The Sheridan at Chesterfield - Where Everyday is Dad's Day calendar & activities JUN 2019 THURSDAY SUNDAY MONDAY **TUESDAY** WEDNESDAY **FRIDAY** SATURDAY 9:15 • Morning Devotional [LR] June cont'd AM • Thought For Today [DR] CONNECT 10:00 • Bible Study 9:15 • Morning Devotional [LR] AM • Saturday Aerobics [CS] 9:30 • Sittercise [CS] 10:30 Snack and Chat [CS] CONTRIBUTE AM • Thought For Today [DR] AM • Live Animal Camera Viewing [CS] AM • Spiritual Sundays [LR] PM Baking Fun [MK] **SENIOR** FEEL 10:30 Snack and Chat [CS] AM • Tunes with Chad [CS] AM • Sing A Long LIFESTYLE PM • Thymeless [MK] PM Movie Matinee [CS] GROW PM Bingo [CS] PM Sunday Stroll your life, your style PM • Social Hour PM • Thymeless [MK] PM • Let's Socialize! [DR] MOVE PM • Card Games [CS] PM • Movie Night [LR] PM • Social Hour REFLECT PM • Social Hour [LR] 9:15 • Morning Devotional 9:15 • Morning Devotional 9:15 • **Morning** 9:15 • **Morning** 9:15 • **Morning** 9:15 • **Morning** 9:15 • Morning Devotional Devotional [LR] **Devotional [LR] Devotional [LR]** Devotional [LR] AM • Thought For Today 9:30 • Sittercise [CS] AM • Quick Stretch [CS] LOCATIONS AM • Chair Dancing Exercise with AM • Singing And AM • Sweating to the AM • Thought For Today AM • Alive and Kicking Ball Carmen [CS] Stretching [CS] Oldies [CS] 10:00 • Bible Study AM • Thymeless [G] AM • Thymeless [G] AM • Thymeless [G] AM • Thymeless [G] AM • Saturday Aerobics [CS] AM • Spiritual Sundays [LR] AM • Thymeless [G] Snack and Chat [CS] 10:15 • Jov Ride Snack and Chat [CS] Creative Studio - CS 10:15 Banjo Sing a Long Snack and Chat [CS] Snack and Chat [CS] 10:30 Snack and Chat [CS] Snack and Chat [CS] AM • Pet Therapy [LR] AM • Live Animal Camera Viewing [CS] Sing A Long Snack and Chat [CS] AM • Wild Watercolors [CS] 1:00 • Spark PM • Essence [SR] 11:00 • Trivia [CS] 2:00 • Fatherly Advice Dining Room - DR Movie Matinee [CS] PM Baking Fun [MK] 2:00 • Tunes with Chad PM • Jenga and Juice [CS] 2:00 • Ana and the Piano PM • Bookmarks [CS] PM • Sunday Stroll PM • Thymeless [MK] PM • Thymeless [MK] PM • Thymeless [MK] PM • Thymeless [MK] Garden - G PM • Thymeless [MK] PM • Mindful Meditation PM • Thymeless [MK] PM • Thymeless [MK] PM • Bingo [CS] PM • Social Hour PM • Bingo [CS] PM • Card Games [CS] PM • Back in Time TV [CS] AM • Arm Chair Vacations [CS] PM • Social Hour PM • Social Hour Living Room - *LR* PM • Social Hour PM • Social Hour PM • Game Night PM • Social Hour PM • Let's Socialize! [DR] PM • Social Hour 3:30 • UNO [CS] PM • Social Hour [LR] pm • Family Fued PM Movie Night [LR] PM • Movie Time-Mr Mom PM • Thursday Night Trivia [CS] PM • Uno Mom's Kitchen - MK 9:15 • Morning Devotional 9:15 • **Morning** 9:15 • **Morning** 9:15 • Morning Devotional Serenity Room - SR 9:15 • Morning Devotional 9:15 • Morning Devotional 9:15 • **Morning** Devotional [LR] **Devotional [LR]** Devotional [LR] 9:30 • Sittercise [CS] Terrace - T AM • Quick Stretch [CS] AM • Chair Dancing [CS] AM • Thought For Today AM • Ballroom Dancing AM • Sweating to the AM • Singing And AM • Thought For Today AM • Alive and Kicking Ball AM • Thymeless [G] Oldies [CS] Stretching [CS] 10:00 • Bible Study Snack and Chat [CS] AM • Thymeless [G] AM • Thymeless [G] AM • Thymeless [G] AM • Saturday Aerobics [CS] AM • Spiritual Sundays [LR] AM • Thymeless [G] 11:00 • Father's Spa 10:15 • **Joy Ride** 10:30 Snack and Chat [CS] 10:30 Snack and Chat [CS] 10:30 Snack and Chat [CS] Snack and Chat [CS] 10:30 Snack and Chat [CS] AM • Pet Therapy [LR] Snack and Chat [CS] 1:00 • Spark 10:30 11:00 • Target Golf Sing A Long PM • Essence [SR] AM • Live Animal Camera Viewing [CS] AM • Tie a Necktie [CS] 11:00 • Trivia [CS] 2:00 • Hero Sandwich Movie Matinee [CS] PM • Thymeless [MK] PM Baking Fun [MK] 2:00 • Ana and the Piano Pics with Dad SENIOR LIFESTYLE PM Sunday Stroll PM • Mindful Meditation PM • Bookmarks [CS] PM • Let's play Cards [CS] PM • Thymeless [MK] PM • Back in Time TV-Leave it to PM Bingo [CS] AM Arm Chair Vacations [CS] Unlimited options, PM • Social Hour PM • Card Games [CS] PM • Social Hour PM • Bingo [CS] PM • Social Hour PM • Social Hour PM • Social Hour PM • Social Hour PM • Game Night PM • Let's Socialize! [DR] 3:30 • UNO [CS] PM • Social Hour PM • Movie Time-father of the bride Unparalleled services PM • Social Hour [LR] pm • Family Fued PM • Movie Night [LR] PM • Thursday Night Trivia [CS] PM • Uno Father's Day 9:15 • **Morning** 9:15 • Morning Devotional 9:15 • **Morning** 9:15 • **Morning** 9:15 • **Morning** 9:00 • The Longest Day Devotional [LR] Devotional [LR] 9:15 • **Morning** 9:15 • Morning Devotional Devotional [LR] Devotional [LR] Residents Birthdays AM • Thought For Today AM • Chair Dancing [CS] AM • Quick Stretch [CS] Devotional [LR] AM • Thymeless [G] AM • Singing And 9:30 • Sittercise [CS] AM • Thymeless [G] AM • Sweating to the Oldies [CS] AM • Alive and Kicking Ball [CS] Stretching [CS] 10:15 • **Joy Ride** Irene V. 6.25 0:00 • Bible Study AM • Thought For Today [DR] Snack and Chat [CS] 10:30 AM • Thymeless [G] AM • Thymeless [G] 10:00 • Crafty Crafts w/ Lisa 10:30 Snack and Chat [CS] AM • Saturday Aerobics [CS] AM • Spiritual Sundays [LR] AM • Pet Therapy [LR] Snack and Chat [CS] Snack and Chat [CS] 10:30 10:30 AM • Thymeless [G] 11:00 • Trivia [CS] 10:30 Snack and Chat [CS] 10:30 Snack and Chat ICSI 1:00 • Bolts and Nuts PM • Essence [SR] 1:00 • Spark AM • Live Animal Camera Viewing [CS] PM • Bookmarks [CS] AM • Sing A Long Snack and Chat [CS] 2:00 • Ana and the Piano WWW.SENIORLIFESTYLE.COM PM • Steppin with Sterling [CS] PM • Jenga and Juice [CS] PM • Baking Fun [MK] PM • Movie Matinee [CS] 1:00 • Ice Cream Social PM • Thymeless [MK] PM Sunday Stroll PM • Thymeless [MK] PM • Social Hour AM • Arm Chair Vacations [CS] Activities are subject to change PM • Mindful Meditation PM • Bingo [CS] PM • Bingo [CS] PM • Thymeless [MK] PM • Social Hour PM • Social Hour 3:30 • UNO [CS] PM • Social Hour PM • Social Hour PM • Social Hour PM • Card Games [CS] PM • Thursday Night Trivia [CS] PM • Movie Time-Pursuit of PM • Game Night PM • Let's Socialize! [DR] PM • Uno PM • Social Hour pm • Family Fued PM • Movie Night [LR] Happiness PM • Social Hour [LR] 9:15 • Morning Devotional [LR] 9:15 • Morning Devotional 9:15 • **Morning** AM • Thought For Today [DR] Devotional [LR] Devotional [LR] Devotional [LR] Devotional [LR] Devotional 9:30 • Sittercise [CS] 10:00 Bible Study AM • Chair Dancing AM • Sweating to the AM • Thymeless [G] AM • Quick Stretch [LR] AM • Saturday Aerobics [CS] AM • Thought For Today Oldies [CS] 10:15 • **Joy Ride** AM • Singing And Stretching 10:30 Snack and Chat [CS] AM • Thymeless [G] Thymeless [G] AM • Live Animal Camera Viewing [CS] AM • Alive and Kicking Ball [CS] Snack and Chat [CS] Spiritual Sundays [LR] 10:30 Snack and Chat [CS] 10:30 Snack and Chat [CS] PM Baking Fun [MK] Snack and Chat [CS] AM • Thymeless [G] 11:00 🔸 Trivia [CS] AM • Pet Therapy [LR] AM • Thymeless [G] PM • Thymeless [MK] 1:00 • Spark AM • Sing A Long Snack and Chat [CS] PM • Bookmarks [CS] PM • Bingo [CS] PM • Essence [SR] Snack and Chat [CS] PM • Jenga and Juice [CS] Movie Matinee [CS] PM • Social Hour PM • Thymeless [MK] PM • Thymeless [MK] 2:00 • Ana and the Piano 2:00 • Wild Watercolor Show Rev up the Engine PM • Sunday Stroll PM • Let's Socialize! [DR] PM • Summertime Trivia PM • Social Hour PM • Thymeless [MK] PM • Thymeless [MK] PM • Thymeless [MK] PM Movie Night [LR] PM • Thymeless [MK] PM • Back in Time TV [CS] 3:30 • UNO [CS] PM • Bingo [CS] PM • Card Games [CS] AM • Arm Chair Vacations [CS] PM • Social Hour PM • Social Hour PM • Thursday Night Trivia [CS] PM • Social Hour PM • Social Hour PM • Social Hour PM • Game Night PM • Social Hour [LR] pm • Family Fued PM • Movie Time-Mrs Doubtfire PM • Uno Continued at top Created on Tuesday, May 21, 2019 8:56 AM