April 2024 Monthly Activities embrace Tuesday Sunday Monday Wednesday Thursday Friday Saturday Daily Chronicle & Coffee [DF 9:00 Daily Chronicle & Coffee [DR 9:00 Daily Chronicle & Coffee [DF Daily Chronicle & Coffee [DR] Daily Chronicle & Coffee [DR Daily Chronicle & Coffee [DR] 10:00 • Morning Walk and Talk 9:30 • Tuesday Morning TV [LR] 10:00 | ICE CREAM FOR BREAKFAST 9:15 • Beauty Lounge [ER] 9:30 9:30 Build Your Own Sundae [DR] [LR] National Caramel Popcorn Day: Make your own Popcorn 10:30 • Sit & Be Fit: Wear Your Silly 10:00 M National PB&J Day! PB&J 10:30 Morning Journaling [CR] 10:00 11:00 • Sit & Be Fit [DR] Sandwich Making [CR] 11:00 Morning Chair Yoga [DR] 11:00 Morning Yoga & Stretching 1:00 Share a Family Recipe [CR] 10:30 // Joke Tellers [CR] 11:30
Before Lunch Stroll [LR]
11:30 • Before Lunch Stroll 1:30 • Before Lunch Stroll mix! [CR] **Resident Birthdays** 10:30 • Morning Affirmations [CR] 1:30 • Before Lunch Stroll
1:00 • April Fools Day: in2L Activity [LR] 11:00 Morning Yoga & Stretching [LR] 1:00 • Game Hour [CR] 1:00 | Baking Club MEMORY CARE 11:30 • Before Lunch Stroll 2:00 Baking Club [LR] 1:00 • Crafts W/Taylor [CR] 2:00 National Deep Dish Pizza Day! in2L: Chicago 11:00 • Documentary & Discussion [LR] Sharon D. 2:30 SPARK introductory with Amber! [CR] 1:30 A Spring has sprung! Park trip with Amber & 2:15 Refreshments [CR] 2:00 Beauty Shop: Hair & Nail Appointments Virtual Tour & Trivia [CR] 11:30 • Before Lunch Stroll mbrace 2:15 Refreshments [CR] 1:00 @ Beauty Shop: Hair & Nail Appointments 3:00 🍴 Snack Cart 3:00 Y Snack Cart 2:15 Refreshments [CR] 3:00 & Beauty Shop: Hair & Nail Appointments 2:00 | Paint & Sip [CR] 4/9 3:30 Kristy's Karaoke [DR] 4:00 Beauty Shop: Hair & Nail Appointments 2:30 Bookmarks: Reading Club W/Amber [CR] 3:00 • Bingo! [DR] William H. 3:00 M Snack Cart 3:00 | Snack Cart 2:15 Refreshments [CR] 4:30 • Meaningful Moments 4:30 • Meaningful Moments 3:00 F Karaoke [DR] BY SENIOR LIFESTYLE 6:00 • After Dinner Walk & Talk 3:30 • Tea Social [DR] 6:00 • After Dinner Walk & Talk 3:30 • Sit & Be Fit [LR] 3:00 🍴 Snack Cart 4/12 3:00 | Snack Cart Sandra L. 4:30 Meaningful Moments 4:30 Meaningful Moments 3:00 • Yoga 7:00 Movie Night [LR] 7:00 Movie Night [LR] 4:30 • Meaningful Moments 6:00 • After Dinner Walk & Talk 6:00 • After Dinner Walk & Talk 4:30 • Meaningful Moments 6:00 After Dinner Walk & Talk 4/24 Lisa M. 7:00 • Movie Night [LR] 7:00 • Movie Night [LR] 6:00 • After Dinner Walk & Talk 7:00 • Movie Night [LR] WWW.SENIORLIFESTYLE.COM 7:00 Movie Night [LR] Activities are subject to change 9:00 Daily Chronicle & Coffee [DR] 9:00 Daily Chronicle & Coffee [DR] Outing with Taylor 9:00 Daily Chronicle & Coffee [DR] 9:30 Saturday Morning TV [DR] 10:00 🍴 Sunday Donuts [DR] 10:00 Morning Walk and Talk [DR] 9:00 Daily Chronicle & Coffee [DR] 9:30 Rise and Shine Essence 9:15 • Beauty Lounge [ER] 9:30 Relaxing Music For Your Fars 10:30 • Morning Affirmations [CR] 10:30 <a> Morning Journaling [CR] 10:30 • Chair Yoga [DR] 10:30 • National Sibling Day: Share 10:30 • Morning Journaling [CR] 9:30 • Tuesday Morning TV [LR]
10:00 ¶ Fruit Infused Water Bar [CR] 11:00 • Morning Yoga & Stretching 1:00 • Morning Chair Yoga [DR] 11:00 • Sit & Be Fit [LR] 1:00 Share a Family Recipe Your Sibling Stories & Photos 11:00 Documentary & Discussion [LR] 11:30 • Before Lunch Stroll 11:30
Before Lunch Stroll 11:30
Before Lunch Stroll 11:30 • Before Lunch Stroll 10:30 // Joke Tellers [CR] 11:00 • Sit & Be Fit [DR] 11:30 Before Lunch Stroll 1:00 • Sunday Sports and Popcorn [DR] 1:00 🍴 Baking Club 1:00 Share weekly horoscope. 11:00 Morning Yoga & Stretching [LR] 2:15 Refreshments [CR] 2:15 Refreshments [CR] 11:30
Before Lunch Stroll 1:00 • Crafts W/Taylor [CR] 2:00 M National Grilled Cheese Day: Grilled Cheese 1:00 @ Beauty Shop: Hair & Nail Appointments 11:30

Refore Lunch Stroll 1:00 • Game Hour [CR] Making [CR] **ORCHARD** 2:30 • Spiritual sing-a-longs [DR] 2:30 Spark! With Amber [DR] 1:00 • Crafts W/Taylor [CR] 2:00 🕸 Beauty Shop: Hair & Nail Appointments 2:00 | Paint & Sip [CR] 3:00 • Bingo! [DR] 2:00 • Baking Club [LR] 2:15 M Refreshments [CR] 2:15 Refreshments [CR] 2:45 Mid-Day Meditation [LR] 3:00 @ Essence 2:00 Baking W/Taylor [CR] POINTE 2:15 | Refreshments [CR] 2:30 Bookmarks: Reading Club W/Amber [CR] 3:00 | Snack Cart 3:30 Sit & Be Fit [LR] 3:00 ¶ Snack Cart 3:00 • Bingo! [DR] 3:00 Y Snack Cart 2:15 Refreshments [CR] 3:00 | Snack Cart 4:30 • Meaningful Moments 3:00 • Bingo! [DR] 3:00 * Karaoke [DR] 3:00 • Yoga 3:00 Beauty Shop: Hair & Nail Appointments 4:30 • Meaningful Moments 3:00 M Snack Cart 4:30 Meaningful Moments 4:30 • Meaningful Moments 6:00 • After Dinner Walk & Talk 3:00 M Snack Cart 3:00 M Snack Cart Beauty Shop: Hair & Nail Appointments 4:30 National Pet Day: Share Pet Stories & Photos 6:00 • After Dinner Walk & Talk 6:00 • After Dinner Walk & Talk 6:00 After Dinner Walk & Talk 7:00 • Movie Night [LR] 3:30 • Tea Social [FD] 6:00 After Dinner Walk & Talk [DR]
6:00 • After Dinner Walk & Talk 7:00 • Movie Night [LR] 7:00 • Movie Night [LR] 7:00 • Movie Night [LR] 4:30 Meaningful Moments 7:00 Movie Night [LR] 6:00 • After Dinner Walk & Talk 7:00 Movie Night [LR] 7:00 • Movie Night [LR] Daily Chronicle & Coffee [DR] Daily Chronicle & Coffee [DR] Daily Chronicle & Coffee [DR] 9:00 Daily Chronicle & Coffee [DR] Daily Chronicle & Coffee [DR] 9:00 **Outing with Taylor** 9:00 Daily Chronicle & Coffee [DR] 9:00 *BOOKMARKS 9:00 8 10:00 | Sunday Donuts [DR] 10:00 • Morning Walk and Talk [DR] Rise and Shine Essence 9:15 • Beauty Lounge [ER] Relaxing Music For Your Ears 9:30 • Saturday Morning TV [DR] 9:00 Daily Chronicle & Coffee [DR] *Diversity Event 10:30 🞓 Morning Journaling [CR] 10:30 • Chair Yoga [DR] 11:00 • Sit & Be Fit [DR] 10:30 • Morning Journaling [CR] 10:30 • Morning Affirmations [CR] 9:30 • Tuesday Morning TV [LR] 1:00 Morning Chair Yoga [DR] *FSSENCE 11:00 • Sit & Be Fit [LR] 11:00 💚 Share a Family Recipe 10:00 | Fruit Infused Water Bar [CR] 11:30 • Before Lunch Stroll 11:00 Morning Yoga & Stretching 11:00 • Documentary & Discussion 1:30 • Before Lunch Stroll 11:30

Before Lunch Stroll 11:30 • Before Lunch Stroll 10:30 Joke Tellers [CR]
10:30 National Garden Day: Weeding Garden Beds 1:00 • Game Hour [CR] *Outing 11:30 Before Lunch Stroll 11:30 • Before Lunch Stroll 1:00 • Sunday Sports and Popcorn [DR] 1:00 🗢 Share weekly horoscope 2:00 • National Banana Day: Lets make banana 1:00 🍴 Baking Club *SNAPSHOTS 1:00 & Beauty Shop: Hair & Nail Appointments 1:00 • Crafts W/Taylor [CR] 2:15 Refreshments [CR] 2:15 Refreshments [CR] 2:15 Refreshments [CR] 11:00 Morning Yoga & Stretching [LR] puddina! [CR] 2:15 | Refreshments [CR] 2:30 Spark! With Amber [DR] 2:00 Beauty Shop: Hair & Nail Appointments 3:00 • Bingo! [DR] 2:00 Paint & Sip W/Alison: Painting Garden Rocks! 2:30 • Spiritual sing-a-longs [DR] 2:45 • Mid-Day Meditation [LR] *SPARK 11:30 • Before Lunch Stroll 3:00 • Bingo! [DR] 2:15 Refreshments [CR] 3:00 M Snack Cart [CR]
2:15 | Refreshments [CR] 3:00 A Essence 1:00 Crafts W/Taylor [CR] *THYMELESS 2:30 / Bookmarks: Reading Club W/Amber [CR] 3:00 • Bingo! [DR] 3:00 🍴 Snack Cart 3:00 Y Snack Cart 3:30 . Sit & Be Fit [I R] 2:00 Baking W/Taylor [CR] 3:00 ¶ Snack Cart Beauty Shop: Hair & Nail Appointments 3:00 F Karaoke [DR] 4:30 Meaningful Moments CONNECT 3:00 M Snack Cart 4:30 Meaningful Moments 2:15 Refreshments [CR] 4:00 6:00 • After Dinner Walk & Talk 4:30 • Meaningful Moments 3:00 | Snack Cart 6:00 • After Dinner Walk & Talk 3:00 • Yoga 4:30 Meaningful Moments 3:00 Beauty Shop: Hair & Nail Appointments CONTRIBUTE 4:30 Meaningful Moments 6:00 • After Dinner Walk & Talk 6:00 • After Dinner Walk & Talk 4:30 • Meaningful Moments 7:00 • Movie Night [LR] 7:00 Movie Night [LR] 3:00 M Snack Cart 6:00 • After Dinner Walk & Talk FEEL 7:00 • Movie Night [LR] 7:00 Movie Night [LR] 6:00 After Dinner Walk & Talk 3:30 • Tea Social [FD] 7:00 • Movie Night [LR] 4:30 • Meaningful Moments 7:00 • Movie Night [LR] GROW 6:00 • After Dinner Walk & Talk MOVE 7:00 • Movie Night [LR] REFLECT 9:00 Daily Chronicle & Coffee [DR] 9:00 Daily Chronicle & Coffee [DR] Outing with Taylor Daily Chronicle & Coffee [DR] 9:00 Daily Chronicle & Coffee [DR] Daily Chronicle & Coffee [DR] 9:00 Daily Chronicle & Coffee [DR] 9:00 9:30 • Saturday Morning TV [DR] 10:00 👭 Sunday Donuts [DR] 0:00 Morning Walk and Talk [DR] 9:00 Daily Chronicle & Coffee [DR] 9:30 Rise and Shine Essence 9:15 • Beauty Lounge [ER] 9:30 • Relaxing Music For Your Ears 10:30 Morning Journaling [CR] 10:30 • Chair Yoga [DR] 11:00 • Sit & Be Fit [DR] 10:30 • Morning Journaling [CR] 10:30 • Morning Affirmations [CR] 9:30 • Tuesday Morning TV [LR] 11:00 • Sit & Be Fit [LR] 1:00 Morning Chair Yoga [DR 11:00 • Documentary & Discussion 1:00 Share a Family Recipe 1:30
Before Lunch Strol 11:00 Morning Yoga & Stretching 10:00 W Fruit Infused Water Bar [CR] 11:30 • Before Lunch Stroll 11:30 • Before Lunch Stroll 1:00 • Game Hour [CR] 1:30
Before Lunch Stroll 10:30 / Joke Tellers [CR] 11:30 Before Lunch Stroll 11:30 Before Lunch Stroll 1:00 • Resident Town Hall Meeting [CR] 2:00 • National Pigs In A Blanket Day: Lets make 1:00 | National Pretzel Day: Lets bake soft pretzels! 1:00 Share weekly horoscope 11:00 Morning Yoga & Stretching [LR] W/Simone [CR]
2:15 Refreshments [CR] pigs in a blanket! [CR] 1:00 • Crafts W/Taylor [CR] 1:00 & Beauty Shop: Hair & Nail Appointments 1:00 • Sunday Sports and Popcorn [DR] 2:15 | Refreshments [CR] 11:30 Before Lunch Stroll 2:15 Refreshments [CR] 2:15 Refreshments [CR] 2:30 Spark! With Amber [DR] 1:00 • Crafts W/Taylor [CR] 2:00 A Beauty Shop: Hair & Nail Appointments 2:00 Paint & Sip [CR] 3:00 ► National Jelly Bean Day: Jelly Bean Taste Testing [CR] 3:00 • Bingo! [DR] 2:30 • Spiritual sing-a-longs [DR] 2:45 • Mid-Day Meditation [LR] 2:00 Baking W/Taylor [CR] 3:00 • Bingo! [DR] 2:15 Refreshments [CR] 2:00 Paint & Sip W/Alison: Painting Garden Rocks 3:00 M Snack Cart 3:00 M Snack Cart 2:30 Bookmarks: Reading Club W/Amber [CR] 2:15 Refreshments [CR] 2:15 Refreshments [CR] 3:00 M Snack Cart 3:30 Sit & Be Fit [I R] Beauty Shop: Hair & Nail Appointments 3:00 F Karaoke [DR] 3:00 • Bingo! [DR] 3:00 Beauty Shop: Hair & Nail Appointments 3:00 ¶ Snack Cart 4:30 Meaningful Moments 3:00 | Snack Cart 4:30 Meaningful Moments 4:30 Meaningful Moments 3:00 Y Snack Cart 3:00 M Snack Cart 6:00 • After Dinner Walk & Talk 6:00 After Dinner Walk & Talk 4:30 Meaningful Moments 6:00 • After Dinner Walk & Talk 3:00 • Yoga 4:30 • Meaningful Moments 3:30 • Tea Social [FD] 7:00 Movie Night [LR] 7:00 • Movie Night [LR] 7:00 • Movie Night [LR] 4:30 • Meaningful Moments 6:00 • After Dinner Walk & Talk 6:00 • After Dinner Walk & Talk 4:30 Meaningful Moments **Location Keys** 7:00 • Movie Night [LR] 7:00 • Movie Night [LR] 6:00 After Dinner Walk & Talk 6:00 After Dinner Walk & Talk 7:00 • Movie Night [LR] 7:00 • Movie Night [LR] CR Cottage Room **Dining Room** DR 9:00 Daily Chronicle & Coffee [DR] 9:00 Daily Chronicle & Coffee [DR] Outing with Taylor Essence room 0:00 • Morning Walk and Talk [DR] 10:00 ¶ Sunday Donuts [DR] 9:00 Daily Chronicle & Coffee [DR] National Bugs Bunny Day:
Morning Cartoon Marathon! FD Fine Dining 10:30 🛎 Morning Journaling [CR] 0:30 • Chair Yoga [DR] 9:30 11:00 Sit & Be Fit [I R] 11:00 Share a Family Recine Living Room 11:30 Before Lunch Stroll 1:30
Before Lunch Stroll 10:00 | Fruit Infused Water Bar [CR] 1:00 • Sunday Sports and Popcorn [DR] 1:00 share weekly horoscope. 2:15 Refreshments [CR]
2:30 Spark! With Amber [DR] 10:30 Joke Tellers [CR]
11:00 Morning Yoga & Stretching [LR] 2:15 Refreshments [CR] 2:30 • Spiritual sing-a-longs [DR 2:45 • Mid-Day Meditation [LR] 11:30 • Before Lunch Stroll 3:00 & Essence 3:00 • Bingo! [DR] 3:00 | Snack Cart 1:00 • Crafts W/Taylor [CR] 3:00 Snack Cart
4:30 Meaningful Moments 4:30 • Meaningful Moments 2:00 Baking W/Taylor [CR

2:15 Refreshments [CR]

3:00 M Snack Cart 3:30 Tea Social [FD] 4:30 • Meaningful Moments 6:00 • After Dinner Walk & Talk 7:00 Movie Night [LR]

Beauty Shop: Hair & Nail Appointments

6:00 After Dinner Walk & Talk

7:00 • Movie Night [LR]

6:00 • After Dinner Walk & Talk

7:00 • Movie Night [LR]