

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

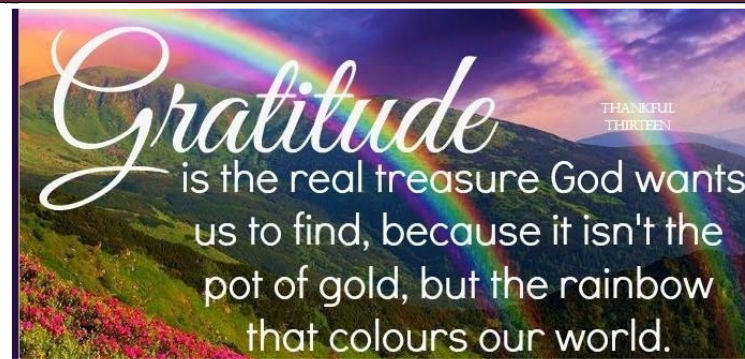
FRIDAY

SATURDAY

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

LOCATIONS

Library - L
Hollywood Room-HR
Main Dining Room-MDR
Private Dining Room-PDR
Snoezlyn Room-SR
Veterans Room-VT
Garden-G



Daylight Saving Time Begins 9:30 ● Ageless Fitness Fun [VR] 10:00 ● Spiritual Words of Hope [VR] 10:30 ● Show & Tell [VR] 11:00 ● Walk With Me [G] 1:30 ● Calvary Service w/David [VR] 3:00 ● Parachute Bounce [HR] 3:30 ● Ice Cream Bingo [PDR] 6:00 ● Japan Fun Fact [VR]	Conductorcise [VR] Travelogue Australia [VR] Operation Gratitude(Letter Writing) [MDR] Sparks (Sensible Scentsations) [SR] Art Music & Songs w/Ms.Lee [VR] Zumba & Strength Fitness w/Diana [HR] Create Gratitude Tree [MDR] Boost Your Brain [VR]	Election Day Creating Music w/ Jean P. [HR] Daily Chronicle & Trivia [VR] Horse Racing Game [MDR] Garden Walk [G] Senior Topic Discussion w/Ms. Lisa [VR] Senior Stretch Fun [HR] Farm Bingo [VR] Learn Portugal [VR]	Senior Topic Discussion/Jeopardy Game w/ Ms. Jean [VR] Glamour Day [SR] Operation Gratitude(Letter Writing) [MDR] Garden Walk [G] Line Dancing Class w/Sha [VR] Cardio & Stretch Fitness w/ Soo [HR] Blackjack Games [MDR] Name that Sound [VR]	Boost Your Brain [VR] Adult Coloring [MDR] Nail Art [SR] Filipino Folk Dancing [MDR] Volunteer Happy Hour w/ Elvis [MDR] Zumba & Strength Fitness [HR] Card Games [MDR] Spelling Bee w/Maddy [VR]	Wheat Fields Inspired Art w/Ms. Joy [VR] Create a Military Wall of Honor [MDR] Bean Bag Toss [HR] Garden Walk [G] Gene A. Melody Ranch [VR] Cardio & Strength Fitness [HR] Pokeno [MDR] Daily Chronicle & Monthly Gazette [VR]	News & Views [VR] Sparks(Family Feud w/ Doc) [VR] Bowling Fun [HR] Golf Fun [HR] Zumba & Strength Fitness w/Diana [HR] Adult Coloring [MDR] Bingo [PDR] Guardian Angels Day Discussion [VR]
Ageless Fitness Fun [VR] Spiritual Meditation w/ Laarni [G] Word Games & Trivia [VR] Walk With Me [G] Bible Hymns w/ Pastor Rico [VR] Basketball Game [HR] Ice Cream Bingo [PDR] Night Singalong [VR]	Veterans Day Conductorcise [VR] Veterans Day History [VR] Snapshots(Sharing Military Experience) [VR] Walker's Club [G] Art Music & Songs [VR] Zumba & Strength Fitness w/Diana [HR] Farm Bingo [VR] Military Quotes [VR]	Creating Music w/ Jean P. [HR] Beauty Makeover [HR] Create Gratitude Tree [MDR] Room to Room Fellowship [MDR] Senior Topic Discussion w/Ms. Lisa [VR] Senior Stretch Fun [HR] Aromatherapy [SR] Full Moon Discussion [VR]	Senior Topic Discussion/Jeopardy Game w/ Ms. Jean [VR] Glamour Day [SR] Laughter Therapy [VR] Inspirational Kindness Quotes [VR] Line Dancing Class w/Sha [VR] Cardio & Stretch Fitness w/ Soo [HR] Pokeno Games [MDR] Name that Sound [VR]	Word Games & Trivia [VR] Catholic Service w/ Ms. Judy [L] Nail Art [SR] Bookmarks(A Chilling Tale) [L] Wear in the World Party w/ Joe [MDR] Zumba & Strength Fitness [HR] Ted Talk (Volunteerism) [VR] Laughter Therapy [VR]	Thanksgiving Cards Making w/Ms. Joy [VR] Beauty Break [SR] Gratitude Box [MDR] Singalong w/ Sue [VR] Horse Race Game [VR] Sparks (Physical Chair Fun) [HR] Card Games [MDR] Sports Night [VR]	News & Views [VR] Children's Book Club w/Bella [L] Bowling Fun [HR] Spiritual Retreat [G] Zumba & Strength Fitness w/Diana [HR] Golf Fun [HR] Bingo [PDR] Name That Tune [VR]
Ageless Fitness Fun [VR] This Was The Year 1949 [VR] Spiritual Meditation w/ Laarni [G] Walk With Me [G] Calvary Service w/David [VR] Parachute Bounce [HR] Ice Cream Bingo [PDR] Night Singalong [VR]	Conductorcise [VR] Mickey Mouse Club Tea Time w/Betsy [MDR] Spelling Bee Words w/Maddy [VR] Walker's Club [G] Art Music & Songs w/Ms.Lee [VR] Thymeless Cooking(Bake Off) [MDR] Zumba & Strength Fitness w/Diana [HR] What is Gratitude? [VR]	Creating Music w/ Jean P. [HR] Thymeless Gardening [G] Gratitude Box [MDR] Tactile Stimulation [MDR] Senior Topic Discussion w/Ms. Lisa [VR] Senior Stretch Fun [HR] Pokeno Game [VR] What Did It Cost? [VR]	Senior Topic Discussion/Jeopardy Game w/ Ms. Jean [VR] Glamour Day [SR] Morning Brews Club [G] Blackjack Games [MDR] Line Dancing Class w/Sha [VR] Cardio & Stretch Fitness w/ Soo [HR] Snapshots(Family Reunion) [PDR] Name that Sound [VR]	Beauty Makeover [L] Tips for Fostering Gratitude [VR] Singalong w/Sue [SR] Talk & Toss Ball Game [HR] Thanksgiving Party w/ Almira [MDR] Zumba & Strength Fitness [HR] Adult Coloring [MDR] Jeopardy Game w/ Doc [VR]	Felt Turkey Arts w/ Ms. Joy [VR] Beauty Break [SR] Global Bingo [L] Garden Walk [G] Name That Sound [VR] Cardio & Strength Fitness [HR] Farm Bingo [MDR] Gratitude Prompts [VR]	News & Views [VR] Children's Book Club w/Bella [L] Hats Bingo [VR] Thymeless Gardening [G] Zumba & Strength Fitness w/Diana [HR] Gratitude Guess Who [VR] Golf Fun [HR] Idioms [VR]
Ageless Fitness Fun [VR] Spiritual Reflections [VR] Golf Club [HR] Walk With Me [G] Salvation Army Bible Service [VR] Thymeless Gardening [G] Ice Cream Bingo [PDR] Night Singalong [VR]	Conductorcise [VR] Slang 101 [VR] Three of a Kind Trivia [VR] Bean Bag Toss [HR] Art Music & Songs [VR] Zumba & Strength Fitness w/Diana [HR] Aromatherapy [SR] Hula Hawaiian Music w/ Lori & Ainahau 'O Kaleponi [MDR]	Music w/Mary Sue [VR] Sparks (Nutrition-Food Gratitude) [VR] Laughtercise [VR] Room to Room Fellowship [MDR] Senior Topic Discussion [VR] Senior Stretch Fun [HR] Farm Bingo [VR] What Was There? in21 [VR]	Senior Topic Discussion/Jeopardy Game [VR] Glamour Day [SR] Doesn't Belong [VR] Thymeless Gardening [G] Line Dancing Class w/Sha [VR] Cardio & Stretch Fitness w/ Soo [HR] Blackjack Games [MDR] Name that Sound [VR]	Thanksgiving Thanksgiving Day Discussion & Trivia [VR] Catholic Service w/ Ms. Judy [L] Beauty Break [SR] Random Act of Kindness [MDR] Residents Birthday Party w/ Karien [MDR] Zumba & Strength Fitness [HR] Pokeno [MDR] Thanksgiving Day Humor [VR]	Creative Arts [VR] Beauty Break [SR] Gratitude Gab [VR] Garden Walk [G] Puzzles & Prizes [VR] Cardio & Strength Fitness [HR] Bookmarks (Jell O Everybody) [L] Doesn't Belong [VR]	News & Views [VR] Book Club w/Bella [L] Bowling Fun [HR] Sparks (Price is Right) [VR] Zumba & Strength Fitness w/Diana [HR] Bingo [PDR] Golf Fun [HR] Karaoke Night [VR]

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Activities are subject to change