]</div>	<div>9:00 ● Knock Knock! It's Me! 16</div> <div>10:00 ● Chair Dancing Simply Stretch [E]</div> <div>1:30 ● BINGO [E]</div> <div>— Nature Movie - The Way of the Cheetah (Disney) [E]</div> <div>6:00 ● Marvel Movie Saturday- Thor Dark World disney+ [TH]</div>
		<div>9:00 ● Knock Knock! It's Me! 17</div> <div>10:00 ● Simply Stretch [E]</div> <div>11:00 ● Anna Plays Hymns at the Keys</div> <div>2:00 ● Pokeno [E]</div> <div>3:00 ● Travelougue - [E]</div> <div>6:15 ● Sunday Movie-Miracles from Heaven prime [TH]</div>	<div>9:00 ● Knock Knock! It's Me! 18</div> <div>10:00 ● Exercise [E]</div> <div>11:00 ● Coffee and Conversation [CS]</div> <div>3:30 ● Monday Mini Social Hour [E]</div> <div>4:30 Jeopardy! [E]</div> <div>6:00 ● Monday Night at the Movies- The Note prime [TH]</div>	<div>9:00 ● Knock Knock! It's Me! 19</div> <div>9:00 ● Enable Dental Visits</div> <div>10:00 ● Knock Knock! It's Me!</div> <div>10:00 ● Catholic Communion [E]</div> <div>10:15 ● BIBLE STUDY - Open to All! [E]</div> <div>11:00 ● Come Spin the Wheel- Let's Play Wheel Of Fortune! [CS]</div> <div>2:30 ● Stretch Yoga with Vitality! [E]</div> <div>3:30 ● Painting with a Twist [E]</div> <div>4:30 Jeopardy! [E]</div> <div>6:15 ● Movie Night- The Healer prime [TH]</div>	<div>9:00 ● Knock Knock! It's Me! 20</div> <div>10:00 ● Exercise with Gabriela from RPI [E]</div> <div>11:00 ● Lunch Outing To First Watch [L]</div> <div>2:00 ● FLOWER ARRANGING [CS]</div> <div>3:30 ● Happy Hour! [E]</div> <div>4:30 ● Jeopardy! [E]</div> <div>6:00 Wednesday Classic Movie- The Horse Soldiers prime [TH]</div>	<div>9:00 ● Knock Knock! It's Me! 21</div> <div>9:30 ● Visit to St. Louis County Library [L]</div> <div>11:00 ● 12 Mile Run [L]</div> <div>2:00 ● Afternoon Stretch [E]</div> <div>3:30 ● Afternoon Social Hour- Visiting Tattoo Artist [E]</div> <div>4:30 Jeopardy! [E]</div> <div>6:15 ● Thursday Night at the Movies- Catching Faith prime [TH]</div>	<div>9:00 ● Knock Knock! It's Me! 22</div> <div>10:30 ● Games with Theo [E]</div> <div>12:00 ● Men's Monthly Lunch</div> <div>2:30 ● Music and Movement with Vitality! [E]</div> <div>3:30 ● TGIF Happy Hour! [E]</div> <div>4:30 Jeopardy! [E]</div> <div>6:15 ● Funny Night at the Movies - And So It Goes prime [TH]</div>	<div>9:00 ● Knock Knock! It's Me! 23</div> <div>10:00 ● Chair Dancing Simply Stretch [E]</div> <div>2:00 ● BINGO [E]</div> <div>— Nature Movie - Wild Prtugal (Disney) [E]</div> <div>6:00 ● Marvel Movie Saturday- Captain America The Winter Storm [TH]</div>
		<div>9:00 ● Knock Knock! It's Me! 24</div> <div>10:00 ● Simply Stretch [E]</div> <div>11:00 ● Anna Plays Hymns at the Keys</div> <div>2:00 ● Pokeno [E]</div> <div>3:00 ● Travelougue - [E]</div> <div>6:15 ● Sunday Movie- Pal Joey prime [TH]</div>	<div>9:00 ● Knock Knock! It's Me! 25</div> <div>10:00 ● Exercise [E]</div> <div>11:00 ● Coffee and Conversation [CS]</div> <div>3:30 ● Monday Mini Social Hour- Epic or Fail [E]</div> <div>4:30 Jeopardy! [E]</div> <div>6:00 Monday Night at the Movies- Oklahoma disney+ [TH]</div>	<div>9:00 ● Knock Knock! It's Me! 26</div> <div>10:00 ● Knock Knock! It's Me!</div> <div>10:00 ● Catholic Communion [E]</div> <div>10:15 ● BIBLE STUDY - Open to All! [E]</div> <div>11:00 ● Let's Get Crafty!</div> <div>2:30 ● Stretch Yoga with Vitality! [E]</div> <div>3:30 ● Monthly Birthday Party!!! [E]</div> <div>4:30 Jeopardy! [E]</div> <div>6:15 ● Movie Night- Hidden Figures disney+ [TH]</div>	<div>9:00 ● Knock Knock! It's Me! 27</div> <div>10:00 ● Exercise with Gabriela from RPI [E]</div> <div>11:00 ● Cooking with Lynn [CS]</div> <div>2:00 ● FLOWER ARRANGING [CS]</div> <div>3:30 ● Resident Council [E]</div> <div>4:30 ● Jeopardy! [E]</div> <div>6:00 Wednesday Classic Movie- Hang 'Em High prime [TH]</div>	<div>9:00 ● Knock Knock! It's Me! 28</div> <div>9:30 ● Shopping Errands [L]</div> <div>11:00 ● Join our Table Top Basket Ball Game</div> <div>2:00 ● Afternoon Stretch [E]</div> <div>3:30 ● Afternoon Social Hour [E]</div> <div>4:30 Jeopardy! [E]</div> <div>6:15 ● Thursday Night at the Movies-Mary Poppins Returns disney+ [TH]</div>	<div>9:00 ● Knock Knock! It's Me! 29</div> <div>10:30 ● Games with Theo [E]</div> <div>2:30 ● Music and Movement with Vitality! [E]</div> <div>3:30 ● TGIF Happy Hour! [E]</div> <div>4:30 Jeopardy! [E]</div> <div>6:15 ● Funny Night at the Movies - Road less Traveled prime [TH]</div>	<div>9:00 ● Knock Knock! It's Me! 30</div> <div>10:00 ● Chair Dancing Simply Stretch [E]</div> <div>1:30 ● BINGO [E]</div> <div>— Nature Movie - Springtime Stories - The Secrets of Nature (You Tube) [E]</div> <div>6:00 ● Marvel Movie Saturday- Guardians of the Galaxy disney+ [TH]</div>