calendar & activities					M	emory Care 2n	d floor Terrace
OCT 2019	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MEMORY CARE  CENTRAL  BY SENIOR LIFESTYLE	"I'm so glad I live in a world where there are Octobers." — L.M. Montgomery, Anne of Green Gables		8:45 • Breakfast [K]  AM • Good Morning wake up [L]  AM • Thymeless  10:30 • Art for Everyone with Jenny AM Bean bag touchdown PM • Lunch  1:30 • Embrace Program Spark ( Creating a Collage) [PD]  PM • Horse Racing Game PM • Thymeless PM • Dinner [K] PM • Calming Hand Massages	8:45 Breakfast [K] AM Good Morning wake up [L] AM Thymeless 10:15 Bingo with Marsha [K] PM Lunch 2:30 Mid Week Matinee 2:30 Mid-Week Matinee PM Thymeless PM Dinner [K] PM Classic Movie Just the 2 of Us Performs [AL]	8:45 • Breakfast [K]  AM • Good Morning wake up [L]  AM • Thymeless  AM Embrace the stretch PM • Lunch  1:00 • Rosary with Jan [PD]  1:30 • Memories in the Making Art Class [PD]  PM • Thymeless PM • Dinner [K]  6:00 • Easy listening on the jukebox. (I-touch)  6:30 • Spiritual Sensations	8:45 • Breakfast [K]  AM • Good Morning wake up [L]  AM • Thymeless  AM • Holy Communion  AM • Toss and cross  PM • Lunch  1:30 • Scenic Ride  PM • Colorful Expressions  PM • In the kitchen  PM • Thymeless  PM • Dinner [K]	8:45 • Breakfast [K]  AM • Good  Morning wake  up [L]  AM • Thymeless  AM • Walking Club  PM • Lunch  PM • Colorful Expressions  PM • Thymeless  PM • Card Games  PM • Dinner [K]
This Month's Theme	8:45 • Breakfast [K] AM • Good Morning	8:45 • Breakfast [K] AM • Good Morning wake up [L]	8:45 • Breakfast [K] AM • Good Morning	8:45 • Breakfast [K] AM • Good Morning	8:45 • Breakfast [K] AM • Good Morning wake up [L]	8:45 • Breakfast [K] AM • Good Morning	8:45 • Breakfast [K] AM • Good
Bittersweet October	wake up [L]  AM • Thymeless  AM • Sunday Morning good scoop news I-touch  PM • Lunch  PM • Puzzle fun  PM • Coupon Clipping  PM • Thymeless  PM • Dinner [K]  PM • Funniest Home Video	AM • Thymeless AM • Chair Exercise [AL] PM • Lunch PM • Art With Chris PM • Bookmarks(Embrace Signature Program) PM • Thymeless PM Around the World I-Touch PM • Dinner [K] PM • Easy Listening	wake up [L]  AM • Thymeless  AM Bean bag touchdown  PM Lunch  1:30 Embrace Program Spark  2:30 Birthday bash with Goldie  PM Thymeless  PM Dinner [K]  PM Calming Hand Massages	wake up [L]  AM • Thymeless  10:15 • Bingo with Marsha [K]  PM • Lunch  2:30 • Mid Week Matinee  2:30 • Mid-Week Matinee  PM • Thymeless  PM • Dinner [K]  PM • Classic Movie	AM • Thymeless AM Embrace the stretch PM • Lunch 1:00 • Rosary with Jan [PD] 1:30 • Memories in the Making Art Class [PD] PM • Thymeless PM • Dinner [K] 6:00 • Easy listening on the jukebox. (I-touch)	wake up [L]  AM • Thymeless  AM • Holy Communion  AM • Toss and cross  PM • Lunch  1:30 • Scenic Ride  PM • Colorful Expressions  PM • In the kitchen  PM • Thymeless  PM • Dinner [K]	Morning wake up [L]  AM • Thymeless  AM • Walking Club  PM • Lunch  PM • Colorful Expressions  PM • Thymeless  PM • Card Games  PM • Dinner [K]
Location Keys  Assisted Living AL Kitchen K Living Room L Private Dining Room 2nd Floor PD	8:45 • Breakfast [K]  AM • Good Morning wake up [L]  AM • Thymeless  AM • Sunday Morning good scoop news I-touch  PM • Lunch  PM • Coupon Clipping  PM • Thymeless  PM • Dinner [K]  PM • Funniest Home Video	Columbus Day  8:45	8:45 • Breakfast [K]  AM • Good Morning wake up [L]  AM • Thymeless  10:30 • Art for Everyone with Jenny Bean bag touchdown PM • Lunch  1:30 Embrace Program Spark PM • Horse Racing Game PM • Thymeless  — Life is bitter life is sweet PM • Dinner [K] PM • Calming Hand Massages	8:45 • Breakfast [K]  AM • Good Morning wake up [L]  AM • Thymeless  10:15 • Bingo with Marsha [K]  PM • Lunch  2:30 • Mid-Week Matinee  PM • Thymeless  PM • Dinner [K]  PM • Classic Movie	8:45 • Breakfast [K]  AM • Good Morning wake up [L]  AM • Thymeless  AM • Embrace the stretch  PM • Lunch  1:00 • Rosary with Jan [PD]  1:30 • Memories in the Making Art Class [PD]  PM • Thymeless  PM • Dinner [K]  6:00 • Easy listening on the jukebox. (I-touch)	8:45 • Breakfast [K] AM • Good Morning wake up [L] AM • Thymeless AM • Holy Communion AM • Toss and cross PM • Lunch 1:30 • Scenic Ride PM • Colorful Expressions PM • In the kitchen PM • Thymeless PM • Dinner [K]	8:45 • Breakfast [K]  AM • Good  Morning wake  up [L]  AM • Thymeless  AM • Walking Club  PM • Lunch  2:30 • Martineers perform  PM • Thymeless  PM • Card Games  PM • Dinner [K]
Resident Birthdays Joan C. 10/12 Mary H. 10/22	8:45 • Breakfast [K]  AM • Good Morning wake up [L]  AM • Thymeless  AM • Sunday Morning good scoop news I-touch  PM • Lunch  PM • Puzzle fun  PM • Coupon Clipping  PM • Thymeless  PM • Dinner [K]  PM • Funniest Home Video	8:45 • Breakfast [K] AM • Good Morning wake up [L]  AM • Thymeless  AM • Chair Exercise [AL]  PM • Lunch  PM • Art With Chris  PM • Bookmarks(Embrace Signature Program)  PM • Thymeless  Amound the World I-Touch  PM • Mens Club  PM • Dinner [K]  PM • Easy Listening	8:45 • Breakfast [K] AM • Good Morning wake up [L] AM • Thymeless AM Bean bag touchdown PM • Lunch 1:30 Embrace Program Spark PM • Horse Racing Game PM • Thymeless PM • Dinner [K] PM • Calming Hand Massages	8:45 • Breakfast [K] AM • Good Morning wake up [L] AM • Thymeless 10:15 • Bingo with Marsha [K] PM • Lunch 2:30 • Mid Week Matinee 2:30 • Mid-Week Matinee PM • Thymeless PM • Dinner [K] PM • Classic Movie	8:45 • Breakfast [K] AM • Good Morning wake up [L] AM • Thymeless AM Embrace the stretch PM • Lunch 1:00 • Rosary with Jan [PD] 1:30 • Memories in the Making Art Class [PD] PM • Thymeless PM • Dinner [K] 6:00 • Easy listening on the jukebox. (I-touch)	8:45 Breakfast [K] AM Good Morning wake up [L] AM Thymeless AM Holy Communion AM Toss and cross PM Lunch 1:30 Scenic Ride PM Colorful Expressions PM In the kitchen PM Thymeless PM Dinner [K]	8:45 • Breakfast [K]  AM • Good Morning wake up [L]  AM • Thymeless  10:30 Chair Yoga the Perfect Pause  AM • Walking Club PM • Lunch PM • Colorful Expressions PM • Thymeless PM • Card Games PM • Dinner [K]
Fall.	8:45 • Breakfast [K] AM • Good Morning wake up [L] AM • Thymeless AM • Sunday Morning good scoop news I-touch PM • Lunch PM • Puzzle fun PM • Coupon Clipping PM • Thymeless PM • Dinner [K] PM • Funniest Home Video	8:45 • Breakfast [K] AM • Good Morning wake up [L] AM • Thymeless AM • Chair Exercise [AL] PM • Lunch PM • Art With Chris PM • Thymeless PM • Thymeless PM • Mens Club PM • Dinner [K] PM • Easy Listening	8:45 Breakfast [K] AM Good Morning wake up [L] AM Thymeless AM Bean bag touchdown PM Lunch 1:30 Embrace Program Spark PM Horse Racing Game PM Thymeless PM Dinner [K] 6:00 Trick or Treat night!	8:45 • Breakfast [K] AM • Good Morning wake up [L] AM • Thymeless 10:15 • Bingo with Marsha [K] PM • Lunch 2:30 • Mid-Week Matinee 2:30 • Mid-Week Matinee PM • Thymeless PM • Dinner [K] PM • Classic Movie	Halloween  8:45 • Breakfast [K]  AM • Good Morning wake up [L]  AM • Thymeless  AM Embrace the stretch PM • Lunch  1:00 • Rosary with Jan [PD]  1:30 • Memories in the Making Art Class [PD]  PM • Thymeless PM • Dinner [K]  6:00 • Easy listening on the jukebox. (I-touch)		It's going to be a great month!