



508 16th Street  
LaGrande, OR 97850  
541-663-1200



- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

Location Keys	
Assisted Living Living Room	AL-LR
Court Yard	CY
Dining Room	DR
Education Room	ED
Essence Room	ER
Living Room	LR
Out of Community	OC

7:30	● <a href="#">Breakfast [DR]</a>
9:00	● Walk & Talk [CY]
10:00	● Bible Hymns (Karaoke) [LR]
11:30	● <a href="#">Lunch [DR]</a>
1:00	● Bible Story [LR]
2:30	● Pudding Cups [DR]
3:00	● Balloon Ball [CY]
4:30	● <a href="#">Dinner [DR]</a>
6:00	● Movie & Popcorn [LR]

7:30 ● *Breakfast* [DR]  
9:00 ● Walk & Talk [CY]  
10:00 ● Bible Hymns (Karaoke) [LR]  
11:30 ● *Lunch* [DR]  
1:00 ● Bible Story [LR]  
2:30 ● Pudding Cups [DR]  
3:00 ● Balloon Ball [CY]  
4:30 ● *Dinner* [DR]  
6:00 ● Movie & Popcorn [LR]

7:30 ● *Breakfast* [DR]  
9:00 ● Walk & Talk [CY]  
10:00 ● Bible Hymns (Karaoke) [LR]  
11:30 ● *Lunch* [DR]  
1:00 ● Bible Story [LR]  
2:30 ● Pudding Cups [DR]  
3:00 ● Balloon Ball [CY]  
4:30 ● *Dinner* [DR]  
6:00 ● Movie & Popcorn [LR]

7:30 ● *Breakfast* [DR]  
9:00 ● Walk & Talk [CY]  
10:00 ● Bible Hymns (Karaoke) [LR]  
11:30 ● *Lunch* [DR]  
1:00 ● Bible Story [LR]  
2:30 ● Pudding Cups [DR]  
3:00 ● Balloon Ball [CY]  
4:30 ● *Dinner* [DR]  
6:00 ● Movie & Popcorn [LR]

- 7:30 ● [Breakfast \[DR\]](#)
- 8:30 ● Good News (C) [LR]
- 9:00 ● Apple Bobbing [DR]
- 9:30 ● Walking Club [CY]
- 10:00 ● Family Feud [LR]
- 10:30 ● Thymeless Apple Cider [DR]
- 11:30 ● [Lunch \[DR\]](#)
- 1:00 ● Bingo [LR]
- 2:00 ● Thymeless-Popcorn Bar [DR]
- 3:00 ● Guy's Club-Classic Cars [LR]
- 4:30 ● [Dinner \[DR\]](#)
- 6:00 ● Reading & Hot Tea with Staff [LR]

## Columbus Day

7:30 ● Breakfast [\[DR\]](#)

8:30 ● Good News (C) [LR]

9:00 ● Fall Coloring [LR]

9:30 ● Walking Club [CY]

10:00 ● The Price is Right [LR]

10:30 ● Thymeless Apple Pear Cider [DR]

11:30 ● Lunch [\[DR\]](#)

1:00 ● Bingo [LR]

2:00 ● Thymeless-Yogurt Parfait [DR]

3:00 ● Guy's Club-Basketball [LR]

4:30 ● Dinner [\[DR\]](#)

6:00 ● Reading & Hot Tea with Staff [LR]

7:30 ● [Breakfast \[DR\]](#)  
8:30 ● Good News (C) [LR]  
9:00 ● Spooky Spiders [LR]  
9:30 ● Walking Club [CV]  
10:00 ● The Price is Right [LR]  
10:30 ● Thymeless Autumn Spiced Apple Tea [DR]  
11:30 ● [Lunch \[DR\]](#)  
1:00 ● Bingo [LR]  
2:00 ● Thymeless-Pumpkin Spin Treats [DR]  
3:00 ● Guy's Club-Happy Hour [LR]  
4:30 ● [Dinner \[DR\]](#)  
6:00 ● Reading & Hot Tea with Staff [LR]

7:30 ● [Breakfast \[DR\]](#)  
8:30 ● Good News (C) [LR]  
9:00 ● Fall Coloring [LR]  
9:30 ● Walking Club [CY]  
10:00 ● The Price is Right [LR]  
10:30 ● Thymeless Toasted Marshmallow Hot Chocolate [DR]  
11:30 ● [Lunch \[DR\]](#)  
1:00 ● Bingo [LR]  
2:00 ● Thymeless-Fresh Fruit [DR]  
3:00 ● Guy's Club-Soccer [LR]  
4:30 ● [Dinner \[DR\]](#)  
6:00 ● Reading & Hot Tea with Staff [LR]

7:30	● <a href="#">Breakfast</a> [DR]
8:30	● Dear Abby (C) [LR]
9:00	● <b>Thymeless Indoor Garden</b> [DR]
9:30	● Chair Dance [LR]
10:00	● Happy Neuron Game [LR]
10:30	● Thymeless Pear and Mint Infused Water [DR]
11:30	● <a href="#">Lunch</a> [DR]
1:00	● Blue Mountaineers Band [AL-LR]
1:00	● Essence Session (C) [ER]
2:00	● Thymeless Cucumber Sandwiches [DR]
3:00	● Ground Basketball [LR]
4:30	● <a href="#">Dinner</a> [DR]
6:00	● Movie & Cheese & Crackers [LR]

7:30 ● [Breakfast](#) [\[DR\]](#)  
8:30 ● Dear Abby (C) [LR]  
9:00 ● **Thymeless Indoor Garden**  
**[DR]**  
9:30 ● Chair Dance [LR]  
10:00 ● Happy Neuron Game [LR]  
10:30 ● Thymeless Peach and Papaya Infused Water  
[DR]  
11:30 ● [Lunch](#) [\[DR\]](#)  
1:00 ● Blue Mountaineers Band [AL-LR]  
1:00 ● Essence Session (C) [ER]  
2:00 ● Pumpkin Bread [DR]  
3:00 ● Ground Basketball [LR]  
4:30 ● [Dinner](#) [\[DR\]](#)  
6:00 ● Movie & Cheese & Crackers [LR]

7:30	●	<a href="#">Breakfast [DR]</a>	22
8:30	●	Dear Abby (C) [LR]	
9:00	●	<b>Thymeless Indoor Garden [DR]</b>	
9:30	●	Chair Dance [LR]	
10:00	●	Happy Neuron Game [LR]	
10:30	●	Thymeless Orange and Kiwi Infused Water [DR]	
11:30	●	<a href="#">Lunch [DR]</a>	
1:00	●	Blue Mountaineers Band [AL-LR]	
1:00	●	Essence Session (C) [ER]	
2:00	●	Thymeless Caramel Apple Cinnamon Rolls [DR]	
3:00	●	Ground Basketball [LR]	23
4:30	●	<a href="#">Dinner [DR]</a>	
6:00	●	Movie & Cheese & Crackers [LR]	

7:30 ● *Breakfast* [DR]  
8:30 ● Dear Abby (C) [LR]  
9:00 ● **Thymeless Indoor Garden**  
[DR]  
9:30 ● Chair Dance [LR]  
10:00 ● Happy Neuron Game [LR]  
10:30 ● Thymeless Lemon and Cucumber Infused  
Water [DR]  
11:30 ● *Lunch* [DR]  
1:00 ● Blue Mountaineers Band [AL-LR]  
1:00 ● Essence Session (C) [ER]  
2:00 ● Thymeless Salas and Chips [DR]  
3:00 ● Ground Basketball [LR]  
4:30 ● *Dinner* [DR]  
6:00 ● Movie & Cheese & Crackers [LR]

7:30 ● *Breakfast* [DR]  
8:30 ● Good News (C) [LR]  
9:00 ● Color Matching [LR]  
9:30 ● Walking Club [CY]  
10:00 ● *Trivia-Germany* [LR]  
10:30 ● Thymeless-Gingerbread Hot Chocolate [DR]  
11:30 ● *Lunch* [DR]  
12:00 Dementia Support Group [ED]  
1:00 ● Travel-Germany [LR]  
2:00 ● Thymeless-German Soft Pretzels [DR]  
3:00 ● Gal's Club-Nail Care and Hand massage [LR]  
4:30 ● *Dinner* [DR]  
6:00 ● Reminisce & Ice Tea [LR]

7:30 ● [Breakfast \[DR\]](#)

8:30 ● Good News (C) [LR]

9:00 ● Paper Pumpkins [LR]

9:30 ● Walking Club [CY]

10:00 ● [Trivia-Egypt \[LR\]](#)

10:30 ● Thymeless- Caramel Pumpkin Spice Latte [DR]

11:30 ● [Lunch \[DR\]](#)

1:00 ● Travel-Egypt [LR]

2:00 ● Thymeless-Egyptian Oven Fired Cheese [DR]

3:00 ● Gal's Club-Nail Care and Hand massage [LR]

4:30 ● [Dinner \[DR\]](#)

6:00 ● Reminisce and Ice Tea [LR]

7:30 ● [Breakfast \[DR\]](#)

8:30 ● Good News (C) [LR]

9:00 ● Curled Paper Pumpkins [LR]

9:30 ● Walking Club [CY]

10:00 ● [Trivia-Finland \[LR\]](#)

10:30 ● Thymeless- Pumpkin Spiced Hot Chocolate [DR]

11:30 ● [Lunch \[DR\]](#)

12:00 Dementia Support Group [ED]

1:00 Travel-Finland [LR]

2:00 Thymeless-Finland Egg Butter and Bread [DR]

3:00 Gal's Club-Nail Care and Hand massage [LR]

4:30 ● [Dinner \[DR\]](#)

6:00 ● Reminisce & Ice Tea [LR]

7:30 ● [Breakfast](#) [\[DR\]](#)  
8:30 ● Good News (C) [LR]  
9:00 ● Pumpkin Golf [DR]  
9:30 ● Walking Club [CY]  
10:00 ● [Trivia-Russia](#) [\[LR\]](#)  
10:30 ● Thymeless-Apple Cider [DR]  
11:30 ● [Lunch](#) [\[DR\]](#)  
1:00 ● Travel-Russia [LR]  
2:00 ● Thymeless-Russian Tea Cakes [DR]  
3:00 ● Gal's Club-Nail Care and Hand massage [LR]  
4:30 ● [Dinner](#) [\[DR\]](#)  
6:00 ● Reminisce & Ice Tea [LR]

7:30 ● **Breakfast** [DR]  
8:30 ● **Dear Abby** (C) [LR]  
9:00 ● **Thymeless Indoor Garden** [DR]  
9:30 ● **Chair Tai Chi** [LR]  
10:00 ● **Book Club** [LR]  
10:30 ● **Thymeless Orange and Mango Infused Water** [DR]  
11:30 ● **Lunch** [DR]  
1:00 ● **Art Center East** [OC]  
2:00 ● **Thymeless Pumpkin Energy Bites** [DR]  
3:00 ● **Outdoor Ground Ball** [CY]  
4:30 ● **Dinner** [DR]  
6:00 ● **Movie & Popcorn** [LR]

7:30	● <b>Breakfast [DR]</b>
8:30	● <b>Dear Abby (C) [LR]</b>
9:00	● <b>Thymeless Indoor Garden [DR]</b>
9:30	● <b>Chair Tai Chi [LR]</b>
10:00	● <b>Book Club [LR]</b>
10:30	● <b>Thymeless Strawberry and Raspberry Infused Water [DR]</b>
11:30	● <b>Lunch [DR]</b>
1:00	● <b>Walk in the Park [OC]</b>
2:00	● <b>Thymeless Deviled Strawberries [DR]</b>
3:00	● <b>Outdoor Ground Ball [CY]</b>
4:30	● <b>Dinner [DR]</b>
6:00	● <b>Movie &amp; Popcorn [LR]</b>

7:30 ● *Breakfast* [DR]  
8:30 ● Pear Abby (C) [LR]  
9:00 ● *Thymeless Indoor Garden* [DR]  
9:30 ● Chair Tai Chi [LR]  
10:00 ● Book Club [LR]  
10:30 ● Thymeless Blueberry and Mint Infused Water [DR]  
11:30 ● *Lunch* [DR]  
1:00 ● *EOU Art Center* [OC]  
2:00 ● *Thymeless Banana Sushi* [DR]  
3:00 ● Outdoor Ground Ball [CY]  
4:30 ● *Dinner* [DR]  
6:00 ● Movie & Popcorn [LR]

# Halloween

7:30

●

*Breakfast* [DR]

8:30

●

Dear Abby (C) [LR]

9:00

●

*Thymeless Indoor Garden* [DR]

9:30

●

Chair Tai Chi [LR]

10:00

●

Book Club [LR]

10:30

●

Thymeless Blackberry and Mint Infused Water [DR]

11:30

●

*Lunch* [DR]

1:00

●

*Walk in the Park* [OC]

2:00

●

*Thymeless Pumpkin Patch Dirt Cups* [DR]

3:00

●

Outdoor Ground Ball [CY]

4:30

●

*Dinner* [DR]

6:00

●

Movie & Popcorn [LR]

7:30 ● [Breakfast \[DR\]](#)

8:30 ● [Good News \(C\) \[LR\]](#)

9:00 ● [Fall Rock Painting \[LR\]](#)

9:30 ● [Pet Therapy with Jack](#)

10:30 ● [Thymeless Lavender Hot Chocolate](#)

11:30 ● [Lunch \[DR\]](#)

1:00 ● [Essence Session \[ER\]](#)

2:00 ● [Thymeless Banana Oat Cookies \[DR\]](#)

3:00 ● [Bowling \[LR\]](#)

4:30 ● [Dinner \[DR\]](#)

6:00 ● [Reminisce & Tea \[LR\]](#)

7:30 ● *Breakfast [DR]*  
8:30 ● Good News (C) [LR]  
9:00 ● Cupcake Liner Owls [LR]  
9:30 ● Pet Therapy with Jack  
10:30 ● Thymeless Cranberry Orange Cider  
11:30 ● *Lunch [DR]*  
1:00 ● Essence Session [ER]  
2:00 ● *Thymeless Corn Dog Muffins [DR]*  
3:00 ● Bowling [LR]  
4:30 ● *Dinner [DR]*  
6:00 ● Reminisce & Tea [LR]

7:30 ● *Breakfast* [DR]  
8:30 ● Good News (C) [LR]  
9:00 ● Name that Sound [LR]  
9:30 ● Pet Therapy with Jack  
10:30 ● Thymeless Caramel Apple Cider  
11:30 ● *Lunch* [DR]  
1:00 ● Essence Session [ER]  
2:00 ● **Thymeless-Apple Cookies** [DR]  
3:00 ● Bowling [LR]  
4:30 ● *Dinner* [DR]  
6:00 ● Reminisce & Tea [LR]

A photograph showing a blue plastic bucket tipped over, spilling several bright red apples onto a thick carpet of yellow and orange autumn leaves. A tree trunk is visible in the background, and the scene is set outdoors in a wooded area.

7:30	● <a href="#">Breakfast [DR]</a>	
9:00	● <a href="#">Sermons [LR]</a>	
10:00	● <a href="#">Table Games [LR]</a>	
11:30	● <a href="#">Lunch [DR]</a>	
2:30	● Applesauce W/Cinnamon	
3:00	● <a href="#">Sing Along [LR]</a>	
4:30	● <a href="#">Dinner [DR]</a>	
6:00	● <a href="#">Movie &amp; Peanut Butter Crackers [LR]</a>	

7:30 ● *Breakfast* [DR]  
9:00 ● Sermons [LR]  
10:00 ● Table Games [LR]  
11:30 ● *Lunch* [DR]  
2:30 Applesauce W/Cinnamon  
3:00 Sing Along [LR]  
4:30 ● *Dinner* [DR]  
6:00 ● Movie & Peanut Butter Crackers [LR]

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7:30 ● [Breakfast](#) [\[DR\]](#)

9:00 ● Sermons [LR]

10:00 ● Table Games [LR]

11:30 ● [Lunch](#) [\[DR\]](#)

2:30 Applesauce W/Cinnamon

3:00 Sing Along [LR]

4:30 ● [Dinner](#) [\[DR\]](#)

6:00 ● Movie & Peanut Butter Crackers [LR]

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<b>Resident Birthdays</b>	
LeRoy P.	10/17
Loreen P.	10/21
Margaret K.	10/21