March 2021 Memory Care Community - Better Together! Monthly Activities							
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MEMORY CARE CENTRAL MEMORY CARE BY SENIOR LIFESTYLE WWW.SENIORLIFESTYLE.COM Activities are subject to change	*ESSENCE *THYMELESS CONNECT CONTRIBUTE FEEL	<u> </u>	, , , , , , , , , , , , , , , , , , ,	9:30 Stretch and	9:30 Daily Chronicles 10:00 Workout Class 10:45 Embrace Snack Creation 11:00 Piano with Tom White in	9:30 • Sunshine	9:30 • Walking Club 10:00 • Morning Movie 10:30 • Popcorn Pass 1:30 • Brain Games and Fun 3:00 • Bingo! 4:30 • Thymeless 6:00 • Sing Along with the INTL
THE SHERIDAN AT MASON a Senior Lifestyle community	and Coffee 11:00 • Church Service and Worship with Dave Eaton [ER] 11:15 • Ball Toss 1:30 • Puzzle Party 2:30 • Fast Food Social! 3:30 • Fun with the INTL 4:30 ¶ Thymeless 6:00 • Bookmarks!	9:30 • Stretch and Groove 10:00 • Sunshine Club 10:45 • Popcorn Pass 11:00 • Balloon Volleyball 11:00 • The Price is Right! 1:30 • Sheridan Travel Club 2:00 • Arts and Craft Corner 2:15 • Muscle Max in AL 3:30 • Y'all Come Sing with Kelly Dee, MT-BC 4:30 ¶ Thymeless 6:00 • Evening Bingo	10:00 • Daily Chronicles 10:30 • Chicken Soup for the Soul 1:30 • Bingo! 1:30 • Essence 1:30 • Music with Eddie Osborne in the Lobby 2:00 • Cooking with Kelly 3:30 • Group Music Therapy 4:30 • Thymeless 6:00 • Evening Bowling Tournament	9:30 Stretch and Groove 10:00 Sunshine Club 10:30 Chaplin John Devotion 10:45 Embrace Snack Creation 11:00 Bookmarks 1:30 Arts and Crafts Corner 3:30 Songwriters and Storytellers 4:30 Thymeless	10:45 • Embrace Snack Creation 11:30 • What's in the BOX?	9:30 • Sunshine Club - What's in the BOX??? 10:30 • Art for All with Jenny Hall 11:00 • Catholic Communion and Rosary [L] 11:00 • This Week in History 2:00 • Happy Hour 4:30 ¶ Thymeless 6:00 • Evening INTL Fun	9:30 • Walking Club 10:00 • Hope Church Worship and Service [L] 10:00 • Morning Movie 10:30 • Popcorn Pass 1:30 • Brain Games and Fun 3:00 • Bingo! 4:30 • Thymeless 6:00 • Sing Along with the INTL
*ESSENCE *THYMELESS CONNECT CONTRIBUTE FEEL GROW MOVE REFLECT	and Coffee	9:30 • Stretch and Groove 10:00 • Sunshine Club 10:45 • Popcorn Pass 11:00 • Balloon Volleyball 1:30 • Sheridan Travel Club 2:15 • Muscle Max in AL 3:30 • Y'all Come Sing with Kelly Dee, MT-BC 4:30 • Thymeless 6:00 • Evening Bingo	10:00 Daily Chronicles 10:30 Chicken Soup for the Soul 1:30 Embrace Cooking Class 1:30 Essence 2:00 Cooking with Kelly 3:30 Group Music Therapy 4:30 Thymeless 6:00 Evening Bowling Tournament	St. Patrick's Day 9:30 Stretch and Groove 10:00 Sunshine Club 10:45 Embrace Snack Creation 11:00 Bookmarks 1:30 Arts and Crafts Corner 3:00 S. Patrick's Day Celebration!!! 3:30 Songwriters and Storytellers 4:30 Thymeless	10:45 • Embrace Snack Creation 11:30 • What's in the BOX?	9:30 • Sunshine Club - What's in the BOX??? 10:30 • Art for All with Jenny Hall 11:00 • Bookmarks 11:00 • Catholic Communion and Rosary [L] 11:00 • This Week in History 2:00 • Happy Hour 3:00 • Fresh Lemonade Social 4:30 ¶ Thymeless 6:00 • Evening INTL Fun	9:30 • Walking Club 10:00 • Morning Movie 10:30 • Popcorn Pass 1:30 • Brain Games and Fun 3:00 • Bingo! 3:45 • Mad for MATH 4:30 • Thymeless 6:00 • Just the 2 of Us Entertainment in the Lobby 6:00 • Sing Along with the INTL
Location Keys	and Coffee 11:00 • Church Service and Worship with Dave Eaton [ER] 11:15 • Ball Toss 1:30 • Puzzle Party 2:30 • Fast Food Social! 3:30 • Fun with the INTL 4:30 • Thymeless 6:00 • Bookmarks!	9:30 Stretch and Groove 10:00 Sunshine Club 10:45 Popcorn Pass 11:00 Balloon Volleyball 1:30 Sheridan Travel Club 2:15 Muscle Max in AL 3:30 Y'all Come Sing with Kelly Dee, MT-BC 4:30 Thymeless 6:00 Evening Bingo	10:00 • Daily Chronicles 10:30 • Chicken Soup for the Soul 1:30 • Essence 2:00 • Cooking with Kelly 3:30 • Group Music Therapy 4:30 • Thymeless 6:00 • Evening Bowling Tournament	9:30 Stretch and Groove 10:00 Sunshine Club 10:30 Chaplin John Devotion 10:45 Embrace Snack Creation 11:00 Bookmarks 1:30 Arts and Crafts Corner 3:30 Songwriters and Storytellers 4:30 Thymeless	9:30 • Daily Chronicles 10:00 • Workout Class 10:45 • Embrace Snack Creation 11:00 • Piano with Tom White in the Lobby 11:30 • What's in the BOX? 4:30 • Thymeless 6:00 • Evening Arts and Crafts 7:30 Music Relaxation	9:30 • Sunshine Club - What's in the BOX??? 10:30 • Art for All with Jenny Hall 11:00 • Catholic Communion and Rosary [L] 11:00 • This Week in History 2:00 • Happy Hour 4:30 • Thymeless 6:00 • Evening INTL Fun	9:30 • Walking Club 10:00 • Hope Church Worship and Service [L] 10:00 • Morning Movie 10:30 • Popcorn Pass 1:30 • Brain Games and Fun 3:00 • Bingo! 4:30 ¶ Thymeless 6:00 • Sing Along with the INTL
Entertainment Room El Library Created on Tuesday, February 23, 202	Chronicles and Coffee 11:00 • Church Service and Worship with Dave Eaton [ER] 11:15 • Ball Toss 1:30 • Puzzle Party 3:30 • Fun with the INTL 4:30 • Bookmarks!	9:30 Stretch and Groove 10:00 Sunshine Club 10:45 Popcorn Pass 11:00 Balloon Volleyball 1:30 Sheridan Travel Club 2:15 Muscle Max in AL 3:00 Gardening Class with Jeanie Hyde 3:30 Y'all Come Sing with Kelly Dee, MT-BC 4:30 Thymeless 6:00 Evening Bingo	10:00 Daily Chronicles 10:30 Chicken Soup for the Soul 1:30 Essence 2:00 Cooking with Kelly 2:00 Storytelling with Rita in AL! 3:30 Group Music Therapy 4:30 Thymeless 6:00 Evening Bowling Tournament	9:30 • Stretch and Groove 10:00 • Sunshine Club 10:45 • Embrace Snack Creation 11:00 • Bookmarks 1:30 • Arts and Crafts Corner 3:30 • Songwriters and Storytellers 4:30 ¶ Thymeless	Resident Kathleen S. 3/1 Janis W. 3/3 Robert S. 3/8 Arthur K. 3/14 Paul H. 3/19	Birthdays Victor G. 3/22 Thomas H. 3/24 Rosanne B. 3/26 Joseph K. 3/30	Happy St. Patrick's Day!