

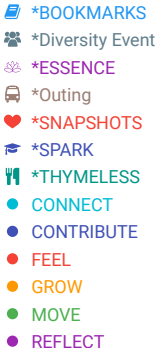


April 2024 embrace															
Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday			
<div><p>MEMORY CARE</p><p>embrace</p><p>BY SENIOR LIFESTYLE</p><p>WWW.SENIORLIFESTYLE.COM</p><p>Activities are subject to change</p></div>		<div><p>Resident Birthdays</p><p>Sharon D. 4/4</p><p>William H. 4/9</p><p>Sandra L. 4/12</p><p>Lisa M. 4/24</p></div>		<div><p>9:00 Daily Chronicle & Coffee [DR]</p><p>9:30 Morning Walk and Talk</p><p>10:30 Sit & Be Fit: Wear Your Silly Hat! [DR]</p><p>11:00 Share a Family Recipe [CR]</p><p>11:30 Before Lunch Stroll</p><p>1:00 April Fools Day: in2L Activity [LR]</p><p>2:30 SPARK introductory with Amber! [CR]</p><p>3:00 Snack Cart</p><p>3:30 Kristy's Karaoke [DR]</p><p>4:30 Meaningful Moments</p><p>6:00 After Dinner Walk & Talk</p><p>7:00 Movie Night [LR]</p></div>		<div><p>9:00 Daily Chronicle & Coffee [DR]</p><p>9:30 Tuesday Morning TV [LR]</p><p>10:00 National PB&J Day! PB&J Sandwich Making [CR]</p><p>10:30 Joke Tellers [CR]</p><p>11:00 Morning Yoga & Stretching [LR]</p><p>11:30 Before Lunch Stroll</p><p>1:30 Spring has sprung! Park trip with Amber & Taylor</p><p>3:00 Beauty Shop: Hair & Nail Appointments</p><p>3:00 Snack Cart</p><p>3:30 Tea Social [DR]</p><p>4:30 Meaningful Moments</p><p>6:00 After Dinner Walk & Talk</p><p>7:00 Movie Night [LR]</p></div>		<div><p>9:00 Daily Chronicle & Coffee [DR]</p><p>10:00 ICE CREAM FOR BREAKFAST! Build Your Own Sundae [DR]</p><p>11:00 Sit & Be Fit [DR]</p><p>11:30 Before Lunch Stroll</p><p>1:00 Game Hour [CR]</p><p>2:00 Baking Club [LR]</p><p>2:15 Refreshments [CR]</p><p>3:00 Snack Cart</p><p>4:00 Beauty Shop: Hair & Nail Appointments</p><p>4:30 Meaningful Moments</p><p>6:00 After Dinner Walk & Talk</p><p>7:00 Movie Night [LR]</p></div>		<div><p>9:00 Daily Chronicle & Coffee [DR]</p><p>9:15 Beauty Lounge [ER]</p><p>10:30 Morning Journaling [CR]</p><p>11:00 Morning Yoga & Stretching [LR]</p><p>11:30 Before Lunch Stroll</p><p>1:00 Crafts W/Taylor [CR]</p><p>2:00 Beauty Shop: Hair & Nail Appointments</p><p>2:15 Refreshments [CR]</p><p>2:30 Bookmarks: Reading Club W/Amber [CR]</p><p>3:00 Karaoke [DR]</p><p>3:00 Snack Cart</p><p>4:30 Meaningful Moments</p><p>6:00 After Dinner Walk & Talk</p><p>7:00 Movie Night [LR]</p></div>		<div><p>9:00 Daily Chronicle & Coffee [DR]</p><p>9:30 Relaxing Music For Your Ears [LR]</p><p>11:00 Morning Chair Yoga [DR]</p><p>11:30 Before Lunch Stroll</p><p>1:00 Baking Club</p><p>2:00 National Deep Dish Pizza Day! in2L: Chicago Virtual Tour & Trivia [CR]</p><p>2:15 Refreshments [CR]</p><p>3:00 Bingo! [DR]</p><p>3:00 Snack Cart</p><p>3:30 Sit & Be Fit [LR]</p><p>4:30 Meaningful Moments</p><p>6:00 After Dinner Walk & Talk</p><p>7:00 Movie Night [LR]</p></div>		<div><p>9:00 Daily Chronicle & Coffee [DR]</p><p>9:30 Saturday Morning TV [DR]</p><p>10:00 National Caramel Popcorn Day: Make your own Popcorn mix! [CR]</p><p>10:30 Morning Affirmations [CR]</p><p>11:00 Documentary & Discussion [LR]</p><p>11:30 Before Lunch Stroll</p><p>1:00 Beauty Shop: Hair & Nail Appointments</p><p>11:30 Before Lunch Stroll</p><p>1:00 Beauty Shop: Hair & Nail Appointments</p><p>2:00 Paint & Sip [CR]</p><p>2:15 Refreshments [CR]</p><p>3:00 Snack Cart</p><p>3:00 Yoga</p><p>4:30 Meaningful Moments</p><p>6:00 After Dinner Walk & Talk</p><p>7:00 Movie Night [LR]</p></div>	
<div><p>ORCHARD POINTE</p><p>a Senior Lifestyle community</p></div>		<div><p>9:00 Daily Chronicle & Coffee [DR]</p><p>10:00 Sunday Donuts [DR]</p><p>10:30 Morning Journaling [CR]</p><p>11:00 Sit & Be Fit [LR]</p><p>11:30 Before Lunch Stroll</p><p>1:00 Sunday Sports and Popcorn [DR]</p><p>2:15 Refreshments [CR]</p><p>2:30 Spiritual sing-a-longs [DR]</p><p>2:45 Mid-Day Meditation [LR]</p><p>3:00 Bingo! [DR]</p><p>3:00 Snack Cart</p><p>4:30 Meaningful Moments</p><p>6:00 After Dinner Walk & Talk</p><p>7:00 Movie Night [LR]</p></div>		<div><p>9:00 Daily Chronicle & Coffee [DR]</p><p>10:00 Morning Walk and Talk [DR]</p><p>10:30 Chair Yoga [DR]</p><p>11:00 Share a Family Recipe</p><p>11:30 Before Lunch Stroll</p><p>1:00 Share weekly horoscope.</p><p>2:15 Refreshments [CR]</p><p>2:30 Spark! With Amber [DR]</p><p>3:00 Essence</p><p>3:00 Snack Cart</p><p>4:30 Meaningful Moments</p><p>6:00 After Dinner Walk & Talk</p><p>7:00 Movie Night [LR]</p></div>		<div><p>9:00 Daily Chronicle & Coffee [DR]</p><p>9:00 Daily Chronicle & Coffee [DR]</p><p>9:30 Tuesday Morning TV [LR]</p><p>10:00 Fruit Infused Water Bar [CR]</p><p>10:30 Joke Tellers [CR]</p><p>11:00 Before Lunch Stroll</p><p>11:30 Morning Yoga & Stretching [LR]</p><p>1:00 Crafts W/Taylor [CR]</p><p>2:00 Baking W/Taylor [CR]</p><p>2:15 Refreshments [CR]</p><p>3:00 Beauty Shop: Hair & Nail Appointments</p><p>3:00 Snack Cart</p><p>3:30 Tea Social [FD]</p><p>4:30 Meaningful Moments</p><p>6:00 After Dinner Walk & Talk</p><p>7:00 Movie Night [LR]</p></div>		<div><p>9:00 Daily Chronicle & Coffee [DR]</p><p>9:30 Rise and Shine Essence</p><p>10:30 National Sibling Day: Share Your Sibling Stories & Photos [LR]</p><p>11:00 Sit & Be Fit [DR]</p><p>11:30 Morning Yoga & Stretching [LR]</p><p>1:00 Game Hour [CR]</p><p>2:00 Baking Club [LR]</p><p>2:15 Refreshments [CR]</p><p>3:00 Bingo! [DR]</p><p>3:00 Snack Cart</p><p>4:00 Beauty Shop: Hair & Nail Appointments</p><p>6:00 After Dinner Walk & Talk</p><p>7:00 Movie Night [LR]</p></div>		<div><p>9:00 Daily Chronicle & Coffee [DR]</p><p>9:15 Beauty Lounge [ER]</p><p>10:30 Morning Journaling [CR]</p><p>11:00 Morning Yoga & Stretching [LR]</p><p>11:30 Before Lunch Stroll</p><p>1:00 Crafts W/Taylor [CR]</p><p>2:00 Beauty Shop: Hair & Nail Appointments</p><p>2:15 Refreshments [CR]</p><p>2:30 Bookmarks: Reading Club W/Amber [CR]</p><p>3:00 Karaoke [DR]</p><p>3:00 Snack Cart</p><p>4:30 National Pet Day: Share Pet Stories & Photos [DR]</p><p>6:00 After Dinner Walk & Talk</p><p>7:00 Movie Night [LR]</p></div>		<div><p>9:00 Daily Chronicle & Coffee [DR]</p><p>9:30 Relaxing Music For Your Ears [LR]</p><p>11:00 Morning Chair Yoga [DR]</p><p>11:30 Before Lunch Stroll</p><p>1:00 Baking Club</p><p>2:00 National Grilled Cheese Day: Grilled Cheese Making [CR]</p><p>3:00 Bingo! [DR]</p><p>3:00 Snack Cart</p><p>3:30 Sit & Be Fit [LR]</p><p>4:30 Meaningful Moments</p><p>6:00 After Dinner Walk & Talk</p><p>7:00 Movie Night [LR]</p></div>		<div><p>9:00 Daily Chronicle & Coffee [DR]</p><p>9:30 Saturday Morning TV [DR]</p><p>10:30 Morning Affirmations [CR]</p><p>11:00 Documentary & Discussion [LR]</p><p>11:30 Before Lunch Stroll</p><p>1:00 Beauty Shop: Hair & Nail Appointments</p><p>2:00 Paint & Sip [CR]</p><p>2:15 Refreshments [CR]</p><p>3:00 Snack Cart</p><p>3:00 Yoga</p><p>4:30 Meaningful Moments</p><p>6:00 After Dinner Walk & Talk</p><p>7:00 Movie Night [LR]</p></div>	
<div><p> *BOOKMARKS</p><p> *Diversity Event</p><p> *ESSENCE</p><p> *Outing</p><p> *SNAPSHOTS</p><p> *SPARK</p><p> *THYMELESS</p><p> CONNECT</p><p> CONTRIBUTE</p><p> FEEL</p><p> GROW</p><p> MOVE</p><p> REFLECT</p></div>		<div><p>9:00 Daily Chronicle & Coffee [DR]</p><p>10:00 Sunday Donuts [DR]</p><p>10:30 Morning Journaling [CR]</p><p>11:00 Sit & Be Fit [LR]</p><p>11:30 Before Lunch Stroll</p><p>1:00 Sunday Sports and Popcorn [DR]</p><p>2:15 Refreshments [CR]</p><p>2:30 Spiritual sing-a-longs [DR]</p><p>2:45 Mid-Day Meditation [LR]</p><p>3:00 Bingo! [DR]</p><p>3:00 Snack Cart</p><p>4:30 Meaningful Moments</p><p>6:00 After Dinner Walk & Talk</p><p>7:00 Movie Night [LR]</p></div>		<div><p>9:00 Daily Chronicle & Coffee [DR]</p><p>10:00 Morning Walk and Talk [DR]</p><p>10:30 Chair Yoga [DR]</p><p>11:00 Share a Family Recipe</p><p>11:30 Before Lunch Stroll</p><p>1:00 Share weekly horoscope.</p><p>2:15 Refreshments [CR]</p><p>2:30 Spark! With Amber [DR]</p><p>3:00 Essence</p><p>3:00 Snack Cart</p><p>4:30 Meaningful Moments</p><p>6:00 After Dinner Walk & Talk</p><p>7:00 Movie Night [LR]</p></div>		<div><p>9:00 Daily Chronicle & Coffee [DR]</p><p>9:00 Daily Chronicle & Coffee [DR]</p><p>9:30 Tuesday Morning TV [LR]</p><p>10:00 Fruit Infused Water Bar [CR]</p><p>10:30 Joke Tellers [CR]</p><p>10:30 National Garden Day: Weeding Garden Beds!</p><p>11:00 Morning Yoga & Stretching [LR]</p><p>11:30 Before Lunch Stroll</p><p>1:00 Crafts W/Taylor [CR]</p><p>2:00 Baking W/Taylor [CR]</p><p>2:15 Refreshments [CR]</p><p>3:00 Beauty Shop: Hair & Nail Appointments</p><p>3:00 Snack Cart</p><p>3:30 Tea Social [FD]</p><p>4:30 Meaningful Moments</p><p>6:00 After Dinner Walk & Talk</p><p>7:00 Movie Night [LR]</p></div>		<div><p>9:00 Daily Chronicle & Coffee [DR]</p><p>9:30 Rise and Shine Essence</p><p>11:00 Sit & Be Fit [DR]</p><p>11:30 Before Lunch Stroll</p><p>1:00 Game Hour [CR]</p><p>2:00 National Banana Day: Lets make banana pudding! [CR]</p><p>2:15 Refreshments [CR]</p><p>3:00 Bingo! [DR]</p><p>3:00 Snack Cart</p><p>4:00 Beauty Shop: Hair & Nail Appointments</p><p>4:30 Meaningful Moments</p><p>6:00 After Dinner Walk & Talk</p><p>7:00 Movie Night [LR]</p></div>		<div><p>9:00 Daily Chronicle & Coffee [DR]</p><p>9:15 Beauty Lounge [ER]</p><p>10:30 Morning Journaling [CR]</p><p>11:00 Morning Yoga & Stretching [LR]</p><p>11:30 Before Lunch Stroll</p><p>1:00 Crafts W/Taylor [CR]</p><p>2:00 Beauty Shop: Hair & Nail Appointments</p><p>2:15 Refreshments [CR]</p><p>2:30 Bookmarks: Reading Club W/Amber [CR]</p><p>3:00 Karaoke [DR]</p><p>3:00 Snack Cart</p><p>4:30 Meaningful Moments</p><p>6:00 After Dinner Walk & Talk</p><p>7:00 Movie Night [LR]</p></div>		<div><p>9:00 Daily Chronicle & Coffee [DR]</p><p>9:30 Relaxing Music For Your Ears [LR]</p><p>11:00 Morning Chair Yoga [DR]</p><p>11:30 Before Lunch Stroll</p><p>1:00 Baking Club</p><p>2:15 Refreshments [CR]</p><p>3:00 Bingo! [DR]</p><p>3:00 Snack Cart</p><p>3:30 Sit & Be Fit [LR]</p><p>4:30 Meaningful Moments</p><p>6:00 After Dinner Walk & Talk</p><p>7:00 Movie Night [LR]</p></div>		<div><p>9:00 Daily Chronicle & Coffee [DR]</p><p>9:30 Saturday Morning TV [DR]</p><p>10:30 Morning Affirmations [CR]</p><p>11:00 Documentary & Discussion [LR]</p><p>11:30 Before Lunch Stroll</p><p>1:00 Beauty Shop: Hair & Nail Appointments</p><p>2:00 Paint & Sip W/Alison: Painting Garden Rocks! [CR]</p><p>2:15 Refreshments [CR]</p><p>3:00 Snack Cart</p><p>3:00 Yoga</p><p>4:30 Meaningful Moments</p><p>6:00 After Dinner Walk & Talk</p><p>7:00 Movie Night [LR]</p></div>	
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