December 2023 Your Stories							Monthly Activities	
Tour Stories	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
MEMORY CARE CENTRAL MEMORY CARE BY SENIOR LIFESTYLE WWW.SENIORLIFESTYLE.COM Activities are subject to change	New Year's Eve 8:30 • Good News & Hair Care [RR] 9:00 • Walk in the Courtyard [CY] 10:00 • Abstract Coloring [LR] 10:30 • Bible Hymns (Karaoke) 1:00 • Bible Story 2:30 ¶ Thymeless Tea Time [DR] 3:00 • Drumming [CY] 6:00 • Movie & Popcorn	Resident Birthdays Gertrude D. 12/22	Snack and hydration offered 3 times a day.			8:30 • Good News & Hair Care [RR] 9:00 • Dance Dynamic [LR] 10:00 • Sip & Snack 10:15 • Coloring Corner 1:00 • Go Fish !! 2:00 • IN2L Trivia [CY] 3:00 • Evening Snack [CY] 3:30 • Corn Hole [AA] 6:00 • Reminisce & Hot Chocolate	8:30 • Good News & Hair Care [RR] 9:30 • Dancing [LR] 10:30 • Word Games 1:00 • Crafty Corner [AA] 2:30 ¶ Thymeless Cooking Club- Baking Cookies [DR] 3:00 • Karaoke 6:00 • Funny Videos	
WILDFLOWER LODGE a Senior Lifestyle community	8:30 • Good News & Hair Care [RR] 9:00 • Walk in the Courtyard [CY] 10:00 • Abstract Coloring [LR] 10:30 • Bible Hymns (Karaoke) 1:00 • Bible Story 2:30 ¶¶ Thymeless Tea Time [DR] 3:00 • Drumming [CY] 6:00 • Movie & Popcorn	8:30 Good News & Hair Care [RR] 9:00 December Shopping Trip [LR] 10:00 Music W/ Megan [LR] 10:00 Sip & Snack 1:00 Balloon Toss 1:45 Coloring Corner 2:30 Women's Bible Group [RR] 3:00 Evening Snack [DR] 3:30 Evening Walk 6:00 Reminisce & Hot Tea	Care [RR] 9:00 • Morning Stretches [LR] 10:00 • Sip & Snack [DR] 10:30 • Crafty Corner [AA] 1:00 A Blue Mountaineers Band [OC] 2:30 T Thymeless Cooking Club (Cheese Quesadillas) [DR] 3:00 • Evening Snack [LR]	8:30 • Good News & Hair Care [RR] 6 9:00 • Chair Yoga [LR] 10:00 • Sip & Snack 10:30 • BOOKMARKS [AA] 1:15 • Scenic Drive & Picnic Time 3:00 • Evening Snack [AA] 3:10 • Bingo Hour! [AA] 6:00 • Reminisce & Ice Tea	8:30 • Good News & Hair	8:30 • Good News & Hair Care [RR] 9:00 • Dance Dynamic [LR] 10:00 • Sip & Snack 10:15 • Coloring Corner 1:00 • Go Fish !! 2:00 • IN2L Trivia [CY] 3:00 • Evening Snack [CY] 3:30 • Corn Hole [AA] 6:00 • Reminisce & Hot Chocolate	8:30 • Good News & Hair Care [RR] 9:30 • Dancing [LR] 10:30 • Word Games 1:00 • Crafty Corner [AA] 2:30 • Thymeless Cooking Club- Baking Cookies [DR] 3:00 • Karaoke 6:00 • Funny Videos	
*BOOKMARKS *ESSENCE *Outing *SPARK *THYMELESS CONNECT CONTRIBUTE FEEL GROW MOVE REFLECT	8:30 • Good News & Hair Care [RR] 9:00 • Walk in the Courtyard [CY] 10:00 • Abstract Coloring [LR] 10:30 • Bible Hymns (Karaoke) 1:00 • Bible Story 2:30 • Thymeless Tea Time [DR] 3:00 • Drumming [CY] 6:00 • Movie & Popcorn	8:30 Good News & Hair Care [RR] 9:00 Mini Word Search [LR] 10:00 Music W/ Megan [LR] 10:00 Sip & Snack 1:00 Balloon Toss 1:45 Coloring Corner 2:30 Women's Bible Group [RR] 3:00 Evening Snack [DR] 3:30 Evening Walk 6:00 Reminisce & Hot Tea		8:30 Good News & Hair Care [RR] 9:00 Chair Yoga [LR] 10:00 Sip & Snack 10:30 BOOKMARKS [AA] 1:15 Scenic Drive & Picnic Time 3:00 Evening Snack [AA] 3:10 Bingo Hour! [AA] 6:00 Reminisce & Ice Tea	8:30 • Good News & Hair Care [RR] 9:00 • Walk with Friends [OC] 10:00 • Sip & Snack 10:30 • Puzzle Hour [AA] 10:45 • Balloon Toss [LR] 1:00 • Nail Care and Hand massage 2:30 • Men's Bible Group [RR] 3:00 Evening Snack [LR] 3:30 • Evening Walk 6:00 • Movie & Popcorn	8:30 • Good News & Hair Care [RR] 9:00 • Dance Dynamic [LR] 10:00 • Sip & Snack 10:15 • Coloring Corner 1:00 • Go Fish !! 2:00 • IN2L Trivia [CY] 3:30 • Corn Hole [AA] 6:00 • Reminisce & Hot Chocolate	8:30 • Good News & Hair Care [RR] 9:30 • Dancing [LR] 10:30 • Word Games 1:00 • Crafty Corner [AA] 2:30 • Thymeless Cooking Club- Baking Cookies [DR] 3:00 • Karaoke 6:00 • Funny Videos	
Location Keys Activity Area AA Court Yard CY Dining Room DR Living Room LR Out Of Community OC Resident Rooms RR	olog a mental appear	8:30 Good News & Hair Care [RR] 9:00 Mini Word Search [LR] 10:00 Music W/ Megan [LR] 10:00 Sip & Snack 1:00 Balloon Toss 1:45 Coloring Corner 2:30 Women's Bible Group [RR] 3:00 Evening Snack [DR] 3:30 Evening Walk 6:00 Reminisce & Hot Tea	Care [RR] 9:00 Morning Stretches [LR] 10:00 Sip & Snack [DR] 10:30 Crafty Corner [AA] 1:00 Blue Mountaineers Band [OC] 2:00 Staff Appreciation Party [AA] 3:00 Evening Snack [LR] 3:30 Ground Basketball [CY] 6:00 Movie & Popcorn	8:30 • Good News & Hair Care [RR] 9:00 • Chair Yoga [LR] 10:00 • Sip & Snack 10:30 • BOOKMARKS [AA] 1:15 • Scenic Drive & Picnic Time 3:00 Evening Snack [AA] 3:10 • Bingo Hour! [AA] 6:00 • Reminisce & Ice Tea	8:30 Good News & Hair Care [RR] 9:00 Walk with Friends [OC] 10:00 Sip & Snack 10:30 Christmas Lunch (Winter Magic) [DR] 2:30 Men's Bible Group [RR] 3:00 Evening Snack [LR] 3:30 Evening Walk 6:00 Movie & Popcorn	8:30 Good News & Hair Care [RR] 9:00 Dance Dynamic [LR] 10:00 Sip & Snack 10:15 Coloring Corner 1:00 Go Fish !! 2:00 IN2L Trivia [CY] 3:00 Evening Snack [CY] 3:30 Corn Hole [AA] 6:00 Reminisce & Hot Chocolate	Hair Care [RR] 23 9:30 Dancing [LR] 10:30 Word Games 1:00 Crafty Corner [AA] 2:30 Thymeless Cooking Club- Baking Cookies [DR] 3:00 Karaoke 6:00 Funny Videos	
	8:30 Good News & Hair Care [RR]	Christmas Day 8:30 Good News & Hair Care [RR] 9:00 Mini Word Search [LR] 10:00 Music W/ Megan [LR] 10:00 Sip & Snack 1:00 Balloon Toss 1:45 Coloring Corner 2:30 Women's Bible Group [RR] 3:00 Evening Snack [DR] 3:30 Evening Walk 6:00 Reminisce & Hot Tea	1:00 Blue Mountaineers Band [OC] 2:30 Thymeless Cooking Club (Cheese Quesadillas) [DR] 3:00 Evening Snack [LR] 3:30 Ground Baskethall [CY]	8:30 Good News & Hair Care [RR] 9:00 Chair Yoga [LR] 10:00 Sip & Snack 10:30 BOOKMARKS [AA] 1:15 Scenic Drive & Picnic Time 3:00 Evening Snack [AA] 3:10 Bingo Hour! [AA] 6:00 Reminisce & Ice Tea	8:30 • Good News & Hair Care [RR] 9:00 • Walk with Friends [OC] 10:00 • Sip & Snack 10:30 • Puzzle Hour [AA] 10:45 • Balloon Toss [LR] 1:00 • Nail Care and Hand massage 2:30 • Men's Bible Group [RR] 3:00 Evening Snack [LR] 3:30 • Evening Walk 6:00 • Movie & Popcorn	8:30	8:30 • Good News & Hair Care [RR] 9:30 • Dancing [LR] 10:30 • Word Games 1:00 • Crafty Corner [AA] 2:30 • Thymeless Cooking Club-Baking Cookies [DR] 3:00 • Karaoke 6:00 • Funny Videos Continued at top	