October 2023 Your Comfort						Month	ly Activities
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Beinspired  WWW.SENIORLIFESTYLE.COM  Activities are subject to change	9:00 • Walking 10:00 • Weekend Crafters 3:00 • Church Service [AR] 4:00 • Jigsaw Puzzles [AAR] 5:30 • Resident Run Activities [AAR]	9:30 • Movement Group [AAR]  10:30 • Left Right Center [AAR]  2:00 • Try Something New [AR]	9:30 • Movement Group 10:30 • Table Games - Residents' Choice [AR] 2:00 • Bingo & Popcorn 2:00 • Bob Ross Video 3:30 • Nail Care [AR]	Group [AAR]  10:30 • Left Right Center [AR]  2:00 • Painting Class with the Carnegy Art Center [AAR]	9:30 Movement Group  10:30 Cooking Club with Friends [AAR]  2:00 Piano & Fiddle by Joanne & Stefannie [AAR]  3:30 Nail Care [AR]	9:30 • Movement Group [AAR]  10:30 • Bible Study [FDR]  10:30 • Bob Ross Painting 3:00 • Ceramics Painting	9:00 • Walking 10:00 • Mexican train [AR] 2:00 • Weekend Crafters [AAR] 5:30 • Pinochle [AR]
SETTLER'S PARK a Senior Lifestyle community	10:00 • Weekend Crafters	Columbus Day  9:30 • Movement Group [AAR]  10:30 • Left Right Center [AAR]  2:00 • Try Something New [AR]	9:15 • Ceramics shop [AR] 9:30 • Movement Group 10:30 • Table Games - Residents' Choice [AR] 2:00 • Bingo & Popcorn 2:00 • Bob Ross Video 3:30 • Nail Care [AR]	Group [AAR]  10:15 Book Mobile  10:30 Left Right Center [AR]  2:00 Painting Class with	9:30 • Movement Group 12  10:30 • Cooking Club with Friends 2:00 • Piano & Fiddle by Joanne & Stefannie [AAR] 3:30 • Nail Care [AR]	9:30 • Movement Group [AAR] 10:30 • Bible Study [FDR] 10:30 • Bob Ross Painting 3:00 • Ceramics Painting	9:00 • Walking 10:00 • Mexican train [AR] 2:00 • Weekend Crafters [AAR] 5:30 • Pinochle [AR]
<ul><li>CONNECT</li><li>CONTRIBUTE</li><li>FEEL</li><li>GROW</li><li>MOVE</li><li>REFLECT</li></ul>	9:00 • Walking 10:00 • Weekend Crafters 3:00 • Church Service [AR] 4:00 • Jigsaw Puzzles [AAR] 5:30 • Resident Run Activities [AAR]	9:30 • Movement Group [AAR] 10:30 • Left Right Center [AAR] 2:00 • Try Something New [AR]	9:30 • Movement Group 10:30 • Table Games - Residents' Choice [AR] 2:00 • Bingo & Popcorn 2:00 • Bob Ross Video 3:30 • Nail Care [AR]	Center [AR] 1:00 • Kitchen Club Meeting [FDR] 2:00 • Painting Class with the Carnegy Art	Club with Friends	9:30 • Movement Group [AAR] 20 10:30 • Bible Study [FDR] 10:30 • Bob Ross Painting 3:00 • Ceramics Painting	9:00 • Walking 10:00 • Mexican train [AR] 1:30 • Paparazzi Jewelry [AAR] 1:30 • Poparazzi 2:00 • Weekend Crafters [AAR] 5:30 • Pinochle [AR]
Location Keys Activity Room AR Alf Activity Room AAR Formal Dining Room FDR	9:00 • Walking 10:00 • Weekend Crafters 3:00 • Church Service [AR] 4:00 • Jigsaw Puzzles [AAR] 5:30 • Resident Run Activities [AAR] 6:00 • Mennonite Singing group [AR]	9:30 • Movement Group [AAR] 10:30 • Left Right Center [AAR] 2:00 • Try Something New [AR]	9:30 • Movement Group 24  10:30 • Table Games - Residents' Choice [AR]  2:00 • Bingo & Popcorn  2:00 • Bob Ross Video  3:30 • Nail Care [AR]	Group [AAR] 23  10:15 Book Mobile  10:30 Left Right Center [AR]  2:00 Painting Class with the Carnegy Art	9:30 Movement Group 26  10:30 Cooking Club with Friends [AAR] 2:00 Piano & Fiddle by Joanne & Stefannie [AAR] 3:30 Nail Care [AR]	9:30 • Movement Group [AAR] 10:30 • Bible Study [FDR] 10:30 • Bob Ross Painting 3:00 • Ceramics Painting	9:00 • Walking 10:00 • Mexican train [AR] 2:00 • Weekend Crafters [AAR] 5:30 • Pinochle [AR]
	9:00 • Walking 10:00 • Weekend Crafters 3:00 • Church Service [AR] 4:00 • Jigsaw Puzzles [AAR] 5:30 • Resident Run Activities [AAR]	9:30 • Movement Group [AAR] 10:30 • Left Right Center [AAR] 2:00 • Try Something New [AR]	Halloween 9:30 Movement Group 10:30 Table Games - Residents' Choice [AR] 2:00 Bingo & Popcorn 2:00 Bob Ross Video 3:30 Nail Care [AR]			SETTLI a Senior Lifesty	ER'S PARK  yle community