

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

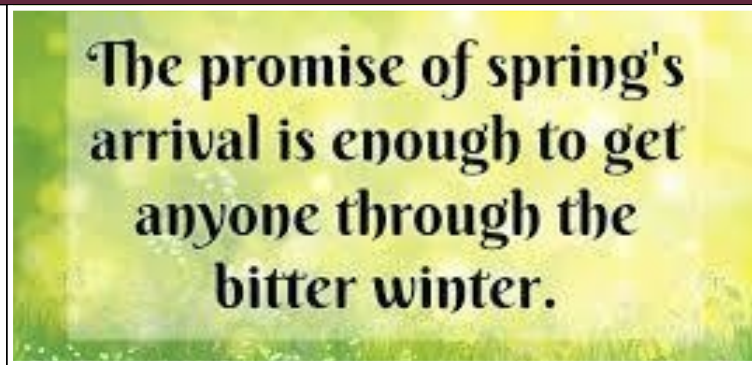
FRIDAY

SATURDAY



**March cont'd 31**

- 8:30 ● Daily Chronicles [LR]
- 9:30 ● Mind & Body Sittercise [LR]
- 10:00 ● Spiritual Trivia [LR]
- 10:30 ● Bible Hymns (Karaoke) [LR]
- 1:00 ● LDS Church [ED]
- 1:00 ● Resident Fun Pick with Staff [AR]
- 2:00 ● Veggie Bowl For Snack [DR]
- 3:00 ● Nail Care [AR]
- 5:30 ● Tea & Reminisce with Staff [LR]



**1**

- 8:30 ● Daily Chronicles [LR]
- 9:30 ● Walk the Community
- 10:00 ● Sing With Suzie on N2L [LR]
- 10:30 ● BHU "Family Fued" [AL-AR]
- 1:00 ● Bingo [AR]
- 1:30 ● Jello & Fruit Snack Prep [DR]
- 3:00 ● Bowling with Staff [DR]
- 5:30 ● Tea & Reminisce with Staff [LR]

**2**

- 8:30 ● Daily Chronicles [LR]
- 9:00 ● Summerville Church [AL-LR]
- 9:30 ● Range of Motion Sittercise [LR]
- 1:30 ● Mixed Trivia with Staff [LR]
- 2:30 ● Yogurt For Snack [DR]
- 3:00 ● Balloon Ball with Staff [LR]
- 5:30 ● Popcorn & A Movie with Staff [LR]

**3**

- 8:30 ● Daily Chronicles [LR]
- 9:30 ● Mind & Body Sittercise [LR]
- 10:00 ● Spiritual Trivia [LR]
- 10:30 ● Bible Hymns (Karaoke) [LR]
- 1:00 ● LDS Church [ED]
- 1:00 ● Resident Fun Pick with Staff [AR]
- 2:00 ● Cheesy Quesadilla's For Snack [DR]
- 3:00 ● Nail Care [AR]
- 5:30 ● Tea & Reminisce with Staff [LR]

**4**

- 8:30 ● Daily Chronicles [LR]
- 9:30 ● Stronger Seniors ~Strength Exercise [LR]
- 10:00 ● Sing Along with Staff [LR]
- 1:00 ● Bingo [AR]
- 2:00 ● Fresh Fruit Bowl For Snack
- 3:00 ● Ring Toss with Staff [LR]
- 5:30 ● Hot Cocoa & Funny Movie [LR]
- 7:45 ● Music With Joy [LR]

**5**

- 8:30 ● Daily Chronicles [LR]
- 9:30 ● Stronger Seniors~Stretch Exercise [LR]
- 10:00 ● Book Club [LR]
- 1:00 ● Blue Mountaineers Band [AL-LR]
- 2:15 ● Fruit Smoothie For Snack [DR]
- 2:30 ● First Christian Church [AL-LR]
- 3:00 ● Domino's [AR]
- 5:30 ● Popcorn & A Movie with Staff [LR]

**6**

- 8:30 ● Daily Chronicles [LR]
- 9:30 ● Chair Dancing ~Core and Legs [LR]
- 10:30 ● Animal Trivia with Staff [LR]
- 12:00 ● Dementia Support Group [ED]
- 1:00 ● Bingo [AR]
- 2:00 ● Cheese & Crackers For Snack [DR]
- 5:30 ● Tea & Read with Staff [LR]

**7**

- 8:15 ● Newspaper & Coffee/Tea/Cocoa
- 8:30 ● Daily Chronicles [LR]
- 9:30 ● Arms & Back Sittercise [LR]
- 10:00 ● Find The Words with Staff [LR]
- 1:30 ● March Birthday Party On AL [AL-AR]
- 2:00 ● Pudding Cups For Snack [DR]
- 3:00 ● Walk The Community [AR]
- 5:30 ● Popcorn & A Movie with Staff [LR]

**Kayla Reagan Birthday 8**

- 8:30 ● Daily Chronicles [LR]
- 9:30 ● Walk the Community
- 10:00 ● Sing With Suzie on N2L [LR]
- 1:00 ● Bingo [AR]
- 2:30 ● Fruit Cup For Snack [DR]
- 3:00 ● Bowling with Staff [DR]
- 5:30 ● Tea & Reminisce with Staff [LR]

**9**

- 8:30 ● Daily Chronicles [LR]
- 9:00 ● Summerville Church [AL-LR]
- 9:30 ● Range of Motion Sittercise [LR]
- 1:30 ● Crossword with Staff
- 2:30 ● Orange Sherbert for Snack
- 3:00 ● Balloon Ball with Staff [LR]
- 5:30 ● Popcorn & A Movie with Staff [LR]

- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

**Resident Birthdays**

Virginia W. 3/15  
Pat S. 3/26

**Location Keys**

- Activity Room AR
- Assisted Living Activities Room AL-AR
- Assisted Living Living Room AL-LR
- Dining Room DR
- Education Room ED
- Living Room LR

**TRANSPORTATION SCHEDULE**

*Scheduled Doctor Days*

TUESDAY  
8 a.m - 5 p.m

THURSDAY  
8 a.m - 5 p.m

**Daylight Saving Time Begins 10**

- 8:30 ● Daily Chronicles [LR]
- 9:30 ● Mind & Body Sittercise [LR]
- 10:00 ● Spiritual Trivia [LR]
- 10:30 ● Bible Hymns (Karaoke) [LR]
- 1:00 ● Garden Clean Up
- 1:00 ● LDS Church [ED]
- 2:00 ● Cookies and Milk For Snack [DR]
- 2:00 ● Lighthouse Church [AL-LR]
- 3:00 ● Nail Care [AR]
- 5:30 ● Tea & Reminisce with Staff [LR]

**11**

- 8:30 ● Daily Chronicles [LR]
- 9:30 ● Stronger Seniors ~Strength Exercise [LR]
- 10:00 ● Sing Along with Staff [LR]
- 1:00 ● Bingo [AR]
- 2:00 ● Cubed Apples with Peanut Butter for Snack [DR]
- 3:00 ● Ring Toss with Staff [LR]
- 5:30 ● Hot Cocoa & Funny Movie [LR]
- 7:45 ● Music With Joy [LR]

**12**

- 8:30 ● Daily Chronicles [LR]
- 9:30 ● Stronger Seniors~Stretch Exercise [LR]
- 10:00 ● Book Club (Pizza) [LR]
- 1:00 ● Blue Mountaineers Band [AL-LR]
- 2:00 ● Mini Bagel Pizzas for Snack [DR]
- 2:30 ● First Christian Church [AL-LR]
- 3:00 ● Number Line Activity [DR]
- 5:30 ● Popcorn & A Movie with Staff [LR]

**13**

- 8:30 ● Daily Chronicles [LR]
- 9:30 ● Chair Dancing ~Core and Legs [LR]
- 10:30 ● Vehicle Trivia With Staff [LR]
- 1:00 ● Bingo [AR]
- 2:00 ● Bananas For Snack [DR]
- 3:00 ● Zumba Gold [AL-AR]
- 5:30 ● Tea & Read with Staff [LR]

**14**

- 8:15 ● Newspaper & Coffee/Tea/Cocoa
- 8:30 ● Daily Chronicles [LR]
- 9:30 ● Arms & Back Sittercise [LR]
- 10:00 ● Door Craft (St. Patty Day Theme) [AR]
- 1:30 ● Hymns With Ruth [AL-LR]
- 2:00 ● Milk Shakes [DR]
- 3:00 ● Walk The Community [AR]
- 5:30 ● Popcorn & A Movie with Staff [LR]

**Tobie's Birthday 15**

- 8:30 ● Daily Chronicles [LR]
- 9:30 ● Walk the Community
- 10:00 ● Sing With Suzie on N2L [LR]
- 1:00 ● Bingo [AR]
- 2:30 ● Birthday party, Tobie [DR]
- 3:00 ● Bowling with Staff [DR]
- 5:30 ● Tea & Reminisce with Staff [LR]

**16**

- 8:30 ● Daily Chronicles [LR]
- 9:00 ● Summerville Church [AL-LR]
- 9:30 ● Range of Motion Sittercise [LR]
- 2:30 ● Macaroni Salad Bowls For Snack [DR]
- 3:00 ● Balloon Ball with Staff [LR]
- 5:30 ● Popcorn & A Movie with Staff [LR]

**St. Patrick's Day 17**

- 8:30 ● Daily Chronicles [LR]
- 9:30 ● Mind & Body Sittercise [LR]
- 10:00 ● Spiritual Trivia [LR]
- 10:30 ● Bible Hymns (Karaoke) [LR]
- 1:00 ● LDS Church [ED]
- 1:00 ● St Patty Day Decorating [AR]
- 2:00 ● Green Sugar Cookies For Snack [DR]
- 3:00 ● Nail Care [AR]
- 5:30 ● Tea & Reminisce with Staff [LR]

**18**

- 8:30 ● Daily Chronicles [LR]
- 9:30 ● Stronger Seniors ~Strength Exercise [LR]
- 10:00 ● Sing Along with Staff [LR]
- 1:00 ● Bingo [AR]
- 2:00 ● Potato Salad Bowls For Snack [DR]
- 3:00 ● Ring Toss with Staff [LR]
- 5:30 ● Hot Cocoa & Funny Movie [LR]
- 7:45 ● Music With Joy [LR]

**19**

- 8:30 ● Daily Chronicles [LR]
- 9:30 ● Stronger Seniors~Stretch Exercise [LR]
- 10:00 ● Book Club [LR]
- 1:00 ● Blue Mountaineers Band [AL-LR]
- 2:15 ● Jello Cups For Snack [DR]
- 2:30 ● First Christian Church [AL-LR]
- 3:00 ● Number Line Activity [DR]
- 5:30 ● Popcorn & A Movie with Staff [LR]

**20**

- 8:30 ● Daily Chronicles [LR]
- 9:30 ● Chair Dancing ~Core and Legs [LR]
- 10:00 ● Name that Price Game (N2L) [LR]
- 12:00 ● Dementia Support Group [ED]
- 1:00 ● Bingo [AR]
- 2:00 ● Peanut Butter Crackers For Snack [DR]
- 3:00 ● Ground Basketball [AR]
- 5:30 ● Tea & Read with Staff [LR]

**21**

- 8:15 ● Newspaper & Coffee/Tea/Cocoa
- 8:30 ● Daily Chronicles [LR]
- 9:30 ● Arms & Back Sittercise [LR]
- 10:00 ● Door Craft (St. Patty Day Theme) [AR]
- 2:00 ● Egg Salad Sandwiches For Snack [DR]
- 3:00 ● Walk The Community [AR]
- 5:30 ● Popcorn & A Movie with Staff [LR]

**22**

- 8:30 ● Daily Chronicles [LR]
- 9:30 ● Walk the Community
- 10:00 ● Sing With Suzie on N2L [LR]
- 1:00 ● Bingo [AR]
- 2:30 ● Fruit Cup For Snack [DR]
- 3:00 ● Bowling with Staff [DR]
- 5:30 ● Tea & Reminisce with Staff [LR]

**23**

- 8:30 ● Daily Chronicles [LR]
- 9:00 ● Summerville Church [AL-LR]
- 9:30 ● Range of Motion Sittercise [LR]
- 2:30 ● Cottage Cheese Bowls For Snack [DR]
- 3:00 ● Balloon Ball with Staff [LR]
- 5:30 ● Popcorn & A Movie with Staff [LR]

**24**

- 8:30 ● Daily Chronicles [LR]
- 9:30 ● Mind & Body Sittercise [LR]
- 10:00 ● Spiritual Trivia [LR]
- 10:30 ● Bible Hymns (Karaoke) [LR]
- 1:00 ● LDS Church [ED]
- 1:00 ● Resident Fun Pick with Staff [AR]
- 2:00 ● Cheesy McMuffin For Snack [DR]
- 3:00 ● Nail Care [AR]
- 5:30 ● Tea & Reminisce with Staff [LR]

**25**

- 8:30 ● Daily Chronicles [LR]
- 9:30 ● Stronger Seniors ~Strength Exercise [LR]
- 10:00 ● Sing Along with Staff [LR]
- 1:00 ● Bingo [AR]
- 2:00 ● Fresh Fruit Salad For Snack [DR]
- 3:00 ● Ring Toss with Staff [LR]
- 5:30 ● Hot Cocoa & Funny Movie [LR]
- 7:45 ● Music With Joy [LR]

**Pat's Birthday 26**

- 8:30 ● Daily Chronicles [LR]
- 9:30 ● Stronger Seniors~Stretch Exercise [LR]
- 10:00 ● Book Club [LR]
- 1:00 ● Blue Mountaineers Band [AL-LR]
- 2:15 ● Birthday Party For Pat [DR]
- 2:30 ● First Christian Church [AL-LR]
- 3:00 ● Number Line Activity [DR]
- 5:30 ● Popcorn & A Movie with Staff [LR]

**27**

- 8:30 ● Daily Chronicles [LR]
- 9:30 ● Chair Dancing ~Core and Legs [LR]
- 10:00 ● Yatzee [AR]
- 1:00 ● Bingo [AR]
- 2:00 ● Strawberry Ice Cream For Snack [DR]
- 3:00 ● Ground Basketball [AR]
- 5:30 ● Tea & Read with Staff [LR]

**28**

- 8:15 ● Newspaper & Coffee/Tea/Cocoa
- 8:30 ● Daily Chronicles [LR]
- 9:30 ● Arms & Back Sittercise [LR]
- 10:00 ● Door Craft (St. Patty Day Theme) [AR]
- 1:30 ● Smoothie Time [DR]
- 3:00 ● Walk The Community [AR]
- 5:30 ● Popcorn & A Movie with Staff [LR]

**29**

- 8:30 ● Daily Chronicles [LR]
- 9:30 ● Walk the Community
- 10:00 ● Sing With Suzie on N2L [LR]
- 1:00 ● Bingo [AR]
- 2:30 ● Fruit Cups [DR]
- 3:00 ● Bowling with Staff [DR]
- 5:30 ● Tea & Reminisce with Staff [LR]

**30**

- 8:30 ● Daily Chronicles [LR]
- 9:00 ● Summerville Church [AL-LR]
- 9:30 ● Range of Motion Sittercise [LR]
- 2:30 ● Orange Sherbert For Snack [DR]
- 3:00 ● Balloon Ball with Staff [LR]
- 5:30 ● Popcorn & A Movie with Staff [LR]

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