

calendar & activities  
APR 2019

# Valley View Gardens-Feel/ Share Your Passions

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

**LOCATIONS**  
Library - L  
Hollywood Room-HR  
Main Dining Room-MDR  
Private Dining Room-PDR  
Snoezlyn Room-SR  
Veterans Room-VT  
Garden-G

Happy Birthday

Cristina C.-6th  
Phyllis Ann F.-13th  
Terri O.-27th  
Phillip F.- 28th

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Be Inspired

## SUNDAY



AM ● Word Game Search [VR]  
AM ● Laughter Therapy(Animals) [VR]  
AM ● Spiro 100 [VR]  
AM ● Walk With Me [G]  
PM ● Spiritual Music/Readings w/ David [VR]  
PM ● Parachute Bounce [HR]  
PM ● Ice Cream Bingo [PDR]  
PM ● Night Singalong [VR]

AM ● Bible Hymns w/ Pastor Rico [VR]  
AM ● Aromatherapy [SR]  
AM ● Ageless Fitness Fun [VR]  
AM ● Walk With Me [G]  
PM ● Religious Service [VR]  
PM ● Parachute Bounce [HR]  
PM ● Ice Cream Bingo [PDR]  
PM ● Karaoke Night [VR]

**Easter**  
AM ● History of Easter [VR]  
AM ● Ageless Fitness Fun [VR]  
AM ● Easter Egg Hunting [G]  
AM ● Easter Parade [G]  
PM ● Spiritual Music & Readings w/ David [VR]  
PM ● Parachute Bounce [HR]  
PM ● Ice Cream Bingo [PDR]  
PM ● Night Singalong [VR]

AM ● Prayer for Good Humor [VR]  
AM ● Ageless Fitness Fun [VR]  
AM ● Golf Club [HR]  
AM ● Aromatherapy [SR]  
PM ● Salvation Army Prayer Group [VR]  
PM ● Parachute Bounce [HR]  
PM ● Ice Cream Bingo [PDR]  
PM ● Night Singalong [VR]

## MONDAY

AM ● Spiro 100 [VR]  
AM ● Share Your Passion [VR]  
AM ● Aromatherapy [SR]  
AM ● Walker's Club [G]  
PM ● Art Music & Songs w/Ms.Lee [VR]  
PM ● Minute To Win It [HR]  
PM ● April in History [VR]  
PM ● Riddles & Short Jokes [VR]

AM ● Ageless Fitness Program [VR]  
AM ● 10 in 60 Word Storm [VR]  
AM ● Group Feelings Mural [VR]  
AM ● Card Games [PDR]  
PM ● Art Music & Songs w/Ms.Lee [VR]  
PM ● Aromatherapy [SR]  
PM ● Horse Shoe Game [HR]  
PM ● Learn About Horses [VR]

AM ● Ageless Fitness Program [VR]  
AM ● It's Puzzling [PDR]  
AM ● Bean Bag Toss [HR]  
AM ● Walker's Club [G]  
PM ● Art Music & Songs [VR]  
PM ● Thymeless Cooking w/ the Chef [MDR]  
PM ● Food Bingo [PDR]  
PM ● Night Singalong [VR]

AM ● Ageless Fitness Program [VR]  
AM ● Sparks Earthly Game of Family Feud [VR]  
AM ● Making Recycled Gift Box [PDR]  
AM ● Walk With Me [G]  
PM ● Art Music & Songs w/Ms.Lee [VR]  
PM ● Earth Day Painting [VR]  
PM ● Global Bingo [PDR]  
PM ● Celebrating Earth Day [VR]

AM ● Ageless Fitness Program [VR]  
AM ● Maryland Facts & Trivia [VR]  
AM ● Bookmarks (What's for Breakfast) [L]  
AM ● Walker's Club [G]  
PM ● Art Music & Songs w/Ms.Lee [VR]  
PM ● Reminisce Dance Crazes [VR]  
PM ● Talk & Toss Ball [PDR]  
PM ● Rhyming Riddles [VR]

## TUESDAY

AM ● Creating Music w/ Jean P. [HR]  
AM ● It's Puzzling [PDR]  
AM ● Bookmarks (Linda Was An Inventor) [L]  
AM ● Garden Walk [G]  
PM ● Senior Topic Discussion w/ Ms. Lisa [VR]  
PM ● Art Expressions [PDR]  
PM ● Farm Bingo [PDR]  
PM ● Facts About Coins [VR]

AM ● Creating Music w/ Jean P. [HR]  
AM ● Flowers in Art [PDR]  
AM ● Bookmarks (David Future King) [MDR]  
AM ● Feeling Parade [G]  
PM ● Senior Topic Discussion w/ Ms. Lisa [VR]  
PM ● Golf Fun [HR]  
PM ● Farm Bingo [PDR]  
PM ● Karaoke Night [VR]

AM ● Creating Music [HR]  
AM ● Glamour Day [HR]  
AM ● Stress Awareness [VR]  
AM ● Art Expressions [PDR]  
PM ● Senior Topic Discussion [VR]  
PM ● Airplane Race [G]  
PM ● Farm Bingo [PDR]  
PM ● Aviator Wilbur Wright [VR]

AM ● Creating Music w/ Jean P. [HR]  
AM ● It's Puzzling [PDR]  
AM ● Aromatherapy [SR]  
AM ● Music Therapy [L]  
PM ● Senior Topic Discussion w/ Ms. Lisa [VR]  
PM ● Chair Kick Ball [HR]  
PM ● Farm Bingo [PDR]  
PM ● Story Telling [VR]

AM ● Creating Music w/ Jean P. [HR]  
AM ● It's Puzzling [PDR]  
AM ● Bookmarks (David Future King) [MDR]  
AM ● Spiro 100 [HR]  
PM ● Senior Topic Discussion w/ Ms. Lisa [VR]  
PM ● Horse Shoe Game [HR]  
PM ● Farm Bingo [PDR]  
PM ● Fun w/ Math [VR]

## WEDNESDAY

AM ● Senior Topic Discussion w/ Ms. Jean [VR]  
AM ● Glamour Day [VR]  
AM ● Martin Luther Quotes [VR]  
AM ● Let's Walk Day [G]  
PM ● Feelings Dance with Sha [VR]  
PM ● Perfect Putting [HR]  
PM ● Sparks (Guided Relaxation) [VR]  
PM ● Music Therapy [L]

AM ● Senior Topic Discussion w/ Ms. Jean [VR]  
AM ● Glamour Day [VR]  
AM ● Sparks (Cognition) [L]  
AM ● Talk & Toss Ball [HR]  
PM ● Feelings Dance with Sha [VR]  
PM ● Games & Puzzles [VR]  
PM ● Farm Bingo [PDR]  
PM ● Singalong w/Sue [L]

AM ● Senior Topic Discussion [VR]  
AM ● Glamour Day [VR]  
AM ● Thymeless Gardening w/EZ [G]  
AM ● Music Therapy [L]  
PM ● Feelings Dance with Sha [VR]  
PM ● Learn Herbal Remedies [VR]  
PM ● Golf Fun [HR]  
PM ● Facts About Automobile [VR]

AM ● Senior Topic Discussion w/ Ms. Jean [VR]  
AM ● Glamour Day [VR]  
AM ● Spiro 100 [HR]  
AM ● Talk & Toss Ball [PDR]  
PM ● Feelings Dance with Sha [VR]  
PM ● Bean Bag Toss [HR]  
PM ● Food Bingo [PDR]  
PM ● Poetry Reading [VR]



## THURSDAY

AM ● Ageless Fitness Fun [VR]  
AM ● Double Meaning Day [VR]  
AM ● Nail Art [SR]  
AM ● Alcoves Visit [MDR]  
PM ● Happy Hour w/Bill W. [MDR]  
PM ● Bookmarks Jell O Everybody [L]  
PM ● Connect Four Game [PDR]  
PM ● Singalong w/Patriotic Songs [VR]

AM ● Spiro 100 [VR]  
AM ● Catholic Service w/ Ms. Judy [L]  
AM ● Nail Art [SR]  
AM ● Alcoves Visit [MDR]  
PM ● Tea Time w/ Tierre [PDR]  
PM ● Bookmarks (What's for Breakfast) [L]  
PM ● Brain Games [VR]  
PM ● Singalong [VR]

AM ● Ageless Fitness Fun [VR]  
AM ● Nail Art [SR]  
AM ● Word Pictures [VR]  
AM ● Alcoves Visit [MDR]  
PM ● April in Paris w/Mignnionne [MDR]  
PM ● Bookmarks (Jell O Everybody) [L]  
PM ● Bingo [PDR]  
PM ● Singalong [VR]

AM ● Ageless Fitness Fun [VR]  
AM ● Catholic Service w/ Ms. Judy [L]  
AM ● Nail Art [SR]  
AM ● Alcoves Visit [MDR]  
PM ● Earth Day Party w/Johnnie [MDR]  
PM ● Thymeless Gardening [G]  
PM ● Show & Tell Game [VR]  
PM ● Night Singalong [VR]

## FRIDAY

AM ● Creative Arts w/ Ms. Joy [VR]  
AM ● Beauty Break [SR]  
AM ● Spiro 100 [VR]  
AM ● Garden Walk [G]  
PM ● Karaoke [VR]  
PM ● Pokeno Game [PDR]  
PM ● Learn Sign Language [VR]  
PM ● Sing Songs About the Moon [VR]

AM ● Creative Arts w/ Ms. Joy [VR]  
AM ● Beauty Break [SR]  
AM ● Spiro 100 [VR]  
AM ● Tactile Stimulation [PDR]  
PM ● Karaoke [VR]  
PM ● Remembering Roosevelt [VR]  
PM ● Parachute Bounce [HR]  
PM ● Spelling Bee [VR]

AM ● Creative Arts [VR]  
AM ● Beauty Break [SR]  
AM ● Spiro 100 [HR]  
AM ● Eggs Decorating [VR]  
PM ● Karaoke [VR]  
PM ● Aromatherapy [SR]  
PM ● Hats & Basket Decorating [VR]  
PM ● Spelling Bee [VR]

AM ● Creative Arts w/ Ms. Joy [VR]  
AM ● Beauty Break [SR]  
AM ● Bookmarks (Birth of Chocolate Cookies) [HR]  
AM ● Jenga Works [PDR]  
PM ● Karaoke [VR]  
PM ● Pokeno Game [PDR]  
PM ● Outdoor Fun [G]  
PM ● Name that Tune [VR]

I just think a big smile  
and feeling confident  
makes you beautiful.

Maye Musk

## SATURDAY

AM ● News & Views [VR]  
AM ● Bookmarks (Grace & Poise) [L]  
AM ● Bowling Fun [HR]  
AM ● Garden Walk [G]  
PM ● DIY Crafts [VR]  
PM ● Sports Fun [HR]  
PM ● Bingo [PDR]  
PM ● Break a Sweat [VR]

AM ● News & Views [VR]  
AM ● Glamour Day [L]  
AM ● Way Back Then [HR]  
PM ● Spring Is In the Air w/Mario [MDR]  
PM ● Chair Kick Ball [VR]  
PM ● Benefits of Ballet [VR]  
PM ● Food Bingo [PDR]  
PM ● Break a Sweat [VR]

AM ● News & Views [VR]  
AM ● Bowling Fun [HR]  
AM ● Name That Tune [VR]  
AM ● Walker's Club [G]  
PM ● Laughter (Babies) [VR]  
PM ● Spark (Nutrition) [VR]  
PM ● Bingo [PDR]  
PM ● Break a Sweat [VR]

AM ● News & Views [VR]  
AM ● Birds Discussion & Trivia [VR]  
AM ● Sensory Stimulation [SR]  
AM ● Brain Teasers [VR]  
PM ● Basketball Fun [HR]  
PM ● Picture Book [L]  
PM ● Snapshots (Sport Cards) [L]  
PM ● Break a Sweat [VR]

