

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



WWW.SENIORLIFESTYLE.COM
Activities are subject to change



- *BOOKMARKS
- *ESSENCE
- *SPARK
- *THYMELESS
- CONNECT
- FEEL
- GROW
- MOVE
- REFLECT

Location Keys

- Activity Room AR
- Alf Activity Room AAR
- Common Area CA
- Court Yard- Weather permitting CY
- Dining Room DR
- Family Room FR
- Formal Dining Room FDR
- Outside Facility Activity OFA

 Spring has Sprung!						
4 Easter 8:00 Coffee Shoppe [DR] 9:00 Glamour Time [AR] 9:00 Sunday Crossword [AR] 10:00 Thymeless-Cooking Club [DR] 10:30 IN2L- Our Daily Bread [CA] 11:00 Thymeless Garden Club [AR] 1:00 Kick Ball [AR] 1:30 Game Time- Yahtzee [AR] 3:00 Church Services on Alf [FDR] 4:00 IN2L-Read the Sports [AR] 5:30 Sunday Night at the movies [FR] 7:00 Music Appreciation [CA]	5 8:00 Coffee Shoppe [DR] 9:00 Glamour Time [AR] 10:00 Thymeless -Cooking Club [DR] 10:45 IN2L---Sensory Games [AR] 11:00 Thymeless Garden Club [AR] 1:00 Nail Care-Hands [AR] 1:30 Bingo on Alf [AAR] 3:00 Afternoon Stroll [CY] 7:00 Tea and Cocoa Social- Winding down the night. [FR]	6 8:00 Coffee Shoppe [DR] 9:00 Barber Shop [AR] 9:00 Nail Care -Hands [AR] 10:00 Thymeless -Cooking Club [DR] 10:30 Adult Coloring [AR] 10:30 Music Relaxation [AR] 11:00 Thymeless Garden Club [AR] 1:00 Bean Bag Baseball [AR] 2:00 Spark-- Sensible Scentsations [AR] 5:00 Puzzles 7:00 Checkers [AR]	7 8:00 Coffee Shoppe [DR] 9:00 Glamour Time [AR] 9:30 Scenic Drive AM Memory Care/2 PM Alf [OFA] 10:00 Thymeless -Cooking Club [DR] 11:00 Thymeless Garden Club [AR] 1:00 Nail Care-Hands [AR] 1:00 Sing-a-long with the IN2L [DR] 3:30 Encompass Blood Pressure Clinic [AAR] 4:00 Aroma Therapy [AR] 5:00 Remember When [AR] 7:00 Tea and Cocoa Social- Winding down the night. [FR]	8 8:00 Coffee Shoppe [DR] 9:00 Barber Shop [AR] 9:00 Chair Exercises and Stretching 9:00 Find a word puzzles [AR] 10:00 Thymeless -Cooking Club [DR] 10:30 Tea Party 11:00 Thymeless Garden Club [AR] 1:00 Balloon /Ball Toss [CA] 1:00 Bookmarks Reading Club [AR] 1:00 Nail Care-Hands [AR] 1:00 Virtual Dementia Support Group [AR] 3:00 Magazine Fun [AR] 5:00 Bango on Alf [AAR] 7:00 Checkers [AR]	9 8:00 Coffee Shoppe [DR] 9:00 Glamour Time [AR] 9:00 Nail Care -Hands [AR] 9:30 Crafts! [AR] 9:30 Exercise on Alf-Moving w/Mike #3 [AAR] 10:00 Thymeless -Cooking Club [DR] 11:00 Music Appreciation [AR] 11:00 Thymeless Garden Club [AR] 1:30 Balloon Toss [AR] 3:00 IN2L-- Reminisce [AR] 5:30 Friday Night Movies [FR] 7:00 Tea and Cocoa Social- Winding down the night. [FR]	10 8:00 Coffee Shoppe [DR] 9:00 Barber Shop [AR] 9:00 Stretch and Meditate [AR] 10:00 Thymeless -Cooking Club [DR] 10:30 Adult Coloring [AR] 11:00 Thymeless Garden Club [AR] 1:00 Afternoon Stroll [OFA] 1:00 Nail Care-Hands [AR] 2:00 Game Time-Checkers [AR] 3:00 Balloon Toss [AR] 5:00 Puzzles [AR] 6:00 Memory Game [AR] 7:00 Relaxing to the oldies music [CA]
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