

<div><p>MEMORY CARE <b>embrace</b> BY SENIOR LIFESTYLE</p></div> <p>This Month's Theme.....</p> <p><b>Contribute</b></p>	<p>“It is not happy people who are thankful, it is thankful people who are happy.” — <i>Unknown</i></p>	<div><p><b>HAPPY THANKSGIVING</b></p></div> <p><b>It's going to be a great month!</b></p>				<div><div>8:45  Breakfast [K]</div><div>AM  Good Morning wake up [L]</div><div>AM  <b>Thymeless</b></div><div>AM  Holy Communion</div><div>AM  Corn Hole</div><div>PM  Lunch</div><div>1:30  Scenic Ride (CANCELLED)</div><div>PM  Colorful Expressions</div><div>PM  <b>Thymeless</b></div><div>PM  Dinner [K]</div></div> <div>1</div>	<div><div>8:45  Breakfast [K]</div><div>AM  Good Morning wake up [L]</div><div>AM  <b>Thymeless</b></div><div>PM  Lunch</div><div>PM  Colorful Expressions</div><div>PM  <b>Thymeless</b></div><div>PM  Card Games</div><div>PM  Dinner [K]</div></div> <div>2</div>	
	<div><div>Daylight Saving Time Begins</div><div>8:45  Breakfast [K]</div><div>AM  Good Morning wake up [L]</div><div>AM  <b>Thymeless</b></div><div>AM  Sunday Morning good scoop news I-touch</div><div>PM  Lunch</div><div>PM  Puzzle fun</div><div>PM  Coupon Clipping</div><div>PM  <b>Thymeless</b></div><div>PM  Dinner [K]</div><div>6:30  Spiritual Sensations</div><div>PM  Funniest Home Video</div></div> <div>3</div>	<div><div>8:45  Breakfast [K]</div><div>AM  Good Morning wake up [L]</div><div>AM  <b>Thymeless</b></div><div>AM  Chair Exercise [AL]</div><div>PM  Lunch</div><div>PM  Art With Chris</div><div>PM  Bookmarks(Embrace Signature Program)</div><div>PM  <b>Thymeless</b></div><div>PM  Around the World I-Touch</div><div>PM  Dinner [K]</div><div>PM  Easy Listening</div></div> <div>4</div>	<div><div>Election Day</div><div>8:45  Breakfast [K]</div><div>AM  Good Morning wake up [L]</div><div>AM  <b>Thymeless</b></div><div>10:30  Art for Everyone with Jenny</div><div>AM  Bean bag touchdown</div><div>PM  Lunch</div><div>1:30  Embrace Program Spark</div><div>PM  <b>Thymeless</b></div><div>PM  Dinner [K]</div><div>PM  Calming Hand Massages</div></div> <div>5</div>	<div><div>8:45  Breakfast [K]</div><div>AM  Good Morning wake up [L]</div><div>AM  <b>Thymeless</b></div><div>10:15  Bingo with Marsha [K]</div><div>PM  Lunch</div><div>2:30  Mid-Week Matinee</div><div>PM  <b>Thymeless</b></div><div>PM  Dinner [K]</div><div>PM  Classic Movie</div><div>6:15  Just the 2 of Us Performs [AL]</div></div> <div>6</div>	<div><div>8:45  Breakfast [K]</div><div>AM  Good Morning wake up [L]</div><div>AM  <b>Thymeless</b></div><div>AM  Embrace the stretch</div><div>PM  Lunch</div><div>1:00  Rosary with Jan [PD]</div><div>PM  <b>Thymeless</b></div><div>PM  Dinner [K]</div><div>6:00  Easy listening on the jukebox. (I-touch)</div></div> <div>7</div>	<div><div>8:45  Breakfast [K]</div><div>AM  Good Morning wake up [L]</div><div>AM  <b>Thymeless</b></div><div>AM  Holy Communion</div><div>AM  Toss and cross</div><div>PM  Lunch</div><div>1:30  Scenic Ride (CANCELLED)</div><div>PM  Colorful Expressions</div><div>PM  Horse Racing Game</div><div>PM  <b>Thymeless</b></div><div>PM  Dinner [K]</div></div> <div>8</div>	<div><div>8:45  Breakfast [K]</div><div>AM  Good Morning wake up [L]</div><div>AM  <b>Thymeless</b></div><div>PM  Lunch</div><div>PM  Colorful Expressions</div><div>PM  <b>Thymeless</b></div><div>PM  Card Games</div><div>PM  Dinner [K]</div></div> <div>9</div>	
	<div><div>Location Keys</div><div>Assisted Living AL</div><div>Kitchen K</div><div>Living Room L</div><div>Private Dining Room 2nd Floor PD</div></div>	<div><div>8:45  Breakfast [K]</div><div>AM  Good Morning wake up [L]</div><div>AM  <b>Thymeless</b></div><div>AM  Sunday Morning good scoop news I-touch</div><div>PM  Lunch</div><div>PM  Puzzle fun</div><div>PM  Coupon Clipping</div><div>PM  <b>Thymeless</b></div><div>PM  Dinner [K]</div><div>PM  Funniest Home Video</div></div> <div>10</div>	<div><div>Veterans Day</div><div>8:45  Breakfast [K]</div><div>AM  Good Morning wake up [L]</div><div>AM  <b>Thymeless</b></div><div>AM  Chair Exercise [AL]</div><div>PM  Lunch</div><div>PM  Art With Chris</div><div>PM  <b>Thymeless</b></div><div>PM  Around the World I-Touch</div><div>PM  Mens Club</div><div>PM  Dinner [K]</div><div>PM  Easy Listening</div></div> <div>11</div>	<div><div>8:45  Breakfast [K]</div><div>AM  Good Morning wake up [L]</div><div>AM  <b>Thymeless</b></div><div>AM  Bean bag touchdown</div><div>PM  Lunch</div><div>1:30  Embrace Program Spark</div><div>PM  <b>Thymeless</b></div><div>PM  Dinner [K]</div><div>PM  Calming Hand Massages</div></div> <div>12</div>	<div><div>8:45  Breakfast [K]</div><div>AM  Good Morning wake up [L]</div><div>AM  <b>Thymeless</b></div><div>10:15  Bingo with Marsha [K]</div><div>PM  Lunch</div><div>1:15  CCK clean up project</div><div>2:30  Mid-Week Matinee</div><div>PM  <b>Thymeless</b></div><div>PM  Dinner [K]</div><div>PM  Classic Movie</div></div> <div>13</div>	<div><div>8:45  Breakfast [K]</div><div>AM  Good Morning wake up [L]</div><div>AM  <b>Thymeless</b></div><div>AM  Embrace the stretch</div><div>PM  Lunch</div><div>1:00  Rosary with Jan [PD]</div><div>PM  <b>Thymeless</b></div><div>PM  Dinner [K]</div><div>6:00  Family Night</div></div> <div>14</div>	<div><div>8:45  Breakfast [K]</div><div>AM  Good Morning wake up [L]</div><div>AM  <b>Thymeless</b></div><div>AM  Holy Communion</div><div>AM  Toss and cross</div><div>PM  Lunch</div><div>1:30  Scenic Ride (CANCELLED)</div><div>PM  Colorful Expressions</div><div>PM  Horse Racing Game</div><div>PM  <b>Thymeless</b></div><div>PM  Dinner [K]</div></div> <div>15</div>	<div><div>8:45  Breakfast [K]</div><div>AM  Good Morning wake up [L]</div><div>AM  <b>Thymeless</b></div><div>PM  Lunch</div><div>PM  Colorful Expressions</div><div>PM  <b>Thymeless</b></div><div>PM  Card Games</div><div>PM  Dinner [K]</div></div> <div>16</div>
	<div><div>Resident Birthdays</div><div>Mary J. 11/3</div><div>Eunice S. 11/5</div><div>Roger K. 11/14</div></div>	<div><div>8:45  Breakfast [K]</div><div>AM  Good Morning wake up [L]</div><div>AM  <b>Thymeless</b></div><div>AM  Sunday Morning good scoop news I-touch</div><div>PM  Lunch</div><div>PM  Puzzle fun</div><div>PM  Coupon Clipping</div><div>PM  <b>Thymeless</b></div><div>PM  Dinner [K]</div><div>PM  Funniest Home Video</div></div> <div>17</div>	<div><div>8:45  Breakfast [K]</div><div>AM  Good Morning wake up [L]</div><div>AM  <b>Thymeless</b></div><div>AM  Chair Exercise [AL]</div><div>PM  Lunch</div><div>PM  Art With Chris</div><div>PM  Bookmarks(Embrace Signature Program)</div><div>PM  <b>Thymeless</b></div><div>PM  Around the World I-Touch</div><div>PM  Mens Club</div><div>PM  Dinner [K]</div><div>PM  Easy Listening</div></div> <div>18</div>	<div><div>8:45  Breakfast [K]</div><div>AM  Good Morning wake up [L]</div><div>AM  <b>Thymeless</b></div><div>10:30  Art for Everyone with Jenny</div><div>AM  Bean bag touchdown</div><div>PM  Lunch</div><div>1:30  Giving Back Free Rice Game on the INTL</div><div>1:30  Giving Back Rice Game on the IN2L</div><div>PM  <b>Thymeless</b></div><div>PM  Dinner [K]</div><div>PM  Calming Hand Massages</div></div> <div>19</div>	<div><div>8:45  Breakfast [K]</div><div>AM  Good Morning wake up [L]</div><div>AM  <b>Thymeless</b></div><div>10:15  Bingo with Marsha [K]</div><div>PM  Lunch</div><div>2:30  Mid-Week Matinee</div><div>PM  <b>Thymeless</b></div><div>PM  Dinner [K]</div><div>PM  Classic Movie</div></div> <div>20</div>	<div><div>8:45  Breakfast [K]</div><div>AM  Good Morning wake up [L]</div><div>AM  <b>Thymeless</b></div><div>AM  Embrace the stretch</div><div>PM  Lunch</div><div>1:00  Rosary with Jan [PD]</div><div>PM  <b>Thymeless</b></div><div>PM  Dinner [K]</div><div>6:00  Easy listening on the jukebox. (I-touch)</div></div> <div>21</div>	<div><div>8:45  Breakfast [K]</div><div>AM  Good Morning wake up [L]</div><div>AM  <b>Thymeless</b></div><div>AM  Toss and cross</div><div>PM  Lunch</div><div>1:30  Scenic Ride (CANCELLED)</div><div>PM  Colorful Expressions</div><div>PM  Horse Racing Game</div><div>PM  <b>Thymeless</b></div><div>PM  Dinner [K]</div></div> <div>22</div>	<div><div>8:45  Breakfast [K]</div><div>AM  Good Morning wake up [L]</div><div>AM  <b>Thymeless</b></div><div>PM  Lunch</div><div>PM  Colorful Expressions</div><div>PM  <b>Thymeless</b></div><div>PM  Card Games</div><div>PM  Dinner [K]</div></div> <div>23</div>
<div><div>Make A Difference</div></div>	<div><div>8:45  Breakfast [K]</div><div>AM  Good Morning wake up [L]</div><div>AM  <b>Thymeless</b></div><div>AM  Sunday Morning good scoop news I-touch</div><div>PM  Lunch</div><div>PM  Puzzle fun</div><div>PM  Coupon Clipping</div><div>PM  <b>Thymeless</b></div><div>PM  Dinner [K]</div><div>PM  Funniest Home Video</div></div> <div>24</div>	<div><div>8:45  Breakfast [K]</div><div>AM  Good Morning wake up [L]</div><div>AM  <b>Thymeless</b></div><div>AM  Chair Exercise [AL]</div><div>PM  Lunch</div><div>PM  Art With Chris</div><div>2:30  Gratitude Journal</div><div>PM  <b>Thymeless</b></div><div>PM  Mens Club</div><div>PM  Dinner [K]</div><div>PM  Easy Listening</div></div> <div>25</div>	<div><div>8:45  Breakfast [K]</div><div>AM  Good Morning wake up [L]</div><div>AM  <b>Thymeless</b></div><div>AM  Bean bag touchdown</div><div>PM  Lunch</div><div>1:30  Embrace Program Spark</div><div>PM  <b>Thymeless</b></div><div>PM  Dinner [K]</div><div>PM  Calming Hand Massages</div></div> <div>26</div>	<div><div>8:45  Breakfast [K]</div><div>AM  Good Morning wake up [L]</div><div>AM  <b>Thymeless</b></div><div>10:15  Bingo with Marsha [K]</div><div>PM  Lunch</div><div>2:30  Mid-Week Matinee</div><div>PM  <b>Thymeless</b></div><div>PM  Dinner [K]</div><div>PM  Classic Movie</div></div> <div>27</div>	<div><div>Thanksgiving</div><div>8:45  Breakfast [K]</div><div>AM  Good Morning wake up [L]</div><div>AM  <b>Thymeless</b></div><div>AM  Embrace the stretch</div><div>PM  Lunch</div><div>1:00  Rosary with Jan [PD]</div><div>PM  <b>Thymeless</b></div><div>PM  Dinner [K]</div><div>6:00  Easy listening on the jukebox. (I-touch)</div></div> <div>28</div>	<div><div>8:45  Breakfast [K]</div><div>AM  Good Morning wake up [L]</div><div>AM  <b>Thymeless</b></div><div>AM  Holy Communion</div><div>AM  Toss and cross</div><div>PM  Lunch</div><div>1:30  Scenic Ride (CANCELLED)</div><div>PM  Colorful Expressions</div><div>PM  Horse Racing Game</div><div>PM  <b>Thymeless</b></div><div>PM  Dinner [K]</div></div> <div>29</div>	<div><div>8:45  Breakfast [K]</div><div>AM  Good Morning wake up [L]</div><div>AM  <b>Thymeless</b></div><div>PM  Lunch</div><div>PM  Colorful Expressions</div><div>PM  <b>Thymeless</b></div><div>PM  Card Games</div><div>PM  Dinner [K]</div></div> <div>30</div>	