

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
				<ul style="list-style-type: none"> 9:15 ● Morning Devotional [LR] 1 9:30 ● Meditation AM ● Singing And Stretching [CS] AM ● Thymeless [G] 10:30 ● Snack and Chat [CS] AM ● Wild Watercolors [CS] AM ● Tunes with Chad [CS] PM ● Thymeless [MK] 3:00 ● Walking Club PM ● Puzzle Pals 	<ul style="list-style-type: none"> 9:15 ● Morning Devotional [LR] 2 AM ● Exercise with Carmen [CS] 9:30 ● Meditation AM ● Thymeless [G] 10:30 ● Snack and Chat [CS] 11:00 ● Trivia [CS] PM ● Bookmarks [CS] PM ● Thymeless [MK] 3:30 ● UNO [CS] 4:00 ● Embrace Family Gathering PM ● Thursday Night Trivia [CS] 	<ul style="list-style-type: none"> 9:15 ● Morning Devotional [LR] 3 AM ● Macarena Moves [CS] 9:30 ● Meditation AM ● Thymeless [G] 10:30 ● Snack and Chat [CS] 11:00 ● Spark PM ● Jenga and Juice [CS] PM ● Thymeless [MK] PM ● Cinco de Mayo Happy Hour [CS] PM ● Uno 	<ul style="list-style-type: none"> 9:15 ● Morning Devotional [LR] 4 9:30 ● Meditation AM ● Thought For Today [DR] 10:00 ● Bible Study AM ● Saturday Aerobics [CS] 10:30 ● Snack and Chat [CS] AM ● Horse Racing Derby Style [CS] PM ● Baking Fun [MK] PM ● Thymeless [MK] PM ● Bingo [CS] PM ● Let's Socialize! [DR] PM ● Movie Night [LR] 	
<p>LOCATIONS</p> <p>Creative Studio - CS Dining Room - DR Garden - G Living Room - LR Mom's Kitchen - MK Serenity Room - SR Terrace - T</p> <p>SENIOR LIFESTYLE Unlimited options, Unparalleled services</p> <p>Residents Birthdays Gerry K. 5/19 Gail D. 5/27</p> <p>WWW.SENIORLIFESTYLE.COM Activities are subject to change</p>	<ul style="list-style-type: none"> 9:15 ● Morning Devotional [LR] 5 9:30 ● Meditation 9:30 ● Sittercise [CS] AM ● Thought For Today [DR] AM ● Spiritual Sundays [LR] 10:30 ● Snack and Chat [CS] AM ● Sing A Long PM ● Movie Matinee [CS] PM ● Sunday Stroll PM ● Thymeless [MK] PM ● Card Games [CS] PM ● Social Hour [LR] 	<ul style="list-style-type: none"> 9:15 ● Morning Devotional [LR] 6 9:30 ● Meditation AM ● Quick Stretch [CS] AM ● Alive and Kicking Ball [CS] AM ● Thymeless [G] 10:30 ● Snack and Chat [CS] 11:00 ● Banjo Sing a Long PM ● Thymeless [MK] PM ● Poetry for Mom PM ● Back in Time TV [CS] pm ● Family Fued 	<ul style="list-style-type: none"> 9:15 ● Morning Devotional [LR] 7 AM ● Chair Dancing [CS] 9:30 ● Meditation AM ● Thymeless [G] 10:30 ● Mom's Makeover 10:30 ● Snack and Chat [CS] AM ● Pet Therapy [LR] PM ● Essence [SR] 2:00 ● Ana and the Piano PM ● Thymeless [MK] AM ● Arm Chair Vacations [CS] PM ● Movie My Big Fat Greek Wedding 	<ul style="list-style-type: none"> 9:15 ● Morning Devotional [LR] 8 9:30 ● Meditation AM ● Singing And Stretching [CS] AM ● Thymeless [G] 10:30 ● Snack and Chat [CS] AM ● Wild Watercolors [CS] 11:00 ● Mom's Helping Moms PM ● Thymeless [MK] 3:00 ● Walking Club PM ● After Dinner Chat 	<ul style="list-style-type: none"> 9:15 ● Morning Devotional [LR] 9 AM ● Exercise with Carmen [CS] 9:30 ● Meditation AM ● Thymeless [G] 10:30 ● Snack and Chat [CS] 11:00 ● The Mother Awards [CS] PM ● Bookmarks [CS] PM ● Thymeless [MK] 3:30 ● UNO [CS] PM ● Thursday Night Trivia [CS] 	<ul style="list-style-type: none"> 9:15 ● Morning Devotional [LR] 10 9:30 ● Mom's Recipe Lunch Prep AM ● Sweating to the Oldies [CS] AM ● Thymeless [G] 10:30 ● Snack and Chat [CS] 11:00 ● Spark PM ● Mother's Day Trivia [CS] PM ● Thymeless [MK] PM ● Bingo [CS] PM ● Uno 	<ul style="list-style-type: none"> 9:15 ● Morning Devotional [LR] 11 9:30 ● Meditation AM ● Thought For Today [DR] 10:00 ● Bible Study AM ● Saturday Aerobics [CS] 10:30 ● Snack and Chat [CS] AM ● Live Animal Camera Viewing [CS] PM ● Baking Fun [MK] PM ● Thymeless [MK] PM ● Bingo [CS] PM ● Let's Socialize! [DR] PM ● Movie Night [LR] 	
		<p>Mother's Day</p> <ul style="list-style-type: none"> 9:15 ● Morning Devotional [LR] 12 9:30 ● Meditation 9:30 ● Sittercise [CS] AM ● Thought For Today [DR] AM ● Spiritual Sundays [LR] 10:30 ● Snack and Chat [CS] AM ● Sing A Long PM ● Movie Matinee [CS] PM ● Sunday Stroll PM ● Thymeless [MK] PM ● Card Games [CS] PM ● Social Hour [LR] 	<ul style="list-style-type: none"> 9:15 ● Morning Devotional [LR] 13 9:30 ● Meditation AM ● Quick Stretch [CS] AM ● Alive and Kicking Ball [CS] AM ● Thymeless [G] 10:30 ● Snack and Chat [CS] PM ● Thymeless [MK] PM ● Mindful Meditation PM ● Back in Time TV [CS] pm ● Family Fued 	<ul style="list-style-type: none"> 9:15 ● Morning Devotional [LR] 14 AM ● Chair Dancing [CS] 9:30 ● Meditation AM ● Thymeless [G] 10:30 ● Snack and Chat [CS] AM ● Pet Therapy [LR] PM ● Essence [SR] 2:00 ● Ana and the Piano PM ● Thymeless [MK] AM ● Arm Chair Vacations [CS] PM ● Movie Parenthood 	<ul style="list-style-type: none"> 9:15 ● Morning Devotional [LR] 15 9:30 ● Meditation AM ● Singing And Stretching [CS] AM ● Thymeless [G] 10:30 ● Crafty Crafts w/ Lisa 10:30 ● Snack and Chat [CS] AM ● Time on the Terrace [CS] PM ● Thymeless [MK] 3:00 ● Walking Club PM ● Game Night 	<ul style="list-style-type: none"> 9:15 ● Morning Devotional [LR] 16 AM ● Exercise with Carmen [CS] 9:30 ● Meditation AM ● Thymeless [G] 10:30 ● Snack and Chat [CS] 11:00 ● Trivia [CS] PM ● Bookmarks [CS] PM ● Thymeless [MK] 3:30 ● UNO [CS] PM ● Thursday Night Trivia [CS] 	<ul style="list-style-type: none"> 9:15 ● Morning Devotional [LR] 17 9:30 ● Meditation AM ● Sweating to the Oldies [CS] AM ● Thymeless [G] 10:30 ● Snack and Chat [CS] 11:00 ● Spark PM ● Jenga and Juice [CS] PM ● Thymeless [MK] PM ● Bingo [CS] PM ● Uno 	<ul style="list-style-type: none"> 9:15 ● Morning Devotional [LR] 18 9:30 ● Meditation AM ● Thought For Today [DR] 10:00 ● Bible Study AM ● Saturday Aerobics [CS] 10:30 ● Snack and Chat [CS] AM ● Live Animal Camera Viewing [CS] PM ● Baking Fun [MK] PM ● Thymeless [MK] PM ● Bingo [CS] PM ● Let's Socialize! [DR] PM ● Movie Night [LR]
		<ul style="list-style-type: none"> 9:15 ● Morning Devotional [LR] 19 9:30 ● Meditation 9:30 ● Sittercise [CS] AM ● Thought For Today [DR] AM ● Spiritual Sundays [LR] 10:30 ● Snack and Chat [CS] AM ● Sing A Long PM ● Movie Matinee [CS] PM ● Sunday Stroll PM ● Thymeless [MK] PM ● Card Games [CS] PM ● Social Hour [LR] 	<ul style="list-style-type: none"> 9:15 ● Morning Devotional [LR] 20 9:30 ● Meditation AM ● Quick Stretch [CS] AM ● Alive and Kicking Ball [CS] AM ● Thymeless [G] 10:30 ● Snack and Chat [CS] PM ● Thymeless [MK] PM ● Mindful Meditation PM ● Back in Time TV [CS] pm ● Family Fued 	<ul style="list-style-type: none"> 9:15 ● Morning Devotional [LR] 21 AM ● Chair Dancing [CS] 9:30 ● Meditation AM ● Thymeless [G] 10:30 ● Snack and Chat [CS] AM ● Pet Therapy [LR] PM ● Essence [SR] 2:00 ● Ana and the Piano PM ● Thymeless [MK] AM ● Arm Chair Vacations [CS] PM ● Movie Forrest Gump 	<ul style="list-style-type: none"> 9:15 ● Morning Devotional [LR] 22 9:30 ● Meditation AM ● Singing And Stretching [CS] AM ● Thymeless [G] 10:30 ● Snack and Chat [CS] AM ● Wild Watercolors [CS] PM ● Thymeless [MK] 3:00 ● Walking Club PM ● Reminisce Friends 	<ul style="list-style-type: none"> 9:15 ● Morning Devotional [LR] 23 AM ● Exercise with Carmen [CS] 9:30 ● Meditation AM ● Thymeless [G] 10:30 ● Snack and Chat [CS] 11:00 ● Trivia [CS] PM ● Bookmarks [CS] PM ● Thymeless [MK] 3:30 ● UNO [CS] PM ● Thursday Night Trivia [CS] 	<ul style="list-style-type: none"> 9:15 ● Morning Devotional [LR] 24 9:30 ● Letters to Soldiers AM ● Sweating to the Oldies [CS] AM ● Thymeless [G] 10:30 ● Snack and Chat [CS] 11:00 ● Spark PM ● Make a Masterpiece [CS] PM ● Thymeless [MK] PM ● Bingo [CS] PM ● Uno 	<ul style="list-style-type: none"> 9:15 ● Morning Devotional [LR] 25 9:30 ● Meditation AM ● Thought For Today [DR] 10:00 ● Bible Study AM ● Saturday Aerobics [CS] 10:30 ● Snack and Chat [CS] AM ● Live Animal Camera Viewing [CS] PM ● Baking Fun [MK] PM ● Thymeless [MK] PM ● Bingo [CS] PM ● Let's Socialize! [DR] PM ● Movie Night [LR]
	<ul style="list-style-type: none"> 9:15 ● Morning Devotional [LR] 26 9:30 ● Meditation 9:30 ● Sittercise [CS] AM ● Thought For Today [DR] AM ● Spiritual Sundays [LR] 10:30 ● Snack and Chat [CS] AM ● Sing A Long PM ● Movie Matinee [CS] PM ● Sunday Stroll PM ● Thymeless [MK] PM ● Card Games [CS] PM ● Social Games [LR] 	<p>Memorial Day</p> <ul style="list-style-type: none"> 9:15 ● Morning Devotional [LR] 27 9:30 ● Meditation AM ● Quick Stretch [CS] AM ● Alive and Kicking Ball [CS] AM ● Thymeless [G] 10:30 ● Snack and Chat [CS] PM ● Thymeless [MK] PM ● Mindful Meditation PM ● Back in Time TV [CS] pm ● Family Fued 	<ul style="list-style-type: none"> 9:15 ● Morning Devotional [LR] 28 AM ● Chair Dancing [CS] 9:30 ● Meditation AM ● Thymeless [G] 10:30 ● Snack and Chat [CS] AM ● Pet Therapy [LR] PM ● Essence [SR] 2:00 ● Ana and the Piano PM ● Thymeless [MK] AM ● Arm Chair Vacations [CS] PM ● Movie Stepmom 	<ul style="list-style-type: none"> 9:15 ● Morning Devotional [LR] 29 9:30 ● Meditation AM ● Singing And Stretching [CS] AM ● Thymeless [G] 10:30 ● Snack and Chat [CS] AM ● Wild Watercolors [CS] PM ● Thymeless [MK] 3:00 ● Walking Club PM ● Game Night 	<ul style="list-style-type: none"> 9:15 ● Morning Devotional [LR] 30 AM ● Exercise with Carmen [CS] 9:30 ● Meditation AM ● Thymeless [G] 10:30 ● Snack and Chat [CS] 11:00 ● Trivia [CS] PM ● Bookmarks [CS] PM ● Thymeless [MK] 3:30 ● UNO [CS] PM ● Thursday Night Trivia [CS] 	<ul style="list-style-type: none"> 9:15 ● Morning Devotional [LR] 31 9:30 ● Meditation AM ● Sweating to the Oldies [CS] AM ● Thymeless [G] 10:30 ● Snack and Chat [CS] 11:00 ● Spark PM ● Jenga and Juice [CS] PM ● Thymeless [MK] PM ● Bingo [CS] PM ● Uno 		

