

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*SNAPSHOTS CONNECT CONTRIBUTE FEEL GROW MOVE REFLECT	7:30 • Breakfast [DR] 8:30 • Hair time 9:30 • Paint me a picture [LR] 10:00 • Thymeless Hot Chocolate and Coffee [DR] 10:30 • Bible Hymns (Karaoke) [LR] 11:30 • Lunch [DR] 1:00 • Bible Story [LR] 2:30 • Cheese + crackers [DR] 3:00 • Balloon Ball [CY] 4:30 • Dinner [DR] 6:00 • Movie & Popcorn [LR]	7:30 • Breakfast [DR] 8:30 • Hair time 9:00 • SING ALONG [CY] 9:30 • Outside time [CY] 10:00 • Thymeless Green tea and scones [DR] 10:30 • Game Time [LR] 11:30 • Lunch [DR] 12:30 • Bingo [LR] 2:00 • Thymeless-salsa + chips [DR] 3:00 • Outdoor time [LR] 4:30 • Dinner [DR] 6:00 • Reading & Hot Tea [LR]	7:30 • Breakfast [DR] 8:30 • Hair time 9:00 • Good News [DR] 9:30 • Chair yoga [LR] 10:00 • Thymeless Melon Infused Water [DR] 10:30 • puzzle time [LR] 11:30 • Lunch [DR] 1:00 • Blue Mountaineers [AL-LR] 2:00 • Thymeless-Cucumber Sandwiches [DR] 3:00 • Ground Basketball [LR] 4:30 • Dinner [DR] 6:00 • Movie & Popcorn [LR]	7:30 • Breakfast [DR] 8:30 • Good News (C) [LR] 8:30 • Hair time 9:00 • Thymeless Herb garden [CY] 9:30 • Chair Zumba [CY] 10:30 • Trivia [LR] 11:30 • Lunch [DR] 1:00 • Scenic Drive [LR] 2:00 • Thymeless Smoothie [DR] 3:00 • Hand Massage 4:30 • Dinner [DR] 6:00 • Reminisce & Ice Tea [LR]	7:30 • Breakfast [DR]  8:30 • Hair time  9:00 • Thymeless BOOK CLUB [DR]  9:30 • Chair YOGA [LR]  10:00 • Thymeless Oregon Berry Infused Water [LR]  11:30 • Lunch [DR]  1:00 • Gal's Club-Nail Care and Hand massage [LR]  2:00 • Thymeless Tuna salad [DR]  3:00 • Drumming [CY]  4:30 • Dinner [DR]  6:00 • Movie & Popcorn [LR]	7:30 • Breakfast [DR] 8:30 • Hair time 9:30 • Thymeless Herb garden tending 10:00 • Thymeless mini sandwiches 11:30 • Lunch [DR] 1:30 • Art Project [AL-AR] 2:00 • Thymeless blueberries for Brain health [DR] 3:00 • Corn hole game [LR] 4:30 • Dinner [DR] 6:00 • Reminisce & Tea [LR]	7:30 • Breakfast [DR] 8:30 • Hair time 10:00 Thymeless veggies + dip [DR] 10:30 • Table Games [LR] 11:30 • Lunch [DR] 12:30 • Nail art 2:00 • Decorate a cupcake 3:00 • Sing Along [LR] 4:30 • Dinner [DR] 6:00 • Movie & Peanut Butter Crackers [LR]
LOCATIONS  Assisted Living - AL Courtyard - CY Country Kitchen - CK	7:30 • Breakfast [DR] 8:30 • Hair time 9:30 • Paint me a picture [LR] 10:00 • Thymeless Hot Chocolate and Coffee [DR] 10:30 • Bible Hymns (Karaoke) [LR] 11:30 • Lunch [DR] 1:00 • Bible Story [LR] 2:30 • Cheese + crackers [DR] 3:00 • Balloon Ball [CY] 4:30 • Dinner [DR] 6:00 • Movie & Popcorn [LR]	7:30 • Breakfast [DR] 8:30 • Hair time 9:00 • SING ALONG [CY] 9:30 • Stories in the courtyard [CY] 10:00 • Thymeless Green tea and scones [DR] 10:30 • Game Time [LR] 11:30 • Lunch [DR] 12:30 • Bingo [LR] 2:00 • Thymeless-salsa + chips [DR] 3:00 • Outdoor time [LR] 4:30 • Dinner [DR] 6:00 • Reading & Hot Tea [LR]	7:30 • Breakfast [DR] 8:30 • Hair time 9:00 • Good News [DR] 9:30 • Chair yoga [LR] 10:00 • Thymeless Melon Infused Water [DR] 10:30 • puzzle time [LR] 11:30 • Lunch [DR] 1:00 • Blue Mountaineers [AL-LR] 2:00 • Thymeless-Cucumber Sandwiches [DR] 3:00 • Ground Basketball [LR] 4:30 • Dinner [DR] 6:00 • Movie & Popcorn [LR]	7:30 • Breakfast [DR] 8:30 • Good News (C) [LR] 8:30 • Hair time 9:00 • Thymeless Herb garden [CY] 9:30 • Chair Zumba [CY] 10:00 • Trivia [LR] 11:30 • Lunch [DR] 1:00 • Scenic Drive [LR] 2:00 • Thymeless smoothie [DR] 3:00 • Hand Massage 4:30 • Dinner [DR] 6:00 • Reminisce & Ice Tea [LR]	7:30 • Breakfast [DR] 8:30 • Hair time 9:00 • Thymeless BOOK CLUB [DR] 9:30 • Chair YOGA [LR] 10:00 • Thymeless Oregon Berry Infused Water [LR] 11:30 • Lunch [DR] 1:00 • Gal's Club-Nail Care and Hand massage [LR] 2:00 • Thymeless Tuna salad [DR] 3:00 • Drumming [CY] 4:30 • Dinner [DR] 6:00 • Movie & Popcorn [LR]	7:30 • Breakfast [DR] 8:30 • Hair time 9:30 • Thymeless Herb garden tending 10:00 • Thymeless mini sandwiches 11:30 • Lunch [DR] 1:30 • Art Project [AL-AR] 2:00 • Thymeless blueberries for Brain health [DR] 3:00 • Corn hole game [LR] 4:30 • Dinner [DR] 6:00 • Reminisce & Tea [LR]	7:30
Activity Room - AR Memory Care Lounge - MCL Shuttle Bus - SB  BIRTHDAYS THIS MONTH	7:30 • Breakfast [DR] 8:30 • Hair time 9:30 • Paint me a picture [LR] 10:00 • Thymeless Hot Chocolate and Coffee [DR] 10:30 • Bible Hymns (Karaoke) [LR] 11:30 • Lunch [DR] 1:00 • Bible Story [LR] 2:30 • Cheese + crackers [DR] 3:00 • Balloon Ball [CY] 4:30 • Dinner [DR] 6:00 • Movie & Popcorn [LR]	7:30 • Breakfast [DR] 8:30 • Hair time 9:00 • SING ALONG [CY] 9:30 • Stories in the courtyard [CY] 10:00 • Thymeless Green tea and scones [DR] 10:30 • Game Time [LR] 11:30 • Lunch [DR] 12:30 • Bingo [LR] 2:00 • Thymeless-salsa + chips [DR] 3:00 • Outdoor time [LR] 4:30 • Dinner [DR] 6:00 • Reading & Hot Tea [LR]	7:30 • Breakfast [DR] 8:30 • Hair time 9:00 • Good News [DR] 9:30 • Chair yoga [LR] 10:00 • Thymeless Melon Infused Water [DR] 10:30 • puzzle time [LR] 11:30 • Lunch [DR] 1:00 • Blue Mountaineers [AL-LR] 2:00 • Thymeless-Cucumber Sandwiches [DR] 3:00 • Ground Basketball [LR] 4:30 • Dinner [DR] 6:00 • Movie & Popcorn [LR]	7:30 • Breakfast [DR] 8:30 • Good News (C) [LR] 8:30 • Hair time 9:00 • Thymeless Herb garden [CY] 9:30 • Chair Zumba [CY] 10:00 • Trivia [LR] 11:30 • Lunch [DR] 1:00 • Scenic Drive [LR] 2:00 • Thymeless smoothie [DR] 3:00 • Hand Massage 4:30 • Dinner [DR] 6:00 • Reminisce & Ice Tea [LR]	7:30 • Breakfast [DR] 8:30 • Hair time 9:00 • Thymeless BOOK CLUB [DR] 9:30 • Chair YOGA [LR] 10:00 • Thymeless Oregon Berry Infused Water [LR] 11:30 • Lunch [DR] 1:00 • Gal's Club-Nail Care and Hand massage [LR] 2:00 • Thymeless Tuna salad [DR] 3:00 • Drumming [CY] 4:30 • Dinner [DR] 6:00 • Movie & Popcorn [LR]	7:30 • Breakfast [DR] 8:30 • Hair time 9:30 • Thymeless Herb garden tending 10:00 • Thymeless mini sandwiches 11:30 • Lunch [DR] 1:30 • Art Project [AL-AR] 2:00 • Thymeless blueberries for Brain health [DR] 3:00 • Corn hole game [LR] 4:30 • Dinner [DR] 6:00 • Reminisce & Tea [LR]	
SENIOR LIFESTYLE Come grow with us!	7:30 • Breakfast [DR] 8:30 • Hair time 9:30 • Paint me a picture [LR] 10:00 • Thymeless Hot Chocolate and Coffee [DR] 10:30 • Bible Hymns (Karaoke) [LR] 11:30 • Lunch [DR] 1:00 • Bible Story [LR] 2:30 • Cheese + crackers [DR] 3:00 • Balloon Ball [CY] 4:30 • Dinner [DR] 6:00 • Movie & Popcorn [LR]	7:30 • Breakfast [DR] 8:30 • Hair time 9:00 • SING ALONG [CY] 9:30 • Stories in the courtyard [CY] 10:00 • Thymeless Green tea and scones [DR] 10:30 • Game Time [LR] 11:30 • Lunch [DR] 12:30 • Bingo [LR] 2:00 • Thymeless-salsa + chips [DR] 3:00 • Outdoor time [LR] 4:30 • Dinner [DR] 6:00 • Reading & Hot Tea [LR]	7:30 • Breakfast [DR] 8:30 • Hair time 9:00 • Good News [DR] 9:30 • Chair yoga [LR] 10:00 • Thymeless Melon Infused Water [DR] 10:30 • puzzle time [LR] 11:30 • Lunch [DR] 1:00 • Blue Mountaineers [AL-LR] 2:00 • Thymeless-Cucumber Sandwiches [DR] 3:00 • Ground Basketball [LR] 4:30 • Dinner [DR] 6:00 • Movie & Popcorn [LR]	7:30 • Breakfast [DR] 8:30 • Good News (C) [LR] 8:30 • Hair time 9:00 • Thymeless Herb garden [CY] 10:00 • Thymeless- Green Tea or coffee [DR] 10:30 • Trivia [LR] 11:30 • Lunch [DR] 1:00 • Scenic Drive [LR] 2:00 • Thymeless smoothie [DR] 3:00 • Hand Massage 4:30 • Dinner [DR] 6:00 • Reminisce & Ice Tea [LR]	7:30 • Breakfast [DR] 8:30 • Hair time 9:00 • Thymeless BOOK CLUB [DR] 9:30 • Chair YOGA [LR] 10:00 • Thymeless Oregon Berry Infused Water [LR] 11:30 • Lunch [DR] 1:00 • Gal's Club-Nail Care and Hand massage [LR] 2:00 • Thymeless Tuna salad [DR] 3:00 • Drumming [CY] 4:30 • Dinner [DR] 6:00 • Movie & Popcorn [LR]	7:30 • Breakfast [DR] 8:30 • Hair time 9:30 • Thymeless Herb garden tending 10:00 • Thymeless mini sandwiches 11:30 • Lunch [DR] 1:30 • Art Project [AL-AR] 2:00 • Thymeless blueberries for Brain health [DR] 3:00 • Corn hole game [LR] 4:30 • Dinner [DR] 6:00 • Reminisce & Tea [LR]	7:30 • Breakfast [DR] 8:30 • Hair time 10:00 Thymeless veggies + dip [DR] 10:30 • Table Games [LR] 11:30 • Lunch [DR] 12:30 • Nail art 2:00 • Decorate a cupcake 3:00 • Sing Along [LR] 4:30 • Dinner [DR] 6:00 • Movie & Peanut Butter Crackers [LR]
SENIOR LIFESTYLE Unlimited options, Unparalleled services	7:30 • Breakfast [DR] 8:30 • Hair time 9:30 • Paint me a picture [LR] 10:00 • Thymeless Hot Chocolate and Coffee [DR] 10:30 • Bible Hymns (Karaoke) [LR] 11:30 • Lunch [DR]	7:30 • Breakfast [DR] 8:30 • Hair time 9:00 • SING ALONG [CY] 9:30 • Stories in the courtyard [CY] 10:00 • Thymeless Green tea and scones [DR] 10:30 • Game Time [LR] 11:30 • Lunch [DR]	7:30 • Breakfast [DR] 8:30 • Hair time 9:00 • Good News [DR] 9:30 • Chair yoga [LR] 10:00 • Thymeless Melon Infused Water [DR] 10:30 • puzzle time [LR] 11:30 • Lunch [DR] 1:00 • Blue Mountaineers [AL-LR]	Om.	MEMORY CARE	WILDFLOWER LODGE a Senior Lifestyle community	WILDFLOWER LODGE a Senior Lifestyle community

Sandwiches [DR]

BY SENIOR LIFESTYLE

2:00 • Thymeless-Cucumber

3:00 • Ground Basketball [LR]

4:30 • Dinner [DR]
6:00 • Movie & Popcorn [LR]

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Activities are subject to change

4:30 • Dinner [DR]

1:00 • Bible Story [LR]

3:00 • Balloon Ball [CY]

2:30 • Cheese + crackers [DR]

6:00 • Movie & Popcorn [LR]

11:30 • Lunch [DR] 12:30 • Bingo [LR]

4:30 • Dinner [DR]

3:00 • Outdoor time [LR]

6:00 • Reading & Hot Tea [LR]

2:00 • Thymeless-salsa + chips [DR]