

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
42301 Moraga Road Temecula, CA 92591 951-308-1885		“A FRIEND IS WHAT THE HEART NEEDS, ALL THE TIME.”		Due to resident preference, activities are subject to change.				<b>Doctor's Appointments</b> 10:15 Cardio Combination Wellness 11:00 Manicures-Sign up with Activities 1:30 RESIDENT COUNCIL + FOOD COMMITTEE MEETING 3:00 <b>Happy Hour with Jimi Lee! Entertainment &amp; Drinks!</b>		<b>Groundhog Day</b> 10:15 Resistance Band Wellness 11:00 Cornhole with our companions 1:30 Game of Blackjack in the mancave! 2:30 <b>BINGO!</b> 6:45 <b>Friday Night Movies (Oppenheimer)</b>		9:45 Walking Club 10:15 Drumstick Exercise Class 11:00 Technological Support with Life Enhancement 1:30 Play a life-size version of Crossword Puzzles as a Group! 2:30 <b>TRIVIA SATURDAYS~MIXED GROUP TRIVIA</b>	
10:15 Balloon Volleyball with Friends! 11:00 DIAMOND ART WITH TAWNY 1:30 BOARD GAMES WITH MATT 2:30 <b>Grocery Store + Pharmacy Trip</b>	4	10:15 Chair Yoga 11:30 <b>Activity Weekly Meeting with Coffee &amp; Donuts Bible Study</b> 2:00 FLOWER ARRANGING. 3:15 Take care of Banking and Errand Runs 3:30	5	<b>Doctor's Appointments</b> ♥ <b>Happy Birthday Lee Ann B!</b> 9:30 Morning Rituals & Relaxation 10:15 Weight Work-Out & Brain Games 11:00 Cornhole with Champions 1:30 Homemade Recipe Cooking Class-Appetizer 2:30 <b>BINGO!</b>	6	9:00 CATHOLIC COMMUNION BY MAUREEN 10:15 Balloon Volleyball! 11:00 <b>BOOK CLUB~Pass Out New Books in Manor Activity Room</b> 3:00 Afternoon Matinee Movie. This month's theme, Romance. (An Officer and the Gentlemen)	7	<b>Doctor's Appointments</b> <b>SPIRIT DAY~WEAR RED AND PINK!</b> 10:15 Cardio Combination Wellness 11:00 Manicures-Sign up with Activities 1:30 Rumi, Kings Corner, or Squence! 3:00 <b>Valentine's Happy Hour with Nate! "Cocktails &amp; Cupids!"</b>	8	10:15 Resistance Band Wellness 11:00 Cornhole with our companions 1:30 Game of Texas Hold Em' in the Man Cave! 2:30 <b>BINGO!</b> 6:45 <b>Friday Night Movies in the Theater! (Suspense/Thrillers)</b>	9	9:45 Walking Club 10:15 Drumstick Exercise Class 11:00 Technological Support with Life Enhancement 1:30 <b>MAKE YOUR VERY OWN VALENTINE NECKLACE!</b> 2:30 <b>TRIVIA SATURDAYS~MIXED GROUP TRIVIA (GOING OVER CHINESE NEW YEAR FACTS)</b>	10
10:15 Balloon Volleyball with Friends! 11:00 DIAMOND ART WITH TAWNY 1:30 BOARD GAMES WITH MATT 2:30 <b>Grocery Store + Pharmacy Trip</b> 2:30 <b>SUPERBOWL PARTY!!!</b>	11	10:00 LOVE ON A LEASH-VISIT WITH OUR COMMUNITY DOG FRIENDS 10:15 Chair Yoga 11:30 <b>Activity Weekly Meeting with Coffee &amp; Poptarts! Bible Study</b> 2:00 Cupid's Cocktail + Karaoke! Let's sing love songs as a group! 3:15 Take care of Banking and Errand Runs 3:30	12	<b>Doctor's Appointments</b> <b>SPIRIT DAY~WEAR YOUR FAVORITE BEANIE!</b> 9:30 Morning Rituals & Relaxation 10:15 Weight Work-Out & Brain Games 11:00 Cornhole with Champions 1:30 <b>Homemade Recipe Cooking Class~Soup (Gumbo)</b> 2:30 <b>MARDI GRA BINGO!</b>	13	<b>SPIRIT DAY~WEAR RED &amp; PINK!</b> 10:15 Balloon Volleyball! 12:00 <b>CUPID'S VALENTINE LUNCHEON-ALL RESIDENTS WELCOME</b> 3:00 Afternoon Matinee Movie. This month's theme, Romance. (The Way We Were)	14	<b>Doctor's Appointments</b> ♥ <b>Happy Birthday Judson M!</b> 10:15 Cardio Combination Wellness 11:00 Manicures-Sign up with Activities 1:30 Rumi, Kings Corner, or Squence! 3:00 <b>Happy Hour with Dave! Entertainment &amp; Drinks!</b>	15	10:15 Resistance Band Wellness 11:00 Cornhole with our companions 1:30 <b>Newlywed Game BINGO!</b> 6:45 <b>Friday Night Movies in the Theater!</b>	16	♥ <b>Happy Birthday Clista F!</b> 9:45 Walking Club 10:15 Drumstick Exercise Class 11:00 Technological Support with Life Enhancement 1:30 Play a life-size version of Crossword Puzzles as a Group! 2:30 <b>TRIVIA SATURDAYS~MIXED GROUP TRIVIA</b>	17
10:15 Balloon Volleyball with Friends! 11:00 <b>Piano Performance by Ally!</b> 1:30 BOARD GAMES WITH MATT 2:30 <b>Grocery Store + Pharmacy Trip</b>	18	10:15 Chair Yoga 11:00 <b>GROUP TRIVIA-DO YOU KNOW YOUR PRESIDENTS?!</b> 2:00 <b>Bible Study</b> 3:00 <b>Homemade Recipe Cooking Class~Entree</b> 3:30 Take care of Banking and Errand Runs	19	<b>Doctor's Appointments</b> 9:30 Morning Rituals & Relaxation 10:15 Weight Work-Out & Brain Games 11:00 Cornhole with Champions 2:00 <b>TEAM MEMBER (STAFF ONLY) MEETING</b> 3:00 <b>BINGO!</b>	20	<b>SPIRIT UP DAY-WELCOME TO THE JUNGLE-DRESS LIKE YOUR FAVORITE WILD ANIMAL</b> 10:15 Balloon Volleyball! 11:00 <b>Group outing to the Wild Animal Park. (Free Admission)</b> 3:00 Afternoon Matinee Movie. This month's theme, Romance. (Friendly Persuasion) 6:00 WINE WEDNESDAY	21	<b>Doctor's Appointments</b> 10:15 Cardio Combination Wellness 11:00 Manicures-Sign up with Activities 1:30 Rumi, Kings Corner, or Squence! 3:00 <b>Happy Hour with Nat &amp; Sharon! Entertainment &amp; Drinks!</b>	22	♥ <b>Happy Birthday Denise F!</b> 10:15 Resistance Band Wellness 11:00 Cornhole with our companions 1:30 GROUP GAME OF BUNCO IN THE MAN CAVE 2:30 <b>BINGO!</b> 6:45 <b>Friday Night Movies in the Theater! (Suspense/Thrillers)</b>	23	9:45 Walking Club 10:15 Drumstick Exercise Class 11:00 Technological Support with Life Enhancement 1:30 BASKETBALL-TEAM UP AND WIN PRIZES! 2:30 <b>TRIVIA SATURDAYS~MIXED GROUP TRIVIA</b>	24
10:15 Balloon Volleyball with Friends! 11:00 DIAMOND ART WITH TAWNY 11:30 <b>SUNDAY CHAMPAGNE BRUNCH! "Roses &amp; Mimosas!"</b> 1:30 BOARD GAMES WITH MATT 2:30 <b>Grocery Store + Pharmacy Trip</b>	25	10:00 LOVE ON A LEASH-VISIT WITH OUR COMMUNITY DOG FRIENDS 10:15 Chair Yoga 11:30 <b>Activity Weekly Meeting with Coffee &amp; Yogurt Parfaits! Bible Study</b> 2:00 Take care of Banking and Errand Runs 3:30	26	<b>Doctor's Appointments</b> 9:30 Morning Rituals & Relaxation 10:15 Weight Work-Out & Brain Games 11:00 Cornhole with Champions 1:30 Homemade Recipe Cooking Class~Dessert 2:30 <b>BINGO!</b>	27	10:15 Balloon Volleyball! 11:00 Bocce Ball Tournament- Meet us in the Courtyard! 1:30 <b>Resident Council + Food Commitee Meeting</b> 3:00 Afternoon Matinee Movie. This month's theme, Romance. (Same Time Next Year) 3:00 <b>MENS OUTING TO GARAGE BREWING IN MURRIETA</b>	28	<b>Doctor's Appointments</b> 10:15 Cardio Combination Wellness 11:00 BOOK CLUB REVIEW 1:30 Rumi, Kings Corner, or Squence! 3:00 <b>Happy Hour with Tony on the Saxophone! Entertainment &amp; Drinks!</b>	29				