calendar & activities

FEB 2019

Settler's Park - Memory Care -"Reflect"

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

LOCATIONS

Activity Room - AR
Alf Activity Room -AAR
Common Area - CA
Dining Room -DR
Formal Dining Room - FDR
Family Room - FR
Outside Facility Activity - OFA
Whirlpool/Spa Room - WR
Assisted Living Facility - ALF
Court Yard - CY

Birthdays
This Month
Doris T--2/08
Sylva Z. 2/12
John F. 02/21

SENIOR LIFESTYLE
Come grow with us!

SENIOR LIFESTYLE
Unlimited options, Unparalleled services

WWW.SENIORLIFESTYLE.COM
Activities are subject to change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	SENIOR LIFESTYLE your *life*, your *style*		MEMORY CARE Embrace BY SENIOR LIFESTYLE		**1** 8:00 Coffee Shoppe [DR] 9:00 Ceramic's with Abby [AAR] 9:00 Glamour Time [AR] 9:00 Nail Care -Hands [AR] 9:30 Exercise on Alf-Moving w/Mike #3 [AAR] 10:00 Thymeless -Cooking Club [DR] 11:00 Music Appreciation [AR] 11:00 Thymeless Garden Club [AR] 1:00 Bookmarks Reading Club [FR] 2:00 Game Time-UNO [AR] 2:30 Essence 3:00 IN2L--- Happy Neuron [AR] 3:00 Outing to Grocery Outlet and a Scenic drive [OFA] 5:30 Friday Night Movies [FR] 7:00 Tea and Cocoa Social- Winding down the night. [FR]	**2** Groundhog Day 8:00 Coffee Shoppe [DR] 9:00 Barber Shop [AR] 10:00 Thymeless -Cooking Club [DR] 10:30 Adult Coloring [AR] 11:00 Thymeless Garden Club [AR] 1:00 Afternoon Stroll [OFA] 2:00 Game Time--Kings and Corner [AR] 3:00 Ground Hog Day __ IN2L [AR] 5:00 Puzzles [AR] 6:00 Memory Game [AR] 7:00 Relaxing to the oldies music [CA]
3 8:00 Coffee Shoppe [DR] 9:00 Glamour Time [AR] 9:00 Sunday Crossword [AR] 10:00 Thymeless -Cooking Club [DR] 10:30 IN2L- Our Daily Bread [CA] 11:00 Thymeless Garden Club [AR] 1:00 Kick Ball [AR] 1:30 Game Time- Yahtzee [AR] 3:00 Church Services on Alf [FDR] 4:00 IN2L-Read the Sports [AR] 5:30 Sunday Night at the movies [FR] 7:00 Music Appreciation [CA]	**4** 8:00 Coffee Shoppe [DR] 9:00 Glamour Time [AR] 9:30 Exercise on Alf-Moving w/Mike #1 [AAR] 10:00 Thymeless -Cooking Club [DR] 10:45 IN2L---Goofy Gopher [AR] 11:00 Thymeless Garden Club [AR] 1:30 JoAnn Fletcher- Pianist [FR] 2:30 Essence 2:30 Root beer Floats [DR] 3:00 Afternoon Stroll [CY] 5:15 Nail Care on Alf [AAR] 7:00 Tea and Cocoa Social- Winding down the night. [FR]	**5** 8:00 Coffee Shoppe [DR] 9:00 Barber Shop [AR] 9:00 Nail Care -Hands [AR] 9:30 Exercise on Alf-Easy Chair Exercise [AAR] 10:00 Thymeless -Cooking Club [DR] 10:30 Music Relaxation [AR] 11:00 Thymeless Garden Club [AR] 1:00 Bean Bag Baseball [AR] 1:30 Cereal bars and Juice- Chat time with Friends [AR] 2:00 Spark-- They come in pairs [AR] 2:30 Essence 3:30 Adult Coloring [AR] 5:00 IN2L--For a good Cause [AR] 7:00 Checkers [AR]	**6** 8:00 Coffee Shoppe [DR] 9:00 Glamour Time [AR] 9:30 Exercise on Alf- Moving w/ Mike #2 [AAR] 10:00 Thymeless -Cooking Club [DR] 10:30 Coffee time with friends on Alf. [AAR] 11:00 Thymeless Garden Club [AR] 1:00 Stroll about the facilty [OFA] 1:30 Game Time or Public Bingo on Alf [AR] 2:30 Essence 3:00 Smoothies [DR] 3:30 Encompass Blood Pressure Clinic [AAR] 4:00 Aroma Therapy [AR] 5:00 Remember When [AR] 7:00 Tea and Cocoa Social- Winding down the night. [FR]	**7** 8:00 Coffee Shoppe [DR] 9:00 Barber Shop [AR] 9:30 Exercise on Alf-Stretch & Strength [AAR] 10:00 Thymeless -Cooking Club [DR] 11:00 Thymeless Garden Club [AR] 1:00 Afternoon Crafts [AAR] 1:00 Parachute Stretch [CA] 2:30 Essence 3:00 Magazine Fun [AR] 5:00 IN2L--Baby Slide shows [AR] 7:00 Checkers [AR]	**8** 8:00 Coffee Shoppe [DR] 9:00 Glamour Time [AR] 9:00 Nail Care -Hands [AR] 9:30 Exercise on Alf-Moving w/ Mike #3 [AAR] 10:00 Thymeless -Cooking Club [DR] 11:00 Music Appreciation [AR] 11:00 Thymeless Garden Club [AR] 1:00 Bookmarks Reading Club [FR] 1:30 Scenic Drive outing [OFA] 2:00 Game Time-Scattergories [AR] 2:30 Essence 3:00 IN2L---Speech cognitive challenges [AR] 5:30 Friday Night Movies [FR] 7:00 Tea and Cocoa Social- Winding down the night. [FR]	**9** 8:00 Coffee Shoppe [DR] 9:00 Barber Shop [AR] 10:00 Thymeless -Cooking Club [DR] 10:30 Adult Coloring [AR] 11:00 Thymeless Garden Club [AR] 1:00 Afternoon Stroll [OFA] 2:00 Game Time--Sorry [AR] 3:00 Balloon Toss [AR] 5:00 Puzzles [AR] 6:00 Memory Game [AR] 7:00 Relaxing to the oldies music [CA]
10 8:00 Coffee Shoppe [DR] 9:00 Glamour Time [AR] 9:00 Sunday Crossword [AR] 10:00 Thymeless -Cooking Club [DR] 10:30 IN2L- Our Daily Bread [CA] 11:00 Thymeless Garden Club [AR] 1:00 Kick Ball [AR] 1:30 Game Time- Yahtzee [AR] 3:00 Church Services on Alf [FDR] 4:00 IN2L- Audio Book [CA] 5:30 Sunday Night at the movies [FR] 7:00 Music Appreciation [CA]	**11** 8:00 Coffee Shoppe [DR] 9:00 Glamour Time [AR] 9:30 Exercise on Alf-Moving w/ Mike #1 [AAR] 10:00 Monthly Birthday Bash for MC 10:00 Thymeless -Cooking Club [DR] 10:45 IN2L---Roy Rogers Show [AR] 11:00 Thymeless Garden Club [AR] 1:00 Afternoon on MCC- IN2L Challenge [AR] 1:30 JoAnne Fletcher Pianist [CA] 2:30 Essence 2:30 Root beer Floats [DR] 3:00 Afternoon Stroll [CY] 5:15 Nail Care on Alf [AAR] 7:00 Tea and Cocoa Social- Winding down the night. [FR]	**12** 8:00 Coffee Shoppe [DR] 9:00 Barber Shop [AR] 9:00 Nail Care -Hands [AR] 9:30 Exercise on Alf-Easy Chair Exercise [AAR] 10:00 Thymeless -Cooking Club [DR] 10:30 Music Relaxation [AR] 11:00 Thymeless Garden Club [AR] 1:00 Bean Bag Baseball [AR] 1:30 Cereal bars and Juice- Chat time with Friends [AR] 2:00 Spark-- Word Storm [AR] 2:30 Essence 3:30 Adult Coloring [AR] 5:00 IN2L-- Brain Aerobics Challenges [AR] 7:00 Checkers [AR]	**13** 8:00 Coffee Shoppe [DR] 9:00 Glamour Time [AR] 9:30 Exercise on Alf- Moving w/ Mike #2 [AAR] 10:00 Thymeless -Cooking Club [DR] 10:30 Coffee time with friends on Alf. [AAR] 11:00 Thymeless Garden Club [AR] 12:00 Birthday's with Gray's West [DR] 1:00 Stroll about the facilty [OFA] 1:30 Game Time or Public Bingo on Alf [AR] 2:30 Essence 3:00 Smoothies [DR] 4:00 Aroma Therapy [AR] 5:00 Remember When [AR] 7:00 Tea and Cocoa Social- Winding down the night. [FR]	**14** Valentine's Day 8:00 Coffee Shoppe [DR] 9:00 Barber Shop [AR] 9:30 Exercise on Alf- Stretch & Strength [AAR] 10:00 Thymeless -Cooking Club [DR] 11:00 Thymeless Garden Club [AR] 1:00 Afternoon Crafts [AAR] 1:00 Balloon /Ball Toss [CA] 1:30 Burning Bowl Ceremony- featuring sign language videos and interpretive dance. 2:30 Essence 3:00 Magazine Fun [AR] 5:00 Bango on Alf [AAR] 5:30 Happy Hour [AAR] 7:00 Checkers [AR]	**15** 8:00 Coffee Shoppe [DR] 9:00 Glamour Time [AR] 9:00 Nail Care -Hands [AR] 9:30 Exercise on Alf-Moving w/ Mike #3 [AAR] 10:00 Thymeless -Cooking Club [DR] 11:00 Music Appreciation [AR] 11:00 Thymeless Garden Club [AR] 1:00 Bookmarks Reading Club [FR] 1:30 Scenic Drive [OFA] 2:00 Game Time-Boggle [AR] 2:30 Essence 3:00 IN2L--- Ernest Hemingway Short Stories [AR] 5:00 Valentine Dance [AAR] 5:30 Friday Night Movies [FR] 7:00 Tea and Cocoa Social- Winding down the night. [FR]	**16** 8:00 Coffee Shoppe [DR] 9:00 Barber Shop [AR] 10:00 Thymeless -Cooking Club [DR] 10:30 Adult Coloring [AR] 11:00 Thymeless Garden Club [AR] 1:00 Afternoon Stroll [OFA] 2:00 Game Time--Kites and Candy [AR] 3:00 Balloon Toss [AR] 5:00 Puzzles [AR] 6:00 Memory Game [AR] 7:00 Relaxing to the oldies music [CA]
17 8:00 Coffee Shoppe [DR] 9:00 Glamour Time [AR] 9:00 Sunday Crossword [AR] 10:00 Thymeless -Cooking Club [DR] 10:30 IN2L- Our Daily Bread [CA] 11:00 Thymeless Garden Club [AR] 1:00 Kick Ball [AR] 1:30 Game Time- Yahtzee [AR] 3:00 Church Services on Alf [FDR] 4:00 IN2L-Read the Sports [AR] 5:30 Sunday Night at the movies [FR] 7:00 Music Appreciation [CA]	**18** Presidents' Day 8:00 Coffee Shoppe [DR] 9:00 Glamour Time [AR] 9:30 Exercise on Alf-Moving w/Mike #1 [AAR] 10:00 Thymeless -Cooking Club [DR] 10:45 IN2L---Movie Memories [AR] 11:00 Thymeless Garden Club [AR] 1:30 JoAnn Fletcher- Pianist [FR] 2:30 Essence 2:30 Root beer Floats [DR] 3:00 Afternoon Stroll [CY] 5:15 Nail Care on Alf [AAR] 7:00 Tea and Cocoa Social- Winding down the night. [FR]	**19** 8:00 Coffee Shoppe [DR] 9:00 Barber Shop [AR] 9:00 Nail Care -Hands [AR] 9:30 Exercise on Alf-Easy Chair Exercise [AAR] 10:00 Thymeless -Cooking Club [DR] 10:30 Music Relaxation [AR] 11:00 Thymeless Garden Club [AR] 1:00 Bean Bag Baseball [AR] 1:30 Cereal bars and Juice- Chat time with Friends [AR] 2:00 Spark-- Magazine Scavenger Hunt [AR] 2:30 Essence 3:30 Adult Coloring [AR] 5:00 IN2L--Battleship [AR] 7:00 Checkers [AR]	**20** 8:00 Coffee Shoppe [DR] 9:00 Glamour Time [AR] 9:30 Exercise on Alf- Moving w/ Mike #2 [AAR] 10:00 Thymeless -Cooking Club [DR] 10:30 Coffee time with friends on Alf. [AAR] 11:00 Thymeless Garden Club [AR] 1:00 Stroll about the facilty [OFA] 1:30 Game Time or Public Bingo on Alf [AR] 2:30 Essence 3:00 Smoothies [DR] 3:30 Encompass Inservice [AAR] 4:00 Aroma Therapy [AR] 5:00 Remember When [AR] 7:00 Tea and Cocoa Social- Winding down the night. [FR]	**21** 8:00 Coffee Shoppe [DR] 9:00 Barber Shop [AR] 9:30 Exercise on Alf-Stretch & Strength [AAR] 10:00 Thymeless -Cooking Club [DR] 11:00 Thymeless Garden Club [AR] 1:00 Afternoon Crafts [AAR] 1:00 Parachute Stretch [CA] 2:30 Essence 3:00 Magazine Fun [AR] 5:00 Delicious Delights with Debbie D. [AAR] 5:00 IN2L-- Easy Maze [AR] 7:00 Checkers [AR]	**22** 8:00 Coffee Shoppe [DR] 9:00 Glamour Time [AR] 9:00 Nail Care -Hands [AR] 9:30 Exercise on Alf-Moving w/Mike #3 [AAR] 10:00 Thymeless -Cooking Club [DR] 11:00 Music Appreciation [AR] 11:00 Thymeless Garden Club [AR] 1:00 Bookmarks Reading Club [FR] 1:30 Scenic Drive [OFA] 2:00 Game Time-Trouble [AR] 2:30 Essence 3:00 IN2L--- Memory Bio [AR] 5:30 Friday Night Movies [FR] 7:00 Tea and Cocoa Social- Winding down the night. [FR]	**23** 8:00 Coffee Shoppe [DR] 9:00 Barber Shop [AR] 10:00 Thymeless -Cooking Club [DR] 10:30 Adult Coloring [AR] 11:00 Thymeless Garden Club [AR] 1:00 Afternoon Stroll [OFA] 2:00 Game Time--Ipad games [AR] 3:00 Balloon Toss [AR] 3:00 Mystery Movie Matinee and dinner at El Eradera [OFA] 5:00 Puzzles [AR] 6:00 Memory Game [AR] 7:00 Relaxing to the oldies music [CA]
24 8:00 Coffee Shoppe [DR] 9:00 Glamour Time [AR] 9:00 Sunday Crossword [AR] 10:00 Thymeless -Cooking Club [DR] 10:30 IN2L- Our Daily Bread [CA] 11:00 Thymeless Garden Club [AR] 1:00 Kick Ball [AR] 1:30 Game Time- Yahtzee [AR] 3:00 Church Services on Alf [FDR] 4:00 IN2L- Audio Book [CA] 5:30 Sunday Night at the movies [FR] 7:00 Music Appreciation [CA]	**25** 8:00 Coffee Shoppe [DR] 9:00 Glamour Time [AR] 9:30 Exercise on Alf-Moving w/ Mike #1 [AAR] 10:00 Thymeless -Cooking Club [DR] 10:45 IN2L---Hangman [AR] 11:00 Thymeless Garden Club [AR] 1:00 Afternoon on MCC- IN2L Challenge [AR] 1:30 JoAnn Fletcher- Pianist [FR] 2:30 Essence 2:30 Root beer Floats [DR] 3:00 Afternoon Stroll [CY] 5:15 Nail Care on Alf [AAR] 7:00 Tea and Cocoa Social- Winding down the night. [FR]	**26** 8:00 Coffee Shoppe [DR] 9:00 Barber Shop [AR] 9:00 Nail Care -Hands [AR] 9:30 Exercise on Alf-Easy Chair Exercise [AAR] 10:00 Thymeless -Cooking Club [DR] 10:30 Music Relaxation [AR] 11:00 Thymeless Garden Club [AR] 11:30 Senior Center Lunch and Bingo [OFA] 1:00 Bean Bag Baseball [AR] 1:30 Cereal bars and Juice- Chat time with Friends [AR] 2:00 Spark-- Sensible Scentsations [AR] 2:30 Essence 3:30 Adult Coloring [AR] 5:00 IN2L-- Hang man [AR] 6:00 Poker Night [AAR] 7:00 Checkers [AR]	**27** 8:00 Coffee Shoppe [DR] 9:00 Glamour Time [AR] 9:30 Exercise on Alf- Moving w/ Mike #2 [AAR] 10:00 Thymeless -Cooking Club [DR] 10:30 Coffee time with friends on Alf. [AAR] 11:00 Thymeless Garden Club [AR] 1:00 Stroll about the facilty [OFA] 1:30 Game Time or Public Bingo on Alf [AR] 2:30 Essence 3:00 Smoothies [DR] 4:00 Aroma Therapy [AR] 5:00 Remember When [AR] 7:00 Tea and Cocoa Social- Winding down the night. [FR]	**28** 8:00 Coffee Shoppe [DR] 9:00 Barber Shop [AR] 9:00 Find a word puzzles [AR] 9:30 Exercise on Alf- Stretch & Strength [AAR] 10:00 Thymeless -Cooking Club [DR] 11:00 Thymeless Garden Club [AR] 1:00 Afternoon Crafts [AAR] 1:00 Balloon /Ball Toss [CA] 2:30 Essence 3:00 Magazine Fun [AR] 5:00 Bango on Alf [AAR] 5:30 Around the World-- Canada [AAR] 7:00 Checkers [AR]		

Created on Monday, January 21, 2019 5:40 PM